



DISTRICT OF COLUMBIA

OFFICE OF THE STATE SUPERINTENDENT OF

# EDUCATION

## School Climate Trainings Winter 2025

DC educators may register for any of the following sessions through OSSE's Learning Management System and will receive Professional Learning Units (PLUs) for full participation. For questions, please email [Jessica.Dulay@dc.gov](mailto:Jessica.Dulay@dc.gov).

### Restorative Justice Trainings

[Restorative Justice Programming Schedule: School Year 2024-25](#). In addition to all information for sessions planned for throughout the year, it features our recommendations for getting started on planning your restorative justice professional development by both topic area and professional role. You can also visit our [online events calendar](#).

#### Upcoming sessions:

- [Restorative Justice in the Classroom for All Learners](#)

*January 14, 2025, 9 a.m. – 3:30 p.m. (In person)*

This workshop is designed to explore ways that restorative practices can be used in the classroom. Teachers and school staff will gain skills and tools to incorporate restorative practices that will increase student engagement in academic and community content, promote consistent student attendance, and develop proactive systems to respond to student behavior. Participants will have the opportunity to practice energizers for classroom transition, Socratic seminars for civil discourse, literacy circles for reading comprehension and identify best practices for designing sustainable daily routines and procedures and clear expectations for the classroom community.

- [Restorative Justice and Student Engagement](#)

*February 11, 2025, 9 a.m. – 3:30 p.m. (In person)*

This session is designed to utilize restorative practices to engage students in multiple ways. With the complexity of socialization and student needs, this session will explore ways students can be engaged in formal and informal restorative processes. Participants will leave with tools and strategies to build transformational relationships with students, empowering youth to become collaborators in their learning process, both academically and socially.

### Social and Emotional Learning

OSSE is excited to announce the release of the finalized SEL Educator Toolkit and SEL Caregiver Guide. These resources provide comprehensive support for educators, school leaders, families, and community members in integrating SEL into educational systems and practices. Additional SEL supports such as the SEL Community of Practice (CoP) and SEL asynchronous learning modules can be located on the [OSSE SEL Page](#).

**SEL Resources:**

- [DC SEL Wheel \(Poster\)](#)
  - [SEL Parent, Family, and Caregiver Guide](#)
  - [Toolkit: Overview of SEL in DC](#)
  - [Toolkit: Establishing Schoolwide SEL Systems and Practices](#)
  - [Toolkit: Strengthening Adult Staff SEL](#)
  - [Toolkit: Implementing Practices to Promote SEL with Students](#)
  - [Toolkit: Assessing and Reflecting on SEL Data for Continuous Improvement](#)
  - [SEL Asynchronous Learning Modules](#)
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- [Strengthening Social and Emotional Supports for Youth](#)  
*February 7, 2025, 12:30 – 3:30 p.m. (In person)*  
OSSE, in partnership with Dramatic Solutions Inc., will host a workshop designed to provide educators, including behavior support staff, counselors, and social workers with the tools and knowledge needed to foster social and emotional well-being. Through a combination of Social and Emotional Learning (SEL) theory and DC’s newly adopted SEL standards, participants will explore the key elements of emotional intelligence, communication skills, and resilience-building techniques that can be used to support youth in navigating the challenges of adolescence. Participants will leave the course with practical strategies for creating a supportive, empathetic, and emotionally safe environment for young people, empowering them to build strong, healthy relationships and navigate life’s challenges with confidence.
  
  - [Mindfulness, Restoration and Joy for Educators - Monthly Training Series](#)  
*Every second Tuesday of every month, 7-8 p.m. (Virtual)*  
The Office of the State Superintendent of Education (OSSE) and Peace of Mind cordially invite you to join us for the Mindfulness, Restoration and Joy training series, designed to support educators and caregivers in nurturing their own well-being and learning more about the Peace of Mind Curriculum. Through experiential practice and guided instruction, participants will engage in mindfulness practices focused on restoration, balance, compassion, and joy while gaining tools to work with stress, frustration, and challenges. Join us in learning how to prioritize your well-being while developing the skills to navigate life's challenges with confidence, kindness, and courage. In these times of complexity and uncertainty, we hope that this series will help you nourish your hearts, rekindle imagination and play, learn, grow authentic connections, and support one another in embracing challenges in the school setting, while staying open to joy. Educators are welcome to join any or all sessions!
  
  - [Introduction to Peace of Mind Curriculum for Middle Schools](#)  
*January 15, 2025, 4-5 p.m. (Virtual)*  
Looking for an effective, evidence-based mindfulness curriculum to help you meet DC’s newly adopted Social and Emotional Learning (SEL) Standards? Join us for an in-person, fun, interactive “Getting Started with Peace of Mind” training for elementary and middle school educators. This training will include a curriculum overview and immediately helpful information about the key pillars of the curriculum: mindfulness, brain science, kindness, gratitude, conflict resolution, and social justice. We’ll explore how the Peace of Mind curriculum aligns with the SEL standards in the areas of self-awareness, self-management, social and cultural awareness, relationship skills, and decision-making and agency. In the

process, we'll enjoy personal mindfulness practices and other experiential activities as well as the chance to connect with other educators.

### **Trauma-Informed Practices**

- **Understanding Trauma in Children and How to Develop Healing-Centered Practices**

The Office of the State Superintendent of Education (OSSE), in collaboration with InSite Solutions, will host a virtual introductory session to provide an overview of trauma and strategies for educators to use relevant to the current climate. Topics are focused on providing healing-centered practices for both self-care and student care.

The first part of the session will provide educators or school staff members with feasible, evidence-based strategies to enhance personal wellness in the context of a chronically stressful profession. Strategies will focus on increasing self-awareness of triggers, enacting cognitive behavioral change, garnering social support and increasing present-moment awareness (mindfulness). The second part will equip teachers and school support staff with a baseline understanding of the impact of trauma and stress on the brain, as well as concrete classroom practices and strategies relevant to building equity-focused, healing-centered environments. Strategies will focus on building safe, connected relationships with students, preventing interpersonal triggers and effectively responding to escalation. This training is open to educators and support providers serving pre-K through Grade 12.

*Participants can choose from the following dates:*

[January 29, 2025, 2:30-4 p.m.](#)

[February 28, 2025, 2-3:30 p.m.](#)

[April 9, 2025, 2:30-4 p.m.](#)