



Office of the



State Superintendent of Education

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## **Physical Education and Health Education FAQs**

1. Is health education required in all schools?

Yes. Health education is required in each grade K-8 and for at least one semester (one-half Carnegie unit) in high school. Health education is based on the grade-appropriate OSSE health education learning standards which were approved by the DC State Board of Education in December of 2007.

2. Is physical education required in all schools?

Yes. Physical education is required in each grade K-8 and for at least two semesters (one Carnegie unit) in high school. Physical education is based on the grade-appropriate OSSE physical education learning standards which were approved by the DC State Board of Education in December of 2007.