SCHOOL HEALTH PROFILE FORM

Section 1: School Profile	
Type of School:	Public School
LEA Name:	District of Columbia Public Schools
School Name:	Powell Elementary School
Street Address	1350 Upshur St. NW Washington, DC 20011

Does your school curently have a website?   Yes

If yes, what is your school's website address?   https://sites.google.com/a/dc.gov/powell-elementary-school/

Current number of students enrolled: 315

Grades Served (select all that apply

- ☑ PS
- ☑ PK
- ☑ K
- ☑ 1
- ☑ 2
- ☑ 3
- ☑ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10
- ☐ 11
- ☐ 12
- ☐ Adult
- ☐ Other

Contact Name:	Janeece Docal
Contact Job Title	Principal
Contact Email:	janeece.docal@dc.gov

What type of nurse coverage does your school have?   Full Time

How many school nurses are available at your school?   Two

Name of School Nurse 1:	Jocelyn Esposito	School Nurse 1 Phone	(202) 671-6270
School Nurse 1 E-mail:	JEsposit@childrensnational.org	Suite/Room Location:	Nurse's Suite-1st floor
School Nurse 1 Credentials:	RN		

Name of School Nurse 2:	Dorothea Washington	School Nurse 2 Phone	(202) 671-6270
School Nurse 2 E-mail:		Suite/Room Location:	Nurse's Suite-1st floor
School Nurse 2 Credentials:	LPN		

Does your school currently have a school-based health center?   Yes

Does your school currently have a School Mental Health Program or similar services on site for students?   Yes

What type of mental health clinician coverage does your school have?   Full Time

How many mental health clinicians are available at your school?   Three or More

Are any students required to take health education at your school?	Yes
How many health education teachers does your school currently have on staff?	One
Does your school currently have at least one certified or highly qualified health teacher on staff?	Yes
Does one (or more) health education instructor also serve as physical education instructor?	Yes

Name of Health Ed Instructor 1:	Health Ed Instructor 1 Phone	Health Ed Instructor 1 E-mail
James Bryant	(202) 671-6270	James.Bryant2@dc.gov

Did this health education instructor have a concentration in health OR physical education in college?   Yes

Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications)

Name of Health Ed Instructor 2:	Health Ed Instructor 2 Phone	Health Ed Instructor 2 Phone

Did this health education instructor have a concentration in health OR physical education in college?

Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications)

For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that students receive health education instruction.

PS	45	Minutes/Week	Grade 7		Minutes/Week
PK	45	Minutes/Week	Grade 8		Minutes/Week
K	45	Minutes/Week	Grade 9		Minutes/Week
Grade 1	45	Minutes/Week	Grade 10		Minutes/Week
Grade 2	45	Minutes/Week	Grade 11		Minutes/Week
Grade 3	45	Minutes/Week	Grade 12		Minutes/Week
Grade 4	45	Minutes/Week	Adult		Minutes/Week
Grade 5		Minutes/Week	Other		Minutes/Week

How is health education instruction provided (select all that apply):

- ☐ Health education course
- ☑ Assemblies or presentations
- ☐ No health education is provided
- ☑ Incorporated into another course
- ☑ Other (please specify): After school program; partnership with LAYC; partnership with SNAP-ED

Is the health education instruction based on the OSSE's health education standards?   Yes

Which health education curriculum (or curricula) is your school currently using for instruction?   MacMillan McGraw Hill Totally Awe

Does your school partner with any outside programs or organizations to satisfy the health education requirements?   No

If yes, what programs or organizations does your school use?

Are any students required to take physical education at your school?	Yes
How many physical education teachers does your school have on staff?	One

Name of Phys. Ed. Instructor 1	Phys. Ed. Instructor 1 Phone	Phys. Ed. Instructor 1 E-mail
James Bryant	(202) 671-6270	james.bryant2@dc.gov

Did this physical education instructor have a concentration in physical education in college?	Yes

Please list any physical education certifications or training received by this physical education instructor.	K-12 Heath and Physical Education Certification

Name of Phys. Ed. Instructor 2	Phys. Ed. Instructor 2 Phone	Phys. Ed. Instructor 2 E-mail

Did this physical education instructor have a concentration in physical education in college?	

Please list any physical education certifications or training received by your physical education instructor.	

For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that students receive physical education instruction.

Grade	Minutes/Week	Grade	Minutes/Week
PS	65	Grade 7	
PK	90	Grade 8	
K		Grade 9	
Grade 1	90	Grade 10	
Grade 2	90	Grade 11	
Grade 3	90	Grade 12	
Grade 4	90	Adult	65
Grade 5		Other	
Grade 6			

For each grade that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to actual physical activity within the physical education course.

Grade	Minutes/Week	Grade	Minutes/Week
PS	65	Grade 7	
PK	90	Grade 8	
K		Grade 9	
Grade 1	90	Grade 10	
Grade 2	90	Grade 11	
Grade 3	90	Grade 12	
Grade 4	90	Adult	65
Grade 5		Other	
Grade 6			

Is the physical education instruction based on the OSSE's physical education standards?	Yes
Which physical education curriculum (or curricula) is your school currently using for instruction?	SPARKS, PACER Guide
Does your school use a physical education or fitness assessment tool?	Yes
If yes, what is the name of the tool? (e.g. FitnessGrams, President's Physical Fitness Test, etc.)	Fitness Gram
Does your school partner with any outside programs or organizations to satisfy the physical education or physical activity requirements?*	No
If yes, what programs or organizations does your school use?	

What strategies does your school use, during or outside of regular school hours, to promote physical activity? (select all that apply)

- ☑ Active Recess
- ☑ After-School Activities
- ☐ None
- ☑ Movement in the Classroom
- ☑ Athletic Programs
- ☑ Other (please specify): Tennis Academy, Baseball Little
- ☑ Walk or Bike to School
- ☑ Safe Routes to School

Name of Food Service Vendor   Revolution Food Services

What types of nutrition education services does your school provide? (select all that apply)

☐ None   ☑ Multimedia

☑ Vendor-provided nutrition education   ☑ Posters

☑ Meal time presentations   ☑ Classroom Instruction

☑ Outside speakers   ☑ Handouts/brochures

☑ Other (please specify):

Please indicate the number of students that qualify for the following:

Free Meals   140   Reduced Price Meals   0   Full Price Meals   171

Does your school offer breakfast to all students?*   Yes

If yes, where is breakfast offered (select all that apply):

☑ Classroom   ☐ Cafeteria   ☐ Grab and Go cart   ☐ Other (please specify):

For November 2011, please indicate the average daily participation (number of students) for the following meals:

Breakfast - Free Meals	124	Lunch - Free Meals	128
Breakfast - Reduced Price Meals	0	Lunch - Reduced Price Meals	0
Breakfast - Full Price Meals	154	Lunch - Full Price Meals	158

Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch menu criteria, if so please specify if you serve the following:

A different vegetable each day of the week?	Yes
A dark green and/or orange vegetables at least three times a week?	Yes
Cooked dry beans or peas at least once a week?	Yes
A different fruit every day of the week?	Yes
Fresh fruit twice a week?	Yes
Whole grains at least once a day?	Yes
Milk each day? :	Yes

☐ Low-fat (1%) flavored milk

☑ Low-fat (1%) unflavored milk

☐ Fat-free (skim) flavored milk

☑ Fat-free (skim) unflavored milk

☑ Soy milk

☑ Lactose-free milk

☐ Other (please specify):

Is water available to students during meal times?   Yes

If yes, is it available via (check all that apply):

☑ Water fountain in the cafeteria   ☑ Water fountain in another location

☐ Water pitcher and cups   ☑ Students bring water

☐ Low-fat (1%) flavored milkOther (please specify):

Does your school participate in the Afterschool Snack Program?   Yes

If yes, please indicate the average daily participation for November 2011.   308

Does your school participate in the Afterschool Supper Program?   Yes

If yes, please indicate the average daily participation for November 2011.   308

Does your school participate in the Fresh Fruit and Vegetable Snack Program?*

Does your school participate in the DC Free Summer Meals Program?   Yes

If yes, please indicate the average daily participation for each of the following meals for the summer of 2011:

Breakfast: no   Lunch: yes   Supper: no   Snack: yes

Does your school serve locally grown and/or locally processed and unprocessed foods at meal times from growers engaged in sustainable agricultural practices?   Yes

If yes, how often?

- [x] Once or twice per day
- [ ] Three or four times per week
- [ ] Once or twice per week
- [ ] Once or twice per month
- [ ] Other (please specify)

On average, how many school meals include a locally-grown produce item?*

- [x] Every day
- [ ] Three or four times per week
- [ ] One or two times per week
- [ ] One or two times per month
- [ ] Other (please specify):

On average, how many meals include a sustainably-grown produce item?*

- [x] Every day
- [ ] Three or four times per week
- [ ] One or two times per week
- [ ] One or two times per month
- [ ] Other (please specify):

Has your LEA's local wellness policy been submitted to OSSE for review?   Yes

Has your LEA's local wellness policy been distributed to your school's foodservice staff members?   Yes

Has your LEA's local wellness policy been distributed to your school's parent/teacher organization (PTO)?   Yes

Please indicate which of the following is covered by your LEA's local wellness policy (check all that apply):

☑ goals for nutrition education, physical activity, and other school-based activities

☑ nutritional guidelines for all competitive foods served and sold on campus during the school day

☑ guidelines for school meals, that are not less restrictive than those set at the federal level

☑ plan for measuring implementation of the local wellness policy

☑ goals to improve the environmental sustainability of schools

☐ none of these is covered in our LEA's local wellness policy

Who at your school is responsible for implementing your LEA's local wellness policy?   Administrative Team, Central Office, Food Services

Does your school have vending machines?   Yes

If yes, are these vending machines available only to faculty and staff members?   Yes

If yes, how many vending machines do you have: 2

If yes, what are the hours of operation of these vending machines?   24

If yes, what items are sold from these vending machines?   water, soda, snacks (granola bars, sun chips, candy bars)

Does your school have a school store?   Yes

If yes, what are the hours of operation for the school store?   during portfolio week (items are bought with school Panther Bucks)

If yes, what food and beverages are sold?   no food and beverages are sold; the school store is for books, supplies, incentives

Does your school have a school wellness council?   Yes

Does your school solicit input from students, parents, staff or community members about foods that are offered for meals or snack?   Yes

If yes, please explain how input is solicited and received.   food service members solicit feedback as they walk classroom to classroom during BIC; we have principal's coffees, we have main office concern forms; we have food service available at Parent Teacher Conferences; teachers email me concerns

Is your school in compliance with your LEA's local wellness policy?   Yes

Where are the following items located at your school?

LEA's Local Wellness Policy

☐ This information is not available.

☑ School Website   ☑ School Main Office   ☐ School Cafeteria or Eating Areas

☑ Other (please specify): | family bulletin board; link to the Local Wellness Policy - http://dcps.dc.gov/DCPS/In+the+Classroom

School Menu for Breakfast and Lunch

☐ This information is not available.

☑ School Website   ☑ School Main Office   ☐ School Cafeteria or Eating Areas

☑ Other (please specify): | family bulletin board posted; also sent home; http://dcps.dc.gov/DCPS/Beyond+the+Classroom/Food+Services/

Nutritional Content of each Menu Item

☐ This information is not available.

☑ School Website   ☐ School Main Office   ☐ School Cafeteria or Eating Areas

☑ Other (please specify): | DCPS Website http://dcps.dc.gov/DCPS/Beyond+the+Classroom/Food+Services/

Ingredients of each Menu Item

☐ This information is not available.

☐ School Website   ☐ School Main Office   ☐ School Cafeteria or Eating Areas

☑ Other (please specify): | Available on Request.; DCPS Website http://dcps.dc.gov/DCPS/Beyond+the+Classroom/Food+Services/

Information on where fruits and vegetables served in schools are grown and processed

☐ This information is not available.

☐ School Website   ☐ School Main Office   ☐ School Cafeteria or Eating Areas

☑ Other (please specify): | Stated on our Breakfast Menu which is posted on the DCPS Website; Revolution Foods website

Information on whether growers are engaged in sustainable agriculture practices

☑ This information is not available.

☐ School Website   ☐ School Main Office   ☐ School Cafeteria or Eating Areas

☐ Other (please specify):

Are students and parents informed about the availability of vegetarian food options at your school?   Yes

If yes, where can they find this information?

☑ School Website   ☑ School Main Office   ☑ School Cafeteria or Eating Areas

☑ Other (please specify): | Registration and School Handbook; There will always be at least one vegetarian option every day for lunch for those students who don't eat meat.

Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school?   yes

If yes, where can they find these options?

☑ School Website   ☑ School Main Office   ☑ School Cafeteria or Eating Areas

☑ Other (please specify): | Registration and School Handbook; Lactose-free students are given milk-alternatives (soy milk) as long as a parent's note is kept on file and states that the student is lactose intolerant.

Does your school currently have a School Garden?   Yes

Name of Garden Contact	Garden Contact E-mail
Annie Ceccarini of USDA; Principal Janeece Docal	janeece.docal@dc.gov

How many students benefited from the school garden during the 2010-2011 school year?   300

How many students have benefited from the school garden thus far during the 2011-2012 school year?   315

How is your school garden used? (select all that apply)

- [x] Outdoor classroom
- [x] Afterschool club/program
- [ ] Summer enrichment
- [ ] Currently this garden is not used
- [x] Other (please specify):   Heritage Garden; Mobile Vegetable Garden starting 2012

Do students eat food from the school garden?   No

If yes, please describe the events and/or programs that facilitate this experience. (e.g.   school lunch, snack time, incorporated into lessons, etc.)

Please list any outside organizations that you have partnered with in developing your school garden and/or school garden programs.
USDA

Which of the following components are included in your school garden? (select all that apply)

- [x] Raised beds for edibles
- [ ] In-ground edibles
- [x] Native plants
- [ ] Rain garden
- [ ] Community garden plots
- [ ] Compost bin/pile
- [ ] Garden kitchen (outdoor or access to indoor)
- [ ] Greenhouse
- [x] Tool shed
- [x] Meeting space for a full class
- [x] Butterfly/Pollinator Garden
- [ ] Rain Barrel(s)
- [ ] Fruit tree(s)
- [x] Other (please specify):   Heritage Garden; Mobile Vegetable Garden

Has your school participated in any of the following farm-food education in the past year? (select all that apply)

- [ ] Our school did not participate in farm-food education
- [x] Our school did not participate, but would like more information on farm-food education
- [ ] Farm field trips
- [x] Chef demonstrations
- [x] Participation in DC Farm to School Week
- [ ] Participation in DC School Garden Week
- [ ] Other (please specify):

Section 9: Posting and Form Availability to Parents

According to section 602(c) of the Healthy School Act of 2010, "each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office".

How will you make this information available to parents?

- [x] Online
- [x] Copies Available at Main Office
- [ ] Other (please specify):

Is your school sharing information about the Healthy Schools Act in any other ways?   yes

If yes, please explain.   Parent Coffee, LSAT, First Parent Teacher Conference

Submitted Date :   1/30/2012 19:28   Submitter's Name :   janeece docal