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Objective

• Overview of Approach to Comprehensively Expand Access to School-Based Behavioral Health Services

District of Columbia Department of Behavioral Health
Current Reach

- 66 LEAs
- 233 school/campuses
- DBH/School Mental Health Program Capacity – 70 Schools total
  - 23 DCPCS
  - 47 DCPS
Tasks Completed by Interagency Behavioral Health Workgroup

• Documented existing interagency behavioral health services

• Gained consensus on standardized process to prioritize need

• Gained consensus on an interagency behavioral health service model
District Plan

Shared and Unified Vision
Use District resources more effectively and efficiently

Leveraging the services that agencies are strong in delivering

Provide children with the broadest access to behavioral health services

Ideal Public Health Model of Behavioral Health Services

Tier 3

(1-5% of students)
Intensive Support
- Individual student treatment
- Assessment based

Tier 2

(10-15% of students)
Focused Group/Individual Interventions
- At-risk students
- Immediate Response

Tier 1

(80% of students)
Promotion and Primary Prevention
- All settings, all students
- Preventive, Proactive

Note that the proportion of students in a given school or district may vary substantially from this ideal across schools and over time, but this ideal may drive future planning as we seek to improve student behavioral health.
Examples of DBH’s Prevention Level Activities

- Implementation of manualized curriculums to entire classrooms
- Parent workshops
- Teacher workshops
- Social skills groups for the students
- Teacher consultation
- Universal screening
- Linkages and care coordination

- Committee work on school climate and culture initiatives
- Parent education groups
- Student psychoeducation groups
- Crisis intervention
- Networking and brokering resources for families
Funding Sources of Behavioral Health in Schools

**Prevention**
- DBH
- OSSE
- DOH
- Classroom based curriculums
- Teacher consultation
- Crisis response

**Focused**
- DCPS
- DCPCS
- DOH
- Child-specific Observations
- Behavior Intervention Plans
- Depression screening of clients

**Intensive**
- School Hired Clinicians
- DOH Grantee Mental Health Clinicians
- Core Services Agencies and Community Providers with MOA
- Individual, Group, Family Therapy
- Linkage to Psychiatrist


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