



Office of the State Superintendent of Education

SCHOOL HEALTH PROFILE FORM

Section 1: School Profile			
Type of School:	Public Charter School		
LEA Name:	Capital City		
School Name:	Capital City - Lower		
Street Address	3047 15th Street NW Washington, DC 20009		
Does your school curently have a website?	Yes		
If yes, what is your school's website address?	www.ccpcs.org		
Current number of students enrolled:	241		
Grades Served (select all that apply)			
<input type="checkbox"/> PS	<input checked="" type="checkbox"/> 2	<input checked="" type="checkbox"/> 6	<input type="checkbox"/> 10
<input checked="" type="checkbox"/> PK	<input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> 7	<input type="checkbox"/> 11
<input checked="" type="checkbox"/> K	<input checked="" type="checkbox"/> 4	<input checked="" type="checkbox"/> 8	<input type="checkbox"/> 12
<input checked="" type="checkbox"/> 1	<input checked="" type="checkbox"/> 5	<input type="checkbox"/> 9	<input type="checkbox"/> Adult <input type="checkbox"/> Other
Contact Name:	Janine Gomez		
Contact Job Title	Principal		
Contact Email:	CCoperations@ccpcs.org		

What type of nurse coverage does your school have?	Full Time		
How many school nurses are available at your school?	One		
Name of School Nurse 1:	Shiva Hassani	School Nurse 1 Phone	(202) 387-0309
School Nurse 1 E-mail:	Nurse@ccpcs.org	Suite/Room Location:	
School Nurse 1 Credentials:	RN		
Name of School Nurse 2:		School Nurse 2 Phone	
School Nurse 2 E-mail:		Suite/Room Location:	
School Nurse 2 Credentials:			
Does your school currently have a school-based health center?	Yes		
Does your school currently have a School Mental Health Program or similar services on site for students?	Yes		
What type of mental health clinician coverage does your school have?	Full Time		
How many mental health clinicians are available at your school?	Two		

Are any students required to take health education at your school?	Yes				
How many health education teachers does your school currently have on staff?	One				
Does your school currently have at least one certified or highly qualified health teacher on staff?	Yes				
Does one (or more) health education instructor also serve as physical education instructor?	No				
Name of Health Ed Instructor 1:	Health Ed Instructor 1 Phone	Health Ed Instructor 1 E-mail			
Kathrynmay Malone	(202) 387-0309	kmalone@ccpcs.org			
Did this health education instructor have a concentration in health OR physical education in college?	Yes				
Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications)					
Masters in Health Education					
Name of Health Ed Instructor 2:	Health Ed Instructor 2 Phone	Health Ed Instructor 2 Phone			
Did this health education instructor have a concentration in health OR physical education in college?					
Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications)					
For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that students receive health education instruction.					
PS	60	Minutes/Week	Grade 7	120	Minutes/Week
PK	60	Minutes/Week	Grade 8	120	Minutes/Week
K	60	Minutes/Week	Grade 9		Minutes/Week
Grade 1	60	Minutes/Week	Grade 10		Minutes/Week
Grade 2	60	Minutes/Week	Grade 11		Minutes/Week
Grade 3	60	Minutes/Week	Grade 12		Minutes/Week
Grade 4	60	Minutes/Week	Adult		Minutes/Week
Grade 5	120	Minutes/Week	Other		Minutes/Week
How is health education instruction provided (select all that apply):					
<input checked="" type="checkbox"/> Health education course <input checked="" type="checkbox"/> Incorporated into another course <input type="checkbox"/> Assemblies or presentations <input type="checkbox"/> Other (please specify): <input type="checkbox"/> No health education is provided					
Is the health education instruction based on the OSSE's health education standards?					
Yes					
Which health education curriculum (or curricula) is your school currently using for instruction?					
Developed by the School in Accordance					
Does your school partner with any outside programs or organizations to satisfy the health education requirements?					
Yes					
If yes, what programs or organizations does your school use?					
Latin American Youth Center					

Are any students required to take physical education at your school? Yes

How many physical education teachers does your school have on staff? One

Name of Phys. Ed. Instructor 1	Phys. Ed. Instructor 1 Phone	Phys. Ed. Instructor 1 E-mail
Eric Shegog	(202) 387-0309	Eshegog@ccpcs.org

Did this physical education instructor have a concentration in physical education in college? No

Please list any physical education certifications or training received by this physical education instructor. Personal Trainer Certificate

Name of Phys. Ed. Instructor 2	Phys. Ed. Instructor 2 Phone	Phys. Ed. Instructor 2 E-mail

Did this physical education instructor have a concentration in physical education in college?

Please list any physical education certifications or training received by your physical education instructor.

For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that students receive physical education instruction.

PS	60	Minutes/Week	Grade 7	120	Minutes/Week
PK	60	Minutes/Week	Grade 8	120	Minutes/Week
K		Minutes/Week	Grade 9		Minutes/Week
Grade 1	60	Minutes/Week	Grade 10		Minutes/Week
Grade 2	60	Minutes/Week	Grade 11		Minutes/Week
Grade 3	60	Minutes/Week	Grade 12		Minutes/Week
Grade 4	60	Minutes/Week	Adult		Minutes/Week
Grade 5	120	Minutes/Week	Other		Minutes/Week
Grade 6	120	Minutes/Week			

For each grade that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to actual physical activity within the physical education course.

PS	55	Minutes/Week	Grade 7	90	Minutes/Week
PK	55	Minutes/Week	Grade 8	90	Minutes/Week
K		Minutes/Week	Grade 9		Minutes/Week
Grade 1	55	Minutes/Week	Grade 10		Minutes/Week
Grade 2	55	Minutes/Week	Grade 11		Minutes/Week
Grade 3	55	Minutes/Week	Grade 12		Minutes/Week
Grade 4	55	Minutes/Week	Adult		Minutes/Week
Grade 5	90	Minutes/Week	Other		Minutes/Week
Grade 6	90	Minutes/Week			

Is the physical education instruction based on the OSSE's physical education standards? Yes

Which physical education curriculum (or curricula) is your school currently using for instruction? Developed in House

Does your school use a physical education or fitness assessment tool? Yes
 If yes, what is the name of the tool? (e.g. FitnessGrams, President's Physical Fitness Test, etc.) School Fitness Test

Does your school partner with any outside programs or organizations to satisfy the physical education or physical activity requirements? Yes
 If yes, what programs or organizations does your school use? Girard Street-Parks and Recreation Center

What strategies does your school use, during or outside of regular school hours, to promote physical activity? (select all that apply)

<input type="checkbox"/> Active Recess	<input checked="" type="checkbox"/> Movement in the Classroom	<input checked="" type="checkbox"/> Walk or Bike to School
<input checked="" type="checkbox"/> After-School Activities	<input checked="" type="checkbox"/> Athletic Programs	<input type="checkbox"/> Safe Routes to School
<input type="checkbox"/> None	<input type="checkbox"/> Other (please specify): no	

Name of Food Service Vendor **Revolution Food Services**

What types of nutrition education services does your school provide? (select all that apply)

- None

 Multimedia
 Vendor-provided nutrition education

 Posters
 Meal time presentations

 Classroom Instruction
 Outside speakers

 Handouts/brochures
 Other (please specify):

Please indicate the number of students that qualify for the following:

Free Meals **88** Reduced Price Meals **25** Full Price Meals **128**

Does your school offer breakfast to all students?* **Yes**

If yes, where is breakfast offered (select all that apply):

- Classroom
 Cafeteria
 Grab and Go cart
 Other (please specify):

For November 2011, please indicate the average daily participation (number of students) for the following meals:

Breakfast - Free Meals	35	Lunch - Free Meals	79
Breakfast - Reduced Price Meals	11	Lunch - Reduced Price Meals	22
Breakfast - Full Price Meals	46	Lunch - Full Price Meals	26

Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch menu criteria, if so please specify if you serve the following:

- A different vegetable each day of the week? **Yes**
 A dark green and/or orange vegetables at least three times a week? **Yes**
 Cooked dry beans or peas at least once a week? **Yes**
 A different fruit every day of the week? **Yes**
 Fresh fruit twice a week? **Yes**
 Whole grains at least once a day? **Yes**
 Milk each day? : **Yes**
 Low-fat (1%) flavored milk
 Low-fat (1%) unflavored milk
 Fat-free (skim) flavored milk
 Fat-free (skim) unflavored milk
 Soy milk
 Lactose-free milk
 Other (please specify):

Is water available to students during meal times? **Yes****If yes, is it available via (check all that apply):**

- Water fountain in the cafeteria

 Water fountain in another location
 Water pitcher and cups

 Students bring water
 Low-fat (1%) flavored milk Other (please specify):

Does your school participate in the Afterschool Snack Program? Yes No

If yes, please indicate the average daily participation for November 2011. 239

Does your school participate in the Afterschool Supper Program? Yes No

If yes, please indicate the average daily participation for November 2011.

Does your school participate in the Fresh Fruit and Vegetable Snack Program?* Yes No

Does your school participate in the DC Free Summer Meals Program? Yes No

If yes, please indicate the average daily participation for each of the following meals for the summer of 2011:

Breakfast: no yes Lunch: no yes Supper: no yes Snack: no yes

Does your school serve locally grown and/or locally processed and unprocessed foods at meal times from growers engaged in sustainable agricultural practices? Yes No

If yes, how often?

Once or twice per day Three or four times per week Once or twice per week

Once or twice per month Other (please specify) _____

On average, how many school meals include a locally-grown produce item?*

Every day

Three or four times per week

One or two times per week

One or two times per month

Other (please specify): _____

On average, how many meals include a sustainably-grown produce item?*

Every day

Three or four times per week

One or two times per week

One or two times per month

Other (please specify): _____

Has your LEA's local wellness policy been submitted to OSSE for review? Yes

Has your LEA's local wellness policy been distributed to your school's foodservice staff members? Yes

Has your LEA's local wellness policy been distributed to your school's parent/teacher organization (PTO)? No

Please indicate which of the following is covered by your LEA's local wellness policy (check all that apply):

- goals for nutrition education, physical activity, and other school-based activities
- nutritional guidelines for all competitive foods served and sold on campus during the school day
- guidelines for school meals, that are not less restrictive than those set at the federal level
- plan for measuring implementation of the local wellness policy
- goals to improve the environmental sustainability of schools
- none of these is covered in our LEA's local wellness policy

Who at your school is responsible for implementing your LEA's local wellness policy? Principals, Operations Department

Does your school have vending machines? No

If yes, are these vending machines available only to faculty and staff members?

If yes, how many vending machines do you have:

If yes, what are the hours of operation of these vending machines?

If yes, what items are sold from these vending machines?

Does your school have a school store? No

If yes, what are the hours of operation for the school store?

If yes, what food and beverages are sold?

Does your school have a school wellness council? No

Does your school solicit input from students, parents, staff or community members about foods that are offered for meals or snack? Yes

If yes, please explain how input is solicited and received.

Through a weekly publication to all parents.

Is your school in compliance with your LEA's local wellness policy? Yes

Where are the following items located at your school?

LEA's Local Wellness Policy

- This information is not available.
- School Website School Main Office School Cafeteria or Eating Areas
- Other (please specify):

School Menu for Breakfast and Lunch

- This information is not available.
- School Website School Main Office School Cafeteria or Eating Areas
- Other (please specify):

Nutritional Content of each Menu Item

- This information is not available.
- School Website School Main Office School Cafeteria or Eating Areas
- Other (please specify): Held in Operations Office

Ingredients of each Menu Item

- This information is not available.
- School Website School Main Office School Cafeteria or Eating Areas
- Other (please specify): Held in Operations Office

Information on where fruits and vegetables served in schools are grown and processed

- This information is not available.
- School Website School Main Office School Cafeteria or Eating Areas
- Other (please specify):

Information on whether growers are engaged in sustainable agriculture practices

- This information is not available.
- School Website School Main Office School Cafeteria or Eating Areas
- Other (please specify): We consult Revolution Foods

Are students and parents informed about the availability of vegetarian food options at your school? Yes

If yes, where can they find this information?

- School Website School Main Office School Cafeteria or Eating Areas
- Other (please specify): Yes

Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school? no

If yes, where can they find these options?

- School Website School Main Office School Cafeteria or Eating Areas
- Other (please specify): no

Does your school currently have a School Garden?

Name of Garden Contact <input type="text"/>	Garden Contact E-mail <input type="text"/>
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How many students benefited from the school garden during the 2010-2011 school year?

How many students have benefited from the school garden thus far during the 2011-2012 school year?

How is your school garden used? (select all that apply)

- Outdoor classroom
- Afterschool club/program
- Summer enrichment
- Currently this garden is not used
- Other (please specify):

Do students eat food from the school garden?

If yes, please describe the events and/or programs that facilitate this experience. (e.g. school lunch, snack time, incorporated into lessons, etc.)

Please list any outside organizations that you have partnered with in developing your school garden and/or school garden programs.

Which of the following components are included in your school garden? (select all that apply)

- Raised beds for edibles
- In-ground edibles
- Native plants
- Rain garden
- Community garden plots
- Compost bin/pile
- Garden kitchen (outdoor or access to indoor)
- Greenhouse
- Tool shed
- Meeting space for a full class
- Butterfly/Pollinator Garden
- Rain Barrel(s)
- Fruit tree(s)
- Other (please specify):

Has your school participated in any of the following farm-food education in the past year? (select all that apply)

- Our school did not participate in farm-food education
- Our school did not participate, but would like more information on farm-food education
- Farm field trips
- Chef demonstrations
- Participation in DC Farm to School Week
- Participation in DC School Garden Week
- Other (please specify):

Section 9: Posting and Form Availability to Parents

According to section 602(c) of the Healthy School Act of 2010, "each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office".

How will you make this information available to parents?

- Online
- Copies Available at Main Office
- Other (please specify):

Is your school sharing information about the Healthy Schools Act in any other ways?

If yes, please explain.

Submitted Date :

Submitter's Name :