



OCTOBER IS...

Growing Healthy Schools Month! Thriving Together

Growing Healthy Schools Month celebrates the health of students in public schools throughout the District. This annual celebration is an opportunity for school staff to show how they are creating healthy places for all students, this may include;

- Mental Health and Wellbeing
- Nutrition
- Physical Education
- Outdoor Learning and Environmental Literacy



*Take the Pledge by scanning
the QR code or click here*

<https://arcg.is/1XX98e1>

*Take the pledge and show off how your school
is committed to creating a healthy place for
students during the month of October.*