

# Restorative Professional Development Schedule

## 2018

SEPT	9/11	Community of Practice: <i>Community Building</i>	NOV	11/7	Webinar: <i>Why Restorative?</i>
				11/13	Community of Practice: <i>Restorative Communication for School Staff</i>
OCT	10/4	Restorative Schools Overview		11/16	Academic/Content Circle Keeping**
	10/16	Community of Practice: <i>Meeting the Social, Cultural, and Linguistic Needs of Our School</i>	DEC	12/7	Intro to Restorative Discipline**
				12/11	Community of Practice: <i>Creating a Positive School Culture</i>

## 2019

JAN	1/8	Community of Practice: <i>Building Support with Parents and Staff</i>	3/29	Restorative Schools Overview	
	1/16	Restorative Justice Practices for Younger Learners 1/2 day	APR	4/9	Community of Practice: <i>Special Education and Restorative Practices</i>
	1/16	Drama and Games for Social Emotional Learning 1/2 day		4/26	Restorative Justice Practices for Younger Learners
	1/30	Support Circle Keeping		4/26	Drama and Games for Social Emotional Learning
FEB	2/6	Webinar: <i>RJ for School Leaders</i>	MAY	5/3	Restorative Practices and Special Education
	2/12	Community of Practice: <i>Trauma Awareness, Mindfulness, and Self-Care</i>		5/15	Community of Practice: <i>Letting Go and Celebrating</i>
	2/28	Trauma Awareness and Resilience			
MAR	3/4-	Restorative Communication** (Two-Day)			
	3/5				
	3/12	Community of Practice: <i>Promoting Youth Leadership</i>			

**\*\*Offerings marked with asterisks have prerequisites. See descriptions for details.**

KEY: Community of Practice: Blue, In-person workshop: Orange, Webinar: Green

# Restorative Professional Development Schedule

2018-19 School Year

Dates  
Offered

PLUs are available by request through the post-training evaluation.

## Restorative Schools Overview

This **one-day** experiential workshop will introduce teachers, administrators, school staff, students and all those who support them to restorative concepts and practices. Participants will explore the continuum of restorative practices, through experiencing pro-active circles for strengthening relationships and social-emotional skills. More fundamentally, participants will come to see the restorative approach as a means of shifting school culture and climate as well as addressing systems of power and oppression. This overview will conclude with a planning session and information on how to receive additional support. Absent additional training, this workshop alone does not equip participants to facilitate any specific restorative process. *This workshop can serve as a prerequisite to any of the below listed trainings for which one is required.*

10/4/18  
&  
3/29/19

## Webinar: Why Restorative?

Restorative Practices are based on philosophies and approaches to building community and responding to harm with roots in indigenous traditions. These practices are increasingly applied in schools around the country to create inclusive, socially connected, and supportive learning environments. This one-hour webinar will serve as a basic introduction to restorative practices and will provide first-hand experiences in how important work is in impacting DC school communities. *This workshop can serve as a prerequisite to any of the below listed trainings for which one is required.*

11/7/18

## Academic/Content Circle Keeping

This workshop is for teachers, youth workers, youth, and other professionals who wish to utilize restoration circles to build community and cover academic content at their school/organization/agency. The keeper's role is to initiate a space that is respectful and safe, as well as to engage participants in a shared responsibility for the space and for their collective work. Participants will learn the underlying assumptions, primary features, and basic process of community building and academic content circles through direct experience and reflection. Participants will then have the opportunity to practice designing and keeping circles, to receive feedback on their skills and will be given an informal assessment of their readiness to apply circles to their work. Participants will receive reference materials to guide in implementation. On the basis of this and the assessment, it is anticipated that most participants will be ready to serve as keepers for basic community building circles as an outcome of the workshop, but not more advanced responsive circles.

11/16/18

**Prerequisites:** *The Restorative Schools Overview, Why Restorative? webinar or similar introductory training is a prerequisite to attending this training. If you have questions, please contact us.*

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## Intro to Restorative Discipline

This one-day experiential workshop will introduce teachers, administrators, school staff, students and all those who support them to restorative concepts and practices. Building relationships with students and staff are the foundation of restorative practices. Restorative discipline requires schools to create a “fair process” that will allow students to engage in a system that addresses needs and ensures a high level of accountability. Participants will explore the continuum of responsive restorative practices and their connection to strengthening relationships and social-emotional skills. More fundamentally, participants will come to understand the restorative approach to student behavior and discipline. How do we respond to unwarranted behaviors that exist in our organizations and schools? Participants will learn about proactive and responsive strategies and procedures that are designed to decrease the behaviors that lead to referrals and suspensions and learn how to intervene appropriately when students violate rules and school conduct policies. Absent additional training, this workshop alone does not equip participants to facilitate any specific restorative process.

**Prerequisites:** The Restorative Schools Overview, Why Restorative? webinar or similar introductory training is a prerequisite to attending this training. If you have questions, please contact us.

12/7/18

## Restorative Practices for Younger Learners & Drama and Games for Social Emotional Learning

**Morning Session:** In order for restorative practices to be effective for young learners, restorative practitioners must consider the developmental range of children in grades K-8, and must accommodate a young learner's attention span, energy level, learning style, and expressive and receptive language capacity. This experiential workshop for teachers, administrators, school staff, and early education workers will translate restorative practices to the primary school classroom by adapting proactive and responsive approaches to the developmental stages of K-8 students.

**Afternoon session:** Social and emotional development through drama and games provides a living laboratory for your restorative circles that enables participants to practice engaging in creative ways to build community, approach problems, express feelings and clarify values. It mirrors relevant social and personal issues that young people face on a day-to-day basis and explores various ways to achieving positive lifestyle changes. Through our dramatic engagers, participants are provided the opportunity for creative awareness-building and social and emotional skills development. In turn, they learn to make wiser decisions as well as the changes necessary to lead healthy and productive lives.

1/16/19  
&  
4/26/19

**Note:** You may register for one or both parts of this one-day, two-part workshop. The morning will be most relevant for those working with children grades K-8. The afternoon will be a drama and games workshop for social-emotional learning for all ages.

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## Support Circle Keeping

Support circles are a structured process for engaging students who are struggling, have complex needs, or are returning to the school community after long absence. Support circles bring together the student, family members, relevant school staff, social service providers, and others to provide a web of support to build relationships, identify needs, map resources, make a plan, check in with each other, share accountability, and celebrate successes in their transition to stability. This workshop is designed for intermediate or advanced RJ practitioners who have an understanding of restorative justice philosophy and experience as a circle keeper. Participants will learn how to prepare and provide follow-up, as well, as understand the structure and skills need to implement an effective Support Circle.

**Prerequisites:** The Restorative Schools Overview, Why Restorative? webinar or similar introductory training is a prerequisite to attending this training. If you have questions, please contact us.

1/30/19

## Webinar: RJ for School Leaders

Restorative Practices are based on philosophies and approaches to building community and responding to harm with roots in indigenous traditions. They are increasingly applied in schools around the country to create inclusive, socially connected, and supportive learning environments. This one- hour webinar will allow leaders to digest the framework of Restorative Justice and explore how to bring these principles and practices into schools and organizations that serve DC students. Leaders will be introduced to the continuum of proactive and responsive restorative practices, and well as understand how they can fit with existing systems, policies and procedures. Leaders will develop a better understanding of the practicality and application using tracking data and academics as indicators of the work.

2/6/19

## Trauma Awareness and Resilience

### **Harnessing Brain Science: from trauma-informed to a healing-centered restorative approach**

The natural functioning of our automatic and subconscious nervous system plays a significant role in much of the disruptive behaviors and conflicts that arise in schools, neighborhoods, and homes. In many of our individual bodies and communities, these nervous systems reactions are amplified by layers of trauma, individual, familial, collective, transgenerational, and/or systemic. This fundamentally affects the way students - and educators - are behaving and are able to learn, yet this remains largely unseen and misunderstood. This one-day interactive and self-reflective workshop will offer educators, youth, and youth workers a space to share and integrate their experiences, as well as a new brain-informed lens for understanding the nervous system, trauma, and resilience in order to make their schools more emotionally safe, supportive and healing. As a result of the workshop, it is anticipated that participants will come away with greater understanding of behaviors and conflicts from a nervous system perspective and use restorative and brain-informed steps to support (self)-reconnection and resilience growth. A few trauma-sensitive techniques for deescalation and stress release will be shared, but participants will not be prepared to address severe trauma responses absent further training and more inner practices and integration of healing techniques. Many additional resources for further trainings will be shared post-workshop.

2/28/19

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## Restorative Communication (Two-Day)

While restorative practices are primarily associated with the formal circles and conferences that may be implemented a few times per week, Restorative Communication can be used on a daily basis to build relationship and work with conflict. As such, it is a foundation in building a restorative culture of care and respect. This **two-day workshop** will help educators and youth workers identify ways that language used during difficult or disciplinary conversations may undermine intended outcomes, contradict our own values, and create disconnection with youth, peers, and colleagues. Aligned with the Positive Youth Development model, this training will present an empathy- and growth-mindset that fosters deeper understanding, cooperation, and working relationships. Participants will experience communication in a new way, trying out new ideas and techniques in situations that are relevant. They will also receive follow-up resources. This workshop will draw heavily from the model of Nonviolent Communication, which has been used throughout the world from schools to prisons, war zones to board rooms to transform conflicts and discipline issues, increase collaboration and empower individuals and groups to find successful solutions.

**Prerequisites:** The Restorative Schools Overview, Why Restorative? webinar or similar introductory training is a prerequisite to attending this training. If you have questions, please contact us.

3/4/18-  
3/5/18

## Restorative Practices and Special Education

Restorative Justice is a philosophy and approach to building community and responding to harm with roots in indigenous traditions. It is increasingly applied in schools all around the country to manage classrooms and create inclusive, socially connected, and supportive learning environments. We are committed to educating youth regardless of their social, emotional, physical, or intellectual abilities. Indeed, students with special needs and trauma make a significant part of our school population and are disproportionately represented in school discipline cases. Even where there is no formal diagnosis, students have different capacities for sustained attention, social awareness, intellectual cognition, emotional regulation, memory, and expressive and receptive language. This **one-day** experiential workshop will help teachers, administrators, and special education staff identify and accommodate these differences as an essential part of preparing for, keeping, and following up on responsive interventions such as responsive circles.

**Prerequisites:** Prerequisites: The Restorative Schools Overview, Why Restorative? webinar or similar introductory training is a prerequisite to attending this training. If you have questions, please contact us.

5/3/19

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## Community of Practice

*Community of Practice gatherings create a dynamic space for representatives of schools and agencies, seasoned practitioners, and advocates to share their experiences and explore topics related to restorative school change. Each one runs approximately 2.5 hours.*

*Attendance at all monthly CoP events is strongly suggested.*

Community Building	9/11/18
Meeting the Social, Cultural, and Linguistic Needs of Our School	10/16/18
Restorative Communication for School Staff	11/13/18
Creating a Positive School Culture	12/11/18
Building Support with Parents and Staff	1/9/19
Trauma Awareness, Mindfulness, and Self-Care	2/13/19
Promoting Youth Leadership	3/13/19
Special Education and Restorative Practices	4/10/19
Letting Go and Celebrating	5/15/19

Registration will open 4-6 weeks prior to each event and will be advertised in the LEA Look Forward weekly newsletter (<https://osse.dc.gov/newsroom/newsletters>) as well as on the OSSE RJ page <https://osse.dc.gov/page/restorative-justice-trainings-and-resources>.

For more information, contact Jessica Dulay [jessica.dulay@dc.gov](mailto:jessica.dulay@dc.gov).