Sodium Limits and Timeline

Target 1:

Effective through June 30, 2024 (SY 2023-2024)

(SY 2024-2025)

Target 2:

Lunch

≤1230mg (K-5) ≤1360mg (6-8)

 ≤ 1420 mg (9-12)

Lunch

 \leq 935mg (K-5)

Effective by July 1, 2024

 ≤ 1035 mg (6-8)

 $\leq 1080 \text{mg} (9-12)$

Breakfast

 \leq 540mg (K-5)

 \leq 600mg (6-8)

 \leq 640mg (9-12)

Breakfast

 \leq 485mg (K-5)

 \leq 535mg (6-8)

≤570mg (9-12)