

# 2016-17 SCHOOL YEAR SCHOOL HEALTH PROFILE FORM

# **Healthy Schools Act of 2010**

Under Section 602 of the *Healthy Schools Act of 2010* (L18-0209), each public school and public charter school within the District of Columbia is required to:

- 1.) **Complete and submit** the online School Health Profile (SHP) form to the Office of the State Superintendent of Education (OSSE).
- 2.) Make the completed profile available to the public by posting it online, if the school has a website, and making the information available to parents in the school's main office.

Any public school or public charter school that fails to complete and submit its SHP form to OSSE **on or before Feb. 15** of each year will be out of compliance with Section 602 of the Healthy Schools Act of 2010.

### **Instructions**

The online SHP form must be completed by each school. For example, if your local education agency (LEA) includes five campuses, each campus must complete an SHP.

OSSE recommends that one person at each school be responsible for disseminating the SHP form to school staff members (Health Teacher, Nurse, Food Services Director, etc.) and then collecting the data and submitting the form online.

Complete all sections of the form with responses for the 2016-2017 school year.

For definitions and clarifications, or more information on how to complete the online SHP form, please see our <u>Frequently Asked Questions (FAQs)</u> at the end of this document or in the green menu bar of the online application.

# Submission Deadline

The online form must be completed **on or before Feb. 15, 2017**. OSSE will post each completed SHP on the OSSE website within 30 days of receipt for public review. If your school has not completed the form by Feb. 15, your school will be listed on the OSSE website as out of compliance with Section 602 of the *Healthy Schools Act of 2010*. OSSE also reports compliance with the SHP to the Mayor, the DC Council, and the Healthy Youth and Schools Commission.

Once submitted, OSSE will also e-mail a PDF copy of the completed SHP to the contact you provide us in Section 1 of this form.

# The SHP form must be submitted through <a href="https://octo.quickbase.com">https://octo.quickbase.com</a>

- When completing the online form, please <u>do not</u> use commas, quotes, or press "enter" in text boxes.
- Due to skip patterns in the online form, you may not have to answer all the questions. For example, if your school does not have a website, you will move automatically to question 7.

### Need assistance with the online form?

Call (202) 719-6500 | Email OSSE.callcenter@dc.gov | See FAQs in this doc

# **Section 1: School Profile**

1. Type of School*					
Public So	chool C	Public Char	ter Schoo		Private School
2. LEA ID: 1	3. Scho	ol Code: 280		<b>4. Ward</b> : 6	
5. LEA Name* D	istrict of Colu	mbia Public S	Schools		
5a. School Name* $^{ m N}$	Iiner ES				
6. Does your school	currently have a	website?*			
Yes			$\bigcirc$	No	
6a. What is your school's website address? http://www.dcps.dc.gov					
7. Current number o	f students enro	led* 378			
8. Grades Served. Se	lect all that app	ly*			
<b>✔</b> Pre-K	<b>✓</b> 3	7	11		
<b>✓</b> K	<b>✓</b> 4	8	12		
1	<b>1</b> 5	9	Adul	t	
<b>v</b> 2	6	10	Othe	r	
9. Contact Name*	Andrea Mial				
9a. Contact E-mail*	Andrea.Mia	l@dc.gov			
9b. Contact Job Title	* Principal				

OSSE will contact this person if there are questions about the SHP. This person will automatically be added as a user for the 2017-18 HSA SHP and will receive a PDF copy of the completed HSA SHP via email for posting per section 602(c) of the Healthy Schools Act of 2010.

### **Section 2: Health Services**

# Recommended point of contact for this section: School Health Providers

Helpful definitions: Nursing refers to registered nurses (RN) or licensed practical nurses (LPN). Allied health professional refers to nursing assistants, medical technicians, or anyone who can support a nurse; it does not refer to related service providers for purposes of special education.

10. Do you have nursing and/or allied	d health profess	sional coverag	ge in your school?*		
Yes		O N	o		
10a. Please state the coverage of nur	sing and/or allie	ed health pro	fessional coverage in y	your school:*	
Nurse	# full time (0 -	- 10) <b>1</b>	# part time (0 – 10)	0	
Allied health professional	# full time (0 –	- 10) 0	# part time (0 – 10)	0	
10b. For the coverage you indicated i	n 10a, please st	ate the fundi	ng source:*		
Nurse Self-funded Provided by the Department of Health Other  11. What type(s) of health services do	Yes No  O  O  O  O  O  O  O  O  O  O  O  O  O	Self-funded Provided by th Other	n professional he Department of Health ents? Select all that ap	Ö	
Access and/or referrals to  Prevention materials and infections, meningitis, etc.  Prevention materials and Screening, testing, and/or infections, meningitis, etc.	resources for in .) resources for ch treatment for i	fectious disea	ses (HIV/AIDS, sexually	sthma, etc.)	
Screening, testing, and/or Other Specify	treatment for c	chronic diseas	es (diabetes, obesity, a	asthma, etc.	

12. How many of the following clinical staff are currently employed, work as a contractor, or	or
volunteer at your school?*	

Psychiatrist # full time(0 – 10): 0 #part time (0 – 10): 0 Psychologist # full time (0 – 10): 1 #part time (0 – 10): 0 Licensed Independent Clinical Social Worker (LICSW) # full time (0 – 10): 0 #part time (0 – 10): 0 Licensed Professional Counselor (LPC) # full time (0 – 10): 0 #part time (0 – 10): 0

# 13. What type of training do you provide for each audience on your anti-bullying policy? Select all that apply

Staff	Yes	No
Professional Development (internal)	$\bigcirc$	$\odot$
Webinars	$\bigcirc$	$\odot$
Written Materials	$\bigcirc$	$\odot$
Outside Organizations: Which one(s)?	$\bigcirc$	$\odot$
Other	$\bigcirc$	$\odot$

Students	Yes	No
Professional Development (internal)	$\bigcirc$	$\odot$
Webinars	$\bigcirc$	$\odot$
Written Materials	$\bigcirc$	$\odot$
Outside Organizations: Which one(s)?		$\odot$
Other	Ŏ	$\odot$
Parents/Community	Yes	No
Professional Development (internal)	$\bigcirc$	$\odot$
Webinars	$\bigcirc$	$\odot$
Written Materials	Ŏ	$\bullet$
Outside Organizations: Which one(s)?	Ŏ	$\check{\odot}$
Other	Ŏ	$\bullet$

#### Section 3: Health Education Instruction

# Recommended point of contact for this section: Health Education Teacher, Physical Education teacher

#### **Important Definitions for this Section:**

Health Education: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.

Physical Education: Physical education (PE) provides students with a structured, sequential, standardsbased program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

Health Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives health education for one semester or one quarter, please average the minutes for the whole year. Do NOT include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.

**14.** How many teachers instruct *only* <u>health education</u> in your school?\*(0-10):

0

Note: Please make sure teachers reported in questions 14, 15, and 16 are not counted for more than one time.

14a. Name of Health Education Instructor 1 14ai. Health Education Instructor 1 E-mail

14b. Name of Health Education Instructor 2 14bi. Health Education Instructor 2 E-mail

14c. Name of Health Education Instructor 3 14ci. Health Education Instructor 3 E-mail

1 **15.** How many teachers instruct *only* physical education in you school?\*(0-10):

15a. Name of Physical Education Instructor 1 15ai. Physical Education Instructor 1 E-mail Michael Robinson michael.robinson2@dc.gov

15b. Name of Physical Education Instructor 2	15bi.Physical Education Instructor 2 E-mail
15c. Name of Physical Education Instructor 3	15ci.Physical Education Instructor 3 E-mail
16. How many teachers instruct both health and phys	ical education in your school?* $(0-10)$ :
16a. Name of Dual Instructor 1	16ai. Dual Instructor 1 E-mail
16b. Name of Dual Instructor 2	16bi. Dual Instructor 2 E-mail
16c. Name of Dual Instructor 3	16ci. Dual Instructor 3 E-mail
17. If your school partners with any outside programs requirements (including nutrition, alcohol, tobacco an please specify their name below.*	•
Name of agency or organization:	
No current partnership(s)	
18. For each grade span in your school, please indicate	·
during the regular instructional school week that stud	ents receive <u>health education</u> instruction:*^
Grades: K – 5 Minutes/Week (0 – 125): <b>45</b>	
Grades: 6 – 8 Minutes/Week (0 – 125):	

19. Please indicate the average minutes per week of <u>health education</u> instruction that your school

offers for high school students: Minutes/Week:

# **20.** For the health topics listed, please specify which health education curriculum (or curricula) your school uses for instruction: *Select all that apply*

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5		No curriculum is used
Mental and Emotional Health Curriculum:		~
Safety Skills Curriculum: $_{ m DCPS}$ Physical and Hea	lth Curriculum/SPARK it Up!	
Human Body and Personal Health Curriculum: $_{ m DCPS}$ Physical and Hea		
Disease Prevention Curriculum:		V
Nutrition Curriculum: <sub>DCPS</sub> Physical and Hea	Ith Curriculum/SPARK it Up!	
Alcohol, Tobacco and Other Drug Curriculum: DCPS Physical and Hea		
Grades: 6 – 8		No curriculum is used
Mental and Emotional Health Curriculum:		
Safety Skills Curriculum:		
Human Body and Personal Health Curriculum:		

Disease Prevention Curriculum:	
Nutrition Curriculum:	
Alcohol, Tobacco and Other Drugs Curriculum:	
Grades: 9 – 12	No curriculum is used
Mental and Emotional Health Curriculum:	
Safety Skills Curriculum:	
Human Body and Personal Health Curriculum:	
Disease Prevention Curriculum:	
Nutrition Curriculum:	
Alcohol, Tobacco and Other Drugs Curriculum:	

# **Section 4: Physical Education Instruction**

### Recommended point of contact for this section: Physical Education Teacher

#### **Important Definitions for this Section:**

<u>Physical Education:</u> Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Physical Education Minutes:</u> This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

<u>Physical Activity:</u> Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.

<u>Physical Activity Minutes:</u> This number should include the time that students are participating in moderate to vigorous <u>physical activity</u>. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

	egies does your schoo <u>y</u> ? <i>Select all that appl</i> y		, during or outside of regular s	chool hours, to p	romote
Active	e Recess	<b>/</b>	Movement in the Classroom	Walk to Scho	ool
After	-School Activities	<b>'</b>	Athletic Programs	Safe Routes	to School
None	!		Bike to School		
Othe	r:				
during the regu	•	ol we	lease indicate the average nur eek that a student receives <u>ph</u> pol activities.*^	•	
Grades: K – 5	Minutes/Week (0 – 2	25):	45		
Grades: 6 – 8	Minutes/Week (0 – 3	(00):			

22a. For each grade span that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity</u> within the physical education course. This does NOT include recess or after school activities.\*^

Grades: K-5 Minutes/Week (0-225): 45

Grades: 6-8 Minutes/Week (0-300):

- 23. Please indicate the average minutes per week of <u>physical education</u> instruction that your school offers for high school students; average mins/week:
- 23a. Please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity within the physical education course</u>. This does NOT include recess or after school activities.\*

Grades: 9 - 12 Minutes/Week (0 - 300):

24. Which physical education curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum: DCPS Scope and Sequence/SPARK/FitnessGram

Grades: 6 – 8 Curriculum:

Grades: 9 – 12 Curriculum:

25. Which physical activity curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum: DCPS Scope and Sequence/SPARK/FitnessGram

Grades: 6 – 8 Curriculum:

Grades: 9 – 12 Curriculum:

26. How many minutes per week do students get recess on average?\*

Grades: K - 5 Minutes/Week: 150

Grades: 6 – 8 Minutes/Week:

Grades: 9 – 12 Minutes/Week:

# **Section 5: School Nutrition and Local Wellness Policy**

Recommended points of contact for this section: Food Services Director or Manager, Principal, Chair of School Wellness Council/Committee

28. Where are fruits and/or non-fried vegetables available for students on school grounds?* Select all that apply    Available   free/at no cost   Available for   Not available   free/at no cost   purchase	27. Is cold, filtered water available to students during Yes	meal times?*  No		
A La Carte in cafeteria  Near the cash register in the service line  By the entrée selections in the service line  At the beginning of the lunch line in the service line  Elsewhere on school grounds – where?  29. When foods and/or beverages are offered at school celebrations, are fruits and/or non-fried vegetables provided?  Yes  No  30. How many vending machines are available to students?* (0 – 10): 1  30a. What hours are student vending machines available? Select all that apply  Before and/or after school  During school hours  During school hours, excluding meal times	_	able for students	on school grou	nds?* <i>Select all</i>
Near the cash register in the service line  By the entrée selections in the service line  At the beginning of the lunch line in the service line  Elsewhere on school grounds – where?  29. When foods and/or beverages are offered at school celebrations, are fruits and/or non-fried vegetables provided?  Yes  No  No  30. How many vending machines are available to students?* (0 – 10): 1  30a. What hours are student vending machines available? Select all that apply  Pes  No  During school hours  During school hours, excluding meal times				Not available
At the beginning of the lunch line in the service line  Elsewhere on school grounds – where?  29. When foods and/or beverages are offered at school celebrations, are fruits and/or non-fried vegetables provided?  Yes  No  No  30. How many vending machines are available to students?* (0 – 10): 1  30a. What hours are student vending machines available? Select all that apply  Before and/or after school  During school hours  During school hours, excluding meal times	Near the cash register in the service line			
Yes No  No  30. How many vending machines are available to students?* (0 – 10): 1  30a. What hours are student vending machines available? Select all that apply  Before and/or after school  During school hours  During school hours, excluding meal times	At the beginning of the lunch line in the service line			
30a. What hours are student vending machines available? Select all that apply  Yes  No  Before and/or after school  During school hours  During school hours, excluding meal times	vegetables provided?	$\bigcirc$	e fruits and/or	non-fried
Before and/or after school  During school hours  During school hours, excluding meal times				
Before and/or after school  During school hours  During school hours, excluding meal times	30a. What hours are student vending machines availa			
LIUTING CONONI NOUTO ONIVI ST MOSI TIMOS	During school hours	Yes		ledo

30b. What items are sold from student vending macl	hines? <i>Select a</i>	ll that apply	
100% fruit and/or vegetable juice	Regula	r chips, pretzels an	d snack mixes
Baked chips, lower calorie and/or fat snacks	Sodas	and/or fruit drinks	
Fresh fruits and/or non-fried vegetables	Whole	grain products	
Milk and dairy products	Water		
Other: N/A			
31. If you have a school store, what are the hours of	operation? Sel	ect all that apply*	
	Yes	No	N/A
Before and/or after school	$\circ$	$\circ$	$\odot$
During school hours	$\bigcirc$		lacktriangle
During school hours, excluding meal times	$\bigcirc$		<ul><li>•</li><li>•</li></ul>
During school hours, only at meal times	Ŏ	Ŏ	$leve{\odot}$
31a. What food and/or beverages are sold in the sch	ool store? <i>Sele</i>	ect all that apply	
100% fruit and/or vegetable juice	Regula	r chips, pretzels an	d snack mixes
Baked chips, lower calorie and/or fat snacks	Sodas	and/or fruit flavore	d drinks
Fresh fruits and/or non-fried vegetables	Whole	grain products	
Milk and dairy products	Water		
Other: N/A			

# **Section 6: Distributing Information**

# Recommended point of contact for this section: Principal, Business Manager, Director of Operations

### **Important Definitions for this Section:**

<u>Sustainable Agriculture</u>: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.

32. Does your school have a wellness commit	tee, school health council, or team?*
Yes	No
33. How are following items distributed at yo	ur school? Select all that apply
LEA's Local Wellness Policy	
School Website	School Main Office
School Cafeteria or Eating Areas	To parent/teacher organization
To foodservice staff	To administrators
To students	This information is not available for distribution
Other:	School does not have a Local Wellness Policy
School Menu for Breakfast and Lunch	
School Website	School Main Office
School Cafeteria or Eating Areas	To parent/teacher organization
To foodservice staff	To administrators
To students	This information is not available for distribution
Other:	School does not offer school menu

Nutritional Content of Each Menu Item				
School Website	School Main Office			
School Cafeteria or Eating Areas	To parent/teacher organization			
To foodservice staff	To administrators			
To students	This information is not available for distribution			
Other: Per request	School does not have nutritional content of menu items			
Ingredients of Each Menu Item				
School Website	School Main Office			
School Cafeteria or Eating Areas	To parent/teacher organization			
To foodservice staff	To administrators			
To students	This information is not available for distribution			
Other:	School does not have the ingredients of menu items			
	es served in school are grown and whether growers are			
engaged in sustainable agriculture^ pract	ices			
School Website	School Main Office			
School Cafeteria or Eating Areas	To parent/teacher organization			
To foodservice staff	To administrators			
To students	This information is not available for distribution			
Other:	School does not have this information			
34. Are students and parents informed about the availability of vegetarian food options at your school?*				
Yes No	Vegetarian food options are not available			
35. Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school?*				
	Milk alternatives are not available			

#### **Section 7: Environment**

#### Recommended point of contact for this section: Principal, Lead Science Teacher

Data from the School Health Profile will be used to complete the Environmental Literacy Indicator Tool, a biennial survey used to determine progress on environmental literacy goals in the Chesapeake Bay Watershed Agreement. In the future, compiled results will be available on the chesapeakebayprogress.com website.

#### **Important Definitions for this Section:**

School Gardens: outdoor spaces that engage students through hands-on lessons that enhance learning.

Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at http://www.chesapeakebay.net/publications/title/meaningful\_watershed\_educational\_experience.

36. Does your school currently have a School Garden?\*^ No 36a. Name of Garden Contact\* Victoria Mirowski **36b.** Garden Contact E-mail\* vmirowski@cultivatethecity.com 37. Did any of your classes or student groups attend a farm field trip this year?\* No 37a. How many students attended a farm field trip? 35 37b. What farm(s) did the students visit? Select all that apply Alice Ferguson Foundation's Hard Bargain Farm Common Good City Farm Red Wiggler Farm Arcadia Center for Sustainable Food and Agriculture Rocklands Farm Calleva Farm City Blossoms Community Green Spaces Washington Youth Garden Other: Cox Farm and Pumpkin Patch

37c. Was this trip funded through an OSSE Farm Field T	rip grant?
Yes (	No
38. Does your school offer an Environmental Science Cl	ass?*
Yes (	No
38a. How many students are enrolled in this course in t	the 2016-17 school year?
39. Name of Lead Science Teacher/Environmental Liter	acy Instructor*
39a. Lead Science Teacher/Environmental Literacy Insti	ructor E-mail*
<b>40.</b> Please select the environmental literacy topics curre selection, indicate the course in which the topic is taugl school is currently using for instruction:	-
Note: Please state the curriculum's full name. If teachers	in your school create their own curricula/lesson
plans, please include the resources, standards, and/or we	ebsites used to create the curriculum.
Grades: K – 5	
NONE  Air (quality, climate change)	No curriculum is used
Course: Curriculum:	
Water (stormwater, rivers, aquatic wildlife)	
Course: Curriculum:	
Land (plants, soil, urban planning, terrestrial wildlife) Course:	
Curriculum:	
Resource Conservation (energy, waste, recycling) Course:	
Curriculum:	
Health (nutrition, gardens, food) Course:	
Curriculum:	<u>—</u>

Other: ( Course: Curriculum:	)	
Grades: 6 – 8  NONE		
Air (quality, climate change) Course: Curriculum:		No curriculum is used
Water (stormwater, rivers, aquatic wild Course: Curriculum:	llife)	
Land (plants, soil, urban planning, terres Course: Curriculum:	strial wildlife)	
Resource Conservation (energy, waste, Course: Curriculum:	recycling)	
Health (nutrition, gardens, food) Course: Curriculum:		
Other: ( Course: Curriculum:	)	
Grades: 9 – 12		
NONE  Air (quality, climate change)  Course:  Curriculum:		No curriculum is used
Water (stormwater, rivers, aquatic wild Course: Curriculum:	ilife)	
Land (plants, soil, urban planning, terres Course: Curriculum:	strial wildlife)	
Resource Conservation (energy, waste, Course: Curriculum:	recycling)	

Health Course Curricu		
Other: Course Curricu		
	of the following groups in your school participated in environmental education ences provided by outside organizations or agencies?	n (EE) learning
41.	Teachers of Grades K − 5	
41a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list: NOVA Outside	
42.	Teachers of Grades 6 – 8 Yes No	
42a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:	
43.	Teachers of Grades 9 – 12 Yes No	
43a.	Who was the provider?	
Office of	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:  f the State Superintendent of Education	

44.	Administrators	O Yes(	No				
44a.	Who was the provider	?					
	Informal EE organization Higher Education (e.g., Local Education Agency State Education Agency Other District Agency (Federal Program (e.g., Other, please list:	University y (e.g., DC   y (OSSE) e.g., DC De	of the Dis Public Sch	strict of Colu ools) of Energy &	ımbia)	ent)	
	each grade at your sch ional Experiences (MWI	-	e indicate	the level of	participation	on in Mean	ingful Watershed
Grades	: K – 5						
<ul><li></li></ul>	A system wide Meaning grade, description of un Some classes participate (i.e., grade, description No evidence that stude Experience.	nit, partne ted in a Me of unit, pa	rships, etc eaningful \ artnership	c.): Watershed I s, etc.):	Educational	Experience	. Please describe
Grades	: 6 – 8						
0	A system wide Meaning grade, description of un Some classes participate (i.e., grade, description No evidence that stude Experience.	nit, partne ted in a Me of unit, pa	rships, etc eaningful \ artnership	c.): Watershed I s, etc.):	Educational	Experience	. Please describe
Grades	: 9 – 12						
0 0	A system wide Meaning grade, description of un Some classes participate (i.e., grade, description No evidence that stude Experience.	nit, partne ted in a Me of unit, pa	rships, etc eaningful \ artnership	c.): Watershed I s, etc.):	Educational	Experience	. Please describe
46. Wh	nat practices is your LEA	implemer	nting relat	ed to susta	inable, gree	n schools?	Select all that
	School-wide Recyc	ling Progra	ım				
Office of	f the State Superintendent	t of Education	on				

~	Lead testing of water				
	On-site Composting				
	LEED Certification Type: Silver	Gold	Platinum		
	Project Learning Tree Green Schools				
$\overline{\Box}$	National Wildlife Federation Eco-Schools				
一	Environmentally-friendly cleaning products				
$\Box$	Landscaping with native plants				
一	Stormwater reduction efforts (i.e., rain barrels, cisterns, rain gardens)				
	Sprint to Savings/Green Schools Energy Challenge				
	Other				
47. What 1	type of recycling hauling services does your	school receive? S	elect all that apply		
	Cardboard only				
	Paper and cardboard only				
	Mixed recyclables (plastic, metals, glass) on	nly			
<b>~</b>					
	Organics				
	Other				
	None of these				
48. Does y	our school compost? Select all that apply				
	Yes, we participate in an organics recycling	(off-site compost	ing) program		
	Yes, on-site outdoors (e.g. in garden)				
	Yes, on-site indoors (e.g. worm bin in classr	room)			
	Other method				
<b>~</b>	Don't Compost				
Schools Pr	our school promote the Environmental Protogram to reduce exposure to environmenta in public schools?				
O Y	es No		Don't know		
50. Does y	our school purchase environmentally-frienc	dly cleaning suppl	lies?		
			$\bigcirc$		
V Y	es No		O Don't know		
51. Does y	our school cleaning/maintenance staff follo	w green cleaning	procedures?		
$\bigcirc$ Y	es No		O Don't know		

# Healthy Schools Act School Health Profile Frequently Asked Questions

- 1. What is the Healthy Schools Act School Health Profile? The School Health Profile (SHP) is an online questionnaire that must be completed by each District of Columbia public school and public charter school according to Section 602 of the Healthy Schools Act of 2010 (HSA). The contact person listed in the SHP will receive a PDF copy of the Profile that is required to be made available online if the school has a website and available to parents or guardians in the main office. The Office of the State Superintendent of Education (OSSE) will post completed profiles on our website within 30 days of submission.
- 2. **How is the information in the SHP used?** Information collected in the SHP is used to inform OSSE, the Mayor, City Council, and the Healthy Youth and Schools Commission on the extent to which the Districts schools are achieving the goals of the HSA. A report is required by Section 405 of the HSA and is submitted by OSSE to the Mayor and City Council. Reports on the HSA may be found at: <a href="http://osse.dc.gov/service/healthy-schools-act">http://osse.dc.gov/service/healthy-schools-act</a>.
- 3. When is the SHP due? The SHP is due by Feb. 15 of each year. The SHP should be submitted electronically no later than 5 p.m. on Monday, Feb. 15, 2017.
- 4. Who should complete the SHP? The Principal and contact person from the 2015-16 HSA SHP are automatically given access to the SHP; however, the SHP asks for information pertinent to the entire school. OSSE recommends that the Principal serve as the lead and distribute the printable SHP form to school staff who are most knowledgeable about each section (see chart below for suggestions). The Principal will then collect the information and enter the responses into the SHP online form. If the Principal wishes to designate another staff member as the lead, he/she must send an email to OSSE.callcenter@dc.gov and include the designee' name, title, and email address along with the local education agency and school name. Login information will then be sent directly to the designee.

Section	Recommended to be completed by
1: School Profile	Principal, Administrative Assistant
2: Health Services	School Health Providers
3: Health Education Instruction	Health Education Teacher
4: Physical Education Instruction	Physical Education Teacher
5: School Nutrition and Local Wellness Policy	Principal, Food Services Director or Manager,
	Chair of School Wellness Council/Committee
6: Distributing Information	Principal
7: Environment	Principal, Lead Science Teacher

#### 5. How do I complete the SHP online form?

- a. Log in to Quickbase (http://octo.quickbase.com):
  - DC.gov Users: sign in with your network email and password.
  - If you do not have a dc.gov email but have used Quickbase before, use your previous login and password (usually your school email address and password).
  - If you have not used Quickbase before but have been granted access via an email notification from Quickbase, click the link in the email and follow the instructions.
- b. Click on the application "2016-17 OSSE HSA School Health Profile".
- c. Select "Click to Complete" to be taken to your school's profile.
- d. Once you start a page, you must complete the entire page to be able to save it; partially completed pages will not be saved.
- e. Click the pencil icon to edit your Profile and the eye icon to view the form as it will be submitted.
- f. Complete the questions on page 1. At the end of the page, click the "completed" box and then "save" to save the form.
- g. After clicking "save," you will be taken to the top of page 1. Click "go to page 2" to move on. Once you are on page 2, click "edit" at the top right of the screen. Repeat for page 3.
- h. Many questions are required and you cannot save the form until all required questions on any one page are completed.
- i. Your Profile cannot be submitted unless all three "completed" boxes are checked.
- j. Do not use commas, quotes, or press "enter" in text boxes.
- k. Due to skip patterns, you may not answer all the questions. For example, if you do not have a school nurse, you will move automatically to question 12.
- 6. **Can I see all of the SHP questions in one document?** Yes, a printable version of the SHP is available in the Quickbase application and our webpage: http://osse.dc.gov/node/722242. We suggest that you share this with members of staff that are helping complete the Profile.
- 7. **What if I have other questions?** Please consult with other school staff if you are not sure of an answer on the profile. OSSE will hold a webinar to review the login process, how to request access for new users, navigate through the application, and answer certain questions.

A recording of the webinar will be made available at: http://osse.dc.gov/node/722242.

If this FAQ page does not answer your question, please call OSSE Customer Service Center at (202) 719-6500 Monday-Friday 8 a.m. – 5:30 p.m. or email <a href="mailto:OSSE.callcenter@dc.gov">OSSE.callcenter@dc.gov</a>.

#### **Definitions and Question Assistance**

- Q18, 19. Health Education: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.
- Q18, 19. Health Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>health education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.
- Q15, 22, 22a, 23, 23a, 24. Physical Education: Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.
- Q22, 23. Physical Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K-5 and between 0 and 300 for grades 6-8.
- Q21, 22a, 23a, 25. Physical Activity: Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.
- Q22a, 23a. Physical Activity Minutes: This number should include the time that students are participating in moderate to vigorous physical activity. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 21 cannot exceed the number in question 21a. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K-5 and between 0 and 300 for grades K-5 and 30
- Q33. Sustainable Agriculture: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.
- <u>Q36. School Gardens:</u> Outdoor spaces that engage students through hands-on lessons that enhance learning.

Q45. Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at <a href="http://www.chesapeakebay.net/publications/title/meaningful\_watershed\_educational\_experience.">http://www.chesapeakebay.net/publications/title/meaningful\_watershed\_educational\_experience.</a>