



Examples of Follow up Curriculum

Below are examples of full curricula available for purchase that meet the criteria of a sound follow up activity for building on your farm field trip. The purchase of one of these curricula is *nota requirement* of the grant, but should act as a guideline for assessing the appropriate topics that follow up activities should address and are suitable options should you choose to purchase curriculum. Copies are available for viewing at the OSSE office.

The Food Project

French Fries in the Food System and *Growing Together* are two examples of full curricula available for purchase. These are best used for middle and high school students.

thefoodproject.org/books-manuals

Cooking with Kids, Inc.

Three curriculum guides are available for purchase – Grades K-1, Grades 2-3, and Grades 4-6. Recipes are centered around cultural foods and getting to know the farmers who grow these and other foods.

cookingwithkids.net/shop/

LiFE Curriculum Series, Teacher's College, Columbia University

Growing Food, Farm to Table & Beyond, and *Choice, Control & Change* are three separate curricula available for purchase through Teacher's College of Columbia University. LiFE curricula use the study of food and food systems to teach to both science and health education goals. All three are for specific grades ranging from 4-8.

blogs.tc.columbia.edu/cfe/education/nutrition-curriculum/

