

Section 1: S	School Prof	file						
School Name:	Ideal Academy	PCS - North Capitol S	treet Cam	ıpus				
Street Address:	6130 North Cap	itol St. N.W. 20011						
Does your school	Does your school curently have a website?				If yes, what is your school"s website address?			
Yes				IAPCS.com				
Section 2: 1	Health Serv	vices						
How many school nurses are available at your school?			Does your school currently have a school-based health center?					
None				No				
School Nurse 1	Coverage			School Nurse Coverage	(Nurse	2)		
None				None				
Name of Schoo	l Nurse 1:	Nurse 1 - Phone:	Nurse 1	- Email Address:	Nurse 1	L - Suite/Room Location:		
Name of Schoo	l Nurse 2:	Nurse 2 - Phone:	Nurse 2	- Email Address:	Nurse 2	2 - Suite/Room Location:		
How many Dep	artment of Men	tal Health (DMH) Clin	nicians are	e available at your school	ol?			
DMH Clinician Coverage (Clinician 1): None			DMH Clinician Coverage (Clinician 2): None					
Does your scho Yes	ol currently have	e a DMH/ School Mer	ntal Healt	h Program or similar se	rvices on	site		
*If the school has the section 2.	ree or more school	nurses and/or DMH Clin	nicians plea	ase attach additional inform	ation on ea	ach personnel requested in		
Section 3: 1	Health Edu	cation Instru	ction					
Does your schoo	I currently have	a certified health tea	cher on s	taff?	Yes			

Did that teacher have a concentration in health and physical education in college?

Yes

For each grade in your school, please indicate the average number of minutes per week during school hours students receive health education instruction.

PK/PS - Prek- Minutes/Wee	60	Grade 8 - Minutes/Week: 275
K - Kindergarten - Minutes/Week:	60	Grade 9 - Minutes/Week:
Grade 1 - Minutes/Week:	60	Grade 10 - Minutes/Week:
Grade 2 - Minutes/Week:	60	Grade 11 - Minutes/Week:
Grade 3 - Minutes/Week:	60	Grade 12 - Minutes/Week:
Grade 4 - Minutes/Week:	60	Grade 13/Postgraduate - Minutes/Week:
Grade 5 - Minutes/Week:	60	AE - Adult Education - Minutes/Week:
Grade 6 - Minutes/Week:	275	UG - Ungraded - Minutes/Week:
Grade 7 - Minutes/Week:	275	

Is the health education instruction based on the District's health standards that specify what each student should know and be able to do to improve and maintain their health by the end of each grade level?

Section 4: Physical Education Instruction

For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction.

PK/PS - Prek- Minutes/Wee	60	Grade 8 - Minutes/Week: 275
K - Kindergarten - Minutes/Week:	60	Grade 9 - Minutes/Week:
Grade 1 - Minutes/Week:	60	Grade 10 - Minutes/Week:
Grade 2 - Minutes/Week:	60	Grade 11 - Minutes/Week:
Grade 3 - Minutes/Week:	60	Grade 12 - Minutes/Week:
Grade 4 - Minutes/Week:	60	Grade 13/Postgraduate - Minutes/Week:
Grade 5 - Minutes/Week:	60	AE - Adult Education - Minutes/Week:
Grade 6 - Minutes/Week:	275	UG - Ungraded - Minutes/Week:
Grade 7 - Minutes/Week:	275	

Is the physical education instruction based on the District's physical education standards that identify what each student should know and be able to do at the end of each grade levels?

For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction.

Yes

PK/PS - Prek- Minutes/Wee	60	Grade 8 - Minutes/Week: 275
K - Kindergarten - Minutes/Week:	60	Grade 9 - Minutes/Week:
Grade 1 - Minutes/Week:	60	Grade 10 - Minutes/Week:
Grade 2 - Minutes/Week	60	Grade 11 - Minutes/Week:
Grade 3 - Minutes/Week:	60	Grade 12 - Minutes/Week:
Grade 4 - Minutes/Week:	60	Grade 13/Postgraduate - Minutes/Week:
Grade 5 - Minutes/Week:	60	AE - Adult Education - Minutes/Week:
Grade 6 - Minutes/Week:	275	UG - Ungraded - Minutes/Week:
Grade 7 - Minutes/Week:	275	

How does your school promote physical activity? (Check all that apply)

Active Recess , Movement in the Classroom , Walk or Bike to School

Section 5: Nutrition Programs

Company name of food service vendor Graceful Affairs	
Your Local Education Agency currently has a local wellness policy. Does your local wellness	policy include the following?
The goals for nutrition education, physical activity, and other school-based activities that are wellness?	designed to promote student Yes
Nutrition guidelines for all foods available on each school campus during the school day with health and reducing childhood obesity?	objectives of promoting student Yes
A plan for measuring implementation for the local wellness policy, including designation of 1 education agency or each school, as appropriate, charged with operational responsibility for local wellness policy?	
	Yes
Community involvement in the development of the school wellness policy?	Vaa
Coals for improving the environmental quotainghility of schools?	Yes
Goals for improving the environmental sustainability of schools?:	Yes
Goals for increasing the use of locally-grown, locally processed, and unprocessed foods gro	wers engaged in sustainable
agriculture practices?	Yes
Increasing physical activity?:	
	Yes
Is your school currently in compliance of its local wellness policy?	Yes
When are a second the reliable found	163
Where can a copy of the policy be found? School Main Office	
Where are the following items located at your school?	
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ection 5: Nutrition Programs	
rm-to-School Program	
oes your school serve locally grown, processed, and unprocessed foods from growers engaged in sustainable agricultural ractices?	
yes, how often?:	
ocally-grown means grown in Washington, DC, Maryland, Virginia, Delaware, West Virginia, Pennsylvania, North Carolina, and ew Jersey. Preference given to foods grown in Washington, DC, Maryland or Virginia).	
oes your grower engage in sustainable agriculture practices?	
ustainable Agriculture means an integrated system of plant and animal production practices having a site-specific oplication that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the atural resources base upon which the agriculture economy depends; (c) Make the most efficient use of non renewable esources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the conomic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.)	
Are students and parents informed about the availability of vegetarian food options at your school? Yes	
f yes, where can they find these options? School Main Office, School Cafeteria or Eating Areas	
Are students and parents informed about the availability of milk alternatives, such as soy milk, actose free milk, etc., at your school?	
f yes, where can they find these options?	
School Gardens Program	
Ooes your school currently have a School Garden?	
f no, is your school going to start a garden this school year? Yes	
ection 6: Posting and Form Availability to Parents	
According to section 602(c) of the Healthy School Act of 2010, "each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office".	
How will you make this information available to parents? Copies Available at Main Office	
Online - Posting Date:	
Submitted: 1/26/2011 12:28:19 PM	
Submitter's Name : Tamara Shell	
Submitter's Email Address: shellback2005@yahoo co	m