

## SCHOOL HEALTH PROFILE FORM

Section 1: School Profile					
Type of School:	Public School				
LEA Name:	District of Columbia I	Public Schools			
School Name:	Garrison Elementary	School			
Street Address	1200 S St. NW Washi	ington, DC 20009			
Does your school	curently have a websit	e? No			
If yes, what is you	ır school's website addı	ress?			
Current number of	Current number of students enrolled: 240				
Grades Served (	(select all that apply				
<b>✓</b> PS	<b>✓</b> 2	□ 6	□ 10		
<b>✓</b> PK	<b>✓</b> 3	□ 7	□ 11		
<b>✓</b> K	<b>✓</b> 4	□ 8	□ 12		
<b>1</b>	<b>✓</b> 5	□ 9	☐ Adult	Other	
Contact Name:	Rembert Seaward J	r			
Contact Job Title	Contact Job Title Principal				
Contact Email:	il: rembert.seaward@dc.gov				

Section 2: Health Services			page 2	
What type of nurse coverage does yo	our school have?	Full Time		
How many school nurses are available at your school?  Two				
Name of School Nurse 1:	Andrea Joseph	School Nurse 1 Phone	(202) 671-1171	
School Nurse 1 E-mail:	Andrea.Joseph@dc.gov	Suite/Room Location:	Room 105	
School Nurse 1 Credentials:				
Name of School Nurse 2:	Sara Tewolde	School Nurse 2 Phone	(202) 671-1171	
School Nurse 2 E-mail:	Sara.Tewolde@dc.gov	Suite/Room Location:	Room 105	
School Nurse 2 Credentials:				
Does your school currently have a school-based health center?  No				
Does your school currently have a School Mental Health Program or similar services on site for students?				
What type of mental health clinician coverage does your school have?  Part Time				
How many mental health clinicians are available at your school?  One				

Section 3: Health Educ	ation Inst	ruction			pag	e 3
Are any students required to take health education at your school?						
How many health educa	tion teach	ers does your sc	hool currently have on staff?		One	
Does your school currently have at least one certified or highly qualified health teacher on staff?  Yes						
Does one (or more) heal	th educati	on instructor als	o serve as physical education instructor?		Yes	
Name of Health Ed Instructor 1: Health Ed Instructor 1 Phone Health Ed Instructor 1 E-mail Edward Coss (240) 535-4248 Edward.Coss@dc.gov						
Did this health education in college?	n instructo	or have a concen	tration in health OR physical education	No		
Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications)  CPR and administering Medication						
Name of Health Ed Ins	tructor 2:		Health Ed Instructor 2 Phone	Health Ed	Instructor 2	Phone
Did this health education in college?	n instructo	or have a concen	tration in health OR physical education			
Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications)  For each grade in your school, please indicate the average number of minutes per week during the regular instructional						
school week that students receive health education instruction.						
PS	45	Minutes/Week	Grade 7	Minutes		
PK	45	Minutes/Week	Grade 8	Minutes		
K	45	Minutes/Week	Grade 9	Minutes		
Grade 1	45	Minutes/Week	Grade 10	Minutes		
Grade 2	45	Minutes/Week	Grade 11	Minutes		
				Minutes/Week		
Grade 4 Grade 5	45 45	Minutes/Week Minutes/Week	Adult Other	Minutes Minutes		
How is health education instruction provided (select all that apply):  ✓ Health education course ☐ Incorporated into another course ☐ Assemblies or presentations ☐ Other (please specify): ☐ No health education is provided						
Is the health education instruction based on the OSSE's health education standards?  Yes						
Which health education curriculum (or curricula) is your school currently using for instruction?						
Does your school partner with any outside programs or organizations to satisfy the health education requirements?						
If yes, what programs or organizations does your school use?						

Section 4: Physical Education Instruction page 4					
Are any students required to take physical education at your school?					No
How many physical education teachers does your school have on staff?					
Name of Phys. Ed. Instructor 1 Phys. Ed. Instructor 1 Phone Phys. Ed. Instructor 1 E-mail					nys. Ed. Instructor 1 E-mail
Did this physica	l education	instructor have a con	ncentration in physical educat	ion in college?	
Please list any p	•		or training received by this		
Name of Phys. I			Phys. Ed. Instructor 2 Phon	e Ph	ys. Ed. Instructor 2 E-mail
Did this physica	l education	instructor have a co	ncentration in physical educat	ion in college?	
	- Caacanon		physical education in physical education		
Please list any p physical educati			or training received by your		
		ol, please indicate the a	verage number of minutes per we	eek during the re	gular instructional school week
PS	45	Minutes/Week	Grade 7	Mir	nutes/Week
PK	45	Minutes/Week	Grade 8	Mir	nutes/Week
K		Minutes/Week	Grade 9		nutes/Week
Grade 1	45	Minutes/Week	Grade 10		nutes/Week
Grade 2 Grade 3	45 45	Minutes/Week Minutes/Week	Grade 11 Grade 12		nutes/Week nutes/Week
Grade 3 Grade 4	45	Minutes/Week	Adult		nutes/Week
Grade 5	45	Minutes/Week	Other		nutes/Week
Grade 6		Minutes/Week	Guioi		Tatos, Trosic
For each grade regular instruction	that receives onal school w	physical education ins eek devoted to actual	truction, please indicate the avera ohysical activity within the physica	nge number of mit	inutes per week during the se.
PS	75	Minutes/Week	Grade 7	Mir	nutes/Week
PK	75 75	Minutes/Week	Grade 8		nutes/Week
K	10	Minutes/Week	Grade 9		nutes/Week
Grade 1	75	Minutes/Week	Grade 10	Mir	nutes/Week
Grade 2	75	Minutes/Week	Grade 11	Mir	nutes/Week
Grade 3	75	Minutes/Week	Grade 12	Mir	nutes/Week
Grade 4	75	Minutes/Week	Adult	75 <b>M</b> ii	nutes/Week
Grade 5	75	Minutes/Week	Other	Mir	nutes/Week
Grade 6		Minutes/Week			
Is the physical education instruction based on the OSSE's physical education standards?					
Which physical education curriculum (or curricula) is your school currently using for instruction?  Dc Standras					
Does your school use a physical education or fitness assessment tool?  Yes					
If yes, what is the name of the tool? (e.g. FitnessGrams, President's Physical Fitness Test, etc.)					
Does your school partner with any outside programs or organizations to satisfy the physical education or physical activity requirements?*					
If yes, what programs or organizations does your school use?					
What strategies does your school use, during or outside of regular school hours, to promote physical activity? (select all that apply)					
✓ Active Rec	ess	Movement in the 0	Classroom	Walk or Bike	to School
	ol Activities	Athletic Programs		Safe Routes t	o School
None		Other (please spe	cify): no		

Section 5: Nutrition Programs	page 5			
Name of Food Service Vendor Chartwells Inc.				
What types of nutrition education services does your school provide? (select all	that apply)			
☐ None ☐ Multimedia				
☐ Vendor-provided nutrition education ☐ Po	osters			
☐ Meal time presentations ☐ Cl	assroom Instruction			
Outside speakers	andouts/brochures			
✓ Other (please specify):				
Please indicate the number of students that qualify for the following:				
Free Meals 241 Reduced Price Meals	Full Price Meals			
Does your school offer breakfast to all students?* Yes				
If yes, where is breakfast offered (select all that apply):				
✓ Classroom ✓ Cafeteria ☐ Grab and Go cart ☐ Other (p	please specify):			
For November 2011, please indicate the average daily participation (number	r of students) for the following meals:			
Breakfast - Free Meals 241	Lunch - Free Meals 241			
Breakfast - Reduced Price Meals 0	Lunch - Reduced Price Meals 0			
Breakfast - Full Price Meals 0	Lunch - Full Price Meals 0			
Does your school offer lunch components that meet the Healthy Schools A please specify if you serve the following:  A different vegetable each day of the week?	Act of 2010 lunch menu criteria, if so			
A dark green and/or orange vegetables at least three times a week?	Yes			
Cooked dry beans or peas at least once a week?	Yes			
A different fruit every day of the week?	Yes			
Fresh fruit twice a week?	Yes			
Whole grains at least once a day?	Yes			
Milk each day? :	Yes			
Low-fat (1%) flavored milk				
✓ Low-fat (1%) unflavored milk				
☐ Fat-free (skim) flavored milk				
Fat-free (skim) unflavored milk				
☐ Soy milk				
Lactose-free milk				
Other (please specify):				
Is water available to students during meal times? Yes				
If yes, is it available via (check all that apply):				
☐ Water fountain in the cafeteria	✓ Water fountain in another location			
☐ Water pitcher and cups	Students bring water			
Low-fat (1%) flavored milkOther (please specify):				

Section 5: Nutrition Programs (Con't) page 6		
Does your school participate in the Afterschool Snack Program?  Yes		
If yes, please indicate the average daily participation for November 2011. 68		
Does your school participate in the Afterschool Supper Program?  Yes		
If yes, please indicate the average daily participation for November 2011. 68		
Does your school participate in the Fresh Fruit and Vegetable Snack Program?* Yes		
Does your school participate in the DC Free Summer Meals Program?		
If yes, please indicate the average daily participation for each of the following meals for the summer of 2011:		
Breakfast: no Lunch: no Supper: no Snack: no		
Does your school serve locally grown and/or locally processed and unprocessed foods at meal times from growers engaged in sustainable agricultural practices?		
If yes, how often?		
☐ Once or twice per day ☐ Three or four times per week ☐ Once or twice per week		
☐ Once or twice per month ☐ Other (please specify)		
On average, how many school meals include a locally-grown produce item?*		
Every day		
☐ Three or four times per week		
☐ One or two times per week		
One or two times per month		
Other (please specify):		
On average, how many meals include a sustainably-grown produce item?*		
☐ Every day		
☐ Three or four times per week		
☐ One or two times per week		
One or two times per month		
Other (please specify):		

Section 6: Local Wellness Policy	page 7
Has your LEA's local wellness policy been submitted to OSSE for review?	
Has your LEA's local wellness policy been distributed to your school's foodservice staff members?  Yes	
Has your LEA's local wellness policy been distributed to your school's parent/teacher organization (PTO)?	'es
Please indicate which of the following is covered by your LEA's local wellness policy (check all that apply):	
✓ goals for nutrition education, physical activity, and other school-based activities	
✓ nutritional guidelines for all competitive foods served and sold on campus during the school day	
✓ guidelines for school meals, that are not less restrictive than those set at the federal level	
plan for measuring implementation of the local wellness policy	
goals to improve the environmental sustainability of schools	
none of these is covered in our LEA's local wellness policy	
Who at your school is responsible for implementing your LEA's local wellness policy?  School Nurse	
Does your school have vending machines?	
If yes, are these vending machines available only to faculty and staff members?	
If yes, how many vending machines do you have:	
If yes, what are the hours of operation of these vending machines?  8:00am to 6:30p	m
If yes, what items are sold from these vending machines?  drinks and snacks	
Does your school have a school store?	
If yes, what are the hours of operation for the school store? Fridays2:00pm -3:00pm	
If yes, what food and beverages are sold?	
Does your school have a school wellness council?	
Does your school solicit input from students, parents, staff or community members about foods that are offered for meals or snack?	
If yes, please explain how input is solicited and received.	
Is your school in compliance with your LEA's local wellness policy?	

Section 7: Distributing Information	ı		page 8		
Where are the following items loca	ted at your school?				
LEA's Local Wellness Policy					
✓ This information is not av	ailable.				
✓ School Website	✓ School Website				
Other (please specify):					
School Menu for Breakfast and Lunch					
☐ This information is not av	ailable.				
School Website	✓ School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Nutritional Content of each Menu Item					
✓ This information is not av	ailable.				
✓ School Website	School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Ingredients of each Menu Item					
☐ This information is not av	ailable.				
✓ School Website	School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Information on where fruits and vegetables	s served in schools are grown and	l processed			
✓ This information is not av	ailable.				
✓ School Website	School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Information on whether growers are engage	ged in sustainable agriculture prac	tices			
✓ This information is not av	ailable.				
✓ School Website	School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Are students and parents informed about the availability of vegetarian food options at your school?					
If yes, where can they find this inform	ation?				
School Website	School Main Office	School Cafeteria or Eating Areas			
Other (please specify): No					
Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your					
school? no					
If yes, where can they find these options?					
School Website	School Main Office	School Cafeteria or Eating Areas			
Other (please specify):	no				

Section 8: School Gardens	page 9
Does your school currently have a School Garden?	No
Name of Garden Contact	Garden Contact E-mail
How many students benefited from the school garden during th	e 2010-2011 school year?
How many students have benefited from the school garden thus	s far during the 2011-2012 school year?
How is your school garden used? (select all that apply)	
Outdoor classroom Afterschool	ol club/program
☐ Summer enrichment ☐ Currently	this garden is not used
Other (please specify):	
Do students eat food from the school garden?	
If yes, please describe the events and/or programs that facilita lessons, etc.)	te this experience. (e.g. school lunch, snack time, incorporated into
Please list any outside organizations that you have partnered organizations.	vith in developing your school garden and/or school garden
Which of the following components are included in your school	garden? (select all that apply)
Raised beds for edibles	ground edibles
	ommunity garden plots
Garden kitchen (outdoor or access to indoor)	eenhouse
☐ Meeting space for a full class ☐ Bu	utterfly/Pollinator Garden
Fruit tree(s)	
Other (please specify):	
Has your school participated in any of the following farm-food e	ducation in the past year? (select all that apply)
Our school did not participate in farm-food education	
Our school did not participate, but would like more inform	nation on farm-food education
☐ Farm field trips ☐ Ch	nef demonstrations
Participation in DC Farm to School Week	articipation in DC School Garden Week
Other (please specify):	
Section 9: Posting and Form Availability to Parents	
According to section 602(c) of the Healthy School Act of 2010, information required by subsection (a) online if the school has	
How will you make this information available to parents?	
☐ Online	ppies Available at Main Office
Other (please specify):	
Is your school sharing information about the Healthy Schools A	Act in any other ways?
If yes, please explain.	
Submitted Date : 2/9/2012 14:56	Submitter's Name : Rembert (ES) Seaward