

## **FIRST AID SUPPLIES**

Title 5A DCMR Chapter1, 150.4 and 150.5 – For every 25 children, each facility shall maintain a first aid kit that includes, but is not limited to the following supplies:

☐ A current edition of the first aid text published by the	☐ Telephone number(s) of the local Poison Control
American Academy of Pediatrics, the American Red	Center
Cross, or an equivalent community first aid guide	
☐ One roll of one-half inch (½ in.) non-allergenic	☐ One roll of two-inch (2 in.) gauze roller
adhesive tape	bandage
☐ 10 individually wrapped sterile gauze squares in	□ 25 adhesive compresses, such as
assorted sizes	band-aids, in assorted sizes
☐ Three clean cotton towels or sheeting pieces,	☐ One pair of scissors
approximately twenty-four by thirty-six inches (24 in. x	
36 in.) each	
☐ Safety pins in assorted sizes	☐ One working flashlight
☐ One non-mercury, non-glass thermometer	☐ One measuring tablespoon or dosing spoon
☐ One pair of tweezers	☐ One-third cup (1/3 c.) of powdered milk for dental
	first aid (for mixing to make a liquid solution)
☐ Rubbing alcohol and alcohol swabs	☐ Cotton balls
☐ One ice pack or gel pack	☐ Liquid sanitizer
☐ Sanitary soap	☐ Disposable, non-absorbent latex free, or non-
	powdered latex free gloves
☐ All items needed for disposal of blood-borne pathogens	☐ Eye patch or dressing
☐ Pen or pencil and notepad	☐ Wipes
☐ Whistle	☐ One-way valves for infants (if served), young
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- All staff members must possess a current and valid certification in First Aid and CPR.
- Two staff members at the premises are readily available to administer First Aid and CPR (exception: six children or fewer with only two children under the age of two).
- All first aid equipment and supplies must be maintained clean and in a sufficient quantity based on the size of the facility, the ages and developmental abilities of enrolled children, and the facility's program of activities.
- All first aid equipment and supplies must be maintained in a designated location readily available to staff and inaccessible to children.
- Inspection of first aid supplies should occur weekly and be replenished (e.g., removal and replacing sterile supplies if opened, used, damaged, or expired).