



SCHOOL HEALTH PROFILE FORM

Section 1: School Profile																	
Type of School	<input type="checkbox"/> Public School <input checked="" type="checkbox"/> Public Charter School																
LEA:	Howard University Middle School PCS																
School Name	Howard University Middle School																
School Address	405 Howard Place NW Washington, DC 20059																
Does your school currently have a Website?*	If yes, what is your school's website address? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="text" value="http://howard.edu/ms2"/>																
Current number of students enrolled*	312																
Grades Served (select all that apply)*	<table><tr><td><input type="checkbox"/> PS</td><td><input type="checkbox"/> 2</td><td><input checked="" type="checkbox"/> 6</td><td><input type="checkbox"/> 10</td></tr><tr><td><input type="checkbox"/> PK</td><td><input type="checkbox"/> 3</td><td><input checked="" type="checkbox"/> 7</td><td><input type="checkbox"/> 11</td></tr><tr><td><input type="checkbox"/> K</td><td><input type="checkbox"/> 4</td><td><input checked="" type="checkbox"/> 8</td><td><input type="checkbox"/> 12</td></tr><tr><td><input type="checkbox"/> 1</td><td><input type="checkbox"/> 5</td><td><input type="checkbox"/> 9</td><td><input type="checkbox"/> Adult <input type="checkbox"/> Other (please specify) <input type="text"/></td></tr></table>	<input type="checkbox"/> PS	<input type="checkbox"/> 2	<input checked="" type="checkbox"/> 6	<input type="checkbox"/> 10	<input type="checkbox"/> PK	<input type="checkbox"/> 3	<input checked="" type="checkbox"/> 7	<input type="checkbox"/> 11	<input type="checkbox"/> K	<input type="checkbox"/> 4	<input checked="" type="checkbox"/> 8	<input type="checkbox"/> 12	<input type="checkbox"/> 1	<input type="checkbox"/> 5	<input type="checkbox"/> 9	<input type="checkbox"/> Adult <input type="checkbox"/> Other (please specify) <input type="text"/>
<input type="checkbox"/> PS	<input type="checkbox"/> 2	<input checked="" type="checkbox"/> 6	<input type="checkbox"/> 10														
<input type="checkbox"/> PK	<input type="checkbox"/> 3	<input checked="" type="checkbox"/> 7	<input type="checkbox"/> 11														
<input type="checkbox"/> K	<input type="checkbox"/> 4	<input checked="" type="checkbox"/> 8	<input type="checkbox"/> 12														
<input type="checkbox"/> 1	<input type="checkbox"/> 5	<input type="checkbox"/> 9	<input type="checkbox"/> Adult <input type="checkbox"/> Other (please specify) <input type="text"/>														
Contact Name*	Leslie Boler																
Contact Job Title*	Director of Human Resources																
Contact Email*	leslie.t.boler@universitymiddleschool.org																



Section 2: Health Services	
Recommended point of contact for this section: school health providers	
What type of nurse coverage does your school have?* <input checked="" type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> No Coverage	
How many nurses are available at your school? <input checked="" type="checkbox"/> One <input type="checkbox"/> Two <input type="checkbox"/> Three or more	
Name of School Nurse 1 Aminah Muhammed	School Nurse 1 E-mail info@universitymiddleschool.org
Name of School Nurse 2	School Nurse 2 E-mail
Does your school currently have a school-based health center?* <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Does your school currently have a School Mental Health Program or similar services on site for students?* <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
What type of mental health clinician coverage does your school have?* <input checked="" type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> No coverage	
Do you partner with any outside organizations or agencies to address social-emotional needs, improve school climate around mental health, and/or provide for mental health needs? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If yes, please specify the agency or organization: Department of Mental Health (Sex Ed, Health); Howard University School of Social Work.	
Does your school see a need for more school-based behavioral/mental health services than you currently have? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Has your school ever used the Child and Adolescent Mobile Psychiatric Services (ChAMPS) or the Department of Mental Health's Access Helpline? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Does your School currently have an anti-bullying policy? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	



Section 3: Health Education Instruction								
Recommended point of contact for this section: Health education teacher								
Are students required to take health education at your school?*								
<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No								
How many health education teachers does your school currently have on staff?*								
<input type="checkbox"/> None <input checked="" type="checkbox"/> One <input type="checkbox"/> Two <input type="checkbox"/> Three or more								
Does your school currently have at least one certified or highly qualified health teacher on staff?								
<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No								
Name of Health Ed Instructor 1				Health Ed Instructor 1 E-mail				
Cedrick Dickens				cedrick.dickens@universitymiddleschool.org				
Name of Health Ed Instructor 2				Health Ed Instructor 2 E-mail				
How is health education instruction provided (<i>select all that apply</i>):								
<input checked="" type="checkbox"/> Health education course <input type="checkbox"/> Incorporated into another course								
<input checked="" type="checkbox"/> Assemblies or presentations <input type="checkbox"/> Other (<i>please specify</i>):								
<input type="checkbox"/> No health education is provided								
For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that a student receives health education instruction.*								
Grade:	Minutes/Week	Converted To Hours	Grade:	Minutes/Week	Converted To Hours	Grade:	Minutes/Week	Converted To Hours
PS			4			10		
PK			5			11		
K			6	45	0.75	12		
1			7	45	0.75			
2			8	45	0.75	Adult		
3			9			Other		
Is the health education instruction based on the OSSE's health education standards?								
<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No								
Which health education curriculum (or curricula) is your school currently using for instruction (please specify by concept or health topic area, such as "nutrition," if applicable)?								
Glencoe - Focus on Teen Health								
Does your school partner with any outside programs or organizations to satisfy the health education requirements?								
<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No								
If yes, what programs or organizations does your school use?								
Howard University - facilities; University of the District of Columbia (Nutrition Education).								



Section 4: Physical Education Instruction

Recommended point of contact for this section: physical education teacher

Are students required to take physical education at your school?*

Yes No

How many physical education teachers does your school have on staff?

None One Two Three or more

Name of Phys. Ed. Instructor 1

Cedrick Dickens

Phys. Ed. Instructor 1 E-mail

cedrick.dickens@universitymiddleschool.org

Name of Phys. Ed. Instructor 2

Phys. Ed. Instructor 2 E-mail

What strategies does your school use, during or outside of regular school hours, to promote physical activity?

(select all that apply)

Active Recess Movement in the Classroom Walk or Bike to School
 After-School Activities Athletic Programs Safe Routes to School
 None Other (please specify):

For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that a student receives physical education instruction.

Grade:	Minutes/Week	Converted To Hours	Grade:	Minutes/Week	Converted To Hours	Grade:	Minutes/Week	Converted To Hours
PS			4			10		
PK			5			11		
K			6	120	2.00	12		
1			7	120	2.00			
2			8	120	2.00	Adult		
3			9			Other		

For each grade that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to actual physical activity within the physical education course.

Grade:	Minutes/Week	Converted To Hours	Grade:	Minutes/Week	Converted To Hours	Grade:	Minutes/Week	Converted To Hours
PS			4			10		
PK			5			11		
K			6	100		12		
1			7	100				
2			8	100		Adult		
3			9			Other		

Is the physical education instruction based on the OSSE's physical education standards?*

Yes No

Which physical education curriculum (or curricula) is your school currently using for instruction?

Does your school use a physical education or fitness assessment tool?*

Yes No President's Fitness Test

If yes, what is the name of the tool? (e.g. FitnessGrams, President's Physical Fitness Test, etc.)

Does your school partner with any outside programs or organizations to satisfy the physical education or physical activity requirements?*

Yes No Howard University - facilities;

If yes, what programs or organizations does your school use?



Section 5: Nutrition Programs

Recommended point of contact for this section: food services director, cafeteria manager

Name of Food Service Vendor*

Revolution Foods

What types of nutrition promotion does your vendor provide? *(select all that apply)**

- | | |
|---|--|
| <input type="checkbox"/> None | <input type="checkbox"/> Multimedia |
| <input checked="" type="checkbox"/> Vendor-provided nutrition education | <input checked="" type="checkbox"/> Posters |
| <input checked="" type="checkbox"/> Meal time presentations | <input type="checkbox"/> Classroom Instruction |
| <input type="checkbox"/> Outside speakers | <input checked="" type="checkbox"/> Handouts/brochures |
| <input type="checkbox"/> Other <i>(please specify if a specific nutrition curricula is used):</i> | |

Please comment on the quality and/or effectiveness of the nutrition promotion that your vendor provides:

Revolution Foods is very active in their Promotion of nutrition. We taken our students to the site where the food is prepared for demonstrations.

Does your school offer free breakfast to all students?*

- Yes No

Does your school offer breakfast in the classroom?

- Yes No

If yes, please specify the grades for which breakfast is served in the classroom:

- | | | |
|---|---|--|
| Grade: PS <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 4 <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 10 <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Grade: PK <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 5 <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 11 <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Grade: K <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 6 <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 12 <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Grade: 1 <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 7 <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | |
| Grade: 2 <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 8 <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | Grade: Adult <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Grade: 3 <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: 9 <input type="checkbox"/> Yes <input type="checkbox"/> No | Grade: Other <input type="checkbox"/> Yes <input type="checkbox"/> No |

If you do not offer breakfast in the classroom, please explain why (i.e., not required):

Does your school offer any alternative breakfast models (check all that apply)?

- Cafeteria Grab and Go cart Other *(please specify):*

Is your Grab and Go cart located (check all that apply):

- In the cafeteria
 In/near the main entrance of the school
 Other *(Please specify)* Any breakfast item may be grabbed and taken to classroom to eat.

Is your school a **Community Eligibility Option (CEO) School**? Yes No

If Your School is CEO:

If yes, please indicate your CEO percent free and CEO percent paid below:

CEO free percent: _____ % CEO paid percent: _____ %

If you are a CEO school, please indicate your average daily meal participation for November 2012 (this is the total meals served, as reported on your November 2012 NSLP meals claimed, divided by the number of serving days in the month).

Breakfast meals: _____ Lunch meals: _____



If you are **not** a CEO school, please indicate the number of students who **qualify** for the following:

Free Meals: 152 Reduced Price Meals: 44 Full Price Meals: 119

If you are **not** a CEO school, for November 2012, please indicate the average daily participation (number of students) for the following meals (this information is based on your November 2012 Edit Checks):

Breakfast – Free Meals*	152
Breakfast – Reduced Price Meals*	44
Breakfast – Full Price Meals*	119
Lunch – Free Meals*	152
Lunch – Reduced Price Meals*	44
Lunch – Full Price Meals*	119

Lunch menu components

Does your school provide meals that meet the nutritional standards required by the federal and District laws, such as the Healthy Hunger-Free Kids Act and the Healthy Schools Act?

Yes No

These requirements include: a different vegetable every day, dark green and/or orange vegetables at least three times per week, cooked dry beans/peas at least once a week, a different fruit every day, fresh fruit at least twice a week, a whole grain serving every day, and two different milk options.

Does your school serve locally grown and/or locally processed and unprocessed foods at meal times?

Yes No

If yes, are these items served at breakfast?

Yes No

If yes, are these items served at lunch?

Yes No

Is water available to students during meal times?*

Yes No

If yes, is it available via (check all that apply):

- | | |
|--|--|
| <input type="checkbox"/> Water fountain in the cafeteria | <input checked="" type="checkbox"/> Water fountain in another location |
| <input type="checkbox"/> Water pitcher and cups | <input checked="" type="checkbox"/> Students bring water |
| <input checked="" type="checkbox"/> Other (please specify): Filtered water dispenser in the cafeteria | |

Does your school participate in the Afterschool Snack Program?*

Yes No

If yes, please indicate the average daily participation for November 2012: _____

Does your school participate in the Afterschool Supper Program?*

Yes No

If yes, please indicate the average daily participation for November 2012: _____



Does your school participate in the Fresh Fruit and Vegetable Program?*

Yes No

Does your school participate in the DC Free Summer Meals Program?*

Yes No

If yes, please indicate the average daily participation for each of the following meals for the summer of 2012:

Breakfast: Lunch: Supper: Snack:

Section 6: Local Wellness Policy

Recommended point of contact for this section: principal, chair of school wellness council/committee

Has your LEA's local wellness policy been submitted to OSSE for review?*

Yes No Don't Know

Has your LEA's local wellness policy been distributed to the following (check all that apply):

- Parent/teacher organization
- Wellness committee/council
- Foodservice staff
- Administrators
- Students
- None
- Other (please specify) OSSE Approved Wellness Policy is located on our website

Is your school implementing your LEA's local wellness policy? Yes No

Who at your school is responsible for implementing your LEA's local wellness policy?*

Wellness Commttee

Does your school have vending machines available to students?*

Yes No

If yes, how many vending machines do you have:

If yes, what are the hours of operation of these vending machines?

If yes, what items are sold from these vending machines?

If yes, do the items comply with the Healthy Schools Act? Yes No

Does your school sell foods or beverages of any kind for fundraisers?

Yes No

Does your school have a school store?*

Yes No

If yes, what are the hours of operation for the school store?

If yes, what food and beverages are sold?



Section 7: Distributing Information

Where are the following items located at your school?

LEA's Local Wellness Policy*

- This information is not available.
 School Website School Main Office School Cafeteria or Eating Areas
 Other (please specify): **Business Office**

School Menu for Breakfast and Lunch*

- This information is not available.
 School Website School Main Office School Cafeteria or Eating Areas
 Other (please specify): **Business Office**

Nutritional Content of each Menu Item*

- This information is not available.
 School Website School Main Office School Cafeteria or Eating Areas
 Other (please specify): **Business Office**

Ingredients of each Menu Item*

- This information is not available.
 School Website School Main Office School Cafeteria or Eating Areas
 Other (please specify): **Business Office**

Information on where fruits and vegetables served in schools are grown and processed and whether growers are engaged in sustainable agriculture practices*

- This information is not available.
 School Website School Main Office School Cafeteria or Eating Areas
 Other (please specify): **Business Office**

Information - Vegetarian Options

Are students and parents informed about the availability of vegetarian food options at your school?*

- Yes No Vegetarian food options are not available

If yes, where can they find this information?

- School Website School Main Office School Cafeteria or Eating Areas
 Other (please specify): **Enrollment of Students**

Information - Milk Options

Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school?*

- Yes No Milk alternatives are not available

If yes, where can they find these options?

- School Website School Main Office School Cafeteria or Eating Areas
 Other (please specify):



Section 8: School Gardens	
Recommended point of contact for this section: school garden coordinator	
Does your school currently have a School Garden?*	
<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
Name of Garden Contact	Garden Contact E-mail
Does your school participate in the School Garden Program through any of the following (check all that apply)?	
<input type="checkbox"/> Teacher/staff professional development <input type="checkbox"/> Onsite technical support <input type="checkbox"/> School garden grant <input checked="" type="checkbox"/> We have not participated	
Included in your School Garden Which of the following components are included in your school garden? (select all that apply)	
<input type="checkbox"/> Edible garden <input type="checkbox"/> Native plant garden <input type="checkbox"/> Storm-water <input type="checkbox"/> Greenhouse <input type="checkbox"/> Butterfly/Pollinator Garden <input type="checkbox"/> School yard greening project <input type="checkbox"/> Wildlife habitat garden <input type="checkbox"/> Other (please specify):	
If you have an edible garden, have you conducted a soil toxicity test in the past year?	
<input type="checkbox"/> Yes <input type="checkbox"/> No	
Did your school participate in Growing Healthy Schools Week or Strawberries and Salad Greens ?	
<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	

Section 9: Posting and Form Availability to Parents
According to section 602(c) of the <i>Healthy School Act of 2010</i> , “each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office”.
How will you make this information available to parents?*
<input checked="" type="checkbox"/> Online <input type="checkbox"/> Copies Available at Main Office <input type="checkbox"/> Other (please specify):
Is your school sharing information about the Healthy Schools Act in any other ways?*
<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
If yes, please explain:
Parents are informed at workshops, orientations, and any PiA meetings.