

SCHOOL HEALTH PROFILE FORM

Section 1: School	Profile					
Type of School:	Public School					
LEA Name:	District of Columbia Publi	c Schools	3			
School Name:	C.H.O.I.C.E. Academy Mi	iddle/Higl	h School			
Street Address	1401 Brentwood Pkwy. NE Washington, DC 20018					
Does your school	curently have a website?		Yes			
If yes, what is you	r school's website address?	www	.dcps.dc.gov	//DCPS/CHOIC	E	
Current number of students enrolled: 75						
Grades Served (select all that apply					
\square PS	\square 2	✓ 6		1 0		
□ PK	□ 3	✓ 7		v 11		
□к	□ 4	✓ 8		V 12		
□ 1	□ 5	✓ 9		☐ Adult	\Box Other	
Contact Name:	Najala Ward					
Contact Job Title	Nurse					
Contact Email:	NWard@cnmc.org					

Section 2: Health Services			page 2			
What type of nurse coverage d	oes your school have?	Full Time				
How many school nurses are a	vailable at your school?	Two				
Name of School Nurse 1:	Najala Ward	School Nurse 1 Phone	(202) 939-4350			
School Nurse 1 E-mail:	NWard@cnmc.org	Suite/Room Location:	Room 210 - 2nd floor			
School Nurse 1 Credentials:	LPN					
Name of School Nurse 2:	Betty Witherspoon	School Nurse 2 Phone	(202) 939-4350			
School Nurse 2 E-mail:	BWithers@cnmc.org	Suite/Room Location:	Room 210- 2nd floor			
School Nurse 2 Credentials:	RN					
Does your school currently have a school-based health center? No						
Does your school currently have a School Mental Health Program or similar services on site for students?						
What type of mental health clinician coverage does your school have? No Coverage						
How many mental health clinicians are available at your school?						

Section 3: Health Education	n Instruction			page 3	
Are any students required to	take health education at y	our school?		Yes	
How many health education teachers does your school currently have on staff?				Two	
Does your school currently	have at least one certified of	or highly qualified health t	eacher on staff?	Yes	
Does one (or more) health e	ducation instructor also ser	rve as physical education i	nstructor?	Yes	
Name of Health Ed Instruct Charlie Williams		Ed Instructor 1 Phone 939-4350	Health Ed Instr charlie.willian		
Did this health education ins in college?	structor have a concentration	on in health OR physical e	ducation Ye	S	
Please list any Health Educat other health certifications)	tion Certification or trainin PD Training, BS+30, cour				
Name of Health Ed Instruct Alvin Queen		Ed Instructor 2 Phone 939-4350	Health Ed Instraction alvin.queen@		
Did this health education ins in college?	structor have a concentration	on in health OR physical e	ducation		
For each grade in your school school week that students re			r week during the	e regular instructional	
PS	Minutes/Week	Grade 7	200 M ir	nutes/Week	
PK	Minutes/Week	Grade 8	200 M ir	nutes/Week	
К	Minutes/Week	Grade 9	220 M ir	nutes/Week	
Grade 1	Minutes/Week	Grade 10	220 M ir	nutes/Week	
Grade 2	Minutes/Week	Grade 11	220 M ir	nutes/Week	
Grade 3	Minutes/Week	Grade 12	220 M ir	nutes/Week	
Grade 4	Minutes/Week	Adult	Mir	nutes/Week	
Grade 5	Minutes/Week	Other	Mir	nutes/Week	
How is health education instruction provided (select all that apply): ✓ Health education course ☐ Incorporated into another course ☐ Assemblies or presentations ☐ Other (please specify): ☐ No health education is provided					
Is the health education instruc	tion based on the OSSE's hea	Ith education standards?		Yes	
Which health education curriculum (or curricula) is your school currently using for instruction? Totally Awesome Health					
Does your school partner with	any outside programs or organ	nizations to satisfy the health	education requirem	nents? Yes	
If yes, what programs or organizations does your school use? Metro Teens/Health, Youth Connect/Health					

Section 4: Physical Educatio	n Instruction			page 4		
Are any students required to take physical education at your school?						
How many physical education		Two				
Name of Phys. Ed. Instructor	1	Phys. Ed. Instructor 1 Phone	Phys. Ed. Instru	ctor 1 E-mail		
Charlie Williams		(202) 939-4350 x1251517	charlie.william	s@dc.gov		
Did this physical education instructor have a concentration in physical education in college? Yes						
Please list any physical education certifications or training received by this physical education instructor. BS+30,PD Training, Courses@Trin for continued Ed.						
Name of Phys. Ed. Instructor	2	Phys. Ed. Instructor 2 Phone	nstructor 2 E-mail			
Alvin Queen		(202) 939-4350 x1251506	alvin.queer	n@dc.gov		
Did this physical education in	structor have a co	oncentration in physical educatio	n in college?	Yes		
Please list any physical educa physical education instructor.		or training received by your	BS, PD Trainin	g for Health		
For each grade in your school, that students receive physical e		average number of minutes per week	during the regular	instructional school week		
PS	Minutes/Week	Grade 7	200 Minutes	s/Week		
PK	Minutes/Week	Grade 8	200 Minutes	s/Week		
K	Minutes/Week	Grade 9	220 Minutes			
Grade 1	Minutes/Week	Grade 10	220 Minutes			
Grade 2	Minutes/Week	Grade 11	220 Minutes			
Grade 3	Minutes/Week	Grade 12	220 Minutes			
Grade 4	Minutes/Week	Adult	Minutes			
Grade 5	Minutes/Week	Other	Minutes	s/Week		
Grade 6 200 For each grade that receives pl	Minutes/Week hysical education ins	struction, please indicate the average	e number of minute	s per week during the		
regular instructional school wee	ek devoted to actual	physical activity within the physical e	education course.	o por moon daming and		
PS	Minutes/Week	Grade 7	200 Minutes	s/Week		
PK	Minutes/Week	Grade 8	200 Minutes	s/Week		
K	Minutes/Week	Grade 9	220 Minutes	s/Week		
Grade 1	Minutes/Week	Grade 10	220 Minutes	s/Week		
Grade 2	Minutes/Week	Grade 11	220 Minutes	s/Week		
Grade 3	Minutes/Week	Grade 12	220 Minutes	s/Week		
Grade 4	Minutes/Week	Adult	Minutes	s/Week		
Grade 5	Minutes/Week	Other	Minutes	s/Week		
Grade 6 200	Minutes/Week					
Is the physical education instruct	tion based on the OS	SSE's physical education standards?		Yes		
Which physical education curriculum (or curricula) is your school currently using for instruction? Totally Awesome Health						
Does your school use a physical education or fitness assessment tool? No If yes, what is the name of the tool? (e.g. FitnessGrams, President's Physical Fitness Test, etc.)						
		or organizations to satisfy the physic		Yes		
education or physical activity req	uirements?*					
If yes, what programs or organizations does your school use? Metro Teens/Health, Youth Connect/Health						
What strategies does your school	ol use, during or outs	ide of regular school hours, to promo	ote physical activity	? (select all that apply)		
Active Recess	☐ Active Recess ☐ Movement in the Classroom ☐ Walk or Bike to School					
After-School Activities	 Athletic Programs		Safe Routes to Sc	hool		
✓ None	Other (please spe	ecify): no				

Section 5: Nutrition Programs				page 5
Name of Food Service Vendor Chartwells I	nc.			
What types of nutrition education services does yo	our school provide	? (select all that	apply)	
☐ None ☐ Multimedia				
☐ Vendor-provided nutrition education	n	Posters	3	
☐ Meal time presentations			oom Instruction	
Outside speakers		✓ Handou	uts/brochures	
Other (please specify):				
Please indicate the number of students that qualify	for the following:			
Free Meals 70 Reduce	d Price Meals	0	Full Price Meals	0
Does your school offer breakfast to all students?*	Yes			
If yes, where is breakfast offered (select	all that apply):			
☐ Classroom ✔ Cafeteria ☐ Gr	ab and Go cart	Other (pleas	e specify):	
			, ,,	
For November 2011, please indicate the average	e daily participation	on (number of s	students) for the following	meals:
Breakfast - Free Meals	45	Lunc	ch - Free Meals	45
Breakfast - Reduced Price Meals	0	Lunc	ch - Reduced Price Meals	0
Breakfast - Full Price Meals	0	Lunc	ch - Full Price Meals	0
Does your school offer lunch components that please specify if you serve the following: A different vegetable each day of the we A dark green and/or orange vegetables a	ek? at least three times	a week?	Yes Yes	, if so
Cooked dry beans or peas at least once	a week?		No	
A different fruit every day of the week?			Yes	
Fresh fruit twice a week? Whole grains at least once a day?			Yes Yes	
Milk each day? :			Yes	
Low-fat (1%) flavored milk			100	
Low-fat (1%) inavoied filink Low-fat (1%) unflavored milk				
Fat-free (skim) flavored milk				
✓ Fat-free (skim) unflavored milk				
Soy milk				
Lactose-free milk				
Other (please specify):				
Is water available to students during me	eal times? Yes			
If yes, is it available via (che	ck all that apply):	:		
☐ Water fountain in the cafet	eria		✓ Water fountain in ar	nother location
☐ Water pitcher and cups			Students bring water	er
Other (please specify):				

Section 5: Nutrition Programs (Con't)	page 6
Does your school participate in the Afterschool Snack Program? No	
If yes, please indicate the average daily participation for November 2011.	
Does your school participate in the Afterschool Supper Program?	
If yes, please indicate the average daily participation for November 2011.	
Does your school participate in the Fresh Fruit and Vegetable Snack Program?*	
Does your school participate in the DC Free Summer Meals Program?	
If yes, please indicate the average daily participation for each of the following meals for the summer of 2011:	
Breakfast: no Lunch: no Supper: no Snack: no	
Does your school serve locally grown and/or locally processed and unprocessed foods at meal times from growers engaged in sustainable agricultural practices?	
If yes, how often?	
☐ Once or twice per day ☐ Three or four times per week ☐ Once or twice per week	
☐ Once or twice per month ☐ Other (please specify)	
On average, how many school meals include a locally-grown produce item?*	
☐ Every day	
☐ Three or four times per week	
One or two times per week	
One or two times per month	
Other (please specify):	
On average, how many meals include a sustainably-grown produce item?*	
☐ Every day	
☐ Three or four times per week	
One or two times per week	
One or two times per month	
Other (please specify):	

Section 6: Local Wellness Policy page 7
Has your LEA's local wellness policy been submitted to OSSE for review?
Has your LEA's local wellness policy been distributed to your school's foodservice staff members? Yes
Has your LEA's local wellness policy been distributed to your school's parent/teacher organization (PTO)? Don't have a PTO
Please indicate which of the following is covered by your LEA's local wellness policy (check all that apply):
goals for nutrition education, physical activity, and other school-based activities
✓ nutritional guidelines for all competitive foods served and sold on campus during the school day
✓ guidelines for school meals, that are not less restrictive than those set at the federal level
plan for measuring implementation of the local wellness policy
goals to improve the environmental sustainability of schools
none of these is covered in our LEA's local wellness policy
Who at your school is responsible for implementing your LEA's local wellness policy? Cahrtwell-3535 V Street NE, Washington, DC
Does your school have vending machines?
If yes, are these vending machines available only to faculty and staff members?
If yes, how many vending machines do you have:
If yes, what are the hours of operation of these vending machines?
If yes, what items are sold from these vending machines?
Does your school have a school store?
If yes, what are the hours of operation for the school store?
If yes, what food and beverages are sold?
Does your school have a school wellness council?
Does your school solicit input from students, parents, staff or community members about foods that are offered for meals or snack? Yes
If yes, please explain how input is solicited and received. Newsletters, Menu received from Chartwell
Is your school in compliance with your LEA's local wellness policy? Yes

Section 7: Distributing Informat	ion		page 8			
Where are the following items lo	ocated at your school?					
LEA's Local Wellness Policy						
☐ This information is no	t available.					
School Website	School Main Office	School Cafeteria or Eating Areas				
✓ Other (please specify)	Chartwell-3535 V Street NE-	Vashington, DC				
School Menu for Breakfast and Lunch						
☐ This information is no	t available.					
School Website	School Main Office	✓ School Cafeteria or Eating Areas				
Other (please specify)):					
Nutritional Content of each Menu Item						
☐ This information is no	t available.					
School Website	School Main Office	School Cafeteria or Eating Areas				
✓ Other (please specify)	Chartwell-3535 V . Street NE	-Washington, DC				
Ingredients of each Menu Item						
☐ This information is no	t available.					
School Website	School Main Office	✓ School Cafeteria or Eating Areas				
Other (please specify)):	_				
Information on where fruits and vegetables served in schools are grown and processed						
☐ This information is no	t available.					
School Website	School Main Office	School Cafeteria or Eating Areas				
✓ Other (please specify)	local					
Information on whether growers are engaged in sustainable agriculture practices This information is not available.						
School Website	School Main Office	School Cafeteria or Eating Areas				
✓ Other (please specify)	3535 V Street NE - Washing	ton, DC				
Are students and parents informed about	out the availability of vegetarian food	I options at your school?				
If yes, where can they find this info	ormation?					
School Website	✓ School Main Office	✓ School Cafeteria or Eating Areas				
Other (please specify)): No					
Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school?						
If yes, where can they find these o	pptions?					
School Website	School Main Office	School Cafeteria or Eating Areas				
Other (please specify)		_ Sales data and a Lating / toda				

Section 8: School Gardens	page 9	9
Does your school currently have a School Garden?		
Name of Garden Contact	Garden Contact E-mail	
How many students benefited from the school garden during the	ne 2010-2011 school year?	
How many students have benefited from the school garden thu	s far during the 2011-2012 school year?	
	ol club/program this garden is not used	
Other (please specify):		
Do students eat food from the school garden?		
If yes, please describe the events and/or programs that facilital lessons, etc.)	ate this experience. (e.g. school lunch, snack time, incorporated into	
Please list any outside organizations that you have partnered programs.	with in developing your school garden and/or school garden	
F 3		
Which of the following components are included in your school	garden? (select all that apply)	
Raised beds for edibles	-ground edibles	
Rain garden C	ommunity garden plots	
	reenhouse	
	utterfly/Pollinator Garden	
Other (please specify):		
Has your school participated in any of the following farm-food	education in the past year? (select all that apply)	
Our school did not participate in farm-food education		
Our school did not participate, but would like more infor	mation on farm-food education	
Farm field trips	hef demonstrations	
Participation in DC Farm to School Week	articipation in DC School Garden Week	
Other (please specify):		
Section 9: Posting and Form Availability to Parents		
According to section 602(c) of the Healthy School Act of 2010 information required by subsection (a) online if the school has	, "each public school and public charter school shall post the a website and make the form available to parents in its office".	
How will you make this information available to parents?		
✓ Online	opies Available at Main Office	
Other (please specify):		
Is your school sharing information about the Healthy Schools	Act in any other ways?	
If yes, please explain.		
Submitted Date: 4/3/2012	Submitter's Name : Gwendolyn (SHS) Thomas	