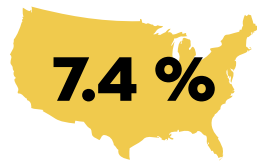


YOUTH AND SUICIDE IN WASHINGTON, DC



of high school youth in the US reported attempting suicide in the past 12 months.



of high school youth in DC reported attempting suicide in the past 12 months.

Among DC teens, some student groups are at higher risk of suicidal thoughts and attempt.



HISPANIC FEMALES

Hispanic high school females report attempting suicide at a rate that is 3.5 times higher than their white female classmates.



LESBIAN, GAY AND BISEXUAL STUDENTS

LGB high school students report seriously considering suicide at a rate that is 2.75 times higher than their heterosexual classmates.



TRANSGENDER STUDENTS

Transgender high school students report seriously considering suicide at a rate that is 3.2 times higher than their non-transgender classmates.



HOMELESSNESS

High school students who have experienced homelessness in the past 30 days are 4.2 times more likely to report attempting suicide.



HUNGER

More than 1 in every 3 high school students who has gone hungry in the past 30 days reports having seriously considered suicide.



BULLYING

Nearly 1 out of 4 high school students who are bullied at school reports having attempted suicide.

These data come from the 2017 DC Youth Risk Behavior Survey. Read the full report here: <http://bit.ly/2017YRBSReport>



Do you know or work with DC students who present any combination of these risk factors? Want to take action to help?

Start with your school. Many schools have onsite clinicians who can provide supportive services to students. Schools that do not have an onsite clinician will connect students to a clinician who can work with parents and guardians to find the services they need. Ask your school administrative office about the behavioral health services the school might offer.

CHILD & ADOLESCENT MOBILE PSYCHIATRIC SERVICES (ChAMPS)

(202) 481-1440

Local emergency response service for children and teenagers who are having a mental health crisis and need immediate in-person services. Provides 24/7, free support for young people considering suicide.

DC DEPARTMENT OF BEHAVIORAL HEALTH HELPLINE

(866) 245-6350

Support for young people experiencing depression or mental health crisis. Provides 24/7, free services staffed by behavioral health professionals who can refer a caller to immediate help or ongoing care.

DC GREENS COMMUNITY FOOD GUIDE

www.dcgreens.org/community-food-guides

A printable resource for locating low-cost and free food in each DC ward.

DPR ROVING LEADERS

(202) 698-2250

School and neighborhood-based program working to make safer spaces, utilizing recreation and leisure time activities as the intervening vehicles for redirecting antisocial and aggressive behaviors.

FAIR GIRLS

(855) 900-3247

Program providing intervention and holistic care to survivors of human trafficking who identify as girls or young women.

LATIN AMERICAN YOUTH CENTER

(202) 319-2225

Provides mental health rehabilitation services, housing drop-in services, and LGBTQ-specific housing to youth ages 12 -21 in Washington, DC. Services are provided in both Spanish and English.

NATIONAL SUICIDE PREVENTION LIFELINE

(800) 273-TALK (8255)

Immediate support for youth and/or their friends considering suicide and in need of immediate counseling or resources. Provides 24/7, free and confidential support and routes callers to nearest behavioral health provider.

THE TREVOR PROJECT

(866) 488-7386

www.thetrevorproject.org

Suicide prevention help and resources tailored to lesbian, gay, bisexual, transgender, or questioning students.

SASHA BRUCE YOUTHWORK

(202) 547-7777

24/7 hotline providing emergency shelter, transitional living/housing, clothing, social services and job assistance for youth ages 18 and under.

STOPBULLYING.GOV

www.stopbullying.gov

Free online resource with information on what to do if a student is being bullied at school including ideas on how to make school a safer place for all.