



DISTRICT OF COLUMBIA

OFFICE OF THE STATE SUPERINTENDENT OF

EDUCATION

Mailed-to-Home Close Contact Test Box Instructions

Use: For Inclusion in communications packets to Close Contacts of School-based COVID-19 Positive Cases

Return from Quarantine with a COVID-19 Test

If you are a close contact/your student is a close contact, your quarantine is 10 days from the time of your last exposure to the positive coronavirus case. You should take two PRC COVID-19 tests if you are identified as a close contact.

- You should take the first test no sooner than 48 hours after than the last exposure to the positive COVID-19 case.
- You should take the second test on day 5 of quarantine.

You may return to school after day 7 of quarantine (so, on day 8) if you take a PCR COVID-19 test on or after day 5 of your quarantine and the result of that test is negative. A PCR COVID-19 test is a test sent to a lab for analysis. PCR tests are more accurate than rapid (antigen) tests such as the kits you can buy at the store to take at home for a quick result. Antigen tests results may not be submitted for to return to school from quarantine.

Why is it important to take a COVID-19 test if I am a close contact?

- This will help you know if you have COVID-19. If you have COVID-19 you could spread the virus to others even if you feel well. If you do not feel well your test will help your healthcare provider give you the best treatment options.
- This will allow you to return to school. It is important for students to receive in-person instruction and for school-based staff to return to work as quickly as possible if they have a negative test.
- If you have questions about being a close contact or about returning to school you can speak to the contact identification team for your school.

COVID-19 Testing Options

You have several options for COVID-19 testing in the District of Columbia.

- You may visit your healthcare provider
- You may visit one of the District's walk-up COVID-19 testing sites
- You may utilize Test-yourself-DC test kits found at all District public libraries
- You may request a nasal-swab test box from LabCorp that will be mailed to your home.
- Information about free-to-you COVID-19 testing options in the District of Columbia can be found at coronavirus.dc.gov/testing

Mailed-to-Home Test Boxes

To receive a test box mailed to your home, you will fill out this [Microsoft form](#).

You will fill out the form separately for each box you request, up to two boxes.

This form will allow you to provide the information needed to mail you a test box. Be sure to complete the entire form without skipping any information. Be sure to provide the information as instructed. Be sure to provide an email address that you check often. You should receive a test box in about 24 hours after you request it.

It is important that you DO NOT USE THE SECOND BOX UNTIL DAY 5 of your quarantine

Using Your Box

Use boxes at the designated time. Open the test box and follow the detailed instructions in the box to take your test.

Returning Your Box

Follow the instructions in the test box to return it to LabCorp using the pre-paid envelop. It can be dropped at any FedEx drop box location.

FedEx drop box locations can be found at this website:

www.fedex.com/en-us/shipping/dropbox.html

Results

LabCorp will send information to the email address you provide about how to access your results.

If your results are *negative*, you may bring a copy of the results to your school after day 7 (on day 8) of your quarantine is complete to return to class/work.

If your results are *positive* you should:

- Isolate according to CDC and DC Health guidance
- Let your school know that you are positive for COVID-19
- Contact your healthcare provider

Use of Your Information

Your test box will be used only to test for COVID-19. Your information will be used to order your test box and to provide result information to you, state health agencies and the Centers for Disease Control (CDC) in accordance with state and federal law. No other use of your information is allowed. Your personal information and your results will be safeguarded.