



DISTRICT OF COLUMBIA
OFFICE OF THE STATE SUPERINTENDENT OF

EDUCATION

OSSE Allergy Awareness Week 2018

In 1998, Allergy Awareness Week (AAW) was created by the Food Allergy Research and Education (FARE) organization, previously known as the Food Allergy & Anaphylaxis Network. One week in May of every year has been dedicated to Allergy Awareness (Allergy Awareness Week), in which there is an effort to increase awareness of the seriousness of food allergies through the coordination of several events and activities.

OSSE is observing their very first Allergy Awareness Week in 2018. This year's Allergy Awareness Week focuses on food allergies in relation to attendance in schools, which is a major concern. This week will provide an emphasis on food allergies in schools by implementing OSSE's AAW activities into DCPS and DCPCS classrooms that will increase the food allergy knowledge and awareness of the students. By the end of the week, these classrooms should know how to make, and keep, their schools as food allergy-safe environments.

Bring Your Allergen to Life!

Draw Your Allergen in the most creative way you can think of. Give your allergen some character!

On June 1, two lucky winners per grade band will be announced:

- Kindergarten-5th Grade
- Grades 6-8
- Grades 9-12

How to Enter:

1. Choose your allergen (a substance that causes an allergic reaction)
 - a. If you are not allergic to any foods, you can choose from any food allergen, like one of the great eight food allergens.
 1. Peanuts
 2. Treenuts
 3. Soy
 4. Wheat
 5. Fish
 6. Shellfish
 7. Dairy
 8. Eggs
 - b. If you are allergic to one food or many foods, you may choose one that personally impacts you.
2. Draw your allergen:
 - a. When drawing your allergen, give it some character to really bring it to life!
 - b. Draw your allergen how you perceive it to be (how you see your allergen)

- i. Example: If you perceive your allergen as a bad thing, you might make the drawing of your allergen “mean looking”.
3. Tell us Why this Allergen is Important to You!

One Entry Allowed Per Student

Example:



Ex: Hello, my name is _____ and I am allergic to _____. I drew my allergen like this because _____....

4. Submit your drawing- Each school should submit all of their students’ drawings in **one** email
 - a. Students’ name and grade should be written on each drawing in a visible area.
 - b. All drawings should be scanned and attached to an email to OSSE
 - c. Be sure to type in the subject line of the email: **OSSE AAW Drawing Contest**
 - d. In the content section of the email, be sure to mention the name of your school
 - e. Finally, email your drawing submissions to osse.epi@dc.gov .
5. OSSE’s Health and Wellness Division will have an anonymous division wide vote, drawings with the most votes will win OSSE Swag Bags!

Contest Deadline: Entries must be submitted by **11:59 p.m., Friday, May 18, 2018**. The winner will be chosen and announced Wednesday, June 1, 2018.