



DISTRICT OF COLUMBIA

OFFICE OF THE STATE SUPERINTENDENT OF

EDUCATION

Local Wellness Policy Update Checklist

Please use this checklist to review and update your wellness policy and ensure it meets all requirements as written in the Local Wellness Policy Memo. Note that this checklist is offered for your convenience and does not need to be returned to the Office of the State Superintendent of Education. **Local Education Agency (LEA) has current Local Wellness Policy (LWP) and includes the following:**

- Includes goals for nutrition promotion
- Includes goals for nutrition education
- Includes goals for physical activity
- Includes goals for other school-based activities that promote student wellness
- Includes Smart Snacks in School nutrition standards for all foods and beverages sold at each school during the school day
- Includes nutrition standards for foods and beverages, not sold to students, but available throughout the school day (e.g., classroom parties, foods given as reward, classroom snacks, etc.)
- Includes policies for food and beverage marketing that meet the USDA
- Wellness Policy Leadership: LEA has designated at least one school official who has the authority and responsibility to ensure each school complies with the policy

Name/Title of Designated Official and Contact Information:

LWP was last updated:

Click here to enter a date.

LEA permits involvement of the following people in the development, implementation, review, and modification of the wellness policy:

- Parents



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- Students
- School Food Service
- Teachers of Physical Education
- School Health Professionals
- Community Members
- School Administrators

General Public Documentation:

- Current LWP
- Summary of LWP self-assessment
- Committee member list
- Meetings and health events announcements
- Committee invitations
- LEA informs and updates the public on the content and implementation of the LWP including progress made in attaining the goals of the policy

Triennial Assessments/ Report:

- Assess compliance of the local school wellness policy by utilizing a recommended Annual Local Wellness Policy Assessment and Action Plan tool
- Every three years to determine progress made in attaining the policy goals

Documentation:

- Web address
- Newsletter article
- Copy of email
- Completed assessment and action-plan tool

For questions, please contact Aunamesha Henley, DrPH at osse.schoolhealth@dc.gov