

Infants: Feeding and Record Keeping



Documentation Overview

- Infant Food and Formula Notification Form
- Feeding Records
 - Infant menus
 - Individual feeding records
- Point-of service meal counts
- Itemized receipts or invoices (*excludes FDCH*)



Feeding Infants

You must offer food to all enrolled infants – it's a civil rights matter.

Each enrolled infant must have an Infant Formula and Food Notification Form (IFFN) on file, whether the parent(s) bring food or not.



Infant Formula and Food Notification Form (IFFN)

(Top portion of form)

Infant Formula and Food Notification Form

Infant's Name:		DOB:	
Child Care Provider:			

To: Parents/Guardians of infants, birth through 11 months old

Your child's care provider participates in the Child and Adult Care Food Program (CACFP). The CACFP is administrated by the District of Columbia Office of the State Superintendent of Education and is funded by the United States Department of Agriculture (USDA). The CACFP subsidizes the cost of the healthy meals prepared and served to your infant while in care. Your provider follows the USDA Meal Pattern Requirements for Infants (see below), as age-and developmentally-appropriate for your baby.

As a participant in the CACFP, your provider must offer formula and meals to all enrolled infants and children to relieve parents of the obligation to provide meals for their infants and children while they are in the provider's care.

USDA Meal Pattern Requirements For Infants			
Age	Breakfast	Lunch or Supper	Snack
0 - 3 months	4-6 fluid ounces formula <i>or</i> breast milk	4-6 fluid ounces formula <i>or</i> breast milk	4-6 fluid ounces formula <i>or</i> breast milk
4 - 7 months	4-8 fluid ounces formula <i>or</i> breast milk AND 0-3 Tbsp iron fortified infant cereal	4-8 fluid ounces formula <i>or</i> breast milk AND 0-3 Tbsp iron fortified infant cereal AND 0-3 Tbsp fruit <i>or</i> vegetable <i>or</i> both	4-6 fluid ounces formula <i>or</i> breast milk
8 - 11 months	6-8 fluid ounces formula <i>or</i> breast milk AND 2-4 Tbsp iron fortified infant cereal AND 1-4 Tbsp fruit <i>or</i> vegetable <i>or</i> both	6-8 fluid ounces formula <i>or</i> breast milk AND 1-4 Tbsp fruit <i>or</i> vegetable <i>or</i> both AND ONE OR BOTH OF THE FOLLOWING: 2-4 Tbsp iron fortified infant cereal 1-4 Tbsp meat, fish, poultry, egg yolk, cooked dry beans or peas; <i>or</i> ½ -2 oz cheese; <i>or</i> 1-4 oz (volume) cottage cheese; <i>or</i> 1-4 oz (weight) cheese food, or cheese spread	2-4 fluid ounces formula <i>or</i> breast milk <i>or</i> fruit juice AND ½ slice bread <i>or</i> 0-2 crackers

Infant Formula and Food Notification Form (IFFN)

(bottom portion of form)

AND	2-4 1 tsp iron fortified infant cereal
1-4 Tbsp fruit <i>or</i> vegetable <i>or</i> both	1-4 Tbsp meat, fish, poultry, egg yolk, cooked dry beans or peas; <i>or</i> ½ -2 oz cheese; <i>or</i> 1-4 oz (volume) cottage cheese; <i>or</i> 1-4 oz (weight) cheese food, or cheese spread



PARENT FORMULA REQUEST

USDA supports and encourages mothers to continue breastfeeding when returning to work or school. *You have the option to bring your own formula or breast milk, or use the provider-supplied formula.* The provider offers the formula listed below.

Name of provider-supplied formula:

Do you accept or decline the formula supplied by your provider? *(Circle one)*

ACCEPT

DECLINE

If you DECLINE, list the brand of formula you will provide, or breast milk:

PARENT FOOD REQUEST

When your infant is developmentally ready to eat solid foods, do you accept or decline the provider-supplied food?

(Circle one)

ACCEPT all foods

DECLINE all foods

Signature of Parent or Guardian:

Date:

Printed Name of Parent or Guardian:

Infant Menu

Meal Component	Min. Serving Size			Day of week				
	0-3 mo.	4-7 mo.	8-11 mo.	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast								
Breast Milk or Formula	4-6 fl. oz.	4-8 fl. oz.	6-8 fl. oz.	Breast milk or Enfamil Lipil				
Fruit/Vegetable*	X	X	1-4 tbsp.	Pears	Apricots	Banana	Applesauce	Plums
Infant Cereal	X	0-3 tbsp.	2-4 tbsp.	Iron-fortified infant rice cereal	Iron-fortified infant barley cereal	Iron-fortified infant rice cereal	Iron-fortified infant oatmeal cereal	Iron-fortified infant barley cereal
Lunch/Supper								
Breast Milk or Formula	4-6 fl. oz.	4-8 fl. oz.	6-8 fl. oz.	Breast milk or Enfamil Lipil				
Fruit/Vegetable*	X	0-3 tbsp.	1-4 tbsp.	Green beans	Squash	Carrots	Sweet potato	Peas
Infant Cereal**	X	0-3 tbsp.	2-4 tbsp.	Iron-fortified infant rice cereal	Iron-fortified infant barley cereal	Iron-fortified infant rice cereal	Iron-fortified infant barley cereal	Iron-fortified infant rice cereal
Meat/Alternate** <ul style="list-style-type: none"> • Meat, Poultry, Fish, Egg Yolk, Cooked Dry Beans/Peas • Cheese • Cottage Cheese 	X	X	<ul style="list-style-type: none"> • 1-4 tbsp. • ½-2 oz. • 1-4 oz. 	Turkey	Turkey	Turkey	Mashed pinto beans	Mashed pinto beans
PM Snack								
Breast Milk or Formula	4-6 fl. oz.	4-8 fl. oz.	2-4 fl. oz.	Breast milk or Enfamil Lipil				
(or) Juice <i>Not needed if breast milk or formula is served</i>	X	X	2-4 fl. oz.					
Bread/Cracker	X	X	0-½ slice, or 0-2 crackers	Whole wheat bread	Soda crackers	Corn tortilla	Wheat crackers	Whole wheat bread

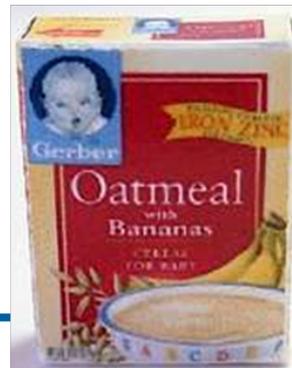
Creditable Infant Formula



Creditable Infant Foods



Non-Creditable Infant Foods



Infant Feeding Trivia

Shaun is 2 months old and his parents provide their own breast milk/iron-fortified formula. Can the center claim these meals?

Yes

Deirdre is 7 months old. Her parents decline formula and food offered by the center. Can the center claim these meals?

No

Infant Feeding Trivia

Matty is 8 months old. His mother provides breast milk, fruits and vegetables. The center provides infant cereal. Can the center claim meals for him?

Yes

Children's World CDC is changing their license to include infants 6 weeks to 11 months. What should they do next?

Contact their CACFP Specialist and request infant feeding training. Send a copy of the current license.

Infant Feeding Trivia

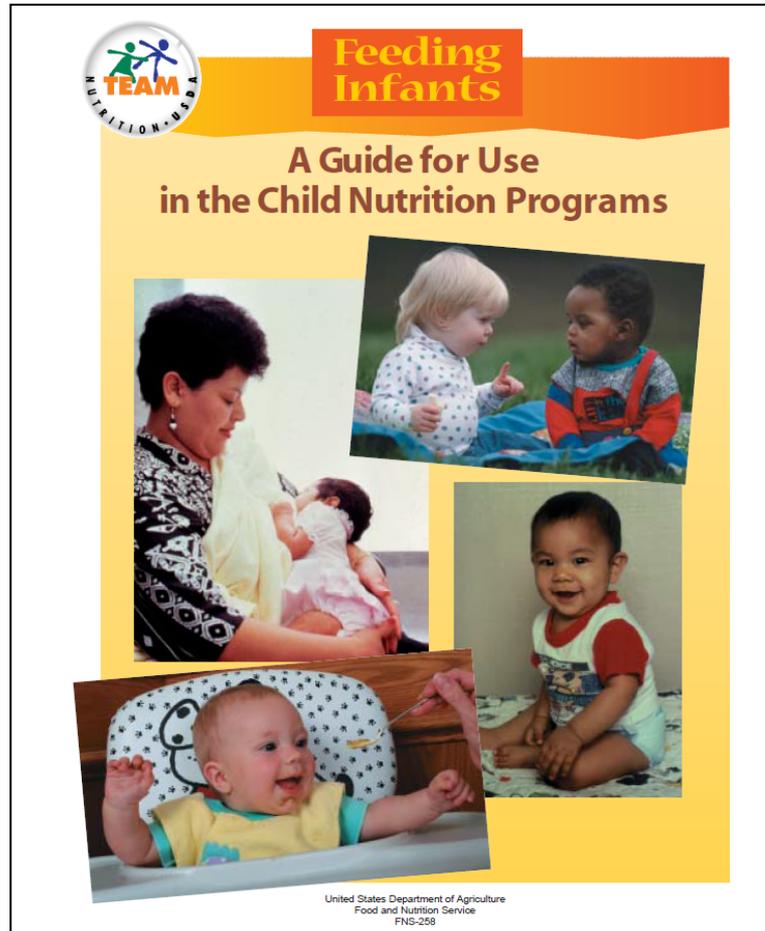
Chloe is 9 months old. Her dad accepts center provided infant cereal, but writes he will bring fruits/vegetables and formula. He often forgets the fruits/vegetables. Can the center claim these meals?

No

What should the center do to claim the meals and ensure Chloe gets a complete meal?

Talk to the father. Explain/provide the meal pattern requirements. Offer to provide fruits and vegetables to Chloe.

Feeding Infants Guide



http://www.fns.usda.gov/sites/default/files/feeding_infants.pdf

Additional Tips

- Consult with parents about introducing new foods.
- Consider cultural preference and how it can fit into the meal pattern.

The end.