THE TRUTH ABOUT ACEs

WHAT ARE THEY?

ACEs are

ADVERSE CHILDHOOD EXPERIENCES

The three types of ACEs include

ABUSE	NEGLECT	HOUSEHOLD DYSFUNCTION	
Physical	Physical	Mental Illness	Incarcerated Relative
Emotional	Emotional	Mother treated violently	Substance Abuse
Sexual		Divorce	

HOW PREVALENT ARE ACEs?

The ACE study revealed the following estimates:*

ABUSE

Physical Abuse	28.3%
Sexual Abuse	20.7%
Emotional Abuse	10.6%

percentage of study participants that experienced a specific ACE

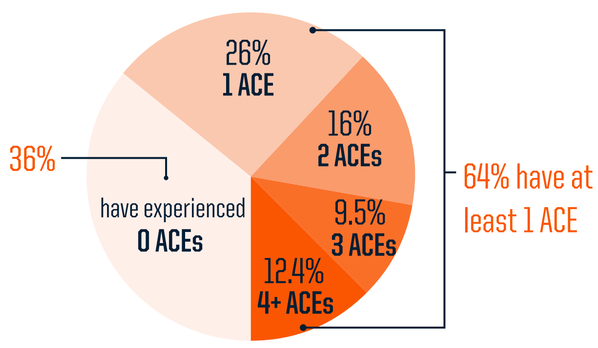
NEGLECT

Emotional Neglect	14.8%
Physical Neglect	9.9%

HOUSEHOLD DYSFUNCTION

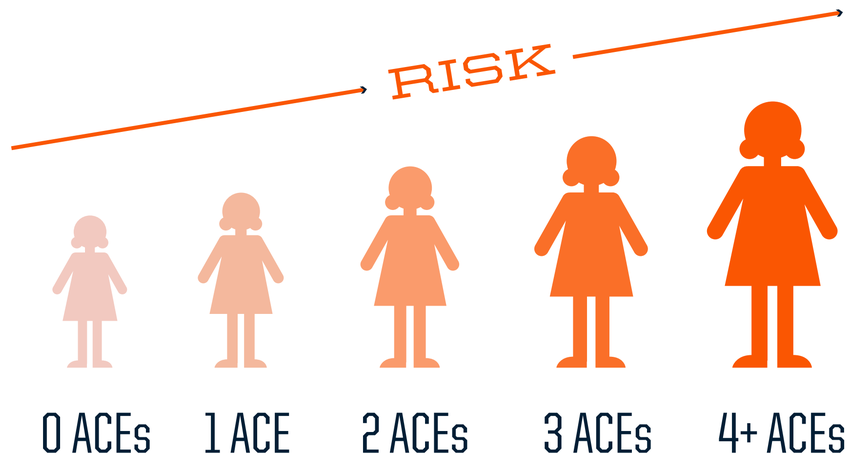
Household Substance Abuse	26.9%
Parental Divorce	23.3%
Household Mental Illness	19.4%
Mother Treated Violently	12.7%
Incarcerated Household Member	4.7%

Of 17,000 ACE study participants:



WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does the risk for negative health outcomes



Possible Risk Outcomes:

BEHAVIOR

Lack of physical activity | Smoking | Alcoholism | Drug use | Missed work

PHYSICAL & MENTAL HEALTH

Severe obesity | Diabetes | Depression | Suicide attempts | STDs

Heart disease | Cancer | Stroke | COPD | Broken bones

rwjf.org/aces

Robert Wood Johnson Foundation

*Source: http://www.cdc.gov/ace/prevalence.htm