# 2023-24 SCHOOL YEAR SCHOOL HEALTH PROFILES FORM

## **Healthy Schools Act of 2010**

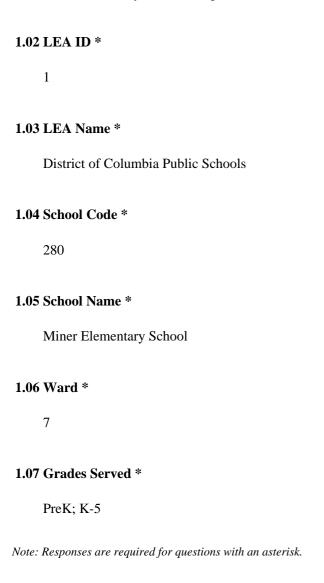
Under Section 602 of the *Healthy Schools Act of 2010* (L18-0209, DC Official Code § 38-826.02), each public school and public charter school within the District of Columbia is required to:

- 1.) **Complete and submit** the online School Health Profile (SHP) form to the Office of the State Superintendent of Education (OSSE).
- 2.) **Make the completed profile available to the public** by posting it online, if the school has a website, and making the information available to parents in the school's main office.

Any public school or public charter school that fails to complete and submit its SHP form to OSSE **on or before Feb. 16** of each year will be out of compliance with Section 602 of the Healthy Schools Act of 2010. The School Health Profile is used by OSSE to inform the School Report Card. Non-compliant schools will not include data from their School Health Profile on their School Report Card.

## **Section 1: School Profile**

This section includes your school's profile information as pulled from OSSE's authoritative database.



Office of the State Superintendent of Education 1050 First Street, NE, Sixth Floor Washington, DC 20002

## **Section 2: Health Services**

## Recommended point of contact for this section: School Health Professional and School Behavioral Health Professional .

The following section asks your school to provide information on the physical and behavioral health services provided to students, parents, and staff at your school.

2.01 Do you have nursing and/or allied health professional coverage in your school? *	
⊙ Yes	
O No	
Please state the coverage of nursing and/or allied health professional coverage in your school.	
Number of full time nurses * 0	
Funding Source * NA	
Number of part time nurses * 0	
Funding Source * NA	
Number of full time allied health professionals * 0	
Funding Source * NA	
Number of part time allied health professionals * 2	
Funding Source * Provided by DC Health	
2.02 What type(s) of health services does your school offer to students? $\ast$	
Access and/or referrals to medical providers through a systematic process	
Prevention materials and resources for chronic diseases	
Screening, testing, and/or treatment for chronic diseases (diabetes, obesity, asthma, etc.)	
On-site COVID-19 testing	
Prevention materials and resources for sexually transmitted diseases (HIV/AIDS, gonorrhea, chlamydia, etc.)	
Screening, testing, and/or treatment for sexually transmitted diseases (HIV/AIDS, gonorrhea, chlamydia, etc.)	

Oral health services (dental screening, cleaning, counseling, etc.)
✓ Vision screenings
✓ Hearing screenings
On-site COVID-19 vaccinations and routine pediatric immunizations
2.03 Does your school partner with any outside programs or organizations to provide health services to students?
⊙ Yes
O No
Please identify their name below (including community-based organizations, DC Health, etc.). *
☐ April May
☐ Catholic Charities
☐ Department of Behavioral Health
☐ DC Health
☐ WISE Center - MedStar Georgetown University Hospital
☐ Hillcrest Children and Family Center
☐ Howard University Hospital
☐ MBI Health Services
☐ Paving the Way MSI
☐ SMILE Therapy Services
✓ Other
Specify * Maryland Family Resource, Inc and Vision To Learn
2.04 Does your school have at least two unexpired undesignated epinephrine auto-injectors? *
⊙ Yes
O No

2.05 Does your school have at least two employees or agents (outside of the school nurse) who are certified to

case of an ana	phylactic emergency?
• Yes	
O No	
_	vide the names of AOM (Administration of Medication) certified personnel at your school and when cified, if applicable
First Nam	e* Angela
Last Name	e* Keeno
Email * a	ngela.keeno@k12.dc.gov
Date of Ce	ertification * 12/31/2023
First Nam	e * Charlene
Last Name	e* Stapleton
Email * c	harlene.stapleton@k12.dc.gov
Date of Ce	ertification * 1/19/2024
2.06 Does you	r school have an Automated External Defibrillator (AED)?
Yes	
O No	
2.07 Student A	Access to Period Products (Grades Pre-K3 - Pre-K4, K-5)
-	eschool have a dispenser stocked with free period products in at least one student-accessible women's ex-neutral bathroom (or if your school does not have a gender-neutral bathroom, then at least one om)? *
☐ At le	east one Women's bathroom
☐ At le	east one Gender-neutral bathroom
☐ At le	east one Men's bathroom
✓ None	2

administer both an undesignated and a designated epinephrine auto-injector during all hours of the school day in

Does your school have a poster placed by each dispenser with information on the safe use and disposal of perioducts? *
⊙ Yes
O No
2.09 How many of the following clinical staff are currently employed, work as a contractor, or volunteer at your school?
Licensed Independent Clinical Social Worker (LICSW) *
• Yes
O No
# of Full Time * 2
Funding Source * Other
Specify * DCPS
# of Part Time * 0
Funding Source * NA
Licensed Graduate Social Worker (LGSW) *
⊙ Yes
O No
# of Full Time * 2
Funding Source * Other
Specify * DCPS
# of Part Time * 0
Funding Source * NA
Licensed Professional Counselor (LPC) *
O Yes

	No
	Licensed Graduate Professional Counselor (LGPC) *
	⊙ Yes
	O No
	# of Full Time * 1
	Funding Source * Other
	Specify * Maryland Family Resource, Inc
	# of Part Time * 0
	Funding Source * NA
	Psychologist *
	⊙ Yes
	O No
	# of Full Time * 1
	Funding Source * Other
	Specify * DCPS
	# of Part Time * 0
	Funding Source * NA
	Psychiatrist *
	O Yes
	⊙ No
2.1	0 Please provide the contact information of your School Behavioral Health Coordinator.
	First Name * Monica
	Last Name * Woodard

Email \* monica.woodard@k12.dc.gov 2.11 Does your school provide access to behavioral health services to all enrolled students? Yes O No 2.12 Does your school partner with any outside programs or organizations to provide behavioral/mental health services to students? Yes O No Please identify their name(s) below (including Community Based Organizations, Department of Behavioral Health, etc.). \* Children's National DC Health Department of Behavioral Health Mary's Center Shield T3 WISE Center - MedStar Georgetown University Hospital Elaine Ellis Center of Health **Grassroots Project** Hillcrest Children and Family Center Paving the Way MSI Other Specify \* Maryland Family Resource; Wendt Center

2.13 Does your school facilitate parent engagement?

Yes

O No

2.14 Does your school offer any health and wellness education for parents? *	
O Yes	
⊙ No	
2.15 Does your school offer any health and wellness initiatives to staff that contribute to a positive school climate?	
⊙ Yes	
O No	
What type of staff wellness initiatives does your school offer that contribute to a positive school climate? *	
Organizational structures to support staff wellness (lactation rooms, welcoming break rooms, early dismissal days, opportunities to engage teacher voice and build trusting relationships, etc.)	
Staff wellness events (retreats, wellness days, workshops, campaigns, etc.) to promote positive self-care skills like fitness, nutrition, stress management, etc.	
Professional development (Trauma informed care, self-care, grief and loss, etc.)	
Mental/Behavioral health services offered through an Employee Assistance Program or partnering	

 $Note: Responses \ are \ required \ for \ questions \ with \ an \ asterisk.$ 

### **Section 3: Health Education Instruction**

Recommended points of contact for this section: Health Education teacher and Physical Education teacher. .

<u>Health Education:</u> Formal, structured health education as defined by the Centers for Disease Control and Prevention consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions. Health education instruction of the District of Columbia Health Education Standards (DC Official Code § 38–821.01). The Healthy Schools Act requires an average of 75 minutes of health education per week for grades K - 8 (DC Official Code § 38–824.02).

Health Education Minutes (Grades 1-8): The average number of minutes per week during the school year that a student receives health education instruction. This average should only include time devoted exclusively to health education instruction that utilizes a health-specific curriculum. Do NOT include physical education instruction time in this figure. For this question, please indicate the average number of minutes per week that your school provides health education instruction to each grade level. Average number of minutes of health education instruction per week can range between 0 and 125 minutes.

Note: If your school provides more than 125 minutes of health education instruction in an average week, enter 125. If a student only receives health education for one semester or one quarter, please average the total weekly minutes for the whole school year.

Do you have questions regarding this calculation and need support? If so, please contact OSSE's Division of Health and Wellness here: OSSE.HYDT@dc.gov.

The Office of the State Superintendent of Education (OSSE) is committed to providing technical assistance to schools that do not meet the Health Education minute requirements. Schools that do not meet the required Health Education minutes will receive follow-up support from OSSE.

<u>Health Education Requirement (Grades 9-12):</u> According to the District of Columbia Municipal Regulations, prior to graduation, all students must have one and one half (1.5) Carnegie Units in Health/Physical Education.

Cardiopulmonary Resuscitation (CPR) Training: Cardiopulmonary resuscitation (CPR) is a lifesaving technique that is useful in many emergencies, such as a heart attack or near drowning, in which someone's breathing, or heartbeat has stopped. District of Columbia public and public charter schools that serve grades 9 through 12 shall include cardiopulmonary resuscitation (CPR) instruction in at least one health class necessary for graduation. The instruction shall be nationally recognized and based on the most current evidence-based emergency cardiovascular care guidelines for resuscitation, include appropriate use of an automated external defibrillator (AED), and incorporate hands-on practice (DC Official Code § 38–824.02).

- 3.01 How many teachers instruct only health education in your school? \*  $\,\,0\,$
- 3.02 How many teachers instruct only physical education in your school? \* 0
- 3.03 How many teachers instruct both health and physical education in your school? \* 2

**Dual Instructor 1** 

First Name \* Josh

Last Name \* Senior

Dual Instructor 2
First Name Michael
Last Name Robinson
Email Michaelh.robinson@k12.dc.gov
3.04 For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that students receive health education instruction.
Kindergarten * 5
Grade 1 (Minutes/Week) * 5
Grade 2 (Minutes/Week) * 5
Grade 3 (Minutes/Week) * 5
Grade 4 (Minutes/Week) * 5
Grade 5 (Minutes/Week) * 5
3.05 Does your school partner with any outside programs or organizations to supplement the health education topical instruction (including nutrition, alcohol, tobacco and other drugs, sexual health, oral health, etc.)? *
O Yes
⊙ No
3.08 Does your school teach the following health education topics? Grades: $K-5$
Alcohol, Tobacco, and Other Drugs Prevention Education
O Yes
⊙ No
If Yes, what curriculum do you use? NA
Disease Prevention Education
O Yes

Email \* Josh.senior@k12.dc.gov

If Yes, what curriculum do you use?	NA
,	
<b>Human Body and Personal Health E</b>	ducation
• Yes	
O No	
If Yes, what curriculum do you use?	DCPS
<b>Nutrition Education</b>	
⊙ Yes	
O No	
If Yes, what curriculum do you use?	DCPS
Mental and Emotional Health Educa	ntion
⊙ Yes	
O No	
If Yes, what curriculum do you use?	DCPS
Safety Skills Education	
• Yes	
O No	
If Yes, what curriculum do you use?	DCPS Cornerstones
<b>Suicide Prevention Education</b>	
O Yes	
⊙ No	
If Yes, what curriculum do you use?	NA

O No

Note: Responses are required for questions with an asterisk.

### **Section 4: Physical Education Instruction**

#### Recommended point of contact for this section: Physical Education Teacher

Physical Activity: For students in grades K-8, it shall be the goal to provide 60 minutes of physical activity per day (DC Official Code § 38–824.01). For students in grades Pre-K3 and Pre-K4, schools shall provide an average of 60 minutes of physical activity per day, with a goal to provide 90 minutes of physical activity per day. (DC Official Code § 38–824.02). For this question, please indicate a daily average between 0 and 135 for grades Pre-K3 and Pre-K4.

Physical Education Minutes: The Healthy Schools Act sets requirements for physical education and physical activity by grade band. For students in grades K - 5, schools shall provide an average of 90 minutes of physical education per week, with a goal to provide an average of 150 minutes per week. For students in grades 6 - 8, schools shall provide an average of 135 minutes of physical education per week, with a goal to provide an average of 225 minutes per week. At least 50 percent of physical education time shall be spent-on-moderate to vigorous physical activity (movement resulting in substantially increased heart rate and breathing). (DC Official Code § 38–824.02).

The Office of the State Superintendent of Education (OSSE) is committed to providing technical assistance to schools that do not meet the Physical Education minute requirements. Schools that do not meet the required Physical Education minutes will receive follow-up support from OSSE.

<u>Moderate-to-Vigorous Physical Activity Minutes</u>: For students in grades K-8, at least 50 percent of physical education time shall be spent on moderate-to-vigorous physical activity (DC Official Code § 38–824.02). For this question, please indicate a weekly average between 0 and 225 for grades K-5, and a weekly average between 0 and 300 for grades 6-8.

Recess and Outdoor Physical Activity: Schools shall provide recess and outdoor physical activity for all students on a daily basis (weather and space permitting). For students in grades K – 8, it shall be the goal to provide at least one recess of at least 20 minutes per day. For students in grades Pre-K3 and Pre-K4, schools shall be the goal to provide at least two 20-minute sessions of outdoor physical activity per day (DC Official Code § 38–824.02).

4.01 For each grade span in your school, please indicate the average number of minutes per week during the regular instructional school week that a student receives physical education instruction. This does NOT include recess or after school activities.

Grades: K – 5 Minutes/Week \* 90

4.02 Which physical education curriculum (or curricula) is your school currently using for physical education instruction?

Grades: K – 5 \* DCPS Scope & Sequence

4.03 Within the physical education course during the regular instructional school week, how much time is devoted to actual moderate-to-vigorous physical activity?

Grades: K - 5 \*

O Less than 50%

• 50% or more

**4.04** Please indicate the average number of minutes per day of physical activity offered for pre-K3 and pre-K4 students: \* 60

Please indicate the number of sessions of outdoor physical activity per day $0$		
Please indicate the average minutes per session of outdoor physical activity per day 0		
4.05 How	many minutes per day do students get recess on average?	
<b>Grades: K – 5 *</b> 30		
${\it 4.06~What~strategies~does~your~school~use,~during~or~outside~of~regular~school~hours,~to~promote~physical~activity?~*}$		
<b>√</b>	Active Recess	
	Movement in the Classroom	
<b>✓</b>	Walk to School	
	After-School Activities	
<b>✓</b>	Athletic Programs	
	Safe Routes to School	
<b>✓</b>	Bike to School	
<b>√</b>	Playground/field on school campus	
	Before-School Activities	
	Playground/field off of school campus	
	Reward for student achievement or good behavior	
	Shared Use Agreement with organizations providing physical activity outside of normal school day	
<b>√</b>	Gardening	
<b>V</b>	Dancing or Dance Program	
	Other	
Note: Respo	onses are required for questions with an asterisk.	

## Section 5: School Nutrition and Local Wellness Policy

Recommended points of contact for this section: Food Services Director or Manager, Principal and Chair of School Wellness Council/Committee.

<u>Good Food Purchasing Program (GFPP):</u> Public schools, public charter schools, and participating private schools are strongly encouraged to procure food in a manner consistent with the GFPP's core values established by the Center for Good Food Purchasing. (DC Official Code § 38–822.01.c) They include:

(A) Local	economics;
(B) Nutrit	ion;
(C) Value	d workforce;
(D) Envir	onmental sustainability; and
(E) Anima	al welfare.
5.01 Doe	s your school operate a share table? *
0 1	Yes
<b>O</b> 1	No
5.02 Is co	old, filtered water available to students during meal times? *
<b>O</b> Y	Yes
0 1	No
5.03 How	many vending machines are available to students? * 0
Wha	t items are sold from student vending machines?
	100% fruit and/or vegetable juice
	Regular chips, pretzels and snack mixes
	Baked chips, lower calorie and/or fat snacks
	Sodas and/or fruit drinks
	Fresh fruits and/or non-fried vegetables
	Whole grain products
	Milk and dairy products
	Water

☐ Fruit snacks
5.04 Does your school have a school store?
O Yes
⊙ No
5.05 Does your school serve breakfast via an alternative serving model? *
⊙ Yes
O No
Select all alternative serving models in operation. *
Breakfast in the Classroom (BIC)
Grab n Go (in-school)
☐ Second Chance Breakfast
5.06 Does your school choose to procure foods in a manner consistent with the Good Food Purchasing Program's (GFPP) five core values (local economies, nutrition, valued workforce, environmental sustainability, and animal welfare)? *
O Yes
O No
<ul><li>● I have never heard of GFPP</li></ul>
5.07 Does your school have a local wellness committee or school health council/team? *
O Yes
⊙ No
Note: Responses are required for questions with an asterisk.

### **Section 6: Distributing Information**

Recommended points of contact for this section: Principal, Business Manager and Director of Operations.

<u>Vegetarian Food Option:</u> Food or beverages that are: (a) free of meat, poultry, and seafood; and/or (b) utilize a meat alternative recognized by the United States Department of Agriculture as a meat alternate free of meat, poultry, and seafood for the purposes of the National School Lunch Program. Schools shall have a vegetarian food optional available for students as a main course for breakfasts and lunches. Schools shall clearly label vegetarian food options and rotate the main course vegetarian food option to avoid repetition (DC Official Code § 38–822.01).

6.01 How and to whom are the following items distributed at your school?

LEA's Local Wellness Policy *		
<b>✓</b>	School website	
	School cafeteria or eating areas	
<b>✓</b>	To foodservice staff	
	To students	
<b>✓</b>	Upon request	
<b>✓</b>	School main office	
	To parent/teacher organization	
	To administrators	
	This information is not available for distribution	
	School does not have a Local Wellness Policy	
Scho	ol Menu for Breakfast and Lunch *	
<b>V</b>	School website	
<b>✓</b>	School cafeteria or eating areas	
<b>V</b>	To foodservice staff	
	To students	
<b>✓</b>	Upon request	
	School main office	

	To parent/teacher organization
	To administrators
	This information is not available for distribution
	School does not have a school menu
Nutr	ritional Content of Each Menu Item *
<b>V</b>	School website
	School cafeteria or eating areas
<b>✓</b>	To foodservice staff
	To students
<b>/</b>	Upon request
	School main office
	To parent/teacher organization
	To administrators
	This information is not available for distribution
	School does not have nutritional content of menu items
Inan	edients of Each Menu Item *
mgr	ements of Each Menu Item
<b>✓</b>	School website
	School cafeteria or eating areas
<b>✓</b>	To foodservice staff
	To students
<b>✓</b>	Upon request
	School main office
	To parent/teacher organization
	To administrators

	This information is not available for distribution
	School does not have ingredients of menu items
	rmation on where fruits and vegetables served in school are grown and whether growers are engaged in ble agriculture practices *
<b>√</b>	School website
	School cafeteria or eating areas
<b>✓</b>	To foodservice staff
	To students
<b>✓</b>	Upon request
	School main office
	To parent/teacher organization
	To administrators
	This information is not available for distribution
	School does not have this information
6.02 Do y	you offer vegetarian options at your school? *
⊙ `	Yes
0 1	No
Are	students and parents informed about the availability of vegetarian food options at your school? *
⊙ `	Yes
0 1	No
How	are vegetarian food options made available to students at your school?
<b>✓</b>	Veg food options are available at Breakfast
<b>✓</b>	Veg food options are rotated daily to avoid repetition
<b>✓</b>	Veg food options are available at Lunch

<b>√</b>	Veg food options are clearly labeled or identified
<b>~</b>	Veg accommodations available through formal process or upon request
5.03 Are	milk alternatives, such as soy milk or lactose free milk, available at your school? *
⊙ <u>Y</u>	Yes
0 1	No
Ares	students and parents informed about the availability of milk alternatives? *
⊙ <u>Y</u>	Yes
O 1	No

## **Section 7: Environment**

#### Recommended points of contact for this section: Principal and Lead Science Teacher.

Data from the School Health Profile will be used to complete the Environmental Literacy Indicator Tool, a biennial survey used to determine progress on environmental literacy goals in the Chesapeake Bay Watershed Agreement. In the future, compiled results will be available on the chesapeakebayprogress.com website.

7.01 Does your school have an outdoor learning space? *			
⊙ <u>v</u>	Yes .		
0 1	No		
How	How many students are exposed to 10 or more hours of outdoor learning per school year? * 150		
How i	s your outdoor learning space used?		
Instr	uction		
<b>✓</b>	English		
	Art		
	Math		
	Music		
<b>/</b>	Science		
<b>/</b>	Physical Education		
	Social Studies		
	Health Education		
	Other		
Scho	ol Meals		
<b>V</b>	Breakfast		
<b>✓</b>	Lunch		
<b>✓</b>	Fresh Fruit and Vegetable Program (FFVP)		
<b>V</b>	Snack		

Supper
Other
Social Development
☐ Morning Meetings
After-School Activities
☐ Student Activity Club Meetings
☐ Wellness Breaks
☐ Educator Wellness Programs
Other
Outdoor learning coordinator(s):
First Name * Tildon
Last Name * Copeland
Email * tildon.copeland@k12.dc.gov
First Name NA
Last Name NA
Email NA
7.02 Does your school currently have a School Garden? *
⊙ Yes
O No
Garden Contact
First Name * Emma
Last Name * Creamer
Fmail * emma@ffm org

First Name NA
Last Name NA
Email NA
7.03 Did any of your classes or student groups attend a farm field trip this year? *
O Yes
⊙ No
7.04 Does your school offer an Environmental Science Class? *
O Yes
⊙ No
$7.05 (a) \ Please \ select \ the \ environmental \ literacy \ topics \ currently \ addressed \ in \ your \ school. \ Grades: \ K-$
Air (e.g., quality, climate change) *
⊙ Yes
O No
Curriculum * 4th and 5th grade Science
Course * STEMScopes
Water (e.g., stormwater, rivers, aquatic wildlife) *
⊙ Yes
O No
Curriculum * 4th and 5th grade Science
Course * STEMScopes
Resource Conservation (e.g., energy, waste, recycling) *
⊙ Yes
O No

Curriculum * 4th and 5th grade Science
Course * STEMScopes
Health (e.g., nutrition, gardens, food) *
O Yes
O No
Curriculum * Foodprints
Course * Foodprints
Land (e.g., plants, soil, urban planning, terrestrial wildlife) *
⊙ Yes
O No
Curriculum * 4th and 5th grade Science
Course * STEMScopes
7.06 Which of the following groups in your school participated in environmental education (EE) learning experiences provided by outside organizations or agencies?
Teachers of Grades K – 5 *
O Yes
⊙ No
Administrators *
O Yes
⊙ No
7.07 For each grade at your school, please indicate the level of participation in Meaningful Watershed Educational Experiences (MWEE).
Grades: K – 5 *
O A system wide Meaningful Watershed Educational Experience is in place.

	Some classes participated in a Meaningful Watershed Educational Experience.			
	No evidence that students in this grade participated in a Meaningful Watershed Educational perience.			
7.08 Does	7.08 Does your school implement any practices related to sustainable, green schools? *			
	School-wide Recycling Program			
	Lead testing of water			
<b>V</b>	On-site Composting			
	LEED Certification			
	Project Learning Tree Green Schools			
	National Wildlife Federation Eco-Schools			
	Environmentally friendly cleaning products			
<b>V</b>	Landscaping with native plants			
	Stormwater reduction efforts (i.e., rain barrels, cisterns, rain gardens)			
	Other			
	None of these			
7.09 Wha	at type of recycling hauling services does your school receive? *			
	Cardboard only			
	Paper and cardboard only			
<b>V</b>	Mixed recyclables (plastic, metals, glass) only			
	Co-mingled paper, cardboard, and mixed recyclables together ("single-stream")			
	Organics			
	Other			
	None of these			

7.10 Does your school compost? \*

Yes, we participate in an organics recycling (off-site composting) program	
Yes, on-site outdoors (e.g. in garden)	
Yes, on-site indoors (e.g. worm bin in classroom)	
Other	
No, we don't compost	
7.11 Does your school promote the Environmental Protection Agency's Indoor Air Quality Tools for Schools Program to reduce exposure to environmental factors that impact asthma among children and adults in public schools? *	
O Yes	
⊙ No	
7.12 Does your school purchase environmentally friendly cleaning supplies? *	
⊙ Yes	
O No	
7.13 Does your school cleaning/maintenance staff follow green cleaning procedures? *	
⊙ Yes	
O No	