



FIRST AID SUPPLIES

CHECKLIST

Title 5A DCMR Chapter 1, 150.4 and 150.5 – For every 25 children, each facility shall maintain a first aid kit that includes, but is not limited to the following supplies:

<input type="checkbox"/> A current edition of the first aid text published by the American Academy of Pediatrics, the American Red Cross, or an equivalent community first aid guide	<input type="checkbox"/> Telephone number(s) of the local Poison Control Center
<input type="checkbox"/> One roll of one-half inch (½ in.) non-allergenic adhesive tape	<input type="checkbox"/> One roll of two-inch (2 in.) gauze roller bandage
<input type="checkbox"/> 10 individually wrapped sterile gauze squares in assorted sizes	<input type="checkbox"/> 25 adhesive compresses, such as band-aids, in assorted sizes
<input type="checkbox"/> Three clean cotton towels or sheeting pieces, approximately twenty-four by thirty-six inches (24 in. x 36 in.) each	<input type="checkbox"/> One pair of scissors
<input type="checkbox"/> Safety pins in assorted sizes	<input type="checkbox"/> One working flashlight
<input type="checkbox"/> One non-mercury, non-glass thermometer	<input type="checkbox"/> One measuring tablespoon or dosing spoon
<input type="checkbox"/> One pair of tweezers	<input type="checkbox"/> One-third cup (1/3 c.) of powdered milk for dental first aid (for mixing to make a liquid solution)
<input type="checkbox"/> Rubbing alcohol and alcohol swabs	<input type="checkbox"/> Cotton balls
<input type="checkbox"/> One ice pack or gel pack	<input type="checkbox"/> Liquid sanitizer
<input type="checkbox"/> Sanitary soap	<input type="checkbox"/> Disposable, non-absorbent latex free, or non-powdered latex free gloves
<input type="checkbox"/> All items needed for disposal of blood-borne pathogens	<input type="checkbox"/> Eye patch or dressing
<input type="checkbox"/> Pen or pencil and notepad	<input type="checkbox"/> Wipes
<input type="checkbox"/> Whistle	<input type="checkbox"/> One-way valves for infants (if served), young children, and adults

- All staff members must possess a current and valid certification in First Aid and CPR.
- Two staff members at the premises are readily available to administer First Aid and CPR (exception: six children or fewer with only two children under the age of two).
- All first aid equipment and supplies must be maintained clean and in a sufficient quantity based on the size of the facility, the ages and developmental abilities of enrolled children, and the facility's program of activities.
- All first aid equipment and supplies must be maintained in a designated location readily available to staff and inaccessible to children.
- Inspection of first aid supplies should occur weekly and be replenished (e.g., removal and replacing sterile supplies if opened, used, damaged, or expired).