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District of Columbia Department of Behavioral Health

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Objective

- Overview of Approach to Comprehensively Expand Access to School-Based Behavioral Health Services

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Current Reach

- 66 LEAs
- 233 school/campuses
- DBH/School Mental Health Program Capacity – 70 Schools total
 - 23 DCPCS
 - 47 DCPS

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Tasks Completed by Interagency Behavioral Health Workgroup

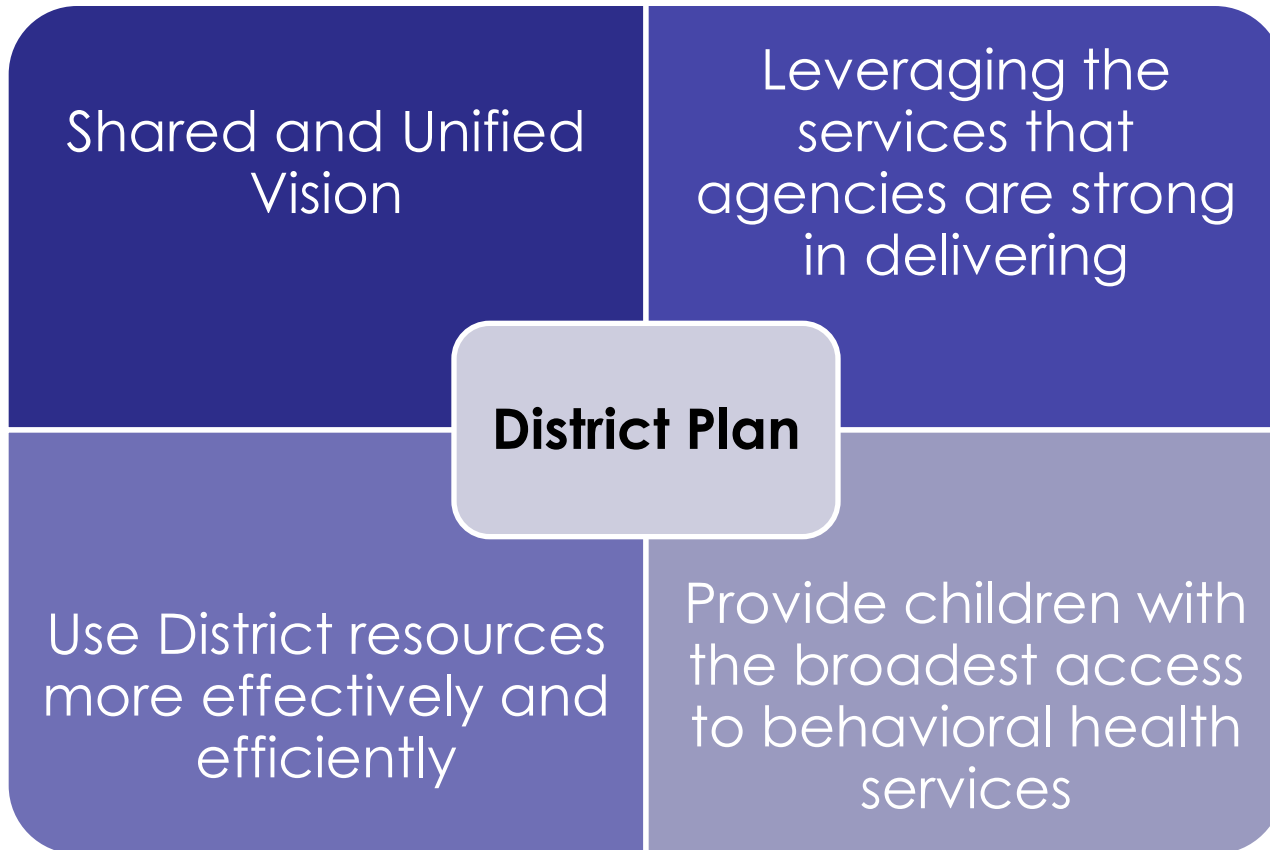
- Documented existing interagency behavioral health services

- Gained consensus on standardized process to prioritize need

- Gained consensus on an interagency behavioral health service model

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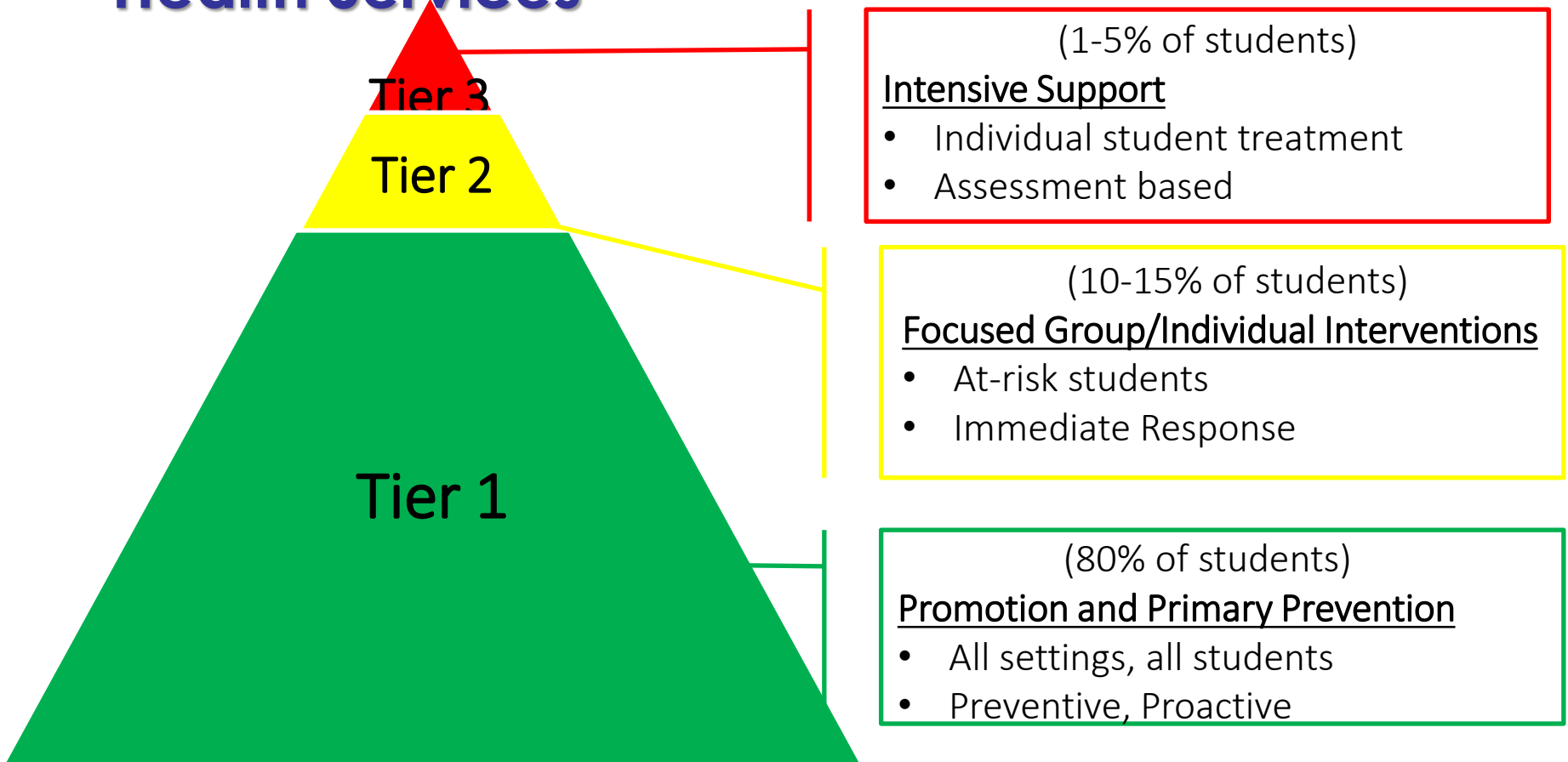




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Ideal Public Health Model of Behavioral Health Services



- Note that the proportion of students in a given school or district may vary substantially from this ideal across schools and over time, but this ideal may drive future planning as we seek to improve student behavioral health

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Examples of DBH's Prevention Level Activities

- Implementation of manualized curriculums to entire classrooms
- Parent workshops
- Teacher workshops
- Social skills groups for the students
- Teacher consultation
- Universal screening
- Linkages and care coordination
- Committee work on school climate and culture initiatives
- Parent education groups
- Student psychoeducation groups
- Crisis intervention
- Networking and brokering resources for families

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Funding Sources of Behavioral Health in Schools

Prevention

DBH
OSSE
DOH

Classroom based
curriculums
Teacher consultation
Crisis response

Focused

DCPS
DCPCS
DOH

Child-specific
Observations
Behavior Intervention
Plans
Depression screening
of clients

Intensive

School Hired Clinicians
DOH Grantee Mental
Health Clinicians
Core Services Agencies
and Community
Providers with MOA

Individual, Group,
Family Therapy
Linkage to Psychiatrist

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