



Office of the



State Superintendent of Education

SCHOOL HEALTH PROFILE FORM

Section 1: School Profile

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|---|---|
| School Name: <input type="text" value="Bridges PCS"/> | |
| Street Address: <input type="text" value="1250 Taylor Street NW"/> <input type="text" value="Washington, DC 20011"/> | |
| Does your school currently have a website? <input type="text" value="Yes"/> | If yes, what is your school's website address? <input type="text" value="www.bridgespcs.org"/> |

Section 2: Health Services

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|--|--|--|--|
| How many school nurses are available at your school? <input type="text" value="None"/> | Does your school currently have a school-based health center? <input type="text" value="No"/> | | |
| School Nurse 1 Coverage <input type="text" value="None"/> | School Nurse Coverage (Nurse 2) <input type="text" value="None"/> | | |
| Name of School Nurse 1: <input type="text"/> | Nurse 1 - Phone: <input type="text"/> | Nurse 1 - Email Address: <input type="text"/> | Nurse 1 - Suite/Room Location: <input type="text"/> |
| Name of School Nurse 2: <input type="text"/> | Nurse 2 - Phone: <input type="text"/> | Nurse 2 - Email Address: <input type="text"/> | Nurse 2 - Suite/Room Location: <input type="text"/> |
| How many Department of Mental Health (DMH) Clinicians are available at your school? <input type="text" value="None"/> | | | |
| DMH Clinician Coverage (Clinician 1): <input type="text" value="None"/> | | DMH Clinician Coverage (Clinician 2): <input type="text" value="None"/> | |
| Does your school currently have a DMH/ School Mental Health Program or similar services on site <input type="text" value="No"/> | | | |

**If the school has three or more school nurses and/or DMH Clinicians please attach additional information on each personnel requested in section 2.*

Section 3: Health Education Instruction

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|--|---------------------------------|
| Does your school currently have a certified health teacher on staff? | <input type="text" value="No"/> |
| Did that teacher have a concentration in health and physical education in college? | <input type="text" value="No"/> |

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For each grade in your school, please indicate the average number of minutes per week during school hours students receive health education instruction.

| | | | |
|----------------------------------|----|---------------------------------------|--|
| PK/PS - Prek - Minutes/Week | 30 | Grade 8 - Minutes/Week: | |
| K - Kindergarten - Minutes/Week: | | Grade 9 - Minutes/Week: | |
| Grade 1 - Minutes/Week: | | Grade 10 - Minutes/Week: | |
| Grade 2 - Minutes/Week: | | Grade 11 - Minutes/Week: | |
| Grade 3 - Minutes/Week: | | Grade 12 - Minutes/Week: | |
| Grade 4 - Minutes/Week: | | Grade 13/Postgraduate - Minutes/Week: | |
| Grade 5 - Minutes/Week: | | AE - Adult Education - Minutes/Week: | |
| Grade 6 - Minutes/Week: | | UG - Ungraded - Minutes/Week: | |
| Grade 7 - Minutes/Week: | | | |

Is the health education instruction based on the District's health standards that specify what each student should know and be able to do to improve and maintain their health by the end of each grade level? No

Section 4: Physical Education Instruction

For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction.

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|----------------------------------|----|---------------------------------------|--|
| PK/PS - Prek - Minutes/Week | 30 | Grade 8 - Minutes/Week: | |
| K - Kindergarten - Minutes/Week: | | Grade 9 - Minutes/Week: | |
| Grade 1 - Minutes/Week: | | Grade 10 - Minutes/Week: | |
| Grade 2 - Minutes/Week: | | Grade 11 - Minutes/Week: | |
| Grade 3 - Minutes/Week: | | Grade 12 - Minutes/Week: | |
| Grade 4 - Minutes/Week: | | Grade 13/Postgraduate - Minutes/Week: | |
| Grade 5 - Minutes/Week: | | AE - Adult Education - Minutes/Week: | |
| Grade 6 - Minutes/Week: | | UG - Ungraded - Minutes/Week: | |
| Grade 7 - Minutes/Week: | | | |

Is the physical education instruction based on the District's physical education standards that identify what each student should know and be able to do at the end of each grade levels? No

For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction.

| | | | |
|----------------------------------|-----|---------------------------------------|--|
| PK/PS - Prek - Minutes/Week | 180 | Grade 8 - Minutes/Week: | |
| K - Kindergarten - Minutes/Week: | | Grade 9 - Minutes/Week: | |
| Grade 1 - Minutes/Week: | | Grade 10 - Minutes/Week: | |
| Grade 2 - Minutes/Week: | | Grade 11 - Minutes/Week: | |
| Grade 3 - Minutes/Week: | | Grade 12 - Minutes/Week: | |
| Grade 4 - Minutes/Week: | | Grade 13/Postgraduate - Minutes/Week: | |
| Grade 5 - Minutes/Week: | | AE - Adult Education - Minutes/Week: | |
| Grade 6 - Minutes/Week: | | UG - Ungraded - Minutes/Week: | |
| Grade 7 - Minutes/Week: | | | |

How does your school promote physical activity? (Check all that apply)

Active Recess , Movement in the Classroom , Playground activities weather permitting

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Section 5: Nutrition Programs

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| Company name of food service vendor | At Home Management |
| Your Local Education Agency currently has a local wellness policy. Does your local wellness policy include the following? | |
| The goals for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness? | Yes |
| Nutrition guidelines for all foods available on each school campus during the school day with objectives of promoting student health and reducing childhood obesity? | Yes |
| A plan for measuring implementation for the local wellness policy, including designation of 1 or more persons within the local education agency or each school, as appropriate, charged with operational responsibility for ensuring that each school fulfills the local wellness policy? | Yes |
| Community involvement in the development of the school wellness policy? | Yes |
| Goals for improving the environmental sustainability of schools?: | No |
| Goals for increasing the use of locally-grown, locally processed, and unprocessed foods growers engaged in sustainable agriculture practices? | No |
| Increasing physical activity?: | Yes |
| Is your school currently in compliance of its local wellness policy? | Yes |
| Where can a copy of the policy be found? | School Main Office |

Where are the following items located at your school?

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|--|--------------------|
| School Menu: | School Main Office |
| Nutritional Content of each Menu Item: | Vendor |
| Ingredients of each Menu Item: | Vendor |
| Information on where fruits served in schools are grown and processed? | Vendor |
| Information on where vegetables served in schools are grown and processed? | Vendor |

Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch menu criteria, if so please specify if you serve the following:

| | |
|--|------------------------------------|
| A different vegetable each day of the week? : | Yes |
| Dark green vegetables at least twice a week? | Yes |
| An orange vegetable at least once a week? | Yes |
| Cooked dry beans or peas at least once a week? | Yes |
| A different fruit every day of the week? : | Yes |
| Fresh fruit twice a week? | Yes |
| Whole grains at least once a day? : | Yes |
| Milk each day? : | Low-fat(1%)/flavored or unflavored |

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Section 5: Nutrition Programs

Farm-to-School Program

Does your school serve locally grown, processed, and unprocessed foods from growers engaged in sustainable agricultural practices? No

If yes, how often?:

Locally-grown means grown in Washington, DC, Maryland, Virginia, Delaware, West Virginia, Pennsylvania, North Carolina, and New Jersey. Preference given to foods grown in Washington, DC, Maryland or Virginia).

Does your grower engage in sustainable agriculture practices? No

Sustainable Agriculture means an integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of non renewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.)

Are students and parents informed about the availability of vegetarian food options at your school? Yes

If yes, where can they find these options?

Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school? No

If yes, where can they find these options?

School Gardens Program

Does your school currently have a School Garden? No

If no, is your school going to start a garden this school year? No

Section 6: Posting and Form Availability to Parents

According to section 602(c) of the Healthy School Act of 2010, "each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office".

How will you make this information available to parents? Online (posting date), Copies Available at Main Office

Online - Posting Date: 1/22/2011

Submitted: 1/14/2011 7:58:54 AM

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