

SCHOOL HEALTH PROFILE FORM

Section 1: School	Profile					
Type of School:	Public Charter School					
LEA Name:	Center City					
School Name:	Capitol Hill Campus					
Street Address	Street Address 1503 East Capitol Street SE Washington, DC 20003					
Does your school	curently have a website	? Yes				
If yes, what is you	r school's website addre	ess? www.cente	ercitypes.org			
Current number of students enrolled: 219						
Grades Served (select all that apply					
\square PS	✓ 2	✓ 6	□ 10			
✓ PK	2 3	✓ 7	□ 11			
✓ K	✓ 4	✓ 8	□ 12			
✓ 1	✓ 5	□ 9	☐ Adult	Other		
Contact Name:	Maurice Porter					
Contact Job Title	Principal					
Contact Email:	mporter@centercityp	ocs.org				

Section 2: Health Services		page 2		
What type of nurse coverage does your school have?	No Coverage			
How many school nurses are available at your school?				
Name of School Nurse 1:	School Nurse 1 Phone			
School Nurse 1 E-mail:	Suite/Room Location:			
School Nurse 1 Credentials:				
Name of School Nurse 2:	School Nurse 2 Phone			
School Nurse 2 E-mail:	Suite/Room Location:			
School Nurse 2 Credentials:				
Does your school currently have a school-based health center? No				
Does your school currently have a School Mental Health Program or similar services on site for students? Yes				
What type of mental health clinician coverage does your school have? Part Time				
How many mental health clinicians are available at your school?		None		

Section 3: Health Educa	ation Inst	ruction			page 3
Are any students required to take health education at your school?					Yes
How many health education teachers does your school currently have on staff?					One
Does your school curren	tly have a	t least one cer	tified or highly qualified health	teacher on staff?	No
Does one (or more) heal	th educati	on instructor a	also serve as physical education	instructor?	Yes
Name of Health Ed Inst Robert Ryer	ructor 1:		Health Ed Instructor 1 Phone (202) 547-7556	Health Ed Instr	
Did this health education instructor have a concentration in health OR physical education in college?					es .
Please list any Health Educations other health certifications		ertification or	training received by this Health	Education Instruc	ctor (i.e. Masters, CHES,
Name of Health Ed Inst	ructor 2:		Health Ed Instructor 2 Phone	Health Ed Instr	ructor 2 Phone
Did this health education in college?	n instructo	or have a conce	entration in health OR physical e	education	
Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications) For each grade in your school, please indicate the average number of minutes per week during the regular instructional					
school week that student	.s receive	Minutes/Wee		30 M ir	nutes/Week
PK	10	Minutes/Wee			nutes/Week
к	10	Minutes/Wee	k Grade 9	Mir	nutes/Week
Grade 1	10	Minutes/Wee	k Grade 10	Mir	nutes/Week
Grade 2	10	Minutes/Wee	k Grade 11	Mir	nutes/Week
Grade 3	10	Minutes/Wee	k Grade 12	Mir	nutes/Week
Grade 4	10	Minutes/Wee	k Adult	Mir	nutes/Week
Grade 5	30	Minutes/Wee	k Other	Mir	nutes/Week
How is health education instruction provided (select all that apply): ☐ Health education course ☐ Assemblies or presentations ☐ Other (please specify): ☐ No health education is provided					
Is the health education ins	struction ba	sed on the OSS	E's health education standards?		Yes
Which health education cเ	Which health education curriculum (or curricula) is your school currently using for instruction? DCPS				
Does your school partner with any outside programs or organizations to satisfy the health education requirements?					
If yes, what programs or o	rganizatior	s does your sch	ool use?	•	140

Section 4: Physi	ical Educat	ion Instruction			page 4	
Are any students	s required to	take physical educ	cation at your school?		Yes	
How many phys	ical educati	on teachers does yo	our school have on staff?		One	
Name of Phys. Ed. Instructor 1 Phys. Ed. Instructor 1 Phone Phys. Ed. Instructor 1					or 1 E-mail	
Robert Ryer	sa. msu acc	,, ,	(202) 547-7556	rryer@centercity		
110001111901			(202) 6 17 7666	119 01 0 00110010109	pesions	
Did this physica	l education	instructor have a co	oncentration in physical education	on in college? Y	es	
Please list any p physical educati	•		s or training received by this	none		
Name of Phys. I	Ed. Instructo	or 2	Phys. Ed. Instructor 2 Phone	Phys. Ed. Inst	tructor 2 E-mail	
Did this physica	1 education	instructor have a co	oncentration in physical education	n in college?		
Did tins physica	i caucation	msu detor have a ev	meentration in physical education	in in conege:		
Please list any p physical educati			s or training received by your			
For each grade	in your schoo	ol nlease indicate the	average number of minutes per weel	k during the regular in	structional school week	
		l education instruction		r daming the regular in	on donormal control week	
PS	35	Minutes/Week	Grade 7	30 Minutes/V	Veek	
PK	35	Minutes/Week	Grade 8	30 Minutes/V	Veek	
K		Minutes/Week	Grade 9	Minutes/V	Veek	
Grade 1	35	Minutes/Week	Grade 10	Minutes/V	Veek	
Grade 2	35	Minutes/Week	Grade 11	Minutes/V	Veek	
Grade 3	35	Minutes/Week	Grade 12	Minutes/V	Veek	
Grade 4	35	Minutes/Week	Adult	Minutes/V		
Grade 5	35	Minutes/Week	Other	Minutes/V	Veek	
Grade 6	30	Minutes/Week				
For each grade regular instruction	that receives onal school w	physical education in eek devoted to actua	struction, please indicate the average I physical activity within the physical e	e number of minutes peducation course.	per week during the	
PS	35	Minutes/Week	Grade 7	30 Minutes/V	Veek	
PK	35	Minutes/Week	Grade 8	30 Minutes/V	Veek	
к		Minutes/Week	Grade 9	Minutes/V	Veek	
Grade 1	35	Minutes/Week	Grade 10	Minutes/V	Veek	
Grade 2	35	Minutes/Week	Grade 11	Minutes/V	Veek	
Grade 3	35	Minutes/Week	Grade 12	Minutes/V	Veek	
Grade 4	35	Minutes/Week	Adult	Minutes/V	Veek	
Grade 5	35	Minutes/Week	Other	Minutes/V	Veek	
Grade 6	30	Minutes/Week				
Is the physical ed	Is the physical education instruction based on the OSSE's physical education standards? Yes					
Which physical education curriculum (or curricula) is your school currently using for instruction? DCPS						
Does your school	use a physic	al education or fitness	s assessment tool?	Yes		
If yes, what is the name of the tool? (e.g. FitnessGrams, President's Physical Fitness Test, etc.) Various						
Does your school partner with any outside programs or organizations to satisfy the physical education or physical activity requirements?*						
If yes, what programs or organizations does your school use? P)layWorks						
What strategies does your school use, during or outside of regular school hours, to promote physical activity? (select all that apply)						
✓ Active Recess						
✓ Active Nec		✓ Athletic Program	<u> </u>	Safe Routes to Scho		
☐ None	C. 7 (C. 7)(100	✓ Other (please sp		22.01.00.00.00.00	··	

Section 5: Nutrition Programs	page 5					
Name of Food Service Vendor Revolution Food Services						
What types of nutrition education services does your school provide? (select all that apply)						
None	Multimedia					
✓ Vendor-provided nutrition education	P Posters					
✓ Meal time presentations	Classroom Instruction					
✓ Outside speakers	Handouts/brochures					
Other (please specify):						
Please indicate the number of students that qualify for the following:						
Free Meals 127 Reduced Price Meals	13 Full Price Meals 79					
Does your school offer breakfast to all students?* Yes						
If yes, where is breakfast offered (select all that apply):						
✓ Classroom ✓ Cafeteria ✓ Grab and Go cart ✓ Ott	ner (please specify): varies					
For November 2011, please indicate the average daily participation (nu	mber of students) for the following meals:					
Breakfast - Free Meals 41	Lunch - Free Meals 78					
Breakfast - Reduced Price Meals 6	Lunch - Reduced Price Meals 9					
Breakfast - Full Price Meals 21	Lunch - Full Price Meals 29					
Does your school offer lunch components that meet the Healthy Scho please specify if you serve the following:						
A dark group and/or groups we notable at least three times a way	Yes					
A dark green and/or orange vegetables at least three times a wee Cooked dry beans or peas at least once a week?	Yes					
A different fruit every day of the week?	Yes					
Fresh fruit twice a week?	Yes					
Whole grains at least once a day?	Yes					
Milk each day? :	Yes					
Low-fat (1%) flavored milk						
✓ Low-fat (1%) unflavored milk						
Fat-free (skim) flavored milk						
✓ Fat-free (skim) unflavored milk						
✓ Soy milk						
Lactose-free milk						
Other (please specify):						
Is water available to students during meal times?						
If yes, is it available via (check all that apply):						
✓ Water fountain in the cafeteria	Water fountain in another location					
☐ Water pitcher and cups	✓ Students bring water					
Low-fat (1%) flavored milkOther (please specify):						

Section 5: Nutrition Programs (Con't)	page 6
Does your school participate in the Afterschool Snack Program? Yes	
If yes, please indicate the average daily participation for November 2011. 75	
Does your school participate in the Afterschool Supper Program?	
If yes, please indicate the average daily participation for November 2011.	
Does your school participate in the Fresh Fruit and Vegetable Snack Program?* No	
Does your school participate in the DC Free Summer Meals Program? Yes	
If yes, please indicate the average daily participation for each of the following meals for the summer of 2011:	
Breakfast: no Lunch: yes Supper: no Snack: no	
Does your school serve locally grown and/or locally processed and unprocessed foods at meal times from growers engaged in sustainable agricultural practices?	
If yes, how often?	
✓ Once or twice per day ☐ Three or four times per week ☐ Once or twice per week	
Once or twice per month Other (please specify)	
On average, how many school meals include a locally-grown produce item?*	
☐ Every day☐ Three or four times per week	
One or two times per week	
One or two times per month	
✓ Other (please specify):	
On average, how many meals include a sustainably-grown produce item?*	
✓ Every day	
☐ Three or four times per week	
One or two times per week	
One or two times per month	
Other (please specify):	

Section 6: Local Wellness Policy	page 7
Has your LEA's local wellness policy been submitted to OSSE for review? Yes	
Has your LEA's local wellness policy been distributed to your school's foodservice staff members?	
Has your LEA's local wellness policy been distributed to your school's parent/teacher organization (PTO)?	No
Please indicate which of the following is covered by your LEA's local wellness policy (check all that apply):	
goals for nutrition education, physical activity, and other school-based activities	
✓ nutritional guidelines for all competitive foods served and sold on campus during the school day	
guidelines for school meals, that are not less restrictive than those set at the federal level	
plan for measuring implementation of the local wellness policy	
goals to improve the environmental sustainability of schools	
none of these is covered in our LEA's local wellness policy	
Who at your school is responsible for implementing your LEA's local wellness policy? Principal	
Does your school have vending machines?	
If yes, are these vending machines available only to faculty and staff members?	
If yes, how many vending machines do you have:	
If yes, what are the hours of operation of these vending machines?	
If yes, what items are sold from these vending machines?	
Does your school have a school store?	
If yes, what are the hours of operation for the school store?	
If yes, what food and beverages are sold?	
Does your school have a school wellness council?	
Does your school solicit input from students, parents, staff or community members about foods that are offered for meals or snack? Yes	
If yes, please explain how input is solicited and received. Vendor sponsored activities and surveys	
Is your school in compliance with your LEA's local wellness policy? Yes	

Section 7: Distributing Information	l		page 8		
Where are the following items located at your school?					
LEA's Local Wellness Policy					
☐ This information is not available.					
✓ School Website	✓ School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
School Menu for Breakfast and Lunch					
☐ This information is not av	ailable.				
School Website	✓ School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Nutritional Content of each Menu Item					
☐ This information is not av	ailable.				
☐ School Website	✓ School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Ingredients of each Menu Item					
☐ This information is not av	ailable.				
School Website	✓ School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Information on where fruits and vegetables	s served in schools are grown and	d processed			
☐ This information is not av	ailable.				
School Website	✓ School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Information on whether growers are engag	ged in sustainable agriculture prac	ctices			
☐ This information is not av					
School Website	✓ School Main Office	School Cafeteria or Eating Areas			
Other (please specify):					
Are students and parents informed about t	the availability of vegetarian food	options at your school? Yes			
If yes, where can they find this inform	ation?				
✓ School Website	School Main Office	School Cafeteria or Eating Areas			
Other (please specify):	Yes				
Are students and parents informed about a school?		, such as soy milk, lactose free milk, etc., at your			
HO HO					
If yes, where can they find these option	<u></u>				
✓ School Website ☐ Other (please specify):	School Main Office	School Cafeteria or Eating Areas			
U Ouici (picase specily).	no				

Section 8: School Gardens				page 9
Does your school currently have	e a School Garden?	No		
Name of Garden Contact		Garden Contact E-m	nail	
How many students benefited f	rom the school garden du	ring the 2010-2011 school year?		
How many students have benef	fited from the school gard	len thus far during the 2011-2012	2 school year?	
How is your school garden us	ed? (select all that apply	·)		
Outdoor classroom	Afte	erschool club/program		
Summer enrichment	Cur	rrently this garden is not used		
Other (please specify	y):			
Do students eat food from the	school garden?			
If yes, please describe the eve lessons, etc.)	nts and/or programs that	facilitate this experience. (e.g.	school lunch, snack time, incorpora	ated into
Please list any outside organiz programs.	ations that you have parti	nered with in developing your sci	hool garden and/or school garden	
Which of the following compone	ents are included in your s	school garden? (select all that a	pply)	
Raised beds for edibles		☐ In-ground edibles	Native plants	
Rain garden		Community garden plots	Compost bin/pile	
Garden kitchen (outdoor	or access to indoor)	Greenhouse	Tool shed	
☐ Meeting space for a full	class	Butterfly/Pollinator Garden	Rain Barrel(s)	
Fruit tree(s)				
Other (please specify):				
Has your school participated in	any of the following farm-	-food education in the past year?	(select all that apply)	
Our school did not partic	cipate in farm-food educat	tion		
Our school did not partic	cipate, but would like more	e information on farm-food educa	ation	
Farm field trips		Chef demonstrations		
Participation in DC Farm	າ to School Week	Participation in DC School C	Garden Week	
Other (please specify):				
Section 9: Posting and For	m Availability to Par	rents		
			public charter school shall post the orm available to parents in its office)".
How will you make this information available to parents?				
✓ Online ✓ Copies Available at Main Office				
Other (please specify):				
Is your school sharing information	tion about the Healthy Sc	hools Act in any other ways?	Yes	
If yes, please explain.	parent meetings and	d newsletters		
Submitted Date :	1/27/2012 4:39:00 P	Submitter's Name	e : Jacquelyn Lawlah	