

# 2016-17 SCHOOL YEAR SCHOOL HEALTH PROFILE FORM

#### **Healthy Schools Act of 2010**

Under Section 602 of the *Healthy Schools Act of 2010* (L18-0209), each public school and public charter school within the District of Columbia is required to:

- 1.) **Complete and submit** the online School Health Profile (SHP) form to the Office of the State Superintendent of Education (OSSE).
- 2.) Make the completed profile available to the public by posting it online, if the school has a website, and making the information available to parents in the school's main office.

Any public school or public charter school that fails to complete and submit its SHP form to OSSE **on or before Feb. 15** of each year will be out of compliance with Section 602 of the Healthy Schools Act of 2010.

#### **Instructions**

The online SHP form must be completed by each school. For example, if your local education agency (LEA) includes five campuses, each campus must complete an SHP.

OSSE recommends that one person at each school be responsible for disseminating the SHP form to school staff members (Health Teacher, Nurse, Food Services Director, etc.) and then collecting the data and submitting the form online.

Complete all sections of the form with responses for the 2016-2017 school year.

For definitions and clarifications, or more information on how to complete the online SHP form, please see our <u>Frequently Asked Questions (FAQs)</u> at the end of this document or in the green menu bar of the online application.

# Submission Deadline

The online form must be completed **on or before Feb. 15, 2017**. OSSE will post each completed SHP on the OSSE website within 30 days of receipt for public review. If your school has not completed the form by Feb. 15, your school will be listed on the OSSE website as out of compliance with Section 602 of the *Healthy Schools Act of 2010*. OSSE also reports compliance with the SHP to the Mayor, the DC Council, and the Healthy Youth and Schools Commission.

Once submitted, OSSE will also e-mail a PDF copy of the completed SHP to the contact you provide us in Section 1 of this form.

#### The SHP form must be submitted through <a href="https://octo.quickbase.com">https://octo.quickbase.com</a>

- When completing the online form, please <u>do not</u> use commas, quotes, or press "enter" in text boxes.
- Due to skip patterns in the online form, you may not have to answer all the questions. For example, if your school does not have a website, you will move automatically to question 7.

#### Need assistance with the online form?

Call (202) 719-6500 | Email OSSE.callcenter@dc.gov | See FAQs in this doc

#### **Section 1: School Profile**

1. Type of School*  Public Se	chool	Public Chart	er School		Private School
Fublic 3	crioor C	rublic Chart	ei School		Filvate School
<b>2.</b> LEA ID: 1	3. Schoo	ol Code: 246	4.	. Ward: 2	
5. LEA Name* D	istrict of Colu	mbia Public S	chools		
5a. School Name $^*$ $^{ m H}$	lardy MS				
6. Does your school	currently have a	website?*			
Yes			$\bigcirc$	No	
6a. What is your sch	ool's website ad	dress? http://w	www.dcps.c	lc.gov	
7. Current number o	f students enrol	led* <sup>376</sup>			
8. Grades Served. Se	elect all that app	ly*			
Pre-K	3	7	11		
K	4	<b>1</b> 8	12		
1	5	9	Adult		
2	<b>✓</b> 6	10	Other		
9. Contact Name*	Patricia Pride	2			
9a. Contact E-mail*	patricia.pride	e@dc.gov			
9b. Contact Job Title* Principal					

OSSE will contact this person if there are questions about the SHP. This person will automatically be added as a user for the 2017-18 HSA SHP and will receive a PDF copy of the completed HSA SHP via e-

mail for posting per section 602(c) of the Healthy Schools Act of 2010.

#### **Section 2: Health Services**

#### Recommended point of contact for this section: School Health Providers

Helpful definitions: Nursing refers to registered nurses (RN) or licensed practical nurses (LPN). Allied health professional refers to nursing assistants, medical technicians, or anyone who can support a nurse; it does not refer to related service providers for purposes of special education.

10. Do you have nursing and/or allied	d health profess	sional covera	ge in your school?*	
Yes		$\bigcirc$ $^{\prime}$	lo	
10a. Please state the coverage of nur	sing and/or alli	ed health pro	fessional coverage in y	our school:*
Nurse	# full time (0 -	- 10) 0	# part time (0 – 10)	2
Allied health professional	# full time (0 -	- 10) 0	# part time (0 – 10)	0
10b. For the coverage you indicated i	n 10a, please st	tate the fundi	ng source:*	
Nurse Self-funded Provided by the Department of Health Other  11. What type(s) of health services do	Yes No  O  O  O  O  O  O  O  O  O  O  O  O  O	Self-funded Provided by t Other	h professional the Department of Health ents? Select all that ap	Yes No  O  O  O  O  O  O  O  O  O  O  O  O  O
Access and/or referrals to  Prevention materials and infections, meningitis, etc  Prevention materials and  Screening, testing, and/or infections, meningitis, etc  Screening, testing, and/or  Other Specify	medical provid resources for in .) resources for ch treatment for i	ers through a fectious disea nronic disease nfectious dise	systematic process ases (HIV/AIDS, sexually as (diabetes, obesity, ast eases (HIV/AIDS, sexuall	transmitted thma, etc.) y transmitted

12. How many	of the following clinical staff are	currently employed,	work as a contractor, or
volunteer at yo	our school?*		

Psychiatrist # full time(0-10): # part time (0-10):

Psychologist # full time (0-10): # part time (0-10):

Licensed Independent Clinical Social Worker (LICSW) # full time (0-10): # part time (0-10):

Licensed Professional Counselor (LPC) # full time (0-10): # part time (0-10):

### 13. What type of training do you provide for each audience on your anti-bullying policy? Select all that apply

Staff	Yes	No
Professional Development (internal)	ledow	$\bigcirc$
Webinars	ledow	$\bigcirc$
Written Materials	ledow	$\bigcirc$
Outside Organizations: Which one(s)?	O	•
Other	$\bigcirc$	$\odot$

Students  Professional Development (internal)  Webinars  Written Materials  Outside Organizations: Which one(s)?  Other	Yes  O	
Parents/Community Professional Development (internal)	Yes	No
Webinars	lacksquare	$\bigcirc$
Written Materials	$\odot$	Ŏ
Outside Organizations: Which one(s)? Other	$\bigcirc$	<ul><li>•</li><li>•</li></ul>

#### **Section 3: Health Education Instruction**

### Recommended point of contact for this section: Health Education Teacher, Physical Education teacher

#### **Important Definitions for this Section:**

<u>Health Education</u>: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.

<u>Physical Education:</u> Physical education (PE) provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Health Education Minutes:</u> This number should represent the average number of minutes over the course of the year. If a student only receives <u>health education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.

14. How many teachers instruct *only* health education in your school?\*(0-10):

Note: Please make sure teachers reported in questions 14, 15, and 16 are not counted for more than one time.

14a. Name of Health Education Instructor 1 14ai. Health Education Instructor 1 E-mail

14b. Name of Health Education Instructor 2 14bi. Health Education Instructor 2 E-mail

14c. Name of Health Education Instructor 3 14ci. Health Education Instructor 3 E-mail

15. How many teachers instruct only physical education in you school?\*(0-10):

15a. Name of Physical Education Instructor 1 15ai. Physical Education Instructor 1 E-mail

15b. Name of Physical Education Instructor 2	15bi.Physical Education Instructor 2 E-mail
15c. Name of Physical Education Instructor 3	15ci.Physical Education Instructor 3 E-mail
16. How many teachers instruct both health and physical p	sical education in your school?*(0 – 10): 3
16a. Name of Dual Instructor 1	16ai. Dual Instructor 1 E-mail
Stephen Norman	stephen.norman@dc.gov
16b. Name of Dual Instructor 2	16bi. Dual Instructor 2 E-mail
Jasmine Bennett	Jasmine.bennett@dc.gov
16c. Name of Dual Instructor 3	16ci. Dual Instructor 3 E-mail
Jessica Johnson	Jessica.johnson@dc.gov
17. If your school partners with any outside program requirements (including nutrition, alcohol, tobacco as please specify their name below.*	•
Name of agency or organization:	
No current partnership(s)	
18. For each grade span in your school, please indicated during the regular instructional school week that study	-
Grades: K – 5 Minutes/Week (0 – 125):	
Grades: 6 – 8 Minutes/Week (0 – 125): 125	

19. Please indicate the average minutes per week of <a href="health education">health education</a> instruction that your school offers for high school students: Minutes/Week:

### **20.** For the health topics listed, please specify which health education curriculum (or curricula) your school uses for instruction: *Select all that apply*

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5	No curriculum is used
Mental and Emotional Health Curriculum:	
Safety Skills Curriculum:	
Human Body and Personal Health Curriculum:	
Disease Prevention Curriculum:	
Nutrition Curriculum:	
Alcohol, Tobacco and Other Drugs Curriculum:	
Grades: 6 – 8	No curriculum is used
Mental and Emotional Health Curriculum: SPARK Curiculum	
Safety Skills Curriculum: SPARK Curiculum	
Human Body and Personal Health Curriculum: SPARK Curiculum	

Disease Prevention Curriculum: SPARK Curiculum	
Nutrition Curriculum: SPARK Curiculum	
Alcohol, Tobacco and Other Drugs Curriculum: SPARK Curiculum	
Grades: 9 – 12	No curriculum is used
Mental and Emotional Health Curriculum:	
Safety Skills Curriculum:	
Human Body and Personal Health Curriculum:	
Disease Prevention Curriculum:	
Nutrition Curriculum:	
Alcohol, Tobacco and Other Drugs Curriculum:	

#### **Section 4: Physical Education Instruction**

#### Recommended point of contact for this section: Physical Education Teacher

#### **Important Definitions for this Section:**

<u>Physical Education:</u> Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Physical Education Minutes:</u> This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

<u>Physical Activity:</u> Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.

<u>Physical Activity Minutes:</u> This number should include the time that students are participating in moderate to vigorous <u>physical activity</u>. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

	egies does your school <u>y</u> ? <i>Select all that appl</i> y	-	ring or outside of regular	school hours, to promote
Activ	e Recess	Mov	vement in the Classroom	Walk to School
<b>✓</b> After	-School Activities	Athl	etic Programs	Safe Routes to School
None	<u>.</u>	Bike	to School	
Othe	r:			
during the regu	•	ol week t	hat a student receives ph	mber of minutes per week sysical education instruction.
Grades: K – 5	Minutes/Week (0 – 2	25):		
Grades: 6 – 8	Minutes/Week (0 – 3	00): 225	5	

22a. For each grade span that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity</u> within the physical education course. This does NOT include recess or after school activities.\*^

Grades: K - 5 Minutes/Week (0 - 225):

Grades: 6 - 8 Minutes/Week (0 - 300): 190

- 23. Please indicate the average minutes per week of <u>physical education</u> instruction that your school offers for high school students; average mins/week:
- 23a. Please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity within the physical education course</u>. This does NOT include recess or after school activities.\*

Grades: 9 - 12 Minutes/Week (0 - 300):

24. Which physical education curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum:

Grades: 6 – 8 Curriculum: SPARK Life Skills Curriculum

Grades: 9 – 12 Curriculum:

25. Which physical activity curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum:

Grades: 6 – 8 Curriculum: SPARK Life Skills

Grades: 9 – 12 Curriculum:

26. How many minutes per week do students get recess on average?\*

Grades: K – 5 Minutes/Week:

Grades: 6 – 8 Minutes/Week: 100

Grades: 9 – 12 Minutes/Week:

#### **Section 5: School Nutrition and Local Wellness Policy**

Recommended points of contact for this section: Food Services Director or Manager, Principal, Chair of School Wellness Council/Committee

27. Is cold, filtered water available to students during	meal times?*		
Yes	No No		
28. Where are fruits and/or non-fried vegetables avail	lable for students	on school grour	nds?* <i>Select all</i>
that apply			
	Available free/at no cost	Available for purchase	Not available
A La Carte in cafeteria	<b>✓</b>		
Near the cash register in the service line	<b>✓</b>		
By the entrée selections in the service line	<b>✓</b>		
At the beginning of the lunch line in the service line	<b>✓</b>	同	$\Box$
Elsewhere on school grounds – where?			<b>~</b>
29. When foods and/or beverages are offered at school vegetables provided?  Yes	ol celebrations, ard	e fruits and/or i	non-fried
30. How many vending machines are available to stud	ents?* (0 – 10): 0		
30a. What hours are student vending machines availa	ble? <i>Select all that</i>	t apply	
	Yes		No
Before and/or after school	$\circ$	)	$\bigcirc$
During school hours	$\circ$	)	$\bigcirc$
During school hours, excluding meal times	C	)	000
During school hours, only at meal times	C	)	$\bigcirc$

30b. What items are sold from student vending mac	hines? <i>Select a</i>	ll that apply	
100% fruit and/or vegetable juice	Regula	r chips, pretzels an	d snack mixes
Baked chips, lower calorie and/or fat snacks	Sodas	and/or fruit drinks	
Fresh fruits and/or non-fried vegetables	Whole	grain products	
Milk and dairy products	Water		
Other:			
31. If you have a school store, what are the hours of	operation? Sel	ect all that apply*	
Before and/or after school	Yes	No	N/A
During school hours	ledo		$\bigcirc$
During school hours, excluding meal times	$\bigcirc$	lacktriangle	
During school hours, only at meal times	ledot	$\bigcirc$	0
31a. What food and/or beverages are sold in the sch	ool store? <i>Sele</i>	ect all that apply	
100% fruit and/or vegetable juice	Regula	r chips, pretzels an	d snack mixes
Baked chips, lower calorie and/or fat snacks	Sodas	and/or fruit flavore	ed drinks
Fresh fruits and/or non-fried vegetables	Whole	grain products	
Milk and dairy products	Water		
Other:			

#### **Section 6: Distributing Information**

## Recommended point of contact for this section: Principal, Business Manager, Director of Operations

#### **Important Definitions for this Section:**

<u>Sustainable Agriculture</u>: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.

32. Does your school have a wellness comm	nittee, school health council, or team?*
Yes	No
33. How are following items distributed at	your school? Select all that apply
LEA's Local Wellness Policy	
School Website	School Main Office
School Cafeteria or Eating Areas	To parent/teacher organization
To foodservice staff	To administrators
<b>✓</b> To students	This information is not available for distribution
Other:	School does not have a Local Wellness Policy
School Menu for Breakfast and Lunch	
School Website	School Main Office
School Cafeteria or Eating Areas	To parent/teacher organization
To foodservice staff	✓ To administrators
<b>✓</b> To students	This information is not available for distribution
Other:	School does not offer school menu

	Content of Each Menu Item	
Scho	ol Website	School Main Office
Scho	ol Cafeteria or Eating Areas	<b>✓</b> To parent/teacher organization
To fo	odservice staff	To administrators
<b>✓</b> To st	udents	This information is not available for distribution
Othe	r:	School does not have nutritional content of menu items
Ingredients	s of Each Menu Item	
Scho	ol Website	School Main Office
Scho	ol Cafeteria or Eating Areas	<b>✓</b> To parent/teacher organization
<b>✓</b> To fo	odservice staff	<b>✓</b> To administrators
<b>✓</b> To st	udents	This information is not available for distribution
Othe	r:	School does not have the ingredients of menu items
_	n on where fruits and vegetables n sustainable agriculture^ practice	served in school are grown and whether growers are
engaged in		
engaged in	n sustainable agriculture^ practic	es —
School	o sustainable agriculture^ practice ol Website	School Main Office
School To fo	o sustainable agriculture^ practice of Website of Cafeteria or Eating Areas	School Main Office  To parent/teacher organization
School To fo	on sustainable agriculture^ practice of Website of Cafeteria or Eating Areas bodservice staff udents	School Main Office  To parent/teacher organization  To administrators
School School To fo  Other	on sustainable agriculture^ practice of Website of Cafeteria or Eating Areas codservice staff udents c:	School Main Office  To parent/teacher organization  To administrators  This information is not available for distribution
School School To fo To st Other	ol Website ol Cafeteria or Eating Areas odservice staff udents cidents and parents informed about	School Main Office  To parent/teacher organization  To administrators  This information is not available for distribution  School does not have this information
School School School To fo To st Other  34. Are stuschool?*	of Sustainable agriculture practice of Website of Cafeteria or Eating Areas podservice staff udents  reduced and parents informed about the Sustainable of No.	School Main Office  To parent/teacher organization  To administrators  This information is not available for distribution  School does not have this information  at the availability of vegetarian food options at your

#### **Section 7: Environment**

#### Recommended point of contact for this section: Principal, Lead Science Teacher

Data from the School Health Profile will be used to complete the Environmental Literacy Indicator Tool, a biennial survey used to determine progress on environmental literacy goals in the Chesapeake Bay Watershed Agreement. In the future, compiled results will be available on the chesapeakebayprogress.com website.

#### **Important Definitions for this Section:**

School Gardens: outdoor spaces that engage students through hands-on lessons that enhance learning.

Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at

http://www.chesapeakebay.net/publications/title/meaningful watershed educational experience.

36. Does your school currently have a School Garden?*^			
Yes	No		
36a. Name of Garden Contact* Britni Whitty			
<b>36b.</b> Garden Contact E-mail* britni.whitty@dc.gov			
37. Did any of your classes or student groups attend	a farm field trip this year?*		
Yes	No		
37a. How many students attended a farm field trip?			
37b. What farm(s) did the students visit? Select all that apply			
Alice Ferguson Foundation's Hard Bargain Farm	Common Good City Farm		
Arcadia Center for Sustainable Food and	Common Good City Farm  Red Wiggler Farm		
Arcadia Center for Sustainable Food and Agriculture	Red Wiggler Farm		

37c. Was this trip funded thro	ugh an OSSE Farm Field	Trip gran	t?	
Yes		$\bigcirc$	No	
38. Does your school offer an I	Environmental Science	Class?*		
Yes		$\odot$	No	
38a. How many students are e	enrolled in this course in	n the 2016	5-17 school	year?
39. Name of Lead Science Tead	cher/Environmental Lite	eracy Inst	ructor*	
39a. Lead Science Teacher/Env	vironmental Literacy Ins	structor E	-mail*	
40. Please select the environm selection, indicate the course i school is currently using for ins	n which the topic is tau	-		
Note: Please state the curriculu plans, please include the resour		-		
Grades: K – 5				
NONE				No curriculum is used
Air (quality, climate change) Course: Curriculum:				
Water (stormwater, rivers, aquat	cic wildlife)			
Curriculum:				<u> </u>
Land (plants, soil, urban planning Course: Curriculum:	, terrestrial wildlife)			
Resource Conservation (energy, v Course: Curriculum:	waste, recycling)			
Health (nutrition, gardens, food) Course: Curriculum:				

Other: ( Course: Curriculum:	)	
Grades: 6 – 8  NONE		
Air (quality, climate change) Course: Curriculum:		No curriculum is used
Water (stormwater, rivers, aquatic wild Course: Curriculum:	llife)	
Land (plants, soil, urban planning, terre Course: Curriculum:	strial wildlife)	
Resource Conservation (energy, waste, Course: Curriculum:	recycling)	
Health (nutrition, gardens, food) Course: Curriculum:		
Other: ( Course: Curriculum:	)	
Grades: 9 – 12		
NONE  Air (quality, climate change)  Course:  Curriculum:		No curriculum is used
Water (stormwater, rivers, aquatic wild Course: Curriculum:	llife)	
Land (plants, soil, urban planning, terre Course: Curriculum:	strial wildlife)	
Resource Conservation (energy, waste, Course: Curriculum:	recycling)	

Health Course Curricu		
Other: Course Curricu	2:	
	of the following groups in your school participated in environmental education ences provided by outside organizations or agencies?	(EE) learning
41.	Teachers of Grades K – 5 Yes No	
41a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:	
42.	Teachers of Grades 6 – 8 Yes No	
42a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:	
43.	Teachers of Grades 9 – 12  Yes  No	
43a.	Who was the provider?	
Office of	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:  f the State Superintendent of Education	

44.	Administrators	Yes No		
44a.	Who was the provider?			
	Higher Education (e.g. Local Education Agence State Education Agence Other District Agency	on (e.g., Anacostia Watershed Society) University of the District of Columbia) y (e.g., DC Public Schools) y (OSSE) e.g., DC Department of Energy & Environment) Smithsonian Institution)		
	45. For each grade at your school, please indicate the level of participation in Meaningful Watershed Educational Experiences (MWEE) ^.			
Grades	: K – 5			
0	grade, description of u Some classes participa (i.e., grade, description	gful Watershed Educational Experience is in place. Please describe (i.e., nit, partnerships, etc.): ted in a Meaningful Watershed Educational Experience. Please describe of unit, partnerships, etc.): ents in this grade participated in a Meaningful Watershed Educational		
Grades	: 6 – 8			
0	grade, description of u Some classes participa (i.e., grade, description	gful Watershed Educational Experience is in place. Please describe (i.e., nit, partnerships, etc.): ted in a Meaningful Watershed Educational Experience. Please describe of unit, partnerships, etc.): ents in this grade participated in a Meaningful Watershed Educational		
Grades	: 9 – 12			
000	grade, description of u Some classes participa (i.e., grade, description	gful Watershed Educational Experience is in place. Please describe (i.e., nit, partnerships, etc.): ted in a Meaningful Watershed Educational Experience. Please describe of unit, partnerships, etc.): ents in this grade participated in a Meaningful Watershed Educational		
46. Wh	at practices is your LEA	implementing related to sustainable, green schools? Select all that		
	School-wide Recyc	ling Program		
Office of	f the State Superintender	t of Education		

V	Lead testing of water		
V	On-site Composting		
	】 LEED Certification Type: ☐ Silver ☐ Gold	t	☐ Platinum
	Project Learning Tree Green Schools		
	National Wildlife Federation Eco-Schools		
V	Environmentally-friendly cleaning products		
V	Landscaping with native plants		
V	Stormwater reduction efforts (i.e., rain barrels, cister	ns, rain g	gardens)
V	Sprint to Savings/Green Schools Energy Challenge		
	Other		
47. What	type of recycling hauling services does your school rec	eive? <i>Se</i>	lect all that apply
<b>~</b>	Cardboard only		
V	Paper and cardboard only		
~	Mixed recyclables (plastic, metals, glass) only		
~	Co-mingled paper, cardboard, and mixed recyclables together ("single-stream")		
V	Organics		
	Other		
	None of these		
48. Does	your school compost? Select all that apply		
	Yes, we participate in an organics recycling (off-site co	ompostir	ng) program
<u>~</u>	Yes, on-site outdoors (e.g. in garden)		
	Yes, on-site indoors (e.g. worm bin in classroom)		
	Other method		
	Don't Compost		
	your school promote the Environmental Protection Ag		
	s in public schools?		
<b>(</b> )			O Don't know
O	Tes No		O DOIT CKNOW
<b>50.</b> Does	your school purchase environmentally-friendly cleanin	ıg suppli	es?
<b>(</b> )	O		O Don't know
	Yes O No		O Don't know
51. Does	your school cleaning/maintenance staff follow green c	leaning <sub>l</sub>	procedures?
		٠.	
	Yes No	,	O Don't know

# Healthy Schools Act School Health Profile Frequently Asked Questions

- 1. What is the Healthy Schools Act School Health Profile? The School Health Profile (SHP) is an online questionnaire that must be completed by each District of Columbia public school and public charter school according to Section 602 of the Healthy Schools Act of 2010 (HSA). The contact person listed in the SHP will receive a PDF copy of the Profile that is required to be made available online if the school has a website and available to parents or guardians in the main office. The Office of the State Superintendent of Education (OSSE) will post completed profiles on our website within 30 days of submission.
- 2. **How is the information in the SHP used?** Information collected in the SHP is used to inform OSSE, the Mayor, City Council, and the Healthy Youth and Schools Commission on the extent to which the Districts schools are achieving the goals of the HSA. A report is required by Section 405 of the HSA and is submitted by OSSE to the Mayor and City Council. Reports on the HSA may be found at: <a href="http://osse.dc.gov/service/healthy-schools-act">http://osse.dc.gov/service/healthy-schools-act</a>.
- 3. When is the SHP due? The SHP is due by Feb. 15 of each year. The SHP should be submitted electronically no later than 5 p.m. on Monday, Feb. 15, 2017.
- 4. Who should complete the SHP? The Principal and contact person from the 2015-16 HSA SHP are automatically given access to the SHP; however, the SHP asks for information pertinent to the entire school. OSSE recommends that the Principal serve as the lead and distribute the printable SHP form to school staff who are most knowledgeable about each section (see chart below for suggestions). The Principal will then collect the information and enter the responses into the SHP online form. If the Principal wishes to designate another staff member as the lead, he/she must send an email to OSSE.callcenter@dc.gov and include the designee' name, title, and email address along with the local education agency and school name. Login information will then be sent directly to the designee.

Section	Recommended to be completed by
1: School Profile	Principal, Administrative Assistant
2: Health Services	School Health Providers
3: Health Education Instruction	Health Education Teacher
4: Physical Education Instruction	Physical Education Teacher
5: School Nutrition and Local Wellness Policy	Principal, Food Services Director or Manager,
	Chair of School Wellness Council/Committee
6: Distributing Information	Principal
7: Environment	Principal, Lead Science Teacher

#### 5. How do I complete the SHP online form?

- a. Log in to Quickbase (http://octo.quickbase.com):
  - DC.gov Users: sign in with your network email and password.
  - If you do not have a dc.gov email but have used Quickbase before, use your previous login and password (usually your school email address and password).
  - If you have not used Quickbase before but have been granted access via an email notification from Quickbase, click the link in the email and follow the instructions.
- b. Click on the application "2016-17 OSSE HSA School Health Profile".
- c. Select "Click to Complete" to be taken to your school's profile.
- d. Once you start a page, you must complete the entire page to be able to save it; partially completed pages will not be saved.
- e. Click the pencil icon to edit your Profile and the eye icon to view the form as it will be submitted.
- f. Complete the questions on page 1. At the end of the page, click the "completed" box and then "save" to save the form.
- g. After clicking "save," you will be taken to the top of page 1. Click "go to page 2" to move on. Once you are on page 2, click "edit" at the top right of the screen. Repeat for page 3.
- h. Many questions are required and you cannot save the form until all required questions on any one page are completed.
- i. Your Profile cannot be submitted unless all three "completed" boxes are checked.
- j. Do not use commas, quotes, or press "enter" in text boxes.
- k. Due to skip patterns, you may not answer all the questions. For example, if you do not have a school nurse, you will move automatically to question 12.
- 6. **Can I see all of the SHP questions in one document?** Yes, a printable version of the SHP is available in the Quickbase application and our webpage: http://osse.dc.gov/node/722242. We suggest that you share this with members of staff that are helping complete the Profile.
- 7. **What if I have other questions?** Please consult with other school staff if you are not sure of an answer on the profile. OSSE will hold a webinar to review the login process, how to request access for new users, navigate through the application, and answer certain questions.

A recording of the webinar will be made available at: http://osse.dc.gov/node/722242.

If this FAQ page does not answer your question, please call OSSE Customer Service Center at (202) 719-6500 Monday-Friday 8 a.m. – 5:30 p.m. or email <a href="mailto:OSSE.callcenter@dc.gov">OSSE.callcenter@dc.gov</a>.

#### **Definitions and Question Assistance**

- Q18, 19. Health Education: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.
- Q18, 19. Health Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>health education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.
- Q15, 22, 22a, 23, 23a, 24. Physical Education: Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.
- Q22, 23. Physical Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K-5 and between 0 and 300 for grades 6-8.
- Q21, 22a, 23a, 25. Physical Activity: Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.
- Q22a, 23a. Physical Activity Minutes: This number should include the time that students are participating in moderate to vigorous physical activity. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 21 cannot exceed the number in question 21a. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K-5 and between 0 and 300 for grades K-5 and 30
- Q33. Sustainable Agriculture: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.
- <u>Q36. School Gardens:</u> Outdoor spaces that engage students through hands-on lessons that enhance learning.

Q45. Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at <a href="http://www.chesapeakebay.net/publications/title/meaningful\_watershed\_educational\_experience.">http://www.chesapeakebay.net/publications/title/meaningful\_watershed\_educational\_experience.</a>