

# NON-CREDITABLE INFANT FOODS

## Child and Adult Care Food Program

The following foods do not fulfill component requirements for the infant meal pattern (for children 0-11 months of age).

### Fruit/Vegetable

- Commercial combination baby food dinners
- Commercial baby food desserts or puddings
- Commercial baby food (in jars) with DHA in the list of ingredients
- Commercial baby food fruit or vegetable with "water" as the first ingredient
- Fruit "drinks" (any fruit beverage with less than 100% full strength fruit juice)

### Infant Cereal

- Commercial premixed baby food cereal (in jars)
- Commercial iron fortified dry infant cereal containing fruit
- Cooked breakfast cereals such as oatmeal or Cream of Wheat<sup>®</sup>
- Ready to eat cold breakfast cereals such as Cheerios<sup>®</sup> or Kix<sup>®</sup>

### Bread or Crackers

- Pancakes, muffins, waffles
- Ready to eat cold breakfast cereals such as Cheerios<sup>®</sup> or Kix<sup>®</sup>

### Meat/Meat Alternate

- Canned fish with bones
- Commercial combination baby food dinners
- Commercial fish sticks, breaded or battered fish or seafood products
- Egg white
- Hot dogs, sausages
- Meat sticks or "finger sticks"
- Nuts and seeds
- Peanut Butter and other nut or seed butters
- Shellfish
- Whole egg
- Yogurt

### Iron-fortified infant formula

- Buttermilk
- Evaporated milk
- Hot Chocolate, chocolate milk
- Low iron infant formula \*
- Reduced fat milk
- Whole Milk \*

\* May be credited as a meal pattern component only if there is an approved *Medical Statement for Food Substitutions* on file listing this specific food as a substitute

### Other

- Chocolate
- Home-canned infant foods
- Honey