

# 2016-17 SCHOOL YEAR SCHOOL HEALTH PROFILE FORM

# **Healthy Schools Act of 2010**

Under Section 602 of the *Healthy Schools Act of 2010* (L18-0209), each public school and public charter school within the District of Columbia is required to:

- 1.) **Complete and submit** the online School Health Profile (SHP) form to the Office of the State Superintendent of Education (OSSE).
- 2.) Make the completed profile available to the public by posting it online, if the school has a website, and making the information available to parents in the school's main office.

Any public school or public charter school that fails to complete and submit its SHP form to OSSE **on or before Feb. 15** of each year will be out of compliance with Section 602 of the Healthy Schools Act of 2010.

### **Instructions**

The online SHP form must be completed by each school. For example, if your local education agency (LEA) includes five campuses, each campus must complete an SHP.

OSSE recommends that one person at each school be responsible for disseminating the SHP form to school staff members (Health Teacher, Nurse, Food Services Director, etc.) and then collecting the data and submitting the form online.

Complete all sections of the form with responses for the 2016-2017 school year.

For definitions and clarifications, or more information on how to complete the online SHP form, please see our <u>Frequently Asked Questions (FAQs)</u> at the end of this document or in the green menu bar of the online application.

# Submission Deadline

The online form must be completed **on or before Feb. 15, 2017**. OSSE will post each completed SHP on the OSSE website within 30 days of receipt for public review. If your school has not completed the form by Feb. 15, your school will be listed on the OSSE website as out of compliance with Section 602 of the *Healthy Schools Act of 2010*. OSSE also reports compliance with the SHP to the Mayor, the DC Council, and the Healthy Youth and Schools Commission.

Once submitted, OSSE will also e-mail a PDF copy of the completed SHP to the contact you provide us in Section 1 of this form.

# The SHP form must be submitted through <a href="https://octo.quickbase.com">https://octo.quickbase.com</a>

- When completing the online form, please <u>do not</u> use commas, quotes, or press "enter" in text boxes.
- Due to skip patterns in the online form, you may not have to answer all the questions. For example, if your school does not have a website, you will move automatically to question 7.

### Need assistance with the online form?

Call (202) 719-6500 | Email OSSE.callcenter@dc.gov | See FAQs in this doc

# **Section 1: School Profile**

| 1. Type of School*               |                  |                                   |               |                                   |  |  |
|----------------------------------|------------------|-----------------------------------|---------------|-----------------------------------|--|--|
| Public Sc                        | hool O           | Public Char                       | ter School    | Private School                    |  |  |
| <b>2.</b> LEA ID: 1              | 3. Schoo         | ol Code: 421                      | 4.            | Ward: 7                           |  |  |
| 5. LEA Name* Di                  | strict of Colu   | strict of Columbia Public Schools |               |                                   |  |  |
| 5a. School Name* $K_{\rm 0}$     | elly Miller M    | S                                 |               |                                   |  |  |
| 6. Does your school o            | urrently have a  | website?*                         |               |                                   |  |  |
| Yes                              |                  |                                   | $\bigcirc$    | No                                |  |  |
| 6a. What is your scho            | ool's website ad | dress? http://v                   | www.dcps.d    | c.gov                             |  |  |
| 7. Current number of             | students enrol   | led* <sup>466</sup>               |               |                                   |  |  |
| 8. Grades Served. Sel            | ect all that app | ly*                               |               |                                   |  |  |
| Pre-K                            | 3                | 7                                 | 11            |                                   |  |  |
| К                                | 4                | <b>✓</b> 8                        | 12            |                                   |  |  |
| 1                                | 5                | 9                                 | Adult         |                                   |  |  |
| 2                                | <b>✓</b> 6       | 10                                | Other         |                                   |  |  |
| 9. Contact Name*                 | Kortni Staffo    | ord                               |               |                                   |  |  |
| 9a. Contact E-mail*              | kortni.staffo    | rd@dc.gov                         |               |                                   |  |  |
| 9b. Contact Job Title* Principal |                  |                                   |               |                                   |  |  |
| OSSE will contact this           | person if there  | are questions al                  | bout the SHP. | This person will automatically be |  |  |

added as a user for the 2017-18 HSA SHP and will receive a PDF copy of the completed HSA SHP via e-

mail for posting per section 602(c) of the Healthy Schools Act of 2010.

### **Section 2: Health Services**

# Recommended point of contact for this section: School Health Providers

Helpful definitions: Nursing refers to registered nurses (RN) or licensed practical nurses (LPN). Allied health professional refers to nursing assistants, medical technicians, or anyone who can support a nurse; it does not refer to related service providers for purposes of special education.

| 10. Do you have nursing and/or allie  | d health profes   | sional covera         | ge in your school?*             |                |
|---------------------------------------|-------------------|-----------------------|---------------------------------|----------------|
| Yes                                   |                   |                       | lo                              |                |
| 10a. Please state the coverage of nu  | rsing and/or alli | ed health pro         | fessional coverage in y         | our school:*   |
| Nurse                                 | # full time (0 -  | <b>-</b> 10) <b>1</b> | # part time (0 – 10)            | 0              |
| Allied health professional            | # full time (0 -  | - 10) 0               | # part time (0 – 10)            | 0              |
| 10b. For the coverage you indicated   | in 10a, please st | tate the fundi        | ng source:*                     |                |
| Nurse                                 | Yes No            | Allied healt          | h professional                  | Yes No         |
| Self-funded                           | $\bigcirc$        | Self-funded           |                                 | $\odot$        |
| Provided by the Department of Health  | • 0               | Provided by t         | he Department of Health         | $\circ$        |
| Other                                 | $\circ$           | Other                 |                                 | Ŏ Ō            |
| 11. What type(s) of health services d | oes your school   | offer to stud         | ents? <i>Select all that ap</i> | ply            |
| Access and/or referrals to            | medical provid    | ers through a         | systematic process              |                |
| ✔ Prevention materials and            | resources for in  | fectious disea        | ases (HIV/AIDS, sexually        | transmitted    |
| infections, meningitis, etc           | c.)               |                       |                                 |                |
| ✔ Prevention materials and            | resources for ch  | nronic disease        | s (diabetes, obesity, as        | thma, etc.)    |
| Screening, testing, and/o             | r treatment for i | infectious dise       | eases (HIV/AIDS, sexual         | ly transmitted |
| infections, meningitis, etc           | c.)               |                       |                                 |                |
| Screening, testing, and/o             | r treatment for o | chronic diseas        | es (diabetes, obesity, a        | sthma, etc.    |
| Other Specify                         |                   |                       |                                 |                |

| 12. How many of the following clinical staff are currently employed, work as a contractor, | or |
|--|----|
| volunteer at your school?*   |    |

Psychiatrist # full time (0-10): #part time (0-10):

Licensed Independent Clinical Social Worker (LICSW) # full time (0-10): #part time (0-10):

Licensed Professional Counselor (LPC) # full time (0-10): #part time (0-10):

# 13. What type of training do you provide for each audience on your anti-bullying policy? *Select all that apply*

| Staff                                | Yes        | No         |
|--------------------------------------|------------|------------|
| Professional Development (internal)  | ledot      | $\bigcirc$ |
| Webinars                             |            | $\odot$    |
| Written Materials                    |            | $\odot$    |
| Outside Organizations: Which one(s)? | Ŏ          | $\odot$    |
| Other                                | $\bigcirc$ | $\odot$    |

| Students  Professional Development (internal)  Webinars  Written Materials  Outside Organizations: Which one(s)?  Other     | Yes  O | No ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( |
|---|--------|--|
| Parents/Community Professional Development (internal) Webinars Written Materials Outside Organizations: Which one(s)? Other | Yes O  |  |

### **Section 3: Health Education Instruction**

# Recommended point of contact for this section: Health Education Teacher, Physical Education teacher

#### **Important Definitions for this Section:**

<u>Health Education</u>: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.

<u>Physical Education:</u> Physical education (PE) provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Health Education Minutes:</u> This number should represent the average number of minutes over the course of the year. If a student only receives <u>health education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.

14. How many teachers instruct *only* health education in your school?\*(0-10):

Note: Please make sure teachers reported in questions 14, 15, and 16 are not counted for more than one time.

14a. Name of Health Education Instructor 1 14ai. Health Education Instructor 1 E-mail

14b. Name of Health Education Instructor 2 14bi. Health Education Instructor 2 E-mail

14c. Name of Health Education Instructor 3 14ci. Health Education Instructor 3 E-mail

15. How many teachers instruct only physical education in you school?\*(0-10):

15a. Name of Physical Education Instructor 1 15ai. Physical Education Instructor 1 E-mail

| 15b. Name of Physical Education Instructor 2   | 15bi.Physical Education Instructor 2 E-mail   |
|--|---|
| 15c. Name of Physical Education Instructor 3   | 15ci.Physical Education Instructor 3 E-mail   |
| 16. How many teachers instruct both health and physical p | sical education in your school?* $(0-10)$ : 2 |
| 16a. Name of Dual Instructor 1   | 16ai. Dual Instructor 1 E-mail                |
| Khalid Shakur  | khalid.shakur@dc.gov                          |
| 16b. Name of Dual Instructor 2   | 16bi. Dual Instructor 2 E-mail                |
| Ryan Walker  | ryan.walker@dc.gov                            |
| 16c. Name of Dual Instructor 3   | 16ci. Dual Instructor 3 E-mail                |
| 17. If your school partners with any outside program requirements (including nutrition, alcohol, tobacco as please specify their name below.*  Name of agency or organization:   | •   |
| No current partnership(s)  |   |
| 18. For each grade span in your school, please indicated during the regular instructional school week that study   | - ·   |
| Grades: K – 5 Minutes/Week (0 – 125):  |   |
| Grades: 6 – 8 Minutes/Week (0 – 125): 120  |   |

19. Please indicate the average minutes per week of <u>health education</u> instruction that your school

Office of the State Superintendent of Education Division of Health and Wellness 810 First Street, NE, Fourth Floor Washington, DC 20002

offers for high school students: Minutes/Week:

# **20.** For the health topics listed, please specify which health education curriculum (or curricula) your school uses for instruction: *Select all that apply*

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

| Grades: K – 5   | No curriculum is used |
|---|-----------------------|
| Mental and Emotional Health<br>Curriculum:                              |                       |
| Safety Skills<br>Curriculum:  |                       |
| Human Body and Personal Health<br>Curriculum:                           |                       |
| Disease Prevention<br>Curriculum:                                       |                       |
| Nutrition<br>Curriculum:  |                       |
| Alcohol, Tobacco and Other Drugs<br>Curriculum:                         |                       |
| Grades: 6 – 8   | No curriculum is used |
| Mental and Emotional Health Curriculum: $_{\ensuremath{\mathrm{DCPS}}}$ |                       |
| Safety Skills<br>Curriculum: <sub>DCPS</sub>                            |                       |
| Human Body and Personal Health Curriculum: DCPS                         |                       |

| Disease Prevention<br>Curriculum: <sub>DCPS</sub>                         |                       |
|---|-----------------------|
| Nutrition<br>Curriculum: DCPS   |                       |
| Alcohol, Tobacco and Other Drugs Curriculum: $_{\mbox{\scriptsize DCPS}}$ |                       |
| Grades: 9 – 12  | No curriculum is used |
| Mental and Emotional Health Curriculum:                                   |                       |
| Safety Skills<br>Curriculum:  |                       |
| Human Body and Personal Health Curriculum:                                |                       |
| Disease Prevention<br>Curriculum:   |                       |
| Nutrition<br>Curriculum:  |                       |
| Alcohol, Tobacco and Other Drugs<br>Curriculum:                           |                       |

## **Section 4: Physical Education Instruction**

### Recommended point of contact for this section: Physical Education Teacher

#### **Important Definitions for this Section:**

<u>Physical Education:</u> Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Physical Education Minutes:</u> This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

<u>Physical Activity:</u> Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.

<u>Physical Activity Minutes:</u> This number should include the time that students are participating in moderate to vigorous <u>physical activity</u>. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

|                 | egies does your schoo<br><u>y</u> ? <i>Select all that appl</i> y | -        | , during or outside of regular  | school hours, to promote |
|-----------------|---|----------|---|--------------------------|
| Activ           | e Recess  |          | Movement in the Classroom   | Walk to School           |
| <b>✓</b> After  | -School Activities  | <b>'</b> | Athletic Programs   | Safe Routes to School    |
| None            | 2   |          | Bike to School  |                          |
| Othe            | r:  |          |   |                          |
| during the regu | • •   | ol we    | ease indicate the average nurek that a student receives phool activities.*^ | •                        |
| Grades: K – 5   | Minutes/Week (0 – 2   | 25):     |   |                          |
| Grades: 6 – 8   | Minutes/Week (0 – 3   | 00):     | 100   |                          |

22a. For each grade span that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity</u> within the physical education course. This does NOT include recess or after school activities.\*^

Grades: K - 5 Minutes/Week (0 - 225):

Grades: 6-8 Minutes/Week (0-300): 80

- 23. Please indicate the average minutes per week of <u>physical education</u> instruction that your school offers for high school students; average mins/week:
- 23a. Please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity within the physical education course</u>. This does NOT include recess or after school activities.\*

Grades: 9 - 12 Minutes/Week (0 - 300):

24. Which physical education curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum:

Grades: 6 – 8 Curriculum: DCPS

Grades: 9 – 12 Curriculum:

25. Which physical activity curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum:

Grades: 6 – 8 Curriculum: DCPS

Grades: 9 – 12 Curriculum:

26. How many minutes per week do students get recess on average?\*

Grades: K – 5 Minutes/Week:

Grades: 6-8 Minutes/Week: 60

Grades: 9 – 12 Minutes/Week:

# **Section 5: School Nutrition and Local Wellness Policy**

Recommended points of contact for this section: Food Services Director or Manager, Principal, Chair of School Wellness Council/Committee

| 27. Is cold, filtered water available to students during                     | meal times?*              |                        |                         |
|--|---------------------------|------------------------|-------------------------|
| Yes  | No                        |                        |                         |
| 28. Where are fruits and/or non-fried vegetables available that apply        | lable for students        | on school grour        | nds?* <i>Select all</i> |
|  | Available free/at no cost | Available for purchase | Not available           |
| A La Carte in cafeteria  | <b>✓</b>                  |                        |                         |
| Near the cash register in the service line                                   | <b>~</b>                  |                        |                         |
| By the entrée selections in the service line                                 |                           |                        |                         |
| At the beginning of the lunch line in the service line                       |                           | Ħ                      |                         |
| Elsewhere on school grounds – where?   | <b>✓</b>                  |                        |                         |
| 29. When foods and/or beverages are offered at schovegetables provided?  Yes | ool celebrations, are     | e fruits and/or        | non-fried               |
| 30. How many vending machines are available to stud                          | dents?* (0 – 10): 0       |                        |                         |
| 30a. What hours are student vending machines availa                          | able? Select all that     | арріу                  |                         |
|  | Yes                       |                        | No                      |
| Before and/or after school   | Ō                         |                        | O                       |
| During school hours  | $\circ$                   | )                      | 0                       |
| During school hours, excluding meal times                                    | C                         | )                      | $\bigcirc$              |
| During school hours, only at meal times                                      | C                         | )                      | $\bigcirc$              |

| 30b. What items are sold from student vending mac     | hines? <i>Select a</i> | ll that apply        |               |
|---|------------------------|----------------------|---------------|
| 100% fruit and/or vegetable juice                     | Regula                 | r chips, pretzels an | d snack mixes |
| Baked chips, lower calorie and/or fat snacks          | Sodas                  | and/or fruit drinks  |               |
| Fresh fruits and/or non-fried vegetables              | Whole                  | grain products       |               |
| Milk and dairy products                               | Water                  |                      |               |
| Other:  |                        |                      |               |
| 31. If you have a school store, what are the hours of | operation? Se          | lect all that apply* | :             |
| Before and/or after school                            | Yes                    | No                   | N/A           |
| During school hours                                   | ledo                   |                      |               |
| During school hours, excluding meal times             | $\bigcirc$             | lacktriangle         |               |
| During school hours, only at meal times               | $\bigcirc$             | $\odot$              | $\circ$       |
| 31a. What food and/or beverages are sold in the sch   | ool store? <i>Sele</i> | ect all that apply   |               |
| 100% fruit and/or vegetable juice                     | Regula                 | r chips, pretzels an | d snack mixes |
| Baked chips, lower calorie and/or fat snacks          | Sodas                  | and/or fruit flavore | ed drinks     |
| Fresh fruits and/or non-fried vegetables              | Whole                  | grain products       |               |
| Milk and dairy products                               | Water                  |                      |               |
| Other:  |                        |                      |               |

# **Section 6: Distributing Information**

# Recommended point of contact for this section: Principal, Business Manager, Director of Operations

### **Important Definitions for this Section:**

<u>Sustainable Agriculture</u>: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.

| 32. Does your school have a wellness comm    | ittee, school health council, or team?*            |
|--|--|
| Yes  | No   |
| 33. How are following items distributed at y | our school? Select all that apply                  |
| LEA's Local Wellness Policy                  |  |
| School Website                               | School Main Office                                 |
| School Cafeteria or Eating Areas             | To parent/teacher organization                     |
| To foodservice staff                         | To administrators                                  |
| To students                                  | This information is not available for distribution |
| Other:                                       | School does not have a Local Wellness Policy       |
| School Menu for Breakfast and Lunch          |  |
| School Website                               | School Main Office                                 |
| School Cafeteria or Eating Areas             | <b>✓</b> To parent/teacher organization            |
| <b>✓</b> To foodservice staff                | ✓ To administrators                                |
| <b>✓</b> To students                         | This information is not available for distribution |
| Other:                                       | School does not offer school menu                  |

|   |  | f Each Menu Itei                | n                |   |
|---|--|---------------------------------|------------------|---|
| <b>1</b>  | School Website   |                                 | <b>✓</b>         | School Main Office  |
|   | School Cafeteria   | or Eating Areas                 | <b>✓</b>         | To parent/teacher organization  |
| T   | o foodservice s  | taff                            | <b>✓</b>         | To administrators   |
| T   | o students   |                                 |                  | This information is not available for distribution  |
|   | Other:   |                                 |                  | School does not have nutritional content of menu items  |
| Ingred  | ients of Each M  | lenu Item                       |                  |   |
| <b>1</b>  | School Website   |                                 | <b>✓</b>         | School Main Office  |
|   | School Cafeteria   | or Eating Areas                 | <b>✓</b>         | To parent/teacher organization  |
| T   | o foodservice s  | taff                            | <b>✓</b>         | To administrators   |
| T   | o students   |                                 |                  | This information is not available for distribution  |
|   | Other:   |                                 |                  | School does not have the ingredients of menu items  |
| Information on where fruits and vegetables served in school are grown and whether growers are engaged in sustainable agriculture^ practices   |  |                                 |                  |   |
| engage  |  | _                               |                  | scnool are grown ana wnetner growers are  |
|   |  | _                               |                  | School Main Office  |
| <b>✓</b> S  | ed in sustainab<br>School Website  | _                               | oractices        | a   |
|   | ed in sustainab<br>School Website  | le agriculture^ p               | oractices        | School Main Office  |
|   | ed in sustainab<br>School Website<br>School Cafeteria  | le agriculture^ p               | oractices        | School Main Office  To parent/teacher organization  |
|   | ed in sustainable School Website School Cafeteria To foodservice s   | le agriculture^ p               | oractices        | School Main Office  To parent/teacher organization  To administrators   |
|   | ed in sustainable School Website School Cafeteria To foodservice s To students Other:                      | le agriculture^ p               | vactices         | School Main Office To parent/teacher organization To administrators This information is not available for distribution  |
| S S S S S S S S S S S S S S S S S S S   | ed in sustainable School Website School Cafeteria To foodservice s To students Other:                      | le agriculture^ p               | ed about the ava | School Main Office  To parent/teacher organization  To administrators  This information is not available for distribution  School does not have this information  |
| Solve | School Website School Cafeteria To foodservice s To students Other:  e students and ?*  Yes e students and | le agriculture^ parents informe | ed about the ava | School Main Office To parent/teacher organization To administrators This information is not available for distribution School does not have this information ilability of vegetarian food options at your |

### **Section 7: Environment**

### Recommended point of contact for this section: Principal, Lead Science Teacher

Data from the School Health Profile will be used to complete the Environmental Literacy Indicator Tool, a biennial survey used to determine progress on environmental literacy goals in the Chesapeake Bay Watershed Agreement. In the future, compiled results will be available on the chesapeakebayprogress.com website.

#### **Important Definitions for this Section:**

School Gardens: outdoor spaces that engage students through hands-on lessons that enhance learning.

Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at

http://www.chesapeakebay.net/publications/title/meaningful watershed educational experience.

| 36. Does your school currently have a School Garden?*^          |  |  |             |                        |  |
|---|--|--|-------------|------------------------|--|
|   | 0  | Yes                                    | $\odot$     | No                     |  |
| 36a. Na   | ame of Ga  | arden Contact*                         |             |                        |  |
| 36b. Ga   | arden Cor  | ntact E-mail*                          |             |                        |  |
| <b>37.</b> Did  | any of yo  | our classes or student groups attend a | a farm fiel | d trip this year?*     |  |
|   | $\bigcirc$   | Yes                                    | $\odot$     | No                     |  |
| 37a. Ho   | 37a. How many students attended a farm field trip? |  |             |                        |  |
| 37b. What farm(s) did the students visit? Select all that apply |  |  |             |                        |  |
| A   | lice Fergu   | ison Foundation's Hard Bargain Farm    | Co          | ommon Good City Farm   |  |
|   | rcadia Ce<br>griculture                            | nter for Sustainable Food and          | Re          | ed Wiggler Farm        |  |
|   | alleva Far   |  | Ro          | ocklands Farm          |  |
| Ci  | ity Blosso   | ms Community Green Spaces              | w           | ashington Youth Garden |  |
|   | ther:  |  |             |                        |  |

| 37c. Was this trip funded thro  | ugh an OSSE Farm Field     | Trip gran  | t?          |                       |
|---|----------------------------|------------|-------------|-----------------------|
| Yes   |                            | $\bigcirc$ | No          |                       |
|   |                            |            |             |                       |
| 38. Does your school offer an I   | Environmental Science      | Class?*    |             |                       |
| Yes   |                            | $\odot$    | No          |                       |
| 38a. How many students are e  | enrolled in this course in | n the 2016 | 5-17 school | year?                 |
| 39. Name of Lead Science Tead   | cher/Environmental Lite    | eracy Inst | ructor*     |                       |
|   |                            |            |             |                       |
| 39a. Lead Science Teacher/Env   | vironmental Literacy Ins   | structor E | -mail*      |                       |
| 40. Please select the environm selection, indicate the course i school is currently using for ins | n which the topic is tau   | -          |             |                       |
| Note: Please state the curriculu plans, please include the resour                                 |                            | -          |             |                       |
| Grades: K – 5   |                            |            |             |                       |
| NONE  |                            |            |             | No curriculum is used |
| Air (quality, climate change)<br>Course:<br>Curriculum:   |                            |            |             |                       |
| Water (stormwater, rivers, aquat  | cic wildlife)              |            |             |                       |
| Curriculum:   |                            |            |             | <u> </u>              |
| Land (plants, soil, urban planning<br>Course:<br>Curriculum:                                      | , terrestrial wildlife)    |            |             |                       |
| Resource Conservation (energy, v<br>Course:<br>Curriculum:  | waste, recycling)          |            |             |                       |
| Health (nutrition, gardens, food) Course: Curriculum:   |                            |            |             |                       |

| Other: (<br>Course:<br>Curriculum:                                  | )                |                       |
|---|------------------|-----------------------|
|   |                  |                       |
| Grades: 6 – 8  NONE   |                  |                       |
| Air (quality, climate change) Course: Curriculum:                   |                  | No curriculum is used |
| Water (stormwater, rivers, aquatic wild Course:<br>Curriculum:      | llife)           |                       |
| Land (plants, soil, urban planning, terre<br>Course:<br>Curriculum: | strial wildlife) |                       |
| Resource Conservation (energy, waste, Course:<br>Curriculum:        | recycling)       |                       |
| Health (nutrition, gardens, food)<br>Course:<br>Curriculum:         |                  |                       |
| Other: (<br>Course:<br>Curriculum:                                  | )                |                       |
| Grades: 9 – 12  |                  |                       |
| NONE  Air (quality, climate change)  Course:  Curriculum:           |                  | No curriculum is used |
| Water (stormwater, rivers, aquatic wild<br>Course:<br>Curriculum:   | llife)           |                       |
| Land (plants, soil, urban planning, terre<br>Course:<br>Curriculum: | strial wildlife) |                       |
| Resource Conservation (energy, waste, Course: Curriculum:           | recycling)       |                       |

| Health<br>Course<br>Curricu |  |                 |
|-----------------------------|--|-----------------|
| Other:<br>Course<br>Curricu |  |                 |
|                             | of the following groups in your school participated in environmental education ences provided by outside organizations or agencies?  | n (EE) learning |
| 41.                         | Teachers of Grades K – 5 Yes No  |                 |
| 41a.                        | Who was the provider?  |                 |
|                             | Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:  |                 |
| 42.                         | Teachers of Grades 6 – 8 Yes No  |                 |
| 42a.                        | Who was the provider?  |                 |
|                             | Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:  |                 |
| 43.                         | Teachers of Grades 9 – 12 Yes No   |                 |
| 43a.                        | Who was the provider?  |                 |
| Office of                   | Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list: fthe State Superintendent of Education |                 |

| 44.       | Administrators Yes No   |
|-----------|---|
| 44a.      | Who was the provider?   |
|           | Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:   |
|           | each grade at your school, please indicate the level of participation in Meaningful Watershedonal Experiences (MWEE) ^.   |
| Grades    | : K – 5   |
| 0         | A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.):  Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.):  No evidence that students in this grade participated in a Meaningful Watershed Educational Experience. |
| Grades    | : 6 – 8   |
| 0         | A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.):  Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.):  No evidence that students in this grade participated in a Meaningful Watershed Educational Experience. |
| Grades    | : 9 – 12  |
| 0 0 0     | A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.):  Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.):  No evidence that students in this grade participated in a Meaningful Watershed Educational Experience. |
| 46. Wh    | at practices is your LEA implementing related to sustainable, green schools? Select all that  |
|           | School-wide Recycling Program   |
| Office of | f the State Superintendent of Education   |

# Healthy Schools Act School Health Profile Frequently Asked Questions

- 1. What is the Healthy Schools Act School Health Profile? The School Health Profile (SHP) is an online questionnaire that must be completed by each District of Columbia public school and public charter school according to Section 602 of the Healthy Schools Act of 2010 (HSA). The contact person listed in the SHP will receive a PDF copy of the Profile that is required to be made available online if the school has a website and available to parents or guardians in the main office. The Office of the State Superintendent of Education (OSSE) will post completed profiles on our website within 30 days of submission.
- 2. **How is the information in the SHP used?** Information collected in the SHP is used to inform OSSE, the Mayor, City Council, and the Healthy Youth and Schools Commission on the extent to which the Districts schools are achieving the goals of the HSA. A report is required by Section 405 of the HSA and is submitted by OSSE to the Mayor and City Council. Reports on the HSA may be found at: <a href="http://osse.dc.gov/service/healthy-schools-act">http://osse.dc.gov/service/healthy-schools-act</a>.
- 3. When is the SHP due? The SHP is due by Feb. 15 of each year. The SHP should be submitted electronically no later than 5 p.m. on Monday, Feb. 15, 2017.
- 4. Who should complete the SHP? The Principal and contact person from the 2015-16 HSA SHP are automatically given access to the SHP; however, the SHP asks for information pertinent to the entire school. OSSE recommends that the Principal serve as the lead and distribute the printable SHP form to school staff who are most knowledgeable about each section (see chart below for suggestions). The Principal will then collect the information and enter the responses into the SHP online form. If the Principal wishes to designate another staff member as the lead, he/she must send an email to OSSE.callcenter@dc.gov and include the designee' name, title, and email address along with the local education agency and school name. Login information will then be sent directly to the designee.

| Section                                       | Recommended to be completed by                |
|---|---|
| 1: School Profile                             | Principal, Administrative Assistant           |
| 2: Health Services                            | School Health Providers                       |
| 3: Health Education Instruction               | Health Education Teacher                      |
| 4: Physical Education Instruction             | Physical Education Teacher                    |
| 5: School Nutrition and Local Wellness Policy | Principal, Food Services Director or Manager, |
|   | Chair of School Wellness Council/Committee    |
| 6: Distributing Information                   | Principal                                     |
| 7: Environment                                | Principal, Lead Science Teacher               |

#### 5. How do I complete the SHP online form?

- a. Log in to Quickbase (http://octo.quickbase.com):
  - DC.gov Users: sign in with your network email and password.
  - If you do not have a dc.gov email but have used Quickbase before, use your previous login and password (usually your school email address and password).
  - If you have not used Quickbase before but have been granted access via an email notification from Quickbase, click the link in the email and follow the instructions.
- b. Click on the application "2016-17 OSSE HSA School Health Profile".
- c. Select "Click to Complete" to be taken to your school's profile.
- d. Once you start a page, you must complete the entire page to be able to save it; partially completed pages will not be saved.
- e. Click the pencil icon to edit your Profile and the eye icon to view the form as it will be submitted.
- f. Complete the questions on page 1. At the end of the page, click the "completed" box and then "save" to save the form.
- g. After clicking "save," you will be taken to the top of page 1. Click "go to page 2" to move on. Once you are on page 2, click "edit" at the top right of the screen. Repeat for page 3.
- h. Many questions are required and you cannot save the form until all required questions on any one page are completed.
- i. Your Profile cannot be submitted unless all three "completed" boxes are checked.
- j. Do not use commas, quotes, or press "enter" in text boxes.
- k. Due to skip patterns, you may not answer all the questions. For example, if you do not have a school nurse, you will move automatically to question 12.
- 6. **Can I see all of the SHP questions in one document?** Yes, a printable version of the SHP is available in the Quickbase application and our webpage: http://osse.dc.gov/node/722242. We suggest that you share this with members of staff that are helping complete the Profile.
- 7. **What if I have other questions?** Please consult with other school staff if you are not sure of an answer on the profile. OSSE will hold a webinar to review the login process, how to request access for new users, navigate through the application, and answer certain questions.

A recording of the webinar will be made available at: http://osse.dc.gov/node/722242.

If this FAQ page does not answer your question, please call OSSE Customer Service Center at (202) 719-6500 Monday-Friday 8 a.m. – 5:30 p.m. or email <a href="mailto:OSSE.callcenter@dc.gov">OSSE.callcenter@dc.gov</a>.

### **Definitions and Question Assistance**

- Q18, 19. Health Education: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.
- Q18, 19. Health Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>health education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.
- Q15, 22, 22a, 23, 23a, 24. Physical Education: Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.
- Q22, 23. Physical Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K-5 and between 0 and 300 for grades 6-8.
- Q21, 22a, 23a, 25. Physical Activity: Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.
- Q22a, 23a. Physical Activity Minutes: This number should include the time that students are participating in moderate to vigorous physical activity. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 21 cannot exceed the number in question 21a. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K-5 and between 0 and 300 for grades K-5 and 30
- Q33. Sustainable Agriculture: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.
- <u>Q36. School Gardens:</u> Outdoor spaces that engage students through hands-on lessons that enhance learning.

Q45. Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at <a href="http://www.chesapeakebay.net/publications/title/meaningful\_watershed\_educational\_experience.">http://www.chesapeakebay.net/publications/title/meaningful\_watershed\_educational\_experience.</a>