



center for BEST  
PRACTICES



## GRAB AND GO TO THE CLASSROOM ROLLOUT TIMELINE

*Use this timeline to help prepare for Grab and Go to the Classroom implementation.*

### LONG-TERM ROLLOUT TASKS

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#### *School Nutrition Staff:*

- Review
  - [No Kid Hungry Starts with Breakfast](#)
  - [Pre-Implementation Checklist](#)
  - [Innovative Breakfast Delivery Options](#)
  - [Tips for implementing an effective Grab and Go program](#)
- Determine [equipment needs](#); apply for grants to fund breakfast equipment if necessary.
- Connect with other Grab and Go (GNG) to the Classroom schools to share best practices. Schedule site visits to those schools to observe GNG to the Classroom in action. **Include principals and teachers on site visit.**

#### *Principal:*

- Review
  - [No Kid Hungry Starts with Breakfast](#)
  - [Pre-Implementation Checklist](#)
  - [Innovative Breakfast Delivery Options](#)
  - [Tips for implementing an effective Grab and Go program](#)
- Hold meetings with School Stakeholders to discuss GNG to the Classroom.
  - If necessary, reference
    - [Grab and Go to the Classroom 101 Video](#), and

- [Breakfast in the Classroom Myths](#) – even though this resource is directed at Breakfast in the Classroom, it still has information applicable to GNG to the Classroom.
- Assemble a School Breakfast Team with school stakeholders, **including teachers, custodians, school nutrition staff, school nurse, office staff, parent-teacher association rep, and paraeducators.**
- Meet with school breakfast team to create long-term and short-term rollout timeline.

## 6-8 WEEKS PRIOR TO ROLLOUT

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### *School Nutrition Staff:*

- Coordinate GNG to the Classroom training schedule leading up to launch date. School nutrition staff will conduct training for teachers, custodians, nurses, and paraeducators.
- Ensure all additional equipment has been procured or is on its way to be delivered.
- Confirm rollout timeline with principal.
- Meet with principal and custodians to discuss food pick up schedule, trash disposal areas, and insulated bag storage areas.

### *Principal:*

- Coordinate GNG to the Classroom program and timeline (with school nutrition staff).
- Coordinate GNG to the Classroom training dates for teachers, custodians, nurses, and paraeducators.
- Hold meeting with School Breakfast Team to discuss rollout.
- Inform office staff of rollout progress, including training schedules, and supply them with all necessary breakfast expansion information in order to field questions from staff, parents, and students. If staff members request to be a part of the trainings, include them in upcoming teacher trainings.

### *Teachers:*

- Ensure you are scheduled for upcoming GNG to the Classroom trainings.
- Ensure several teachers are on School Breakfast Team to plan rollout.
- Determine what classroom activities the students will do while eating breakfast, e.g. quiet reading, question of the day and essay writing.
  - Review:
    - [No Kid Hungry Starts with Breakfast](#)
    - [Breakfast in the Classroom Myths](#)

*Custodians:*

- Ensure a custodian is on School Breakfast Team to plan rollout.
- Ensure you are scheduled for upcoming GNG to the Classroom trainings.
- Determine new food pick up schedule, trash disposal areas, etc.
- Set up option of professional pest control if needed for later on in the rollout process.

*Nurses:*

- Ensure a nurse is on School Breakfast Team to plan rollout.
- Ensure you are scheduled for upcoming GNG to the Classroom trainings.
  - Review: [No Kid Hungry Starts with Breakfast](#)

*Paraeducators:*

- Ensure a paraeducator is on School Breakfast Team to plan rollout.
- Ensure you are scheduled for upcoming GNG to the Classroom trainings.
  - Review:
    - [No Kid Hungry Starts with Breakfast](#)
    - [Breakfast in the Classroom Myths](#)

## **4 WEEKS PRIOR TO ROLLOUT**

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*School Nutrition Staff:*

- Make cafeteria schedule revisions.
- Order any additional GNG to the Classroom supplies (e.g. trash bags, disinfectant wipes) that classrooms will need.
- Coordinate with custodians on what additional trash equipment/containers are needed, and order any additional equipment.

*Principal:*

- Send GNG to the Classroom letter to parents providing all essential information about the program, and include opt-out information.
- Confirm GNG to the Classroom training for teachers, custodians, nurses, and paraeducators.
- Introduce GNG to the Classroom to students (explain why the program is being implemented, and how they will be affected).
- Confer with office staff on rollout progress.

*Teachers:*

- Create student helper schedule (create rotating schedule). Student helpers are often referred to as breakfast sheriffs, breakfast ambassadors, and junior chefs.
- Designate areas in classroom for trashcans and other GNG to the Classroom needs.
- Discuss GNG to the Classroom with students (specific to each teacher's classroom) and introduce the concept of student helpers. Explain what classroom activities students will do while eating.

### **3 WEEKS PRIOR TO ROLLOUT**

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*School Nutrition Staff:*

- Train teachers, custodians, paraeducators, and school nurses (principal should attend these trainings to answer any questions or address concerns) on GNG to the Classroom.
  - Teachers who attended site visits earlier in the year should share their experience during the training.
- Obtain incentives for student helpers (e.g. sheriff badges for breakfast sheriffs, vests for student ambassadors, and aprons for junior chefs) and distribute to teachers.
- Distribute classroom supplies (e.g. trash bags, wipes, placemats) to teachers. Make sure teachers have plenty of extra supplies in their classrooms. This lessens the burden of school nutrition staff needing to replace supplies often.

*Principal:*

- Hold meeting with School Breakfast Team to discuss rollout progress.
- Attend all GNG to the Classroom trainings.
- Schedule student training for GNG to the Classroom.

*Teachers:*

- Attend GNG to the Classroom training.
  - Teachers who attended site visits earlier in the year should share their experience during the training.
- Attend School Breakfast Team meeting.
- Ensure you have student helper material (e.g. vests, sheriff badges) from school nutrition staff.
- Announce student helper schedule to class.

*Custodians:*

- Attend GNG to the Classroom training.

- Attend School Breakfast Team meeting.

*Nurses:*

- Attend GNG to the Classroom training.
- Attend School Breakfast Team meeting.

*Paraeducators:*

- Attend GNG to the Classroom training.
- Attend School Breakfast Team meeting.

## **2 WEEKS PRIOR TO ROLLOUT**

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*School Nutrition Staff:*

- Ensure timeline is on track; adjust if necessary.
- Ensure all large equipment has been procured.
- Plan “dress-rehearsal” day to practice GNG to the Classroom launch – coordinate with principal.

*Principal:*

- Send reminder information to parents via flyers students can take home, or via phone/text messaging system.
- Train students on GNG to the Classroom – coordinate with teachers.
- Plan “dress-rehearsal” day in classrooms where GNG to the Classroom will be rolled out in order to practice GNG to the Classroom launch – coordinate with teachers, school nutrition staff, and custodians.

*Teachers:*

- Ensure you have all classroom cleanup supplies (e.g. trash bags, a case of wipes, placemats). Make sure you have plenty of extra supplies stored in your classroom.
- Implement classroom activities and new procedural routines that students will do during the time they will be eating breakfast (during the first 10-15 minutes of class) to get kids feeling comfortable with the new morning routine. Coordinate this with student training being set up by principal.

*Custodians:*

- Ensure additional trash equipment/containers have been procured.
- Designate areas in school for trash containers and pick-up.

- Determine trash pick-up times and communicate the schedule with teachers/students so they know when the trashcans will be removed from the hallways.

## **1 WEEK PRIOR TO ROLLOUT**

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### *School Nutrition Staff:*

- Distribute clean-up supplies to classrooms.
- Execute “dress-rehearsal” day to identify and address any issues – coordinate with principal.

### *Principal:*

- Meet with cafeteria managers for last minute updates.
- Remind parents via flyers students can take home, or via phone/text messaging system.
- Execute “dress-rehearsal” day to identify and address any issues – coordinate with school nutrition staff, teachers and custodians.

### *Teacher:*

- Address any issues that arise during “dress-rehearsal” day with students, school nutrition staff or principal. Revise procedural routines accordingly.

### *Custodian:*

- Address any issues that arise during “dress-rehearsal” day with principal.

## **1 DAY PRIOR TO ROLLOUT**

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### *School Nutrition Staff:*

- Verify that all tasks are completed for rollout.

### *Principal:*

- Communicate with cafeteria manager for last minute update.
- Remind students via morning announcements.
- Verify that all tasks are completed for the rollout.
- Remind parents via flyers students can take home, or via phone/text messaging system.

### *Teachers:*

- Ensure classroom is prepped for GNG to the Classroom (e.g. cleaning supplies, student helper items).

*Custodians:*

- Verify all tasks are completed for rollout.

## **DAY OF ROLLOUT**

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Launch GNG to the Classroom!

## **DURING THE WEEK OF ROLLOUT**

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*School Nutrition Staff:*

- Make immediate adjustments to the program to troubleshoot issues.

*Principal:*

- Meet with all school stakeholders to troubleshoot immediate issues.

## **1 WEEK AFTER ROLLOUT**

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*School Nutrition Staff:*

- Assess the program for necessary adjustments.

*Principal:*

- Hold meeting with School Breakfast Team to assess rollout.

*Teachers:*

- Attend School Breakfast Team meeting.

*Custodians:*

- Attend School Breakfast Team meeting.

*Nurses:*

- Attend School Breakfast Team meeting.

*Paraeducators:*

- Attend School Breakfast Team meeting.

## **1 MONTH AFTER ROLLOUT**

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*Principal:*

Hold meeting with School Breakfast Team (and continue to hold monthly School Breakfast Team meetings) to assess GNG to the Classroom program.