The Wanda Alston Foundation

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THE WANDA ALSTON FOUNDATION

Our Mission

The Wanda Alston Foundation (WAF) mission is to eradicate homelessness and poverty for LGBTQIA youth between the ages of 18 and 24. We are dedicated to ensuring that LGBTQIA2S+ youth experiencing homelessness have access to services that improve their overall quality of life.

The Wanda Alston Counseling Center (WACC) provides advocacy, case management, and community outreach for LGBTQIA2S+ survivors of intimate partner abuse and sexual violence.



Wanda Alston April 7, 1959 – March 16, 2005

Wanda Alston Counseling Center

homlessness.

- Crisis support
- Advocacy
- Case management
- Community connections

- Services available for LGBTQIA2S+ people who are, or have, experienced intimate partner violence, sexual violence, domestic violence, and/or

What Barriers and Gaps Exist in the current network?

Community

What non traditional supports are lacking or needed?

- Where can we do outreach for education
- How can we build our community
- Improving referral process and network of providers

<u>Resources</u>

What additional resources are needed?

- Finances
- Housing
- Food
- Medical Care
- Child care

Support Services

What additional structural services are needed in DC and/or what programs are causing harm and need education?

- Police
- Medical
- Shelters
- Therapy
- Child protective services

Housing programs for homeless and at-risk LGBTQ youth in Washington, D.C.

The Wanda Alston Foundation opened its doors in 2008 as the only housing program in Washington, D.C,. solely dedicated to offering preindependent transitional living and support services to homeless or atrisk LGBTQ youth ages 18 to 24 in all eight wards.

In July 2020, the Wanda Alston Foundation opened the doors of our second facility. Located in Ward 1, Alston's Place is equipped with 10 beds, a computer room, a lower-level common area, and ADAcompliant amenities. We are proud to have been selected as one of the few homeless shelters in Washington, DC to pilot a 6-year program serving LGBTQ+ youth ages 16 to 24 with more intensive support services.

Services provided at Alston's Place include:

- Long-term transitional living (up to 6 years)
- On site 24/7 staff
- Case management
- Educational guidance and support
- Job training and guidance
- Support service referrals

Wanda Alston Framework

Transition and Exit

Reconnection

Skill Building

Stabilization

Orientation

Experience Integration

Permanent Supportive Housing Search	Financial Literacy		Sel
Activities of Daily Living Educa		ion/	
Weekly Case Management	Monthly Case Conferences		
Engagement	Case Plans & Goals		

lf-Development & Identity

/Employment

Emotion Regulation

Routines & Rituals

Orientation and Safety Phase

- Extended/Transitional Housing Program Timeline: 0-2 months
- Description: This phase focuses on getting to know the program, staff, and your case manager. You will work on identifying both long term and short term goals for the case plan.

Stabilization and Skill Building Phase

- Extended/Transitional Housing Program Timeline: 2 -6 months; up to 60 months
- **Description:** With support from the case manager and house monitors, this phase focuses on developing and practicing skills to enhance your ability to perform Activities of Daily Living (ADL)

Reconnection Phase

- Extended/Transitional Housing Program Timeline: 6 18 months; up to 60 months
- **Description:** The reconnection phase of the program focuses on increased independence and autonomy. Clients are able to manage their ADLs, are actively involved in their case plans, and are able to manage their emotions and well-being with minimal support

Transitional and Exit Phase

- Extended/Transitional Housing Program Timeline: 12 24 months; up to 72
- Descriptions: The transitional and exit phase of the program focuses on implementation of a plan towards permanent supportive housing or rapid rehousing. The client has mastered ADLs, is connected to services and is ready to transition to next program type.

Aftercare Phase

- **Extended/Transitional Housing Program Timeline:** 3 months post discharge
- **Description:** The aftercare phase was designed as a way to provide support and connection to clients as they transition to their next program. The aftercare phase is intended as a safety net for the client and to ensure continuity of care

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