

2017-18 SCHOOL YEAR SCHOOL HEALTH PROFILE FORM

Healthy Schools Act of 2010

Under Section 602 of the *Healthy Schools Act of 2010* (L18-0209), each public school and public charter school within the District of Columbia is required to:

- 1.) **Complete and submit** the online School Health Profile (SHP) form to the Office of the State Superintendent of Education (OSSE).
- 2.) Make the completed profile available to the public by posting it online, if the school has a website, and making the information available to parents in the school's main office.

Any public school or public charter school that fails to complete and submit its SHP form to OSSE **on or before Feb. 15** of each year will be out of compliance with Section 602 of the Healthy Schools Act of 2010.

Instructions The online SHP form must be completed by each school. For example, if your local education agency (LEA) includes five campuses, each campus must complete an SHP.

> OSSE recommends that one person at each school be responsible for disseminating the SHP form to school staff members (Health Teacher, Nurse, Food Services Director, etc.) and then collecting the data and submitting the form online.

Complete all sections of the form with responses for the 2017-2018 school year.

For definitions and clarifications, or more information on how to complete the online SHP form, please see our Frequently Asked Questions (FAQs) at the end of this document or in the green menu bar of the online application.

Submission Deadline

The online form must be completed **on or before Feb. 15, 2018**. OSSE will post each completed SHP on the OSSE website within 30 days of receipt for public review. If your school has not completed the form by Feb. 15, your school will be listed on the OSSE website as out of compliance with Section 602 of the Healthy Schools Act of 2010. OSSE also reports compliance with the SHP to the Mayor, the DC Council, and the Healthy Youth and Schools Commission.

Once submitted, OSSE will also e-mail a PDF copy of the completed SHP to the contact you provide us in Section 1 of this form.

The SHP form must be submitted through https://octo.quickbase.com

- When completing the online form, please do not use commas, quotes, or press "enter" in text boxes.
- Due to skip patterns in the online form, you may not have to answer all the questions. For example, if your school does not have a website, you will move automatically to question 7.

Need assistance with the online form?

Call (202) 719-6500 | Email OSSE.callcenter@dc.gov | See FAQs in this doc

Section 1: School Profile

1. Type of School*				
Public Sc	nool	Public Chart	er School	Private School
2. LEA ID : 171	3. School	Code: 3065	4	. Ward: 2
5. LEA Name* $$ $$ $$ $$ $$ $$	undo Verde PC	CS		
5a. School Name* $^{\mathrm{M}}$	undo Verde B	ilingual PCS	•	
6. Does your school o	currently have a	website?*		
Yes			\bigcirc	No
6a. What is your scho	ool's website add	dress? http://w	ww.mund	loverdepcs.org
7. Current number of	students enrolle	ed* 576		
8. Grades Served. Select all that apply*				
✔ Pre-K	3	7	11	
✓ K	4	8	12	
1	5	9	Adult	
1 2	6	10	Other	
9. Contact Name*	Kristin Scotch	nmer		
9a. Contact E-mail*	kscotchmer@	mundoverde	epcs.org	
9b. Contact Job Title* Executive Director				
OSSE will contact this	person if there a	re questions ab	out the SHI	P. This person will automatically be

added as a user for the 2017-18 HSA SHP and will receive a PDF copy of the completed HSA SHP via e-

mail for posting per section 602(c) of the Healthy Schools Act of 2010.

Section 2: Health Services

Recommended point of contact for this section: School Health Providers

Helpful definitions: Nursing refers to registered nurses (RN) or licensed practical nurses (LPN). Allied health professional refers to nursing assistants, medical technicians, or anyone who can support a nurse; it does not refer to related service providers for purposes of special education.

10. Do you have nursing and/or allied health professional coverage in your school?*			
Yes	\circ	No	
10a. Please state the coverage of nur	sing and/or allied health	professional coverage in your school:*	
Nurse	# full time $(0-10)$ 1	# part time $(0-10)$ 0	
Allied health professional	# full time $(0-10)$ 0	# part time (0 $-$ 10) 0	
10b. For the coverage you indicated	in 10a, please state the fu	unding source:*	
Nurse Self-funded Provided by the Department of Health Other	Self-fund Provided Other	by the Department of Health	
Prevention materials and infections, meningitis, etc. Prevention materials and Screening, testing, and/o infections, meningitis, etc.	resources for infectious d .) resources for chronic dise r treatment for infectious		
Specify Hearing,	Vision and Blood pres	ssure	

12. How many of the following clinical staff are currently employed, work as a co	ontractor, or
volunteer at your school?*	

Psychiatrist # full time(0 – 10): 0 #part time (0 – 10): 0 Psychologist # full time (0 – 10): 0 #part time (0 – 10): 1 Licensed Independent Clinical Social Worker (LICSW) # full time (0 – 10): 0 #part time (0 – 10): 1 Licensed Professional Counselor (LPC) # full time (0 – 10): 0 #part time (0 – 10): 0

13. What type of training do you provide for each audience on your anti-bullying policy? Select all that apply

Staff	Yes	No
Professional Development (internal)	ledow	\circ
Webinars	\bigcirc	\odot
Written Materials	ledow	\bigcirc
Outside Organizations: Which one(s)? Restorative DC, Advocates for Justice and Education	lacktriangle	O
Other	\bigcirc	\odot

Students	Yes	No
Professional Development (internal)	ledot	\bigcirc
Webinars		\odot
Written Materials		\odot
Outside Organizations: Which one(s)?		\odot
Other Crew lessons and Community meetings	\odot	\bigcirc
Parents/Community	Yes	No
Professional Development (internal)	lacktriangle	\circ
Webinars		\odot
Written Materials	lacksquare	\bigcirc
Outside Organizations: Which one(s)?	Ŏ	\odot

Section 3: Health Education Instruction

Recommended point of contact for this section: Health Education Teacher, Physical Education teacher

Important Definitions for this Section:

<u>Health Education</u>: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.

<u>Physical Education:</u> Physical education (PE) provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Health Education Minutes</u>: This number should represent the average number of minutes over the course of the year. If a student only receives <u>health education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.

14. How many teachers instruct *only* health education in your school?*(0-10):

Note: Please make sure teachers reported in questions 14, 15, and 16 are not counted for more than one time.

14a. Name of Health Education Instructor 1
 Maria Chafetz
 14ai. Health Education Instructor 1 E-mail
 mchafetz@mundoverdepcs.org
 14bi. Health Education Instructor 2 E-mail

14c. Name of Health Education Instructor 3 14ci. Health Education Instructor 3 E-mail

15. How many teachers instruct only physical education in you school?*(0-10):

15a. Name of Physical Education Instructor 1

Staci Pugh

Staci Pugh

15ai. Physical Education Instructor 1 E-mail

spugh@mundoverdepcs.org

15b. Name of Physical Education Instructor 2	15bi.Physical Education Instructor 2 E-mail			
15c. Name of Physical Education Instructor 3	15ci.Physical Education Instructor 3 E-mail			
16. How many teachers instruct <i>both</i> health <u>and</u> p	hysical education in your school?* $(0-10)$:			
16a. Name of Dual Instructor 1	16ai. Dual Instructor 1 E-mail			
16b. Name of Dual Instructor 2	16bi. Dual Instructor 2 E-mail			
16c. Name of Dual Instructor 3	16ci. Dual Instructor 3 E-mail			
17. If your school partners with any outside progra requirements (including nutrition, alcohol, tobaccoplease specify their name below.*	ams or organizations to satisfy the health education and other drugs, sexual health, oral health, etc.),			
Name of agency or organization: Health Administration, Dept. of Health				
No current partnership(s)				
18. For each grade span in your school, please indiduring the regular instructional school week that s	-			
Grades: K – 5 Minutes/Week (0 – 125): 120				
Grades: 6 – 8 Minutes/Week (0 – 125):				

19. Please indicate the average minutes per week of <u>health education</u> instruction that your school

offers for high school students: Minutes/Week:

20. For the health topics listed, please specify which health education curriculum (or curricula) your school uses for instruction: *Select all that apply*

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5	No currio	culum is used
Mental and Emotional Health Curriculum: The Social Emotional Learning Curriculum was created	d using the Kansas Social Emotional Character Development Standards that is currently used in the mornings during Crew gatherings.	
Safety Skills Curriculum: _{Bike Safety with WABA is}	s implemented in the curriculum using the OSSE safety standards.	
Human Body and Personal Health Curriculum:		~
Disease Prevention Curriculum:		~
Nutrition Curriculum: The Cooking and Gardening	Curriculum was developed using the DC Health Education Standards.	
Alcohol, Tobacco and Other Drugs Curriculum:		~
Grades: 6 – 8	No curri	culum is used
Mental and Emotional Health Curriculum:		
Safety Skills Curriculum:		
Human Body and Personal Health Curriculum:		

Disease Prevention Curriculum:	
Nutrition Curriculum:	
Alcohol, Tobacco and Other Drugs Curriculum:	
Grades: 9 – 12	No curriculum is used
Mental and Emotional Health Curriculum:	
Safety Skills Curriculum:	
Human Body and Personal Health Curriculum:	
Disease Prevention Curriculum:	
Nutrition Curriculum:	
Alcohol, Tobacco and Other Drugs Curriculum:	

Section 4: Physical Education Instruction

Recommended point of contact for this section: Physical Education Teacher

Important Definitions for this Section:

<u>Physical Education:</u> Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Physical Education Minutes:</u> This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

<u>Physical Activity:</u> Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.

<u>Physical Activity Minutes:</u> This number should include the time that students are participating in moderate to vigorous <u>physical activity</u>. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K – 5 and between 0 and 300 for grades 6 – 8.

21. What strategies does your school use, during or outside of regular school hours, to promote

physical activity	y? Select all that appl	у		
Active	e Recess	Movement in the Classroom	Walk to School	
After	-School Activities	Athletic Programs	Safe Routes to School	
None		Bike to School		
Othe	r: Activities are part of d	lay time and after school programming		
22. For each grade span in your school, please indicate the average number of minutes per week during the regular instructional school week that a student receives <u>physical education</u> instruction. This does NOT include recess or after school activities.*^				
Grades: K – 5	Minutes/Week (0 – 2	225): 120		
Grades: 6 – 8	Minutes/Week (0 – 3	300):		

22a. For each grade span that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity</u> within the physical education course. This does NOT include recess or after school activities.*^

Grades: K-5 Minutes/Week (0-225): 100

Grades: 6-8 Minutes/Week (0-300):

- 23. Please indicate the average minutes per week of <u>physical education</u> instruction that your school offers for high school students; average mins/week:
- 23a. Please indicate the average number of minutes per week during the regular instructional school week devoted to <u>actual physical activity within the physical education course</u>. This does NOT include recess or after school activities.*

Grades: 9 - 12 Minutes/Week (0 - 300):

24. Which physical education curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum: Physical Education curriculum was created by Physical Education teacher using OSSE's National Standards, PE Central, PE Specialist, PE Universe, The Physical Educator and SPARK.

Grades: 6 – 8 Curriculum:

Grades: 9 – 12 Curriculum:

25. Which physical activity curriculum (or curricula) is your school currently using for instruction?

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5 Curriculum: Physical Education curriculum was created by Physical Education teacher using OSSE's National Standards, PE Central, PE Specialist, PE Universe, The Physical Educator and SPARK.

Grades: 6 – 8 Curriculum:

Grades: 9 – 12 Curriculum:

26. How many minutes per week do students get recess on average?*

Grades: K – 5 Minutes/Week: 180

Grades: 6 – 8 Minutes/Week:

Grades: 9 – 12 Minutes/Week:

Section 5: School Nutrition and Local Wellness Policy

Recommended points of contact for this section: Food Services Director or Manager, Principal,
Chair of School Wellness Council/Committee

27. Is cold, filtered water available to students during	ng meal times?*		
Yes	O No		
28. Where are fruits and/or non-fried vegetables av that apply	ailable for students	on school grou	nds?* <i>Select all</i>
that apply			
	Available free/at no cost	Available for purchase	Not available
A La Carte in cafeteria			~
Near the cash register in the service line			/
By the entrée selections in the service line	Ħ		
At the beginning of the lunch line in the service line	H	H	V V
Elsewhere on school grounds – where?			
Lunch is served to s	tudents in the classroom wi	th fruits and vegetab	les.
29. When foods and/or beverages are offered at sch vegetables provided? Yes	nool celebrations, ar	e fruits and/or	non-fried
30. How many vending machines are available to st	udents?* (0 – 10): 0		
30a. What hours are student vending machines available.	ilable? <i>Select all tha</i>	t apply	
	Yes		No
Before and/or after school	C)	\circ
During school hours	C)	\bigcirc
During school hours, excluding meal times	C)	0
During school hours, only at meal times	C)	\bigcirc

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30b. What items are sold from student vending mach	nines? <i>Select a</i>	ll that apply	
100% fruit and/or vegetable juice	Regula	chips, pretzels and	d snack mixes
Baked chips, lower calorie and/or fat snacks	Sodas a	and/or fruit drinks	
Fresh fruits and/or non-fried vegetables	Whole	grain products	
Milk and dairy products	Water		
Other:			
31. If you have a school store, what are the hours of	operation? Sel	ect all that apply*	
Before and/or after school	Yes	No	N/A
During school hours	\bigcirc	\bigcirc	lacktriangle
During school hours, excluding meal times	\bigcirc	\bigcirc	••
During school hours, only at meal times	0	\bigcirc	\odot
31a. What food and/or beverages are sold in the sch	ool store? <i>Sele</i>	ct all that apply	
100% fruit and/or vegetable juice	Regula	chips, pretzels and	d snack mixes
Baked chips, lower calorie and/or fat snacks	Sodas a	and/or fruit flavore	d drinks
Fresh fruits and/or non-fried vegetables	Whole	grain products	
Milk and dairy products	Water		
Other:			

Section 6: Distributing Information

Recommended point of contact for this section: Principal, Business Manager, Director of Operations

Important Definitions for this Section:

<u>Sustainable Agriculture</u>: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.

32. Does your school have a wellness committee, school health council, or team?*				
Yes	No			
33. How are following items distributed at your s	chool? Select all that apply			
LEA's Local Wellness Policy				
School Website	School Main Office			
School Cafeteria or Eating Areas	✓ To parent/teacher organization			
To foodservice staff	✓ To administrators			
✓ To students	This information is not available for distribution			
Other:	School does not have a Local Wellness Policy			
School Menu for Breakfast and Lunch				
School Website	School Main Office			
School Cafeteria or Eating Areas	To parent/teacher organization			
✓ To foodservice staff	To administrators			
✓ To students	This information is not available for distribution			
Other: Bulletin Board	School does not offer school menu			

Nutritional Content of Each Menu Item		
School Website	School Main Office	
School Cafeteria or Eating Areas	To parent/teacher organization	
To foodservice staff	To administrators	
To students	This information is not available for distribution	
Other: Parents who request additional information	School does not have nutritional content of menu items	
Ingredients of Each Menu Item		
School Website	School Main Office	
School Cafeteria or Eating Areas	To parent/teacher organization	
To foodservice staff	To administrators	
To students	This information is not available for distribution	
Other: Parents who request additional information	School does not have the ingredients of menu items	
Information on where fruits and vegetables served in school are grown and whether growers are engaged in sustainable agriculture^ practices		
School Website	School Main Office	
School Cafeteria or Eating Areas	To parent/teacher organization	
To foodservice staff	To administrators	
To students	This information is not available for distribution	
Other:	School does not have this information	
34. Are students and parents informed about the availability of vegetarian food options at your school?*		
Yes No Vegeta	rian food options are not available	
35. Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school?*		
Yes No Milk alt	Milk alternatives are not available	

Section 7: Environment

Recommended point of contact for this section: Principal, Lead Science Teacher

Data from the School Health Profile will be used to complete the Environmental Literacy Indicator Tool, a biennial survey used to determine progress on environmental literacy goals in the Chesapeake Bay Watershed Agreement. In the future, compiled results will be available on the chesapeakebayprogress.com website.

Important Definitions for this Section:

36. Does your school currently have a School Garden?*^

School Gardens: outdoor spaces that engage students through hands-on lessons that enhance learning.

Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at

http://www.chesapeakebay.net/publications/title/meaningful watershed educational experience.

Yes		\bigcirc	No
36a. Name of Garden Contact	* Emily Reckard		
36b. Garden Contact E-mail* emily.reckard@mundoverdepcs.org			
37. Did any of your classes or student groups attend a farm field trip this year?*			
Yes		\bigcirc	No
37a. How many students attended a farm field trip? 339			
37b. What farm(s) did the students visit? Select all that apply			
Alice Ferguson Foundation	on's Hard Bargain Farm		Common Good City Farm
Arcadia Center for Susta	inable Food and		Red Wiggler Farm
Agriculture Calleva Farm			Rocklands Farm
City Blossoms Communit	ty Green Spaces		Washington Youth Garden
Other: Crumland Farms, ECHO	City Farms, Food Escapes and Butlers	orchid	

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37c. Was this trip funded through an OSSE Farm F	ield Trip gra	ant?
Yes	•	No
38. Does your school offer an Environmental Science	nce Class?*	
Yes	\bigcirc	No
38a. How many students are enrolled in this cour	se in the 20	916-17 school year? ⁵⁷⁶
39. Name of Lead Science Teacher/Environmenta	l Literacy Ins	structor*
All teachers teach environmental literacy		
39a. Lead Science Teacher/Environmental Literac	y Instructor	E-mail*
daguilar@mundoverdepcs.org		
40. Please select the environmental literacy topic selection, indicate the course in which the topic is school is currently using for instruction:	•	•
Note: Please state the curriculum's full name. If ted plans, please include the resources, standards, and	•	
Grades: K – 5		
NONE		No curriculum is use
Air (quality, climate change) Course: all K-5 classrooms		
Curriculum: Expeditionary Learning		_
Water (stormwater, rivers, aquatic wildlife) Course: 3rd grade		
Curriculum: Expeditionary Learning		
Land (plants, soil, urban planning, terrestrial wildlife)		
Course: 3rd grade Curriculum: Expeditionary Learning		
Resource Conservation (energy, waste, recycling)		
Course: 5th grade Curriculum: Expeditionary Learning		
Health (nutrition, gardens, food)		
Course: Cooking and Gardening class Curriculum: Cooking and Gardening Curriculum		

Other: () Course: Curriculum:	
Grades: <u>6 – 8</u>	
NONE	No curriculum is used
Air (quality, climate change) Course: Curriculum:	
Water (stormwater, rivers, aquatic wildlife) Course: Curriculum:	
Land (plants, soil, urban planning, terrestrial wildlife) Course: Curriculum:	
Resource Conservation (energy, waste, recycling) Course: Curriculum:	
Health (nutrition, gardens, food) Course: Curriculum:	
Other: () Course: Curriculum:	
Grades: 9 – 12	
NONE	No curriculum is used
Air (quality, climate change) Course: Curriculum:	
Water (stormwater, rivers, aquatic wildlife) Course: Curriculum:	
Land (plants, soil, urban planning, terrestrial wildlife) Course: Curriculum:	
Resource Conservation (energy, waste, recycling) Course: Curriculum:	

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Health Course Currice		
Other: Course Currice	e:	
	of the following groups in your school participated in environmental educati ences provided by outside organizations or agencies?	on (EE) learning
41.	Teachers of Grades K – 5 Yes No	
41a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list: Cloud Institute	
42.	Teachers of Grades 6 – 8 Yes No	
42a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:	
43.	Teachers of Grades 9 – 12 Yes No	
43a.	Who was the provider?	
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list:	

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44.	Administrators
44a.	Who was the provider?
	Informal EE organization (e.g., Anacostia Watershed Society) Higher Education (e.g., University of the District of Columbia) Local Education Agency (e.g., DC Public Schools) State Education Agency (OSSE) Other District Agency (e.g., DC Department of Energy & Environment) Federal Program (e.g., Smithsonian Institution) Other, please list: Cloud Institute
	each grade at your school, please indicate the level of participation in Meaningful Watershed ional Experiences (MWEE) ^.
Grades	s: K – 5
OO	A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.): Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.): 3rd grade, Anacostia Watershed No evidence that students in this grade participated in a Meaningful Watershed Educational Experience.
Grades	:: 6 – 8
0	A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.): Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.): No evidence that students in this grade participated in a Meaningful Watershed Educational Experience.
Grades	:: 9 – 12
000	A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.): Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.): No evidence that students in this grade participated in a Meaningful Watershed Educational Experience.
46. Wł apply	nat practices is your LEA implementing related to sustainable, green schools? Select all that
	School-wide Recycling Program

~	Lead testing of water	
V	On-site Composting	
V	LEED Certification Type: Silver Gold	✓ Platinum
	Project Learning Tree Green Schools	
	National Wildlife Federation Eco-Schools	
V	Environmentally-friendly cleaning products	
v	Landscaping with native plants	
v	Stormwater reduction efforts (i.e., rain barrels, cisterns, rain	gardens)
	Sprint to Savings/Green Schools Energy Challenge	
	Other	
47. What t	ype of recycling hauling services does your school receive? S	elect all that apply
	Cardboard only	
	Paper and cardboard only	
	Mixed recyclables (plastic, metals, glass) only	
v	Co-mingled paper, cardboard, and mixed recyclables together	er ("single-stream")
~	Organics	
	Other	
	None of these	
48. Does yo	our school compost? Select all that apply	
~	Yes, we participate in an organics recycling (off-site compost	ing) program
~	Yes, on-site outdoors (e.g. in garden)	
	Yes, on-site indoors (e.g. worm bin in classroom)	
	Other method	
	Don't Compost	
Schools Pro	our school promote the Environmental Protection Agency's Ingram to reduce exposure to environmental factors that impoin public schools?	
Ye	s No	O Don't know
50. Does yo	our school purchase environmentally-friendly cleaning suppl	lies?
• Ye	s O No	O Don't know
51. Does yo	our school cleaning/maintenance staff follow green cleaning	procedures?
• Ye	s No	O Don't know

Healthy Schools Act School Health Profile Frequently Asked Questions

- 1. What is the Healthy Schools Act School Health Profile? The School Health Profile (SHP) is an online questionnaire that must be completed by each District of Columbia public school and public charter school according to Section 602 of the Healthy Schools Act of 2010 (HSA). The contact person listed in the SHP will receive a PDF copy of the Profile that is required to be made available online if the school has a website and available to parents or guardians in the main office. The Office of the State Superintendent of Education (OSSE) will post completed profiles on our website within 30 days of submission.
- 2. **How is the information in the SHP used?** Information collected in the SHP is used to inform OSSE, the Mayor, City Council, and the Healthy Youth and Schools Commission on the extent to which the Districts schools are achieving the goals of the HSA. A report is required by Section 405 of the HSA and is submitted by OSSE to the Mayor and City Council. Reports on the HSA may be found at: http://osse.dc.gov/service/healthy-schools-act.
- 3. When is the SHP due? The SHP is due by Feb. 15 of each year. The SHP should be submitted electronically no later than 5 p.m. on Monday, Feb. 15, 2017.
- 4. Who should complete the SHP? The Principal and contact person from the 2015-16 HSA SHP are automatically given access to the SHP; however, the SHP asks for information pertinent to the entire school. OSSE recommends that the Principal serve as the lead and distribute the printable SHP form to school staff who are most knowledgeable about each section (see chart below for suggestions). The Principal will then collect the information and enter the responses into the SHP online form. If the Principal wishes to designate another staff member as the lead, he/she must send an email to OSSE.callcenter@dc.gov and include the designee' name, title, and email address along with the local education agency and school name. Login information will then be sent directly to the designee.

Section	Recommended to be completed by
1: School Profile	Principal, Administrative Assistant
2: Health Services	School Health Providers
3: Health Education Instruction	Health Education Teacher
4: Physical Education Instruction	Physical Education Teacher
5: School Nutrition and Local Wellness Policy	Principal, Food Services Director or Manager,
	Chair of School Wellness Council/Committee
6: Distributing Information	Principal
7: Environment	Principal, Lead Science Teacher

5. How do I complete the SHP online form?

- a. Log in to Quickbase (http://octo.quickbase.com):
 - DC.gov Users: sign in with your network email and password.
 - If you do not have a dc.gov email but have used Quickbase before, use your previous login and password (usually your school email address and password).
 - If you have not used Quickbase before but have been granted access via an email notification from Quickbase, click the link in the email and follow the instructions.
- b. Click on the application "2017-18 OSSE HSA School Health Profile".
- c. Select "Click to Complete" to be taken to your school's profile.
- d. Once you start a page, you must complete the entire page to be able to save it; partially completed pages will not be saved.
- e. Click the pencil icon to edit your Profile and the eye icon to view the form as it will be submitted.
- f. Complete the questions on page 1. At the end of the page, click the "completed" box and then "save" to save the form.
- g. After clicking "save," you will be taken to the top of page 1. Click "go to page 2" to move on. Once you are on page 2, click "edit" at the top right of the screen. Repeat for page 3.
- h. Many questions are required and you cannot save the form until all required questions on any one page are completed.
- i. Your Profile cannot be submitted unless all three "completed" boxes are checked.
- j. Do not use commas, quotes, or press "enter" in text boxes.
- k. Due to skip patterns, you may not answer all the questions. For example, if you do not have a school nurse, you will move automatically to question 12.
- **6. Can I see all of the SHP questions in one document?** Yes, a printable version of the SHP is available in the Quickbase application and our webpage: http://osse.dc.gov/node/722242. We suggest that you share this with members of staff that are helping complete the Profile.
- **7. What if I have other questions?** Please consult with other school staff if you are not sure of an answer on the profile. OSSE will hold a webinar to review the login process, how to request access for new users, navigate through the application, and answer certain questions.
 - A recording of the webinar will be made available at: http://osse.dc.gov/node/722242.
- **8.** If this FAQ page does not answer your question, please call OSSE Customer Service Center at (202) 719-6500 Monday-Friday 8 a.m. 5:30 p.m. or email OSSE.callcenter@dc.gov.

Definitions and Question Assistance

- Q18, 19. Health Education: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.
- Q18, 19. Health Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives health education for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include physical education instruction time in this figure. This average should only include time that a particular student in each grade would receive health education instruction taught with a curriculum specifically designed for health education. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year.
- Q15, 22, 23, 23, 24. Physical Education: Physical education provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.
- Q22, 23. Physical Education Minutes: This number should represent the average number of minutes over the course of the year. If a student only receives <u>physical education</u> for one semester or one quarter, please average the minutes for the whole year. Do **NOT** include health education instruction time in this figure. This average should only include time that students receive physical education instruction with a curriculum specifically designed for physical education. For this question, please indicate an average between 0 and 225 for grades K 5 and between 0 and 300 for grades K 5.
- Q21, 22a, 23a, 25. Physical Activity: Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related.
- Q22a, 23a. Physical Activity Minutes: This number should include the time that students are participating in moderate to vigorous physical activity. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 21 cannot exceed the number in question 21a. The number reported in question 22 cannot exceed the number in question 22a. For this question, please indicate an average between 0 and 225 for grades K 5 and between 0 and 300 for grades 6 8.
- Q33. Sustainable Agriculture: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.
- Q36. School Gardens: Outdoor spaces that engage students through hands-on lessons that enhance learning
- Q45. Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at http://www.chesapeakebay.net/publications/title/meaningful_watershed_educational_experience.