

2016-17 SCHOOL YEAR SCHOOL HEALTH PROFILE FORM

Healthy Schools Act of 2010

Under Section 602 of the *Healthy Schools Act of 2010* (L18-0209), each public school and public charter school within the District of Columbia is required to:

- 1.) **Complete and submit** the online School Health Profile (SHP) form to the Office of the State Superintendent of Education (OSSE).
- 2.) Make the completed profile available to the public by posting it online, if the school has a website, and making the information available to parents in the school's main office.

Any public school or public charter school that fails to complete and submit its SHP form to OSSE **on or before Feb. 15** of each year will be out of compliance with Section 602 of the Healthy Schools Act of 2010.

Instructions

The online SHP form must be completed by each school. For example, if your local education agency (LEA) includes five campuses, each campus must complete an SHP.

OSSE recommends that one person at each school be responsible for disseminating the SHP form to school staff members (Health Teacher, Nurse, Food Services Director, etc.) and then collecting the data and submitting the form online.

Complete all sections of the form with responses for the 2016-2017 school year.

For definitions and clarifications, or more information on how to complete the online SHP form, please see our <u>Frequently Asked Questions (FAQs)</u> at the end of this document or in the green menu bar of the online application.

Submission Deadline

The online form must be completed **on or before Feb. 15, 2017**. OSSE will post each completed SHP on the OSSE website within 30 days of receipt for public review. If your school has not completed the form by Feb. 15, your school will be listed on the OSSE website as out of compliance with Section 602 of the *Healthy Schools Act of 2010*. OSSE also reports compliance with the SHP to the Mayor, the DC Council, and the Healthy Youth and Schools Commission.

Once submitted, OSSE will also e-mail a PDF copy of the completed SHP to the contact you provide us in Section 1 of this form.

The SHP form must be submitted through https://octo.quickbase.com

- When completing the online form, please <u>do not</u> use commas, quotes, or press "enter" in text boxes.
- Due to skip patterns in the online form, you may not have to answer all the questions. For example, if your school does not have a website, you will move automatically to question 7.

Need assistance with the online form?

Call (202) 719-6500 | Email OSSE.callcenter@dc.gov | See FAQs in this doc

Section 1: School Profile

1. Type of School*				
Public So	chool O	Public Chart	er School	Private School
2. LEA ID: 1	3. Schoo	l Code: 478	4.	Ward: 5
5. LEA Name* D	istrict of Colur	nbia Public S	chools	
5a. School Name* P	helps Architec	ture Constru	ction and I	Engineering HS
6. Does your school	currently have a	website?*		
Yes			\bigcirc	No
6a. What is your sch	ool's website ad	dress? http://p	helpshsdc.o	org/
7. Current number o	f students enroll	ed* ³⁰⁶		
8. Grades Served. Se	lect all that appl	y*		
Pre-K	3	7	1 1	
K	4	8	1 2	
1	5	9	Adult	
2	6	1 0	Other	
9. Contact Name*	Willie Jackso	n		
9a. Contact E-mail*	willie.jackso	n@dc.gov		
9b. Contact Job Title	* Principal			
OSSE will contact this	s person if there o	are questions ab	out the SHP.	This person will automatically be

added as a user for the 2017-18 HSA SHP and will receive a PDF copy of the completed HSA SHP via e-

mail for posting per section 602(c) of the Healthy Schools Act of 2010.

Section 2: Health Services

Recommended point of contact for this section: School Health Providers

Helpful definitions: Nursing refers to registered nurses (RN) or licensed practical nurses (LPN). Allied health professional refers to nursing assistants, medical technicians, or anyone who can support a nurse; it does not refer to related service providers for purposes of special education.

d health professional	coverage in your school?*	
	No	
rsing and/or allied he	alth professional coverage	in your school:*
# full time (0 – 10)	0 # part time (0 – 10	0) 1
# full time (0 – 10)	0 # part time (0 – 10	0) 0
in 10a, please state th	ne funding source:*	
Self- Prov Othe	funded ided by the Department of Hea	ŏŏ
resources for infection.) resources for chronicer treatment for infection.)	us diseases (HIV/AIDS, sexudiseases (diabetes, obesity, ous diseases (HIV/AIDS, sex	, asthma, etc.) ually transmitted
r	sing and/or allied hear # full time (0 – 10) # full time (0 – 10) n 10a, please state the Self- Self- Or Other Des your school offer medical providers the resources for infection.) resources for chronical treatment for infection.)	# full time (0 – 10) # part time (0 – 10)

12. How many of the following clinical staff are currently employed, work as a contractor,	or
volunteer at your school?*	

Psychiatrist # full time(0 – 10): 0 #part time (0 – 10): 0 Psychologist # full time (0 – 10): 0 #part time (0 – 10): 0 Licensed Independent Clinical Social Worker (LICSW) # full time (0 – 10): 0 #part time (0 – 10): 0 Licensed Professional Counselor (LPC) # full time (0 – 10): 0 #part time (0 – 10): 0

13. What type of training do you provide for each audience on your anti-bullying policy? Select all that apply

Staff	Yes	No
Professional Development (internal)	\odot	\bigcirc
Webinars	\bigcirc	\odot
Written Materials	ledow	\bigcirc
Outside Organizations: Which one(s)?	\bigcirc	\odot
Other	\bigcirc	\odot

Students	Yes	No
Professional Development (internal)	\odot	\bigcirc
Webinars	\bigcirc	\odot
Written Materials	\odot	\bigcirc
Outside Organizations: Which one(s)? 100 Fathers Inc, HerStory Other	O	OO
Parents/Community	Yes	No
Professional Development (internal)	ledow	\bigcirc
Webinars	\bigcirc	\odot
Written Materials	ledow	\bigcirc
Outside Organizations: Which one(s)? Strategies 4LIFE	\odot	0
Other	\bigcirc	lacksquare

Section 3: Health Education Instruction

Recommended point of contact for this section: Health Education Teacher, Physical Education teacher

Important Definitions for this Section:

<u>Health Education</u>: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.

<u>Physical Education:</u> Physical education (PE) provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Health Education Minutes:</u> This number should represent the average number of minutes over the course of the year. If a student only receives <u>health education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.

14. How many teachers instruct *only* health education in your school?*(0-10):

Note: Please make sure teachers reported in questions 14, 15, and 16 are not counted for more than one time.

14a. Name of Health Education Instructor 1 14ai. Health Education Instructor 1 E-mail

George Greenhow geroge.greenhow@dc.gov

14b. Name of Health Education Instructor 2 14bi. Health Education Instructor 2 E-mail

14c. Name of Health Education Instructor 3 14ci. Health Education Instructor 3 E-mail

15. How many teachers instruct *only* physical education in you school?*(0-10):

15a. Name of Physical Education Instructor 1

15ai. Physical Education Instructor 1 E-mail

George Greenhow N/A

15b. Name of Physical Education Instructor 2	15bi.Physical Education Instructor 2 E-mail
15c. Name of Physical Education Instructor 3	15ci.Physical Education Instructor 3 E-mail
16. How many teachers instruct <i>both</i> health <u>and</u> phys	ical education in your school?*(0 – 10): 0
16a. Name of Dual Instructor 1	16ai. Dual Instructor 1 E-mail
16b. Name of Dual Instructor 2	16bi. Dual Instructor 2 E-mail
16c. Name of Dual Instructor 3	16ci. Dual Instructor 3 E-mail
17. If your school partners with any outside programs requirements (including nutrition, alcohol, tobacco an please specify their name below.*	•
Name of agency or organization:	
No current partnership(s)	
18. For each grade span in your school, please indicate during the regular instructional school week that stud	-
Grades: K – 5 Minutes/Week (0 – 125):	
Grades: 6 – 8 Minutes/Week (0 – 125):	
19. Please indicate the average minutes per week of	health education instruction that your school

90

offers for high school students: Minutes/Week:

20. For the health topics listed, please specify which health education curriculum (or curricula) your school uses for instruction: *Select all that apply*

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5	No curriculum is used
Mental and Emotional Health Curriculum:	
Safety Skills Curriculum:	
Human Body and Personal Health Curriculum:	
Disease Prevention Curriculum:	
Nutrition Curriculum:	
Alcohol, Tobacco and Other Drugs Curriculum:	
Grades: 6 – 8	No curriculum is used
Mental and Emotional Health Curriculum:	
Safety Skills Curriculum:	
Human Body and Personal Health Curriculum:	

Disease Prevention Curriculum:		
Nutrition Curriculum:		
Alcohol, Tobacco and Other Drugs Curriculum:		
Grades: 9 – 12		No curriculum is used
Mental and Emotional Health Curriculum: DCPS Health Standards		
Safety Skills Curriculum: DCPS Health Standards		
Human Body and Personal Health Curriculum: DCPS Health Standards		
Disease Prevention Curriculum: DCPS Health Standards		
Nutrition Curriculum: DCPS Health Standards		
Alcohol, Tobacco and Other Drugs Curriculum: DCPS Health Standards	V	

Section 4: Physical Education Instruction

Recommended point of contact for this section: Physical Education Teacher

Important Definitions for this Section:

<u>Physical Education:</u> Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Physical Education Minutes:</u> This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

<u>Physical Activity:</u> Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.

<u>Physical Activity Minutes:</u> This number should include the time that students are participating in moderate to vigorous <u>physical activity</u>. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

	egies does your school y? <i>Select all that appl</i> y		, during or outside of regular	schoo	ol hours, to promote
Activ	e Recess		Movement in the Classroom	'	Walk to School
After	-School Activities	/	Athletic Programs	/	Safe Routes to School
None	2	'	Bike to School		
Othe	r:				
during the regu	• •	ol we	lease indicate the average numes that a student receives phool activities.*^		•
Grades: K – 5	Minutes/Week (0 – 2	25):			
Grades: 6 – 8	Minutes/Week (0 – 3	00):			

22a. For each grade span that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity</u> within the physical education course. This does NOT include recess or after school activities.*^

Grades: K - 5 Minutes/Week (0 - 225):

Grades: 6-8 Minutes/Week (0-300):

- 23. Please indicate the average minutes per week of <u>physical education</u> instruction that your school offers for high school students; average mins/week: 180
- 23a. Please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity within the physical education course</u>. This does NOT include recess or after school activities.*

Grades: 9 - 12 Minutes/Week (0 - 300): 180

24. Which physical education curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum:

Grades: 6 – 8 Curriculum:

Grades: 9 - 12 Curriculum: n/a

25. Which physical activity curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum:

Grades: 6 – 8 Curriculum:

Grades: 9 – 12 Curriculum: Presidential Physical Fitness

26. How many minutes per week do students get recess on average?*

Grades: K – 5 Minutes/Week:

Grades: 6 – 8 Minutes/Week:

Grades: 9 – 12 Minutes/Week: 125

Section 5: School Nutrition and Local Wellness Policy

Recommended points of contact for this section: Food Services Director or Manager, Principal, Chair of School Wellness Council/Committee

27. Is cold, filtered water available to students during	g meal times?*		
Yes	O No		
28. Where are fruits and/or non-fried vegetables ava	ilable for students	on school grou	nds?* <i>Select all</i>
that apply			
	Available free/at no cost	Available for purchase	Not available
A La Carte in cafeteria	✓		
Near the cash register in the service line	✓		
By the entrée selections in the service line	<u></u>		一
At the beginning of the lunch line in the service line		H	Ħ
Elsewhere on school grounds – where?			
29. When foods and/or beverages are offered at schovegetables provided? Yes	ool celebrations, an	e fruits and/or	non-fried
30. How many vending machines are available to stu	dents?* (0 – 10): ()	
30a. What hours are student vending machines available	able? Select all tha	t apply	
	Yes	5	No
Before and/or after school	C)	\bigcirc
During school hours	C)	\bigcirc
During school hours, excluding meal times	Č		0
During school hours, only at meal times	C)	\bigcirc

30b. What items are sold from student vending mac	hines? <i>Select a</i>	ll that apply	
100% fruit and/or vegetable juice	Regula	r chips, pretzels an	d snack mixes
Baked chips, lower calorie and/or fat snacks	Sodas	and/or fruit drinks	
Fresh fruits and/or non-fried vegetables	Whole	grain products	
Milk and dairy products	Water		
Other:			
31. If you have a school store, what are the hours of	operation? Se	lect all that apply*	
Before and/or after school	Yes	No	N/A
During school hours	\odot	Ö	Ö
During school hours, excluding meal times	\bigcirc	lacktriangle	
During school hours, only at meal times	\circ	\odot	0
31a. What food and/or beverages are sold in the sch	ool store? <i>Sele</i>	ect all that apply	
100% fruit and/or vegetable juice	Regula	r chips, pretzels an	d snack mixes
Baked chips, lower calorie and/or fat snacks	Sodas	and/or fruit flavore	d drinks
Fresh fruits and/or non-fried vegetables	Whole	grain products	
Milk and dairy products	✓ Water		
Other:			

Section 6: Distributing Information

Recommended point of contact for this section: Principal, Business Manager, Director of Operations

Important Definitions for this Section:

<u>Sustainable Agriculture</u>: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.

32. Does your school have a wellness comm	ittee, school health council, or team?*
Yes	No
33. How are following items distributed at y	our school? Select all that apply
LEA's Local Wellness Policy	
School Website	School Main Office
School Cafeteria or Eating Areas	To parent/teacher organization
To foodservice staff	To administrators
To students	This information is not available for distribution
Other:	School does not have a Local Wellness Policy
School Menu for Breakfast and Lunch	
School Website	School Main Office
School Cafeteria or Eating Areas	✓ To parent/teacher organization
✓ To foodservice staff	✓ To administrators
✓ To students	This information is not available for distribution
Other:	School does not offer school menu

	f Each Menu Ite	m	
School Website		~	School Main Office
School Cafeteria	a or Eating Areas	✓	To parent/teacher organization
To foodservice s	staff	✓	To administrators
To students			This information is not available for distribution
Other:			School does not have nutritional content of menu items
Ingredients of Each N	lenu Item		
School Website		✓	School Main Office
School Cafeteria	a or Eating Areas	✓	To parent/teacher organization
To foodservice	staff	✓	To administrators
✓ To students			This information is not available for distribution
Other:			School does not have the ingredients of menu items
-			school are grown and whether growers are
engaged in sustainab	le agriculture^ p	oractices	
			_
School Website	,	~	School Main Office
School Website School Cafeteria		<u>/</u>	School Main Office To parent/teacher organization
	a or Eating Areas	<u>/</u>	<u>.</u> 1
School Cafeteria	a or Eating Areas	<u>/</u>	To parent/teacher organization
School Cafeteria To foodservice	a or Eating Areas	<u>/</u>	To parent/teacher organization To administrators
School Cafeteria To foodservice s To students Other:	a or Eating Areas		To parent/teacher organization To administrators This information is not available for distribution
School Cafeteria To foodservice s To students Other: 34. Are students and	a or Eating Areas	ed about the avai	To parent/teacher organization To administrators This information is not available for distribution School does not have this information
School Cafeteria To foodservice s To students Other: 34. Are students and school?* Yes	parents informed	ed about the avai	To parent/teacher organization To administrators This information is not available for distribution School does not have this information lability of vegetarian food options at your

Section 7: Environment

Recommended point of contact for this section: Principal, Lead Science Teacher

Data from the School Health Profile will be used to complete the Environmental Literacy Indicator Tool, a biennial survey used to determine progress on environmental literacy goals in the Chesapeake Bay Watershed Agreement. In the future, compiled results will be available on the chesapeakebayprogress.com website.

Important Definitions for this Section:

School Gardens: outdoor spaces that engage students through hands-on lessons that enhance learning.

Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at

http://www.chesapeakebay.net/publications/title/meaningful watershed educational experience.

36. Does your school currently have a School Garden?*^				
	0	Yes	\odot	No
36a. Na	ame of Ga	arden Contact*		
36b. Ga	arden Cor	ntact E-mail*		
37. Did	any of yo	our classes or student groups attend a	a farm fiel	d trip this year?*
	\bigcirc	Yes	\odot	No
37a. Ho	ow many	students attended a farm field trip?		
37b. W	hat farm	(s) did the students visit? Select all th	at apply	
A	lice Fergu	ison Foundation's Hard Bargain Farm	Co	ommon Good City Farm
	rcadia Ce griculture	nter for Sustainable Food and	Re	ed Wiggler Farm
	alleva Far		Ro	ocklands Farm
Ci	ity Blosso	ms Community Green Spaces	w	ashington Youth Garden
	ther:			

37c. Was this t	rip funded through an OSSE Fa	rm Field Trip gran	nt?	
\circ	Yes	\bigcirc	No	
38. Does your	school offer an Environmental	Science Class?*		
ledot	Yes	\circ	No	
38a. How man	y students are enrolled in this o	course in the 201	6-17 school year?	? 77
39. Name of Le	ead Science Teacher/Environme	ental Literacy Inst	ructor*	
Hanna	h Whitaker			
39a. Lead Scien	nce Teacher/Environmental Lite	eracy Instructor E	-mail*	
Hannal	n.whitaker@dc.gov			
selection, indic	ct the environmental literacy to ate the course in which the top ntly using for instruction:	•	-	
	ate the curriculum's full name. Ij clude the resources, standards,	· ·		
Grades: K – 5				
	NONE			No curriculum is used
Air (quality, clin Course: Curriculum:	nate change)			
Water (stormw Course: Curriculum:	ater, rivers, aquatic wildlife)			
Land (plants, so Course: Curriculum:	oil, urban planning, terrestrial wildli	fe)		
Resource Conse Course: Curriculum:	ervation (energy, waste, recycling)			
Health (nutritio Course: Curriculum:	n, gardens, food)			

Other: () Course: Curriculum:	
Grades: 6 – 8	
NONE	No curriculum is used
Air (quality, climate change) Course: Curriculum:	
Water (stormwater, rivers, aquatic wildlife) Course: Curriculum:	
Land (plants, soil, urban planning, terrestrial wildlife) Course: Curriculum:	
Resource Conservation (energy, waste, recycling) Course: Curriculum:	
Health (nutrition, gardens, food) Course: Curriculum:	
Other: () Course: Curriculum:	
Grades: 9 – 12	
NONE Air (quality, climate change) Course: Curriculum:	No curriculum is used
Water (stormwater, rivers, aquatic wildlife) Course: Curriculum:	✓
Land (plants, soil, urban planning, terrestrial wildlife) Course: Curriculum:	✓
Resource Conservation (energy, waste, recycling) Course: Curriculum:	

Health Course Curricu		~
Other: Course Curricu		
	of the following groups in your school participated in environmental educatio ences provided by outside organizations or agencies?	n (EE) learning
41.	Teachers of Grades K – 5 Yes No	
41a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:	
42.	Teachers of Grades 6 – 8 Yes No	
42a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:	
43.	Teachers of Grades 9 – 12 Yes No	
43a.	Who was the provider?	
Office of	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list: f the State Superintendent of Education	

44.	Administrators (Yes (No				
44a.	Who was the provider?	•					
	Informal EE organization Higher Education (e.g., I Local Education Agency State Education Agency Other District Agency (e Federal Program (e.g., S Other, please list:	University (e.g., DC P (OSSE) e.g., DC Dep	of the Dis Public Schoo partment	trict of Colu pols) of Energy &	mbia)	nt)	
	each grade at your scho ional Experiences (MWE	-	indicate t	the level of	participatio	on in Meani	ingful Watershed
Grades	: K – 5						
0	A system wide Meaning grade, description of un Some classes participate (i.e., grade, description No evidence that studen Experience.	iit, partners ed in a Mea of unit, pai	ships, etc. aningful V rtnerships	.): Vatershed E s, etc.):	ducational	Experience	. Please describe
Grades	: 6 – 8						
0	A system wide Meaning grade, description of un Some classes participate (i.e., grade, description No evidence that studen Experience.	nit, partners ed in a Mea of unit, par	ships, etc. aningful V rtnerships	.): Vatershed E s, etc.):	ducational	Experience.	. Please describe
Grades	: 9 – 12						
••	A system wide Meaning grade, description of un Some classes participate (i.e., grade, description No evidence that student Experience.	iit, partners ed in a Mea of unit, par	ships, etc. aningful V rtnerships	.): Vatershed E s, etc.): DC	ducational WATER	Experience.	. Please describe
46. Wh	nat practices is your LEA	implement	ting relate	ed to sustai	nable, gree	n schools?	Select all that
	School-wide Recycli	ng Progran	m				
Office of	f the State Superintendent	of Educatio	n				

v	Lead testing of water	
~	On-site Composting	
V	LEED Certification Type: Silver Gold	Platinum
~	Project Learning Tree Green Schools	
~	National Wildlife Federation Eco-Schools	
~	Environmentally-friendly cleaning products	
v	Landscaping with native plants	
v	Stormwater reduction efforts (i.e., rain barrels, cistern	ns, rain gardens)
V	Sprint to Savings/Green Schools Energy Challenge	
	Other	
47. What	type of recycling hauling services does your school rece	eive? Select all that apply
~	Cardboard only	
<u></u>	Paper and cardboard only	
<u>~</u>	, ", ,	
<u>~</u>	Co-mingled paper, cardboard, and mixed recyclables to	together ("single-stream")
	Organics	
	Other	
	None of these	
48. Does y	your school compost? Select all that apply	
<u>~</u>	Yes, we participate in an organics recycling (off-site co	omposting) program
	Yes, on-site outdoors (e.g. in garden)	
	Yes, on-site indoors (e.g. worm bin in classroom)	
	Other method	
Ш	Don't Compost	
	your school promote the Environmental Protection Age rogram to reduce exposure to environmental factors the	
and adults	s in public schools?	
• Y	ves No	O Don't know
50. Does y	your school purchase environmentally-friendly cleaning	g supplies?
	_	
(Y	′es No	O Don't know
51. Does y	your school cleaning/maintenance staff follow green cle	leaning procedures?
Y	ves No	O Don't know
~ Y	es NO	Out t know

Healthy Schools Act School Health Profile Frequently Asked Questions

- 1. What is the Healthy Schools Act School Health Profile? The School Health Profile (SHP) is an online questionnaire that must be completed by each District of Columbia public school and public charter school according to Section 602 of the Healthy Schools Act of 2010 (HSA). The contact person listed in the SHP will receive a PDF copy of the Profile that is required to be made available online if the school has a website and available to parents or guardians in the main office. The Office of the State Superintendent of Education (OSSE) will post completed profiles on our website within 30 days of submission.
- 2. **How is the information in the SHP used?** Information collected in the SHP is used to inform OSSE, the Mayor, City Council, and the Healthy Youth and Schools Commission on the extent to which the Districts schools are achieving the goals of the HSA. A report is required by Section 405 of the HSA and is submitted by OSSE to the Mayor and City Council. Reports on the HSA may be found at: http://osse.dc.gov/service/healthy-schools-act.
- 3. When is the SHP due? The SHP is due by Feb. 15 of each year. The SHP should be submitted electronically no later than 5 p.m. on Monday, Feb. 15, 2017.
- 4. Who should complete the SHP? The Principal and contact person from the 2015-16 HSA SHP are automatically given access to the SHP; however, the SHP asks for information pertinent to the entire school. OSSE recommends that the Principal serve as the lead and distribute the printable SHP form to school staff who are most knowledgeable about each section (see chart below for suggestions). The Principal will then collect the information and enter the responses into the SHP online form. If the Principal wishes to designate another staff member as the lead, he/she must send an email to OSSE.callcenter@dc.gov and include the designee' name, title, and email address along with the local education agency and school name. Login information will then be sent directly to the designee.

Section	Recommended to be completed by
1: School Profile	Principal, Administrative Assistant
2: Health Services	School Health Providers
3: Health Education Instruction	Health Education Teacher
4: Physical Education Instruction	Physical Education Teacher
5: School Nutrition and Local Wellness Policy	Principal, Food Services Director or Manager,
	Chair of School Wellness Council/Committee
6: Distributing Information	Principal
7: Environment	Principal, Lead Science Teacher

5. How do I complete the SHP online form?

- a. Log in to Quickbase (http://octo.quickbase.com):
 - DC.gov Users: sign in with your network email and password.
 - If you do not have a dc.gov email but have used Quickbase before, use your previous login and password (usually your school email address and password).
 - If you have not used Quickbase before but have been granted access via an email notification from Quickbase, click the link in the email and follow the instructions.
- b. Click on the application "2016-17 OSSE HSA School Health Profile".
- c. Select "Click to Complete" to be taken to your school's profile.
- d. Once you start a page, you must complete the entire page to be able to save it; partially completed pages will not be saved.
- e. Click the pencil icon to edit your Profile and the eye icon to view the form as it will be submitted.
- f. Complete the questions on page 1. At the end of the page, click the "completed" box and then "save" to save the form.
- g. After clicking "save," you will be taken to the top of page 1. Click "go to page 2" to move on. Once you are on page 2, click "edit" at the top right of the screen. Repeat for page 3.
- h. Many questions are required and you cannot save the form until all required questions on any one page are completed.
- i. Your Profile cannot be submitted unless all three "completed" boxes are checked.
- j. Do not use commas, quotes, or press "enter" in text boxes.
- k. Due to skip patterns, you may not answer all the questions. For example, if you do not have a school nurse, you will move automatically to question 12.
- 6. **Can I see all of the SHP questions in one document?** Yes, a printable version of the SHP is available in the Quickbase application and our webpage: http://osse.dc.gov/node/722242. We suggest that you share this with members of staff that are helping complete the Profile.
- 7. **What if I have other questions?** Please consult with other school staff if you are not sure of an answer on the profile. OSSE will hold a webinar to review the login process, how to request access for new users, navigate through the application, and answer certain questions.

A recording of the webinar will be made available at: http://osse.dc.gov/node/722242.

If this FAQ page does not answer your question, please call OSSE Customer Service Center at (202) 719-6500 Monday-Friday 8 a.m. – 5:30 p.m. or email OSSE.callcenter@dc.gov.

Definitions and Question Assistance

- Q18, 19. Health Education: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.
- Q18, 19. Health Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>health education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.
- Q15, 22, 22a, 23, 23a, 24. Physical Education: Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.
- Q22, 23. Physical Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K-5 and between 0 and 300 for grades 6-8.
- Q21, 22a, 23a, 25. Physical Activity: Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.
- Q22a, 23a. Physical Activity Minutes: This number should include the time that students are participating in moderate to vigorous physical activity. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 21 cannot exceed the number in question 21a. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K-5 and between 0 and 300 for grades K-5 and 30
- Q33. Sustainable Agriculture: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.
- <u>Q36. School Gardens:</u> Outdoor spaces that engage students through hands-on lessons that enhance learning.

Q45. Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at http://www.chesapeakebay.net/publications/title/meaningful_watershed_educational_experience.