



Looking for training on the FBG?

Check out Team Nutrition's FBG website (<https://www.fns.usda.gov/tn/food-buying-guide-training-resources>) for training resources, including:

- Recorded webinars
- Links to interactive training modules from the Institute of Child Nutrition (<https://theicn.org/icn-ilearn/>)



Additional training videos and a User Guide on navigating the features of the FBG Web Tool and Mobile App are accessible within the FBG Web Tool under the "Help" tab.

Food Buying Guide for Child Nutrition Programs

USDA Food and Nutrition Service
U.S. DEPARTMENT OF AGRICULTURE

One resource in many formats!

**Interactive
Online Tool**



Mobile App



Publication

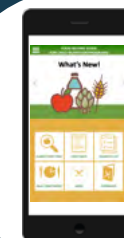


Food Buying Guide for Child Nutrition Programs

**Interactive
Web Tool**



Mobile App



**Printable
Document**



Manual and Technology Based Resources

The authoritative source of food yield information for all Child Nutrition Programs.

Program operators take menu planning to the next level with the FBG technology-based resources! In addition to the features mentioned, each resource includes other useful information, tools, and tips, such as:

- Policy guidance for Child Nutrition Programs,
- Information related to food purchasing,
- Child Nutrition (CN) Labeling Program information, and
- Much, much more!

Check out the entire Food Buying Guide for Child Nutrition Program's suite of resources!

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>



What is the Food Buying Guide?

The **Food Buying Guide for Child Nutrition Programs (FBG)** is the authoritative source of food yield information for all Child Nutrition Programs. The FBG has information to help determine:

- The right quantity of the appropriate types of food to purchase
- The specific contribution each food makes toward the meal pattern requirements

The Food Buying Guide also includes:

- Program-specific information regarding the meal pattern requirements
- Helpful information related to food purchasing and utilizing food yield information
- Additional resources related to meal pattern requirements and menu planning



Download the FBG as a manual in PDF form!

Available at
<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

The Food Buying Guide is Digital!

The FBG is available as an Interactive Web-Based Tool and Mobile App. These digital tools allow Program operators, food manufacturers, and other stakeholders to:

- Easily search and navigate more than 2,100 food yields
- Compare food yields to determine the foods that best meet Program needs
- Create and save a favorite foods list
- Email and print search results, food comparisons, favorites lists, shopping lists, etc.
- Select the desired Serving Size per Meal Contribution for some meal components

The FBG Web Tool and Mobile App can be accessed as a registered user (using the same login account) or as a guest user. Registered users have access to saved information, such as their favorite foods list, on both the FBG Web Tool and Mobile App.



Take menu planning on-the-go with the Food Buying Guide Mobile App!

The FBG Mobile App includes many time-saving features for use on-the-go with smartphones and tablet devices. The free FBG Mobile App is available on the Apple (iOS) and Android platforms.

Download it today!

<https://www.fns.usda.gov/tn/food-buying-guide-mobile-app>



Food Buying Guide Bonus Features

Recipe Analysis Workbook¹

The **Recipe Analysis Workbook (RAW)** allows Program operators to determine the meal pattern contribution for standardized recipes. Menu planners can easily search and select creditable ingredients, enter in the ingredient amounts, and the RAW will auto-calculate the meal pattern contribution. Program operators can print and save the meal pattern contribution statement for their completed recipe analysis.

Product Formulation Statement (PFS) Workbook¹

The **Product Formulation Statement (PFS) Workbook** allows food manufacturers to easily generate a meal pattern contribution statement and provide crediting documentation to demonstrate how their product contributes to CNP meal pattern requirements.

FBG Calculator²

The **FBG Calculator** allows Program operators to create a shopping list to make ordering and purchasing food for their Programs fast and easy.

Exhibit A Grains Tool²

The **Exhibit A Grains Tool** easily calculates ounce equivalent (oz eq) grains or grains/breads servings for a grain product. Program operators can determine the amount to serve to provide a desired grains contribution in oz eq or grains/breads servings. The tool also determines the amount to serve to meet the minimum grains requirements by age group per Program and meal, such as the Child and Adult Care Food Program (CACFP) breakfast, lunch/supper, or snack.



¹ These features are available to registered users. Registered users can create and save their results on the Web Tool and access completed and saved results on the Mobile App.

² These features are available to all users on both the FBG Web Tool and Mobile App. Registered users can create and save their results on the Web Tool and access saved information on the Mobile App and vice versa.