

# CHILD CARE SAFETY DURING COVID-19

Families can follow these guidelines to help keep children, families and employees in child care facilities safe while helping to reduce the risk of spreading COVID-19:



## REMEMBER TO:

Monitor your child for any symptoms of illness and talk to a health care provider if symptoms appear.

Keep your child at home if they or any close contact has COVID-19 or is awaiting COVID-19 test results.

Avoid travel outside of the District, Maryland or Virginia. If returning from travel from anywhere other than a low-risk state, territory or country:\* (1) self-monitor and limit daily activities, including not attending school or child care, for 14 days after return; or (2) self-monitor and limit daily activities, including not attending school or child care, for three to five days and then receive a negative PCR COVID-19 test after return.

Avoid play groups, play dates, parties or public gatherings that mix groups of more than 10 children and adults.

For families with children age 2 and older, practice using a face covering with your child to determine if they are able to wear and remove it safely.\*\*

Plan to drop-off and pick-up your child outside of the child care facility. If possible, a parent/guardian should wear a mask during drop-off and pick-up.

Teach and model good hygiene practices, including covering coughs and sneezes with an elbow or tissue and washing hands with soap and water for at least 20 seconds.

If your child has a health condition that places them at high risk for experiencing severe illness from COVID-19, consult with your child's health care provider before sending them to child care.

Be ready to talk with your child and answer questions about COVID-19. The Centers for Disease Control and Prevention (CDC) has recommendations on talking to children about COVID-19 available at [bit.ly/CDCctc](https://bit.ly/CDCctc)

To learn more about how child care providers are keeping District children and families safe, visit [coronavirus.dc.gov](https://coronavirus.dc.gov) or talk to your child care provider.

\* For the list of impacted states, see [coronavirus.dc.gov/phasetwo](https://coronavirus.dc.gov/phasetwo).

\*\* Do not use a face covering for your child if: your child is less than the age of 2, your child's health care provider has said they should not wear a mask, your child cannot remove the mask without assistance, or your child has any health condition that prevents them from breathing safely with a mask.



DC | HEALTH

WE ARE DISTRICT  
GOVERNMENT OF THE  
DISTRICT OF COLUMBIA  
DC MURIEL BOWSER, MAYOR