

SCHOOL HEALTH PROFILE FORM

Section 1: School Profile									
School Name:	Appletree Early	Learning PCS - East (Capitol						
Street Address:	1700 East Capit Washington, DC								
Does your school curently have a website?:				If yes, what is your school"s website address?:					
Yes				www.appletreeinstitu	ite.org				
Section 2: Health Services									
How many scho	ow many school nurses are available at your school?:				Does your school currently have a school-based health center?:				
None				No					
School Nurse 1 Coverage				School Nurse Coverage (Nurse 2):					
None									
Name of Schoo	l Nurse 1:	Nurse 1 - Phone:	Nurse 1	- Email Address:	Nurse 1 - Suite/Room Location:				
Name of Schoo	l Nurse 2:	Nurse 2 - Phone:	Nurse 2	- Email Address:	Nurse 2 - Suite/Room Location:				
How many Department of Mental Health (DMH) Clinicians are available at your school? None									
DMH Clinician Coverage (Clinician 1): None				DMH Clinician Coverage (Clinician 2): None					
Does your school currently have a DMH/ School Mental Health Program or similar services on site No									
*If the school has three or more school nurses and/or DMH Clinicians please attach additional information on each personnel requested in section 2.									
Section 3: Health Education Instruction									
Does your school currently have a certified health teacher on staff?					No				
Did that teacher	have a concentr	ation in health and p	hysical ed	ducation in college?	No				

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For each grade in your school, please indicate the average number of minutes per week during school hours students receive health education instruction. PK/PS - Prek- Minutes/Wee 75 Grade 8 - Minutes/Week: K - Kindergarten - Minutes/Week: Grade 9 - Minutes/Week: Grade 1 - Minutes/Week: Grade 10 - Minutes/Week: Grade 2 - Minutes/Week: Grade 11 - Minutes/Week: Grade 3 - Minutes/Week: Grade 12 - Minutes/Week: Grade 4 - Minutes/Week: Grade 13/Postgraduate - Minutes/Week: Grade 5 - Minutes/Week: AE - Adult Education - Minutes/Week: Grade 6 - Minutes/Week: UG - Ungraded - Minutes/Week: Grade 7 - Minutes/Week: Is the health education instruction based on the District's health standards that specify what each student should know and be able to do to improve and maintain their health by the end of each grade level? Yes **Section 4: Physical Education Instruction** For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction. 225 PK/PS - Prek- Minutes/Wee Grade 8 - Minutes/Week: K - Kindergarten - Minutes/Week: Grade 9 - Minutes/Week: Grade 1 - Minutes/Week: Grade 10 - Minutes/Week: Grade 2 - Minutes/Week: Grade 11 - Minutes/Week: Grade 3 - Minutes/Week: Grade 12 - Minutes/Week: Grade 4 - Minutes/Week: Grade 13/Postgraduate - Minutes/Week: Grade 5 - Minutes/Week: AE - Adult Education - Minutes/Week: Grade 6 - Minutes/Week: UG - Ungraded - Minutes/Week: Grade 7 - Minutes/Week: Is the physical education instruction based on the District's physical education standards that identify what each student should know and be able to do at the end of each grade levels? Yes For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction. 225 PK/PS - Prek- Minutes/Wee Grade 8 - Minutes/Week: K - Kindergarten - Minutes/Week: Grade 9 - Minutes/Week: Grade 1 - Minutes/Week: Grade 10 - Minutes/Week: Grade 2 - Minutes/Week Grade 11 - Minutes/Week: Grade 3 - Minutes/Week: Grade 12 - Minutes/Week: Grade 4 - Minutes/Week: Grade 13/Postgraduate - Minutes/Week: Grade 5 - Minutes/Week: AE - Adult Education - Minutes/Week: Grade 6 - Minutes/Week: UG - Ungraded - Minutes/Week: Grade 7 - Minutes/Week: How does your school promote physical activity? (Check all that apply) **Active Recess** , After-School Activities , Movement in the Classroom

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Section 5: Nutrition Programs

Company name of food service vendor	Revolution Foods	
Your Local Education Agency currently has a local wellness position	olicy. Does your local wellness policy include th	e following?
The goals for nutrition education, physical activity, and other swellness?	chool-based activities that are designed to pror	note student Yes
lutrition guidelines for all foods available on each school cam ealth and reducing childhood obesity?	pus during the school day with objectives of pro	omoting student Yes
plan for measuring implementation for the local wellness po ducation agency or each school, as appropriate, charged witl		
ocal wellness policy?		Yes
Community involvement in the development of the school well	ness policy?	
		No
Goals for improving the environmental sustainability of schools	s?:	
		Yes
Soals for increasing the use of locally-grown, locally processe agriculture practices?	d, and unprocessed foods growers engaged in	
		No
ncreasing physical activity?:		Yes
		100
s your school currently in compliance of its local wellness poli	cy?	Yes
Vhere can a copy of the policy be found? School Main Of	fice	
Where are the following items located at your school?		
School Main Office , School Cafeteria or E	ating	
Iutritional Content of each Menu Item: School Main Office		
ngredients of each Menu Item: School Main Office		
nformation on where fruits served in schools are grown and pr		
Information on where fruits served in schools are grown and proformation on where vegetables served in schools are grown a	rocessed? Food Vendor	
	rocessed? Food Vendor and processed? Food Vendor	eria, if so
ormation on where vegetables served in schools are grown a	rocessed? Food Vendor and processed? Food Vendor	eria, if so
personation on where vegetables served in schools are grown a personal served in schools are grown a personal served in schools are grown as personal served in school	rocessed? Food Vendor and processed? Food Vendor	eria, if so
ormation on where vegetables served in schools are grown a coes your school offer lunch components that meet the H lease specify if you serve the following: A different vegetable each day of the week? Dark green vegetables at least twice a week?	rocessed? Food Vendor and processed? Food Vendor ealthy Schools Act of 2010 lunch menu crite	eria, if so
formation on where vegetables served in schools are grown a close your school offer lunch components that meet the Holease specify if you serve the following: A different vegetable each day of the week? : Yes Dark green vegetables at least twice a week? An orange vegetable at least once a week?	rocessed? Food Vendor and processed? Food Vendor ealthy Schools Act of 2010 lunch menu crite yes	eria, if so
Does your school offer lunch components that meet the Holease specify if you serve the following: A different vegetable each day of the week? Dark green vegetables at least twice a week? An orange vegetable at least once a week?	rocessed? Food Vendor and processed? Food Vendor ealthy Schools Act of 2010 lunch menu crite Yes	eria, if so
formation on where vegetables served in schools are grown at the property of the week? An orange vegetable at least twice a week? Cooked dry beans or peas at least once a week? A different fruit every day of the week? : No	rocessed? Food Vendor and processed? Food Vendor ealthy Schools Act of 2010 lunch menu crite Yes	eria, if so
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Section 5: Nutrition Programs	
Farm-to-School Program	
Does your school serve locally grown, processed, and unprocessed foods from growers engaged in sustainable agricultural practices? No	
If yes, how often?:	
Locally-grown means grown in Washington, DC, Maryland, Virginia, Delaware, West Virginia, Pennsylvania, North Carolina, a New Jersey. Preference given to foods grown in Washington, DC, Maryland or Virginia).	and
Does your grower engage in sustainable agriculture practices?	
Sustainable Agriculture means an integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of non renewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.)	
Are students and parents informed about the availability of vegetarian food options at your school? Yes	
If yes, where can they find these options? School Main Office, School Cafeteria or Eating Areas	
Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school?	
If yes, where can they find these options? School Main Office, School Cafeteria or Eating Areas	
School Gardens Program	
Does your school currently have a School Garden?	
If no, is your school going to start a garden this school year?	
Section 6: Posting and Form Availability to Parents	
According to section 602(c) of the Healthy School Act of 2010, "each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office".	
How will you make this information available to parents? Copies Available at Main Office	
Online - Posting Date:	
Submitted: 1/3/2011 9:58:32 AM	
Submitter's Name : Ross Harold	
Submitter's Email Address: rharold@appletreeinsti	itute.ora