

DC SOCIAL & EMOTIONAL LEARNING WHEEL

Social and emotional learning (SEL) fosters safe and healthy learning environments by prioritizing students' well-being through authentic partnerships between schools, homes, and communities.



Recognizes, understands and expresses emotions, strengths, values, and challenges, and develops positive self-identity by recognizing oneself as a lifelong learner.



Manages and expresses emotions, sets and achieves personal and academic goals, and perseveres through challenges.



Empathizes with and respects others' diverse perspectives, abilities, and cultures using positive social and communication skills.



Builds and maintains positive, respectful, and healthy relationships by listening, communicating, using perspective-taking skills, resolving conflict, and collaborating



Makes decisions and takes self-directed action to recognize and connect how decisions impact oneself and the community.

The DC SEL Wheel is adapted from the Collaborative for Academic, Social, and Emotional Learning (CASEL).