



Mary's Center's Social Change Model

**An Integrative Approach to Addressing
Health Disparities in DC Metro Area**



Founded in 1988



Our Mission:

Building better futures through the delivery of health care, education, and social services by embracing our culturally diverse community and providing the highest quality care, regardless of ability to pay.

Federally Qualified Health Center in 2005

Culturally and Linguistically Appropriate Services

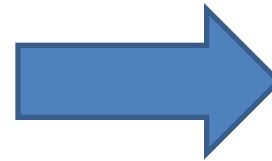
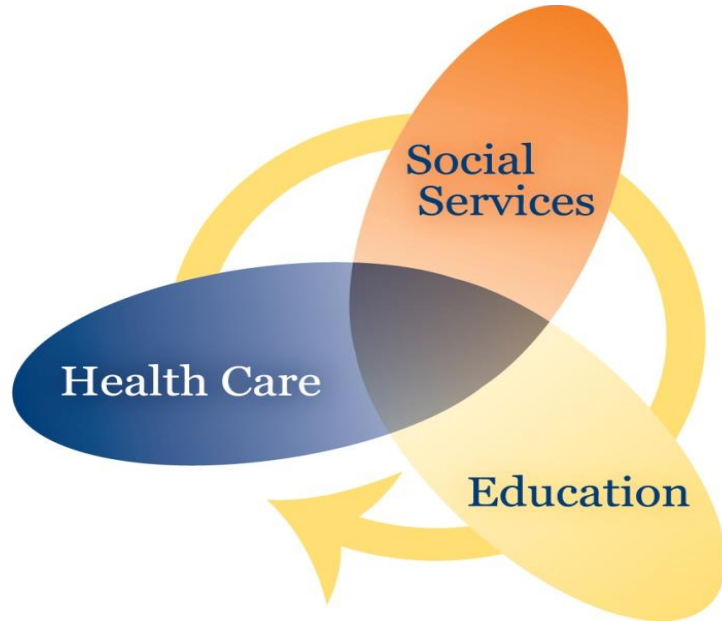
Serve over 40,000 socially and medically vulnerable individuals

Operating five sites in Washington DC and Maryland

Operates on a budget of \$52 million dollars



The Solution: Mary's Center's Social Change Model



Saves Lives

Stabilizes Families

*Creates Stronger
Communities*



Our work is guided by the **Social Change Model**, based on the principle that treating individuals for their health problems alone is insufficient in changing health disparities within any community.

The path towards good health, stable households, and thriving economic independence is the driver for Mary's Center's integrated delivery of care composed of **health, education, and social services**.

The point of greatest success is at the intersection between all the programs.





Overview of Programs

HEALTH

- Prenatal
- Pediatrics/Adolescents
- Adult Medicine
- Psychiatric
- Dental
- Health Promotion
- Chronic diseases

EDUCATION

- Early Childhood Education
- English and Computer Classes for Adults
- Parenting Classes
- High School Diploma
- Child Care Credential Training
- Medical Assistant Training
- Child Care Licensing Technical Assistance
- Coaching Hub for Infant and Toddler Child Care Providers
- Adolescent Tutoring and College Preparation

SOCIAL SERVICES

- Case Management
- Behavioral Health
- Senior Health and Wellness
- Early Intervention for Children with Special Needs
- Home Visiting
- Benefits Enrollment Assistance
- WIC Program





Family Before Mary's Center...



- Lack of Health Insurance and Security
- No medical home
- Financial Instability
- Linguistic/cultural barriers
- Housing, employment and immigration issues
- Lack of job security or job skills
- Loss of role in the family
- Lack of resources
- Legal concerns
- High risk for depression, substance abuse, domestic violence, homicide and suicide



Family Engages Mary's Center...



Health

Education



Social
Services





Mary's Center's Social Ecological Model





Two years later...

- Linked to medical home for primary care
- Enrolled in health coverage
- HEALTHY and STABILIZED
- Parents are empowered to be child's FIRST and BEST teacher
- Parents are helping with homework and getting involved in child's school and personal life
- Enrolled in programs for job skills training
- Living in safe and affordable housing
- Linked to important resources
- Linked to pro-bono legal counsel
- Moving up the economic ladder
- Happy and secured families looking forward to helping others

