

Healthy Schools Act

Local Wellness Policy Compliance



Local Wellness Policy Technical Assistance

School Nutrition and Wellness Program

- Provide technical assistance on local wellness policy (LWP) development, implementation, and update
- Conduct periodic on-site monitoring visits to ensure schools adhere to their LWP
- Verify school activities meet the requirements of the Healthy Schools Act
- Encourage schools to establish School Wellness Committees to help implement and promote their LWP



www.fns.usda.gov

On-Site Monitoring Visits

- Health Education
- Physical Education and Physical Activity
- Recess (if applicable)
- Healthy Vending
- Healthy Fundraising
- Healthy Incentives, Prizes, and Awards
- Time to eat lunch and pass through the line
- School Wellness Committee or PTO
- Environmental Sustainability
- LWP Promotion (on school's website)

Day of Visit

- Observe Health Education
 - 75 minutes per week for K-8
 - May be integrated into other core subjects
- Observe Physical Education class
 - 150 minutes per week for K-5
 - 225 minutes per week for 6-8
 - At least 50% of PE class devoted to Physical Activity
- Observe other opportunities for PA and Recess
 - Outdoor/indoor
 - Movement in classrooms



<http://www.actionforhealthykids.org/>

Day of Visit



- Observe Healthy Vending, Fundraising, and Prizes
 - Student access to vending machines
 - Vending and fundraising items meet HUSSC competitive foods criteria
 - Foods and beverages not used for prizes, incentives, or awards

Day of Visit

- Observe Healthy Vending, Fundraising, and Prizes
 - Student access to vending machines
 - Vending and fundraising items meet HUSSC competitive foods criteria
 - Foods and beverages not used for prizes, incentives, or awards



urbancanteen.com

Day of Visit

- Observe lunch period
 - 30 minutes to eat lunch
 - Sufficient time to pass through the lunch line
- Environmental Sustainability (All that may apply)
 - School gardens
 - Farm-to-School, local food sourcing
 - Recycling
 - Composting
 - Environmentally friendly cleaning products



Day of Visit

- School Wellness Committee or PTO
 - Who comprises your committee?
 - Who is the primary contact person?
- LWP Promotion
 - Posted on each school's website
 - Distributed to food service staff members
 - Distributed to the school's PTO
 - Made available in each school's office

Contact Us

OSSE

Wellness and Nutrition Services Division

(202) 727-1839