



Integrating Career Awareness *Into Program Design & Delivery*



Part 1 of 2

OSSE Adult and Family Education & UDC
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WORLD EDUCATION





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**On this sheep-scale,
how do you feel today?**

Please chat your:

1. Name
2. Program
3. Role
4. And WHICH SHEEP are
you feeling today?



WOOL FOR EVERY DAY #IWOOLWOOLYOU

Objectives

- *Understand the Career Awareness Cycle*
- *Identify tools and resources to use for Self-Exploration*
- *Draft ideas for integrating the tools*

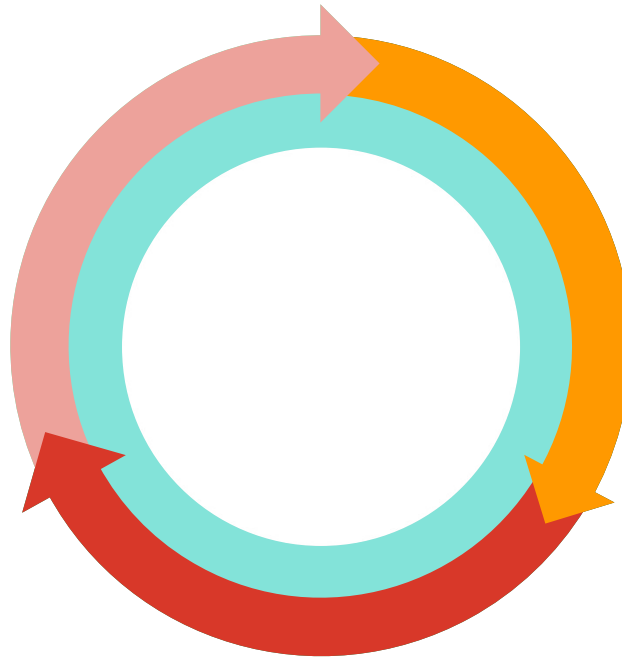
Agenda

1. **Your** goals
2. **We** review Integrating Career Awareness tools and approaches
3. **You** explore: How will you integrate?
4. **We all** reflect and wrap-up

Career Awareness Cycle

Career Planning

- Decision-making
- Goal setting
- College success skills
- Action planning
- Financial planning
- more...



Self-exploration

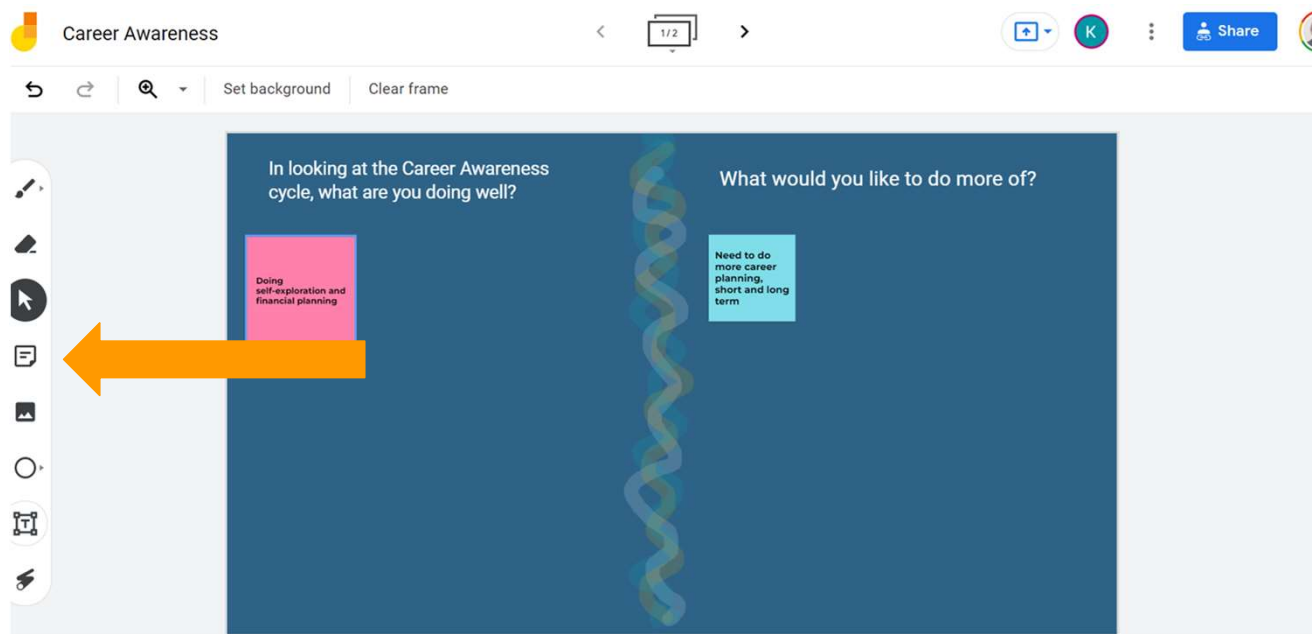
- Skills
- Values
- Experience
- Interests
- Education
- more...

Career Exploration

- Occupational/job profiles, Informational interviews, Jobs database, Career/job fairs, Labor market information, more...

“What are you doing well, what do you want to do more of?”

1. Open the link in chat to access the jamboard
2. Add a “sticky note”, write your response.



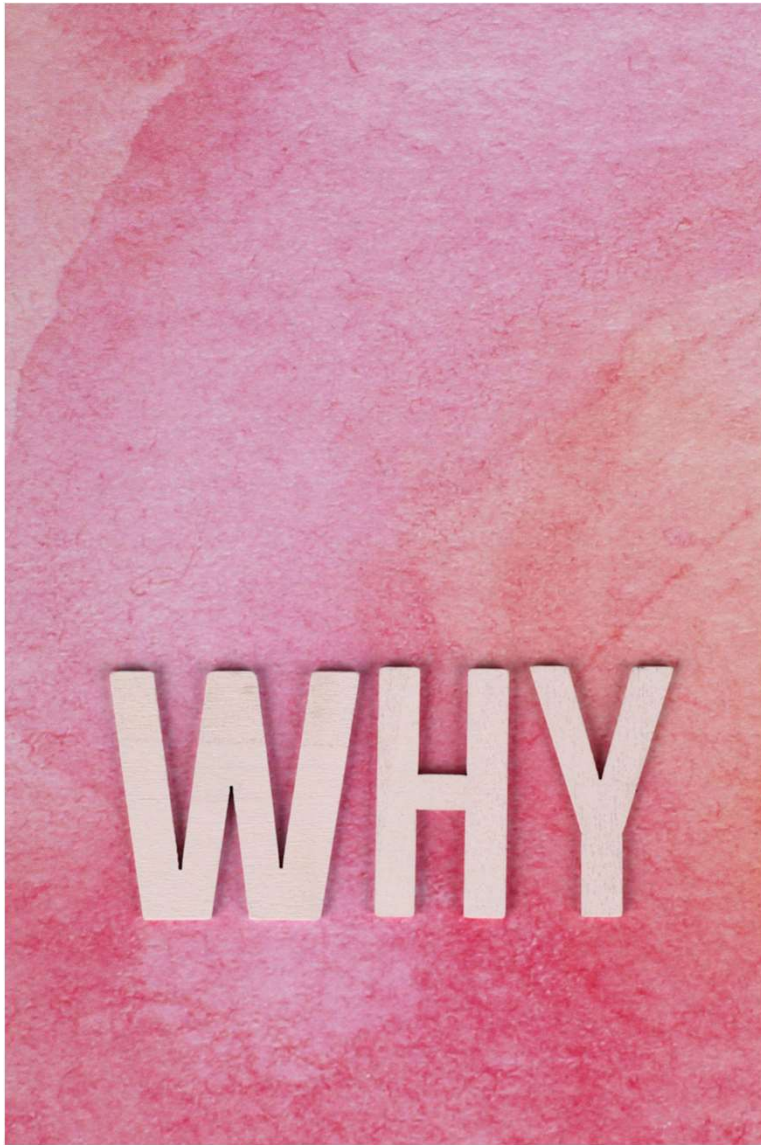
*What questions
might students ask
themselves in the
self-exploration
phase?*



Self-Exploration resources and tools can help **students answer questions about...**

- Career interests
- Transferable skills
- Personal and work values
- Work history and work skills
- Educational interests
- Preferred working conditions
- Financial and family needs
- Time and resources they can invest





Why INTEGRATE career awareness

1. Helps with engagement and persistence
2. Simultaneously achieve academic objectives
3. Aids in program-wide approach to student support
4. Students can enter at any phase
5. Students at any level can engage

3 ways to integrate career awareness

➔ While building academic and language objectives



➔ While developing essential workplace and personal skills



➔ Throughout programming and with students at all levels



1. Integrate career awareness *while building academic and language objectives*



Example 1: ESOL

Read a description of the qualities of a childcare provider in a parenting unit.

Teach personal qualities vocabulary.

Teach adjectives while you discuss which qualities you possess. ex. I am organized”

2. Integrate career awareness *while developing essential workplace and personal skills*



Example:

“Assign students to work in teams to develop a presentation about each other’s jobs. Define teamwork and presentation skills. Have students reflect on their own teamwork and presentation skills.”

3. Integrate career awareness *throughout programming and with students at all levels*



Example:

“Share the vocabulary used in student self-exploration activities with all staff to establish program-wide terminology.”

Activity Directions:

Self-Exploration Resources

Directions:

1. Choose **one** of the resources below to review.
2. Write down your ideas about how you would integrate this, addressing **one** of the following:
 - a. *How would you simultaneously teach academic, language or literacy skills?*
 - b. *Ideas for simultaneously building essential workplace skills*
 - c. *Across the program & at all levels into your program or class*

Resource	Your integration ideas:
Career Pathway Self-Assessment (Students answer questions to get career and training recommendations)	<div></div>
Career interest Quiz (Students answer questions to get career recommendations)	

Wrap up, reflect and share



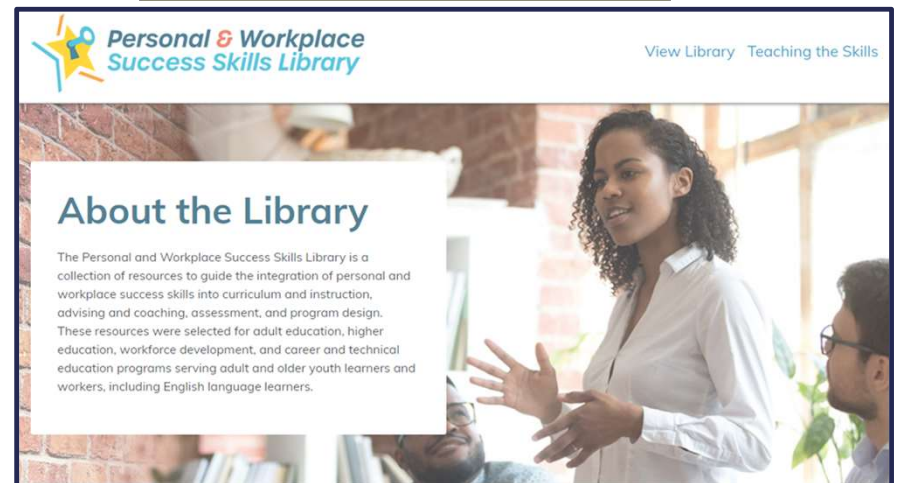
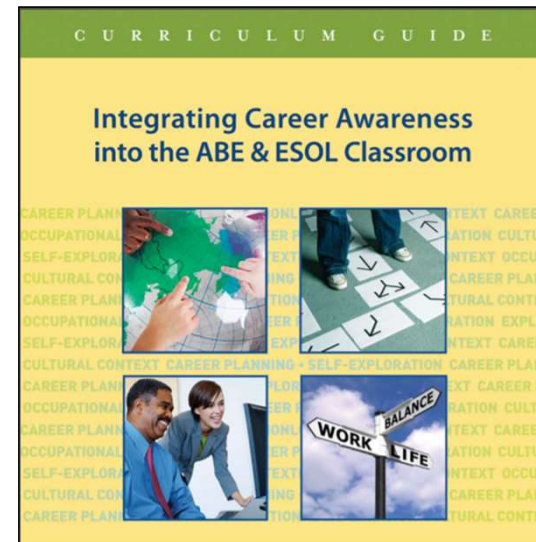
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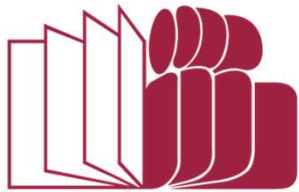
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Additional resources

- [Integrating Career Awareness](#)
- [CUNY Career Kits](#)
- [Personal and Workplace Success Skills Library](#)
- [Our google doc.](#)

Please join us at 2 PM for session 2





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