

District of Columbia Youth Risk Behavior Survey 2012—Appendices



Alcohol, Tobacco and Other Drugs—Summary Data Appendix

High School Data

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Alcohol Use						
Percentage of students who had at least one drink of alcohol on one or more days during their lifetime	66.8% [†] (64.5-69.0) 3,415	64.4% (60.6-68.0) 1,291	68.2% (65.3-71.0) 2,002	58.4% (57.2-59.7) 9,859	54.5% (52.8-56.1) 4,400	61.9% (60.4-63.4) 5,389
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	25.4% (23.2-27.8) 3,678	30.5% (27.1-34.2) 1,412	21.5% (19.2-24.0) 2,128	22.0% (21.1-23.0) 10,199	23.4% (22.1-24.8) 4,557	20.4% (19.2-21.7) 5,556
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	34.2% (31.9-36.6) 3,034	31.3% (27.5-35.4) 1,147	36.1% (33.1-39.3) 1,783	31.4% (30.2-32.5) 9,534	28.7% (27.2-30.2) 4,219	33.5% (32.0-35.0) 5,256
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	12.7% (11.1-14.5) 3,551	15.6% (12.7-19.1) 1,354	10.8% (8.8-13.0) 2,069	12.3% (11.6-13.2) 9,847	12.0% (11.0-13.1) 4,363	12.4% (11.4-13.4) 5,418
Tobacco Use						
Percentage of students who smoked a whole cigarette for the first time before age 13 years	12.4% (10.8-14.2) 3,362	16.1% (13.2-19.5) 1,276	9.6% (8.0-11.5) 1,964	9.7% (9.1-10.4) 10,347	11.7% (10.7-12.8) 4,650	7.3% (6.6-8.1) 5,613
Percentage of students who smoked a cigarette in the past 30 days	—	—	—	13.8% (13.0-14.5) 10,319	16.7% (15.5-17.8) 4,633	10.4% (9.5-11.3) 5,595
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	5.1% (3.9-6.6) 3,651	8.2% (5.9-11.1) 1,391	2.6% (1.8-3.8) 2,128	4.3% (3.8-4.9) 10,340	5.1% (4.3-6.0) 4,643	2.9% (2.4-3.5) 5,604
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	10.4% (8.8-12.2) 3,699	14.7% (12.1-17.8) 1,424	6.6% (5.4-8.1) 2,137	16.5% (15.7-17.3) 10,392	18.0% (16.8-19.3) 4,660	14.3% (13.4-15.4) 5,637
Marijuana Use						
Percentage of students who tried marijuana for the first time before age 13 years	11.4% (10.0-13.0) 3,513	16.5% (13.6-19.8) 1,330	8.0% (6.6-9.6) 2,058	17.5% (16.6-18.5) 10,016	22.6% (21.2-24.1) 4,453	12.6% (11.6-13.7) 5,484
Percentage of students who used marijuana one or more times during the past 30 days	20.5% (18.6-22.6) 3,448	22.6% (19.6-25.9) 1,296	19.1% (16.5-21.9) 2,033	32.2% (31.0-33.3) 9,923	33.9% (32.3-33.3) 4,402	30.4% (28.9-31.9) 5,446

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Alcohol, Tobacco and Other Drugs—Summary Data Appendix (cont.)

High School Data (cont.)

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Marijuana Use (cont.)						
Percentage of students who used synthetic marijuana (also called K2, Spice, RedXDawn, fake weed, Skunk, Moon Rocks, or Hannah Montana) one or more times during their lifetime	— †	—	—	20.0% (19.0-21.0) 9,953	21.3% (19.9-22.8) 4,409	18.1% (17.0-19.3) 5,448
Other Drug Use						
Percentage of students who used any form of cocaine, including powder, crack, or freebase, one or more times during their lifetime	5.9% (4.6-7.5) 3,555	9.7% (7.3-12.7) 1,336	3.2% (2.2-4.5) 2,089	6.4% (5.9-7.0) 9,924	7.8% (6.9-8.7) 4,398	4.4% (3.8-5.1) 5,434
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their lifetime	10.7% (9.3-12.3) 3,645	11.8% (9.3-14.8) 1,387	9.2% (7.9-10.8) 2,120	13.4% (12.6-14.2) 9,825	12.1% (11.0-13.2) 4,348	13.9% (12.9-15.0) 5,388
Percentage of students who used heroin one or more times during their lifetime	5.2% (4.0-6.8) 3,628	8.7% (6.4-11.9) 1,382	2.4% (1.6-3.5) 2,109	4.3% (3.9-4.9) 9,945	5.2% (4.6-6.0) 4,403	2.8% (2.4-3.4) 5,449
Percentage of students who used methamphetamines one or more times during their lifetime	5.8% (4.5-7.3) 3,602	9.4% (7.1-12.2) 1,374	3.0% (2.0-4.4) 2,093	4.6% (4.1-5.2) 9,915	5.5% (4.7-6.4) 4,387	3.0% (2.5-3.6) 5,435
Percentage of students who used ecstasy one or more times during their lifetime	7.5% (6.3-9.0) 3,636	10.9% (8.5-13.9) 1,386	4.7% (3.6-6.0) 2,113	7.5% (6.9-8.2) 9,805	9.1% (8.1-10.1) 4,322	5.6% (4.9-6.3) 5,391
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their lifetime	6.1% (4.8-7.8) 3,673	9.5% (7.0-12.8) 1,400	3.3% (2.3-4.7) 2,133	4.5% (4.0-5.0) 9,908	5.3% (4.6-6.2) 4,385	3.0% (2.5-3.6) 5,428
Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their lifetime	—	—	—	13.5% (12.8-14.3) 9,835	14.9% (13.7-16.1) 4,340	11.6% (10.7-12.5) 5,406
Percentage of students who used any illegal drugs one or more times during the past 30 days	—	—	—	25.3% (24.3-26.4) 9,748	26.5% (25.1-28.0) 4,301	23.8% (22.5-25.1) 5,355
ATOD Behaviors and Perceptions						
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	29.0% (26.8-31.3) 3,773	28.4% (25.3-31.7) 1,463	28.0% (25.3-30.9) 2,169	25.5% (24.6-26.4) 10,622	25.1% (23.8-26.5) 4,785	25.2% (24.0-26.4) 5,749
Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days	6.5% (5.3-7.9) 3,643	9.2% (7.0-12.1) 1,404	4.7% (3.5-6.3) 2,107	11.2% (10.1-12.4) 3,896	12.6% (10.9-14.4) 1,918	8.9% (7.7-10.3) 1,937
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	17.4% (15.0-20.1) 1,118	22.3% (17.7-27.6) 439	14.3% (11.4-17.8) 637	20.5% (19.0-22.2) 2,972	24.9% (22.5-27.5) 1,445	16.0% (14.2-17.9) 1,512

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Alcohol, Tobacco and Other Drugs—Summary Data Appendix (cont.)

High School Data (cont.)

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
ATOD Behaviors and Perceptions (cont.)						
Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke synthetic marijuana (also called K2, Spice, RedXDawn, fake weed, Skunk, Moon Rocks, or Hannah Montana) once a month	— †	—	—	38.4% (37.3-39.6) 9,851	38.8% (37.2-40.4) 4,363	38.3% (36.9-39.8) 5,403
Percentage of students who think their close friends would strongly approve or approve if they were having one or more drinks of alcohol (beer, wine, or liquor) nearly every day	—	—	—	20.1% (19.2-21.1) 10,026	23.1% (21.7-24.6) 4,455	17.1% (16.0-18.2) 5,485
Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice a week	—	—	—	27.2% (26.2-28.2) 10,007	24.2% (22.9-25.6) 4,441	30.0% (28.6-31.3) 5,490
Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they use marijuana once a month	—	—	—	13.4% (12.6-14.2) 9,996	11.9% (10.8-13.1) 4,442	14.8% (13.7-15.9) 5,475
Percentage of students who think their close friends would strongly approve or approve if they were using marijuana once a month or more	—	—	—	31.8% (30.8-32.9) 9,947	35.3% (33.7-37.0) 4,409	28.3% (26.9-29.7) 5,449
Percentage of students who have talked with at least one parent or guardian about the dangers of tobacco, alcohol, or drug use during the past 12 months	—	—	—	47.0% (45.9-48.1) 8,714	48.4% (46.7-50.2) 3,785	45.8% (44.3-47.2) 4,862
Percentage of students who have seen or heard any alcohol, tobacco, or other drug prevention messages from sources outside their school, such as on posters, flyers, the radio, the Internet, or TV, during the past 12 months	—	—	—	63.3% (62.1-64.4) 8,761	60.9% (59.2-62.5) 3,821	65.6% (64.1-67.1) 4,878

Middle School Data

Alcohol Use						
Percentage of students who had their first drink of alcohol other than a few sips before age 11 years	17.6% (16.0-19.3) 3,579	18.7% (16.5-21.1) 1,726	16.4% (14.3-18.7) 1,837	14.2% (13.5-15.0) 8,941	15.1% (14.0-16.2) 4,349	13.2% (12.3-14.3) 4,550
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	—	—	—	12.6% (11.8-13.6) 9,164	11.9% (10.9-12.9) 4,444	13.2% (12.0-14.5) 4,677
Tobacco Use						
Percentage of students who smoked a whole cigarette for the first time before age 11 years	7.0% (6.0-8.2) 3,726	8.4% (7.0-10.1) 1,796	5.5% (4.4-6.9) 1,913	4.6% (4.2-5.1) 9,108	5.3% (4.6-6.0) 4,430	3.9% (3.4-4.5) 4,637
Percentage of students who smoked cigarettes on one or more of the past 30 days	7.6% (6.6-8.8) 3,676	9.4% (7.5-11.6) 1,754	5.8% (4.6-7.3) 1,910	5.0% (4.5-5.6) 9,269	5.5% (4.8-6.3) 4,514	4.3% (3.7-5.0) 4,712

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† Percentage, confidence interval, number of respondents

Alcohol, Tobacco and Other Drugs—Summary Data Appendix (cont.)

Middle School Data (cont.)

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Tobacco Use (cont.)						
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	4.5% [†] (3.7-5.5) 4,032	5.9% (4.7-7.5) 1,959	3.0% (2.2-4.0) 2,054	2.3% (2.0-2.7) 9,201	2.7% (2.2-3.3) 4,467	1.7% (1.4-2.2) 4,691
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	7.5% (6.4-8.8) 3,991	9.2% (7.4-11.4) 1,941	5.6% (4.7-6.7) 2,030	6.4% (5.8-7.0) 9,283	7.2% (6.4-8.1) 4,509	5.4% (4.7-6.2) 4,730
Marijuana Use						
Percentage of students who tried marijuana for the first time before age 11 years	5.6% (4.7-6.6) 3,768	7.3% (5.9-9.0) 1,796	3.8% (2.9-5.1) 1,955	4.7% (4.2-5.2) 9,113	6.4% (5.6-7.3) 4,407	2.8% (2.4-3.4) 4,662
Percentage of students who used marijuana one or more times during the past 30 days	—	—	—	9.3% (8.5-10.1) 9,084	10.0% (8.9-11.1) 4,391	8.4% (7.5-9.4) 4,649
Percentage of students who used synthetic marijuana (also called K2, Spice, RedXDawn, fake weed, Skunk, Moon Rocks, or Hannah Montana) one or more times during their lifetime	—	—	—	10.2% (9.2-11.0) 9,082	10.7% (9.7-11.7) 4,393	9.5% (8.5-10.5) 4,647
Other Drug Use						
Percentage of students who ever used any form of cocaine, including powder, crack, or freebase	5.2% (4.4-6.1) 3,945	6.3% (5.1-7.9) 1,904	4.1% (3.1-5.4) 2,027	4.8% (4.3-5.3) 9,034	5.5% (4.8-6.3) 4,359	4.1% (3.5-4.7) 4,636
Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high	11.9% (10.6-13.3) 3,947	10.3% (8.8-12.2) 1,909	13.4% (11.6-15.4) 2,025	10.5% (9.8-11.3) 9,013	8.8% (8.0-9.7) 4,335	12.1% (11.1-13.3) 4,639
Percentage of students who ever took steroid pills or shots without a doctor's prescription	3.8% (3.1-4.7) 3,922	5.1% (4.0-6.6) 1,891	2.5% (1.8-3.5) 2,017	3.1% (2.7-3.4) 8,958	3.8% (3.2-4.4) 4,313	2.3% (1.8-2.8) 4,609
Percentage of students who ever took a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription	—	—	—	4.5% (4.1-5.0) 8,976	5.1% (4.5-5.8) 4,312	3.9% (3.4-4.6) 4,628
ATOD Behaviors and Perceptions						
Percentage of students who ever rode in a car driven by someone who had been drinking alcohol	27.8% (26.2-29.4) 3,969	27.8% (25.8-29.8) 1,935	27.7% (25.7-29.9) 2,020	19.5% (18.6-20.6) 9,192	17.5% (16.2-18.7) 4,469	21.5% (20.1-23.0) 4,685
Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice a week	—	—	—	26.4% (25.4-27.4) 9,012	24.7% (23.3-26.1) 4,374	28.1% (26.7-29.5) 4,598

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Alcohol, Tobacco and Other Drugs—Summary Data Appendix (cont.)

Middle School Data (cont.)

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
ATOD Behaviors and Perceptions (cont.)						
Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they use marijuana once a month	— †	—	—	23.5% (22.6-24.4) 8,957	21.9% (20.6-23.2) 4,349	25.2% (23.9-26.5) 4,571
Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke synthetic marijuana (also called K2, Spice, RedXDawn, fake weed, Skunk, Moon Rocks, or Hannah Montana) one or more times once a month	—	—	—	29.7% (28.6-30.8) 8,805	29.4% (27.8-30.9) 4,258	29.9% (28.5-31.4) 4,509
Percentage of students who have seen or heard any alcohol, tobacco, or other drug prevention messages from sources outside their school, such as on posters, flyers, the radio, the Internet, or TV, during the past 12 months	—	—	—	55.7% (54.4-56.9) 8,415	55.1% (53.4-56.7) 4,018	56.3% (54.6-58.0) 4,359

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Emotional Health and Wellness—Summary Data Appendix

High School Data

Question Text	2007*	2007	2007	2012*	2012	2012
	Total	Male	Female	Total	Male	Female
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	28.3% [†] (26.3-30.3) 3,681	23.1% (20.4-26.0) 1,414	32.4% (29.7-35.1) 2,135	25.5% (24.5-26.4) 10,438	19.0% (17.8-20.4) 4,688	31.3% (30.0-32.6) 5,687
Percentage of students who seriously considered attempting suicide during the past 12 months	15.1% (13.5-16.9) 3,736	13.7% (11.3-16.6) 1,440	16.3% (14.1-18.7) 2,163	14.8% (14.0-15.5) 10,386	9.9% (9.1-10.9) 4,660	18.9% (17.9-20.0) 5,663
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	12.5% (11.0-14.1) 3,721	12.6% (10.3-15.4) 1,437	12.7% (10.9-14.6) 2,151	14.7% (14.0-15.4) 10,424	10.6% (9.8-11.6) 4,682	18.1% (17.1-19.2) 5,672
Percentage of students who actually attempted suicide one or more times during the past 12 months	12.7% (11.1-14.5) 2,957	11.6% (9.2-14.6) 1,109	12.8% (10.8-15.1) 1,740	13.4% (12.6-14.3) 8,424	10.8% (9.7-12.0) 3,653	15.1% (14.0-16.2) 4,697
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	4.1% (3.2-5.1) 2,946	4.2% (2.9-6.2) 1,097	4.0% (3.0-5.4) 1,750	5.3% (4.8-5.9) 8,215	5.0% (4.3-5.9) 3,554	5.4% (4.7-6.2) 4,602
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	13.6% (12.1-15.1) 3,417	12.7% (10.5-15.3) 1,270	14.4% (12.4-16.6) 2,025	15.3% (14.3-16.2) 9,284	12.8% (11.6-14.1) 4,016	17.3% (16.2-18.4) 5,201
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	6.6% (5.4-8.1) 3,448	9.2% (6.8-12.3) 1,287	4.7% (3.6-6.1) 2,037	5.4% (4.9-6.0) 9,108	6.1% (5.3-7.0) 3,932	4.7% (4.1-5.3) 5,120
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.0% (5.0-7.1) 3,376	7.2% (5.3-9.6) 1,263	5.1% (3.9-6.7) 1,997	6.3% (5.7-6.9) 8,997	6.7% (5.8-7.7) 3,898	5.7% (5.0-6.4) 5,040

Middle School Data

Percentage of students who ever seriously thought about killing themselves	24.7% (22.8-26.8) 3,998	19.8% (17.8-22.0) 1,947	29.6% (26.5-32.8) 2,034	21.7% (20.7-22.8) 9,281	15.8% (14.7-16.9) 4,531	27.7% (26.1-29.3) 4,710
Percentage of students who ever made a plan about how they would kill themselves	13.5% (12.2-14.9) 4,044	11.5% (9.7-13.6) 1,967	15.4% (13.7-17.4) 2,060	12.8% (12.0-13.7) 9,272	10.0% (9.1-11.0) 4,525	15.6% (14.3-16.9) 4,706
Percentage of students who ever tried to kill themselves	13.3% (11.9-14.9) 4,011	10.8% (9.2-12.7) 1,954	15.7% (13.7-18.0) 2,042	10.2% (9.5-10.9) 9,226	7.6% (6.9-8.5) 4,505	12.7% (11.6-13.8) 4,680

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

[†] Percentage, confidence interval, number of respondents

Emotional Health and Wellness—Summary Data Appendix (cont.)

Middle School Data (cont.)

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight	20.7% [†] (19.0-22.5) 3,752	19.5% (17.2-22.1) 1,786	21.7% (19.7-23.9) 1,949	21.3% (20.5-22.2) 8,766	19.6% (18.4-20.9) 4,184	23.0% (21.7-24.3) 4,542
Percentage of students who have ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight	7.0% (5.9-8.5) 3,753	8.2% (6.5-10.3) 1,791	5.9% (4.7-7.3) 1,950	4.3% (3.8-4.7) 8,756	4.1% (3.5-4.8) 4,169	4.4% (3.8-5.1) 4,547
Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	9.4% (8.3-10.6) 3,648	11.1% (9.6-12.8) 1,755	7.7% (6.4-9.3) 1,880	7.1% (6.6-7.8) 8,617	7.3% (6.5-8.2) 4,123	7.0% (6.2-7.9) 4,457

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

[†] Percentage, confidence interval, number of respondents

Nutrition, Physical Activity and Sedentary Behaviors—Summary Data Appendix

High School Data

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Nutrition						
Percentage of students who drank 100% fruit juices one or more times during the past seven days	81.5% [†] (79.7-83.1) 3,429	79.7% (76.2-82.8) 1,283	82.7% (80.6-84.7) 2,018	78.2% (77.3-79.1) 9,263	79.3% (77.9-80.7) 4,031	77.5% (76.2-78.7) 5,148
Percentage of students who ate fruit one or more times during the past seven days	77.5% (75.6-79.4) 3,480	75.9% (72.7-78.9) 1,312	79.1% (76.4-81.5) 2,036	82.9% (82.0-83.8) 9,226	82.1% (80.7-83.5) 4,017	83.7% (82.4-84.8) 5,120
Percentage of students who ate green salad one or more times during the past seven days	59.5% (57.1-61.8) 3,462	55.7% (51.6-59.7) 1,309	62.0% (59.2-64.8) 2,023	56.9% (55.8-58.0) 9,107	55.1% (53.4-56.9) 3,960	58.3% (56.8-59.8) 5,064
Percentage of students who ate potatoes one or more times during the past seven days	56.6% (54.3-58.9) 3,422	59.2% (55.2-63.1) 1,289	54.6% (51.7-57.5) 2,005	56.8% (55.7-57.9) 9,164	58.3% (56.6-59.9) 3,998	55.4% (53.9-56.8) 5,078
Percentage of students who ate carrots one or more times during the past seven days	35.4% (33.0-37.8) 3,440	40.5% (36.6-44.7) 1,298	31.6% (28.8-34.6) 2,013	38.0% (36.8-39.2) 9,115	42.5% (40.8-44.3) 3,968	33.6% (32.0-35.1) 5,060
Percentage of students who ate other vegetables one or more times during the past seven days	77.1% (75.3-78.8) 3,429	74.9% (71.9-77.7) 1,293	78.4% (76.0-80.7) 2,006	79.2% (78.2-80.2) 9,009	78.4% (76.9-79.7) 3,921	79.9% (78.6-81.2) 5,009
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	29.7% (27.6-31.9) 3,398	31.2% (27.5-35.2) 1,281	28.9% (26.2-31.8) 1,988	23.4% (22.5-24.4) 9,070	24.1% (22.7-25.6) 3,949	22.8% (21.5-24.2) 5,035
Percentage of students who ate breakfast on all of the past seven days	—	—	—	24.5% (23.4-25.5) 9,005	28.0% (26.5-29.6) 3,908	21.7% (20.4-23.0) 5,014
Percentage of students who ate at a fast food chain or carry out restaurant on one or more of the past seven days	—	—	—	77.1% (76.1-78.1) 8,945	74.9% (73.4-76.3) 3,884	79.0% (77.8-80.2) 4,974
Physical Activity						
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days	28.4% (26.6-30.3) 3,378	32.8% (29.6-36.1) 1,270	25.0% (22.8-27.3) 1,978	28.1% (27.1-29.2) 8,956	36.1% (34.3-37.8) 3,901	21.2% (20.0-22.5) 4,969
Percentage of students who played on one or more sports teams during the past 12 months	48.6% (46.3-51.0) 3,275	60.5% (56.9-64.1) 1,220	40.3% (37.4-43.2) 1,934	54.5% (53.2-55.8) 8,839	62.1% (60.2-63.9) 3,865	47.8% (46.1-49.4) 4,902
Sedentary Behaviors						
Percentage of students who watched three or more hours per day of TV on an average school day	51.4% (49.0-53.7) 3,302	49.5% (45.2-53.8) 1,240	51.9% (49.0-54.9) 1,936	40.1% (38.9-41.2) 8,872	39.5% (37.8-41.2) 3,857	40.8% (39.2-42.4) 4,936

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Nutrition, Physical Activity and Sedentary Behaviors—Summary Data Appendix (cont.)

High School Data (cont.)

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Sedentary Behaviors (cont.)						
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	27.1% [†] (25.2-29.0) 3,363	30.4% (26.9-34.2) 1,270	25.0% (22.9-27.3) 1,967	40.4% (39.2-41.6) 8,975	40.3% (38.6-42.0) 3,917	40.6% (39.1-42.2) 4,975
Well-being						
Percentage of students who describe themselves as slightly or very overweight	21.5% (23.6-27.5) 3,539	19.6% (16.7-22.9) 1,337	29.2% (26.6-32.0) 2,069	24.6% (23.6-25.6) 9,492	19.0% (17.7-20.4) 4,154	29.5% (28.2-30.8) 5,254
Percentage of students who were trying to lose weight	41.8% (39.4-44.1) 3,501	30.3% (26.7-34.1) 1,314	49.7% (46.5-53.0) 2,057	42.5% (41.4-43.7) 9,433	31.5% (29.9-33.1) 4,122	52.3% (50.9-53.7) 5,238
Percentage of students who have ever been told by a doctor or nurse that they had asthma	26.4% (24.6-28.4) 3,298	28.1% (25.0-31.6) 1,232	24.9% (22.7-27.2) 1,947	31.0% (30.1-32.0) 8,874	33.5% (32.0-35.1) 3,868	28.8% (27.6-30.1) 4,937
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days	51.7% (49.5-53.9) 3,456	51.1% (47.7-54.6) 1,282	51.8% (48.7-54.8) 2,050	54.9% (53.9-56.0) 9,182	56.6% (55.1-58.2) 3,979	53.6% (52.1-55.0) 5,141
Percentage of students who most of the time or always went hungry during the past 30 days because there was not enough food in their home	—	—	—	4.8% (4.3-5.2) 8,923	4.5% (3.9-5.3) 3,877	4.7% (4.1-5.4) 4,970

Middle School Data

Well-being						
Percentage of students who describe themselves as slightly or very overweight	19.9% (18.5-21.5) 3,909	17.6% (15.5-19.9) 1,884	22.1% (20.0-24.3) 2,007	20.8% (19.8-21.7) 8,814	17.2% (16.1-18.4) 4,243	24.2% (22.9-25.6) 4,533
Percentage of students who were trying to lose weight	41.0% (39.1-42.9) 3,818	34.1% (31.8-36.5) 1,838	47.7% (45.1-50.3) 1,962	42.9% (41.8-44.1) 8,787	36.7% (35.1-38.3) 4,213	49.1% (47.5-50.7) 4,536
Percentage of students who played on one or more sports teams during the past 12 months	51.7% (49.5-53.9) 3,456	51.1% (47.7-54.6) 1,282	51.8% (48.7-54.8) 2,050	71.1% (70.0-72.2) 8,729	75.3% (73.8-76.6) 4,171	67.2% (65.7-68.8) 4,519
Percentage of students who have ever been told by a doctor or nurse that they had asthma	26.2% (24.7-27.8) 3,599	28.8% (26.7-30.9) 1,737	23.6% (21.5-26.0) 1,846	27.8% (26.9-28.7) 8,686	28.1% (26.7-29.5) 4,131	27.5% (26.3-28.9) 4,520
Percentage of students who most of the time or always went hungry during the past 30 days because there was not enough food in their home	—	—	—	2.4% (2.1-2.8) 8,591	2.4% (2.0-3.0) 4,098	2.3% (1.9-2.8) 4,456

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Sexual Health—Summary Data Appendix

High School Data

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Percentage of students who ever had sexual intercourse	56.5% [†] (53.6-59.3) 2,910	64.1% (60.4-67.7) 1,054	51.0% (47.0-55.0) 1,759	53.5% (52.0-54.9) 8,537	61.5% (59.6-63.3) 3,636	46.7% (44.9-48.6) 4,860
Percentage of students who had sexual intercourse for the first time before age 13 years	12.9% (11.5-14.5) 2,958	22.9% (19.9-26.2) 1,075	6.2% (4.9-7.8) 1,781	14.9% (13.8-16.0) 8,528	25.2% (23.4-27.0) 3,645	6.1% (5.4-6.9) 4,834
Percentage of students who had sexual intercourse with four or more people during their lifetime	20.3% (18.2-22.6) 2,940	29.9% (25.7-34.3) 1,064	14.3% (12.0-17.0) 1,776	21.7% (20.5-22.8) 8,388	33.0% (31.2-34.9) 3,557	12.2% (11.2-13.4) 4,779
Percentage of students who had sexual intercourse with one or more people during the past three months	40.6% (37.6-43.7) 2,944	43.3% (38.9-47.9) 1,067	38.8% (34.9-42.8) 1,776	36.6% (35.3-38.0) 8,450	42.2% (40.4-44.1) 3,586	31.9% (30.2-33.5) 4,815
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	69.9% (66.4-73.2) 1,085	74.8% (68.4-80.2) 429	66.2% (61.3-70.7) 616	70.1% (68.2-71.8) 2,904	78.2% (75.7-80.4) 1,395	62.0% (59.3-64.6) 1,492
Percentage of students who have ever been taught in school about AIDS or HIV infection	85.3% (83.4-86.9) 3,303	81.3% (78.4-83.9) 1,235	87.6% (85.4-89.6) 1,944	82.6% (81.6-83.6) 8,776	80.0% (78.5-81.4) 3,825	85.4% (84.1-86.5) 4,882
Among students who have had sexual intercourse, the percentage whose partners were three or more years older than themselves the last time they had sexual intercourse	—	—	—	14.5% (13.5-15.5) 4,771	10.2% (9.0-11.5) 2,399	19.2% (17.6-20.9) 2,328
Percentage of students who responded that they or their partner used a condom the last time they had anal sex	—	—	—	12.5% (11.8-13.3) 9,427	16.2% (15.1-17.5) 4,130	9.2% (8.4-10.2) 5,233
Percentage of students who responded that they or their partner had ever used a female condom when they had sexual intercourse during their lifetime	—	—	—	7.9% (7.2-8.6) 8,760	10.4% (9.3-11.6) 3,781	5.5% (4.8-6.3) 4,926
Percentage of students who have had oral sex with one or more people during their lifetime	—	—	—	41.2% (39.9-42.5) 9,515	4.1% (3.8-4.4) 4,130	31.4% (29.8-32.9) 5,260
Percentage of students who have had sexual contact with males and females during their lifetime	—	—	—	8.7% (8.1-9.5) 9,077	3.4% (2.8-4.1) 3,991	13.5% (12.4-14.5) 5,022
Percentage of students who have been pregnant or gotten someone pregnant one or more times	—	—	—	9.1% (8.4-9.8) 9,307	8.6% (7.7-9.6) 4,064	9.3% (8.4-10.3) 5,169
Percentage of students who have ever been tested for a sexually transmitted disease (STD)	—	—	—	46.5% (44.9-48.0) 9,420	47.3% (45.3-49.4) 4,102	45.7% (43.8-47.5) 5,247

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Sexual Health—Summary Data Appendix (cont.)

High School Data (cont.)

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Percentage of students who have ever been tested for HIV, the virus that causes AIDS	— †	—	—	42.4% (41.0-43.9) 9,296	42.0% (40.1-44.0) 4,050	42.6% (40.8-44.3) 5,174
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	10.2% (8.0-12.9) 1,085	5.6% (3.0-10.1) 431	13.5% (10.2-17.7) 612	16.3% (14.8-17.9) 2,882	10.0% (8.3-11.8) 1,383	22.8% (20.5-25.3) 1,480

Middle School Data

Percentage of students who ever had sexual intercourse	29.2% (27.1-31.5) 3,413	43.1% (39.7-46.6) 1,575	16.5% (14.4-19.0) 1,826	18.5% (17.3-19.7) 8,060	28.5% (26.7-30.4) 3,737	9.3% (8.3-10.5) 4,291
Percentage of students who had sexual intercourse for the first time before age 11 years	10.3% (9.1-11.7) 3,420	17.7% (15.3-20.3) 1,576	3.4% (2.6-4.5) 1,831	9.1% (8.4-9.9) 7,823	15.5% (14.3-16.9) 3,640	3.1% (2.6-3.7) 4,152
Percentage of students who ever had sexual intercourse with three or more people	12.0% (10.7-13.4) 3,401	21.2% (18.7-24.0) 1,567	3.4% (2.6-4.6) 1,820	8.1% (7.4-8.8) 8,027	13.8% (12.5-15.2) 3,718	2.8% (2.3-3.4) 4,279
Among students who ever had sexual intercourse, the percentage who used a condom during last sexual intercourse	78.1% (74.8-81.1) 892	80.0% (76.0-83.5) 609	74.5% (68.7-79.6) 276	73.0% (70.5-75.4) 1,382	75.5% (72.5-78.3) 996	66.0% (60.6-71.0) 378
Percentage of students who have been pregnant or gotten someone pregnant one or more times	—	—	—	2.0% (1.7-2.4) 8,698	2.8% (2.3-3.4) 4,161	1.2% (0.9-1.5) 4,498
Percentage of students who had ever been taught in school about AIDS or HIV infection	72.2% (70.1-74.2) 3,614	70.2% (67.3-72.9) 1,744	74.4% (71.7-77.0) 1,853	56.5% (54.6-58.5) 8,602	56.9% (54.8-59.1) 4,102	56.2% (53.9-58.5) 4,464

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Lesbian, Gay, Bisexual, Transgender and Questioning—Summary Data Appendix

High School Data

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Percentage of students who describe themselves as gay or lesbian or bisexual	9.5% [†] (8.4-10.9) 3,557	7.6% (5.9-9.9) 1,346	10.7% (9.1-12.5) 2,077	12.3% (11.6-13.1) 10,593	4.0% (3.4-4.7) 4,778	19.7% (18.4-20.9) 5,733
Percentage of students who have been harassed on school property one or more times during the past 12 months because someone thought they were gay, lesbian, bisexual, or transgendered	—	—	—	9.4% (8.7-10.1) 10,658	9.2% (8.3-10.2) 4,795	8.5% (7.8-9.4) 5,763
Percentage of students who responded that there is at least one teacher or other adult in the school whom they can talk to if they have a problem	—	—	—	63.3% (62.1-64.5) 8,761	63.1% (61.4-64.8) 3,814	63.8% (62.2-65.4) 4,880
Percentage of students who have had sexual contact with males and females during their lifetime	—	—	—	8.7% (8.1-9.5) 9,077	3.4% (2.8-4.1) 3,991	13.5% (12.4-14.5) 5,022

Middle School Data

Percentage of students who describe themselves as gay or lesbian or bisexual	—	—	—	6.2% (5.6-6.8) 9,030	2.1% (1.7-2.6) 4,406	10.3% (9.2-11.4) 4,591
Percentage of students who responded that there is at least one teacher or other adult in the school whom they can talk to if they have a problem	—	—	—	65.2% (64.0-66.3) 8,649	62.8% (61.2-64.4) 4,112	67.6% (66.1-69.1) 4,499

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Violence and Bullying—Summary Data Appendix

High School Data

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Bullying-related Experiences						
Percentage of students who carried a weapon, such as a gun, knife, or club, on one or more of the past 30 days	21.5% [†] (19.2-23.9) 3,607	28.2% (24.5-32.2) 1,389	17.2% (14.6-20.3) 2,097	20.0% (19.1-21.0) 10,660	26.9% (25.4-28.4) 4,800	13.1% (12.2-14.1) 5,773
Percentage of students who were in a physical fight one or more times during the past 12 months	44.1% (41.8-46.5) 3,560	48.9% (44.9-52.8) 1,358	40.9% (37.6-44.3) 2,073	37.6% (36.4-38.9) 10,286	39.8% (38.1-41.5) 4,603	35.4% (33.9-36.9) 5,609
Percentage of students who were in a physical fight on school property one or more times during the past 12 months	18.8% (17.0-20.7) 3,671	22.4% (19.4-25.7) 1,404	15.7% (13.6-18.1) 2,134	15.3% (14.4-16.2) 10,430	16.7% (15.4-18.1) 4,671	13.8% (12.7-15.0) 5,685
Percentage of students who have ever been bullied on school property during the past 12 months	—	—	—	10.9% (10.3-11.6) 10,530	9.7% (8.8-10.7) 4,733	11.9% (11.1-12.8) 5,728
Percentage of students who have ever been electronically bullied during the past 12 months	—	—	—	7.9% (7.4-8.5) 10,476	6.3% (5.5-7.1) 4,709	9.3% (8.6-10.1) 5,700
Percentage of students whose property, such as their car, clothing, or books, has been stolen or deliberately damaged on school property one or more times during the past 12 months	27.9% (25.8-30.2) 3,829	29.1% (26.1-32.3) 1,492	27.1% (24.6-29.8) 2,193	21.3% (20.4-22.1) 10,649	20.7% (19.4-22.0) 4,797	21.1% (20.0-22.2) 5,759
Percentage of students who have been a member of a gang or crew during the past 12 months	—	—	—	16.5% (15.6-17.4) 10,379	21.6% (20.1-23.1) 4,662	11.5% (10.5-12.5) 5,650
Percentage of students who have ever bullied someone else on school property during the past 12 months	—	—	—	13.0% (12.3-13.7) 10,523	12.9% (11.9-14.0) 4,726	12.8% (11.8-13.8) 5,726
Violence						
Percentage of students who have been threatened or injured with a weapon, such as a gun, knife, or club, on school property one or more times during the past 12 months	11.2% (9.8-12.8) 3,821	14.2% (11.7-17.2) 1,485	8.8% (7.3-10.6) 2,193	8.5% (7.9-9.1) 10,713	9.7% (8.8-10.6) 4,834	6.7% (6.0-7.5) 5,784
Safety						
Percentage of students who never or rarely wore a seat belt when riding in a car	11.3% (9.9-12.9) 3,791	12.8% (10.5-15.5) 1,473	10.1% (8.3-12.1) 2,179	15.0% (14.2-15.8) 10,678	16.5% (15.3-17.7) 4,817	13.1% (12.1-14.0) 5,770
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	13.0% (11.5-14.6) 3,781	15.3% (13.1-17.8) 1,469	11.0% (9.1-13.3) 2,173	9.0% (8.3-9.6) 10,667	9.0% (8.2-10.0) 4,801	8.2% (7.4-9.0) 5,776

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Violence and Bullying—Summary Data Appendix (cont.)

High School Data (cont.)

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Safety (cont.)						
Percentage of students who never or rarely wore a helmet when they rode a bicycle or used rollerblades or a skateboard during the past 12 months	86.6% [†] (83.9-88.8) 2,192	86.9% (83.4-89.7) 1,034	87.3% (83.9-90.0) 1,072	46.3% (45.1-47.6) 10,560	58.9% (57.3-60.0) 4,764	34.7% (33.4-36.1) 5,713
Percentage of students who have been afraid of being beaten up at school one or more times during the past 12 months	—	—	—	8.7% (8.0-9.5) 10,666	9.3% (8.3-10.4) 4,809	7.4% (6.6-8.2) 5,762

Middle School Data

Bullying-related Experiences						
Percentage of students who have ever been bullied on school property	—	—	—	29.9% (28.9-31.0) 9,340	26.0% (24.7-27.4) 4,542	33.9% (32.4-35.4) 4,756
Percentage of students who have ever been electronically bullied	—	—	—	11.6% (11.0-12.3) 9,315	8.0% (7.2-8.8) 4,525	15.2% (14.1-16.3) 4,749
Percentage of students who have ever bullied someone else on school property during the past 12 months	—	—	—	17.0% (16.2-17.8) 9,247	14.7% (13.7-15.9) 4,508	19.2% (18.1-20.4) 4,698
Violence						
Percentage of students who ever carried a weapon, such as a gun, knife, or club	33.8% (31.8-35.8) 3,991	42.3% (39.4-45.2) 1,937	25.2% (22.7-27.9) 2,040	22.8% (21.7-23.9) 9,248	31.1% (29.5-32.6) 4,491	14.7% (13.5-16.0) 4,723
Percentage of students who have ever been in a physical fight	76.3% (74.3-78.2) 3,962	82.2% (79.5-84.6) 1,930	70.5% (67.8-73.1) 2,016	69.8% (68.6-70.9) 9,292	77.7% (76.2-79.1) 4,522	61.9% (60.2-63.6) 4,730
Percentage of students who have been a member of a gang or crew during the past 12 months	—	—	—	15.8% (14.9-16.7) 9,270	18.7% (17.4-20.0) 4,507	12.8% (11.8-13.9) 4,723
Safety						
Percentage of students who never or rarely wore a seat belt when riding in a car	10.5% (9.4-11.6) 4,053	12.1% (10.4-14.0) 1,975	8.7% (7.6-10.0) 2,059	10.1% (9.4-10.8) 9,328	11.2% (10.2-12.2) 4,545	8.9% (8.0-9.7) 4,743
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	—	—	—	13.3% (12.6-14.1) 9,334	13.4% (12.4-14.6) 4,543	13.2% (12.2-14.3) 4,750

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

† Percentage, confidence interval, number of respondents

Violence and Bullying—Summary Data Appendix (cont.)

Middle School Data (cont.)

Question Text	2007*	2007	2007	2012*	2012	2012
	Total	Male	Female	Total	Male	Female
Safety (cont.)						
Percentage of students who never or rarely wore a helmet when they rode a bicycle or used rollerblades or a skateboard during the past 12 months	— [†]	—	—	54.1% (52.9-55.3) 9,297	60.0% (58.4-61.6) 4,529	48.3% (46.7-49.8) 4,731
Percentage of students who have been afraid of being beaten up at school one or more times during the past 12 months	—	—	—	14.7% (13.9-15.5) 9,281	14.7% (13.6-15.8) 4,520	14.7% (13.7-15.8) 4,717

* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

[†] Percentage, confidence interval, number of respondents

Dating Violence and Neighborhood Violence—Summary Data Appendix

High School Data

Question Text	2007* Total	2007 Male	2007 Female	2012* Total	2012 Male	2012 Female
Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to	9.6% [†] (8.4-11.0) 3,724	7.4% (5.7-9.5) 1,433	11.1% (9.5-13.0) 2,160	9.2% (8.6-9.9) 10,530	6.8% (6.1-7.7) 4,746	11.1% (10.2-12.0) 5,710
Among students who dated or went out with someone during the past 12 months, the percentage who have been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months	—	—	—	12.0% (11.2-12.9) 7,775	8.0% (7.0-9.1) 3,489	15.0% (13.9-16.2) 4,221
Among students who dated or went out with someone during the past 12 months, the percentage who have been forced by someone they were dating or going out with to do sexual things that they did not want to one or more times during the past 12 months	—	—	—	9.3% (8.6-10.01) 7,720	7.3% (6.4-8.4) 3,453	10.5% (9.5-11.6) 4,207
Percentage of students who have seen or heard people where they live be violent and abusive during the past 12 months	—	—	—	40.4% (39.4-41.4) 10,532	37.0% (35.5-38.5) 4,733	43.5% (42.1-44.9) 5,730

Middle School Data

Among students who dated or went out with someone during the past 12 months, the percentage who have been physically hurt on purpose by someone they were dating or going out with one or more times	—	—	—	10.2% (9.4-11.1) 5,891	10.4% (9.2-11.7) 3,087	9.8% (8.8-11.0) 2,778
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* Some students did not indicate their sex, so the number of male and female respondents does not always add up to the total number of respondents.

[†] Percentage, confidence interval, number of respondents