## Serving Tasty Healthy Meals

### Meals Served
- M1. Healthy Tots Regulations; DC Child Care Licensing Sec. 155.2
- M2. CACFP Regulations
- M3. CACFP Regulations
- M4. DC Child Care Licensing Regulations

### Infant Feeding
- M5. CACFP Regulations
- M6. CACFP Regulations
- M7. DC Child Care Licensing Regulations Sec. 156.2(p)
- M8. CACFP Infant Feeding Guide; Caring for Our Children Standard 4.3.1.11
- M9. Caring for Our Children Standard 4.3.1.11
- M10. Caring for Our Children Standard 4.3.1.5
- M11. 2017 CACFP Meal Pattern Standard
- M12. Let’s Move Child Care; CACFP Best Practices; American Academy of Pediatrics

### Child Feeding
- M13. Caring for Our Children
- M14. CACFP Meal Pattern Standard
- M15. CACFP Meal Pattern Standard
- M16. CACFP Meal Pattern Standard and Best Practice
- M17. Healthy Schools Act
- M18. Healthy Schools Act
- M19. CACFP Meal Pattern Best Practice
- M20. CACFP Meal Pattern Best Practice
- M21. CACFP Meal Pattern Best Practice
- M22. CACFP Meal Pattern Best Practice
- M23. CACFP Meal Pattern Best Practice
- M24. CACFP Meal Pattern Standard
- M25. CACFP Meal Pattern Best Practice
- M26. CACFP Meal Pattern Standard
- M27. CACFP Meal Pattern Best Practice
- M28. CACFP Meal Pattern Best Practice
- M29. Let’s Move Child Care
- M30. CACFP Meal Pattern Standard
- M31. CACFP Meal Pattern Standard; DC Child Care Licensing Sec. 155.14
- M32. Caring for Our Children Standard 4.5.0.10; DC Child Care Licensing Sec. 155.14

## Serving Food Safely

### Caring for Our Children Standard 4.5.0.10
- M33. Caring for Our Children Standard 4.5.0.10
- M34. Caring for Our Children Standard 4.2.0.10
- M35. P.L. A.Y. Program Local Wellness Policy Template/Nemours; D.C. Child Care Licensing Sec. 154

## Local Foods/Seasonal Foods

- M36. Healthy Tots Wellness Work Group Standard
- M37. Healthy Tots Wellness Work Group Standard
- M38. Healthy Tots Wellness Work Group Standard

## Promoting Physical Activity

### Infants
- PA1. American Academy of Pediatrics, Nemours Sample Policies for Physical Activity in ECE Centers
- PA2. Nemours Sample Policies for Physical Activity in ECE Centers
- PA3. DC Child Care Licensing 143.4

### Children
- PA4. Caring for Our Children Standard 3.1.3.1; D.C. Child Care Licensing Sec. 143.1
- PA5. Caring for Our Children Standard 3.1.3.1; D.C. Child Care Licensing Sec. 143.1
- PA6. Caring for Our Children Standard 3.1.3.1; D.C. Child Care Licensing Sec. 143.2
- PA7. DC Child Care Licensing Sec. 143.3
Screen Time
PA8. Caring for Our Children Standard 2.2.0.3; D.C. Child Care Licensing Sec. 143.2
PA9. Caring for Our Children Standard 2.2.0.3
PA10. Caring for Our Children Standard 2.2.0.3; D.C. Child Care Licensing Sec. 143.6
PA11. Caring for Our Children Standard 2.2.0.3

Supportive Environment
PA12. Caring for Our Children Standard 2.4.1
PA13. Caring for Our Children Standard 3.1.3.1; D.C. Child Care Licensing Sec. 141.4 (f)
PA14. Caring for Our Children Standard 6.1
PA15. Caring for Our Children Standard 6.1

ENHANCING FACILITY ENVIRONMENTAL SUSTAINABILITY
ES1. through ES12. DC Green Schools Challenge Tips

PROVIDING EFFECTIVE NUTRITION AND HEALTHY EATING EDUCATION

Nutrition Education Delivery
NE1. DC Early Learning Standards: Common Core Alignment #34 c. Demonstrates behaviors that promote health and safety.
NE2. NAP SACC Self-Assessment
NE3. Nemours Child Care Wellness Policy Best Practice
NE4. Nemours Child Care Wellness Policy Best Practice
NE5. Nemours Child Care Wellness Policy Best Practice
NE6. Nemours Child Care Wellness Policy Best Practice
NE7. Caring for Our Children Standard 4.7.0.2
NE8. Caring for Our Children Standard 4.7.0.1
NE9. Caring for Our Children Standard 4.3.1.1
NE10. Caring for Our Children Standard 2.4.1
NE11. Healthy Tots Wellness Guidelines

Family-style Meal Service
NE12. Caring for Our Children Standard 4.5.04
NE13. Caring for Our Children Standard 4.5.01
NE14. Caring for Our Children Standard 4.3.2.2
NE15. Caring for Our Children Standard 2.4.1.2

Role Modeling
NE16. Caring for Our Children Standard 2.4.1.2
NE17. Caring for Our Children Standard 2.4.1.2; A current practice in some D.C. ECE facilities.

Supportive Environment
NE18. CACFP Meal Pattern Standard 226.20(p); Caring for Our Children Standard 4.5.0.11
NE19. Caring for Our Children Standard 4.5.0.11
NE20. Caring for Our Children Standard 2.4.1.2

Wellness Policy
NE21. Healthy Tots Wellness Work Group Standard
NE22. Nemours Child Care Wellness Policy Workbook
NE23. Nemours Child Care Wellness Policy Workbook
NE24. Nemours Child Care Wellness Policy Workbook

ENSURING WELLNESS PROFESSIONAL DEVELOPMENT FOR STAFF
PD1. Caring for Our Children 1.4.4.1; Nemours Child Care Wellness Policy Best Practice
PD2. Caring for Our Children 1.4.4.1; Nemours Child Care Wellness Policy Best Practice
PD3. Nemours Child Care Wellness Policy Best Practice
PD4. Nemours Child Care Wellness Policy Best Practice

Staff Wellness
PD5. Nemours Child Care Wellness Policy Best Practice
PD6. Healthy Tots Wellness Work Group Standard
PD7. Healthy Tots Wellness Work Group Standard
PD8. Healthy Tots Wellness Work Group Standard

Partnering with Families to Promote Facility Wellness
FFW1. Nemours Child Care Wellness Policy Best Practice
FFW2. Nemours Child Care Wellness Policy Best Practice
FFW3. Nemours Child Care Wellness Policy Best Practice
FFW4. Caring for Our Children Standard 4.7.0.2
FFW5. Caring for Our Children Standard 4.7.0.2
FFW6. Caring for Our Children Standard 4.7.0.2
FFW7. Nemours Child Care Wellness Policy Best Practice
FFW8. Nemours Child Care Wellness Policy Best Practice