

# Back-Up and Emergency Food Supplies

CACFP Annual Training FY 2017



# Emergency Preparedness & First Aid

According to Chapter 3 of Title 29 of the District of Columbia Municipal Regulations (DCMR):

**29 DCMR §369.1** - Each Child Development Facility shall have, at all times, on the premises and readily available to administer aid, at least (2) staff members who possess current certification in First Aid and CPR for children, and the prevention, recognition and management of communicable disease, or who have satisfactorily completed courses, approved by the Director, in all of the above disciplines; except that in a Child Development Home wherein there are (2) or fewer Caregivers, each Caregiver and his or her substitute shall possess the above-mentioned qualifications.

**29 DCMR §369.2** - Each Facility shall obtain and shall maintain, on the Facility premises, a sufficient quantity of first aid supplies to meet the Facility's reasonably expected needs, based on the size of the Facility, the ages and developmental abilities of the enrolled children, and the Facility's program of activities. The Facility shall maintain these supplies in a designated location that is readily available to staff and inaccessible to the children.

# Emergency Foods

- First Aid Kits:
  - Should be fully stocked
  - Accessible for all staff—not locked away
  - Should be in every room

# First Aid Supply List

- (a) One (1) roll of one-half inch (1/2") non-allergenic adhesive tape;
- (b) One (1) roll of two-inch (2") gauze roller bandage;
- (c) Ten (10) individually wrapped sterile gauze squares in assorted sizes;
- (d) Twenty-five (25) adhesive (*e.g.*, Band-Aid) compresses in assorted sizes;
- (e) Three (3) clean cotton towels or sheeting pieces, approximately twenty-four by thirty-six inches (24" x 36") each;
- (f) One (1) pair of scissors;
- (g) Safety pins in assorted sizes;
- (h) One (1) flashlight;
- (i) One (1) thermometer;
- (j) One (1) measuring tablespoon or dosing spoon;
- (k) One (1) pair of tweezers;
- (l) One-third cup (1/3 c.) of powdered milk for dental first aid (for mixing to make a liquid solution);
- (m) A current First Aid text published by the American Academy of Pediatrics or the American Red Cross, or an equivalent community first aid guide;
- (n) The telephone number(s) of the local Poison Control Center;
- (o) Rubbing alcohol and alcohol swabs;
- (p) Cotton balls;
- (q) One (1) ice pack or gel pack;
- (r) Liquid sanitizer;
- (s) Disposable, nonabsorbent gloves;
- (t) All items needed for disposal of blood-borne pathogens;
- (u) Written Facility protocol for standard precautions and treatment of injuries; and
- (v) One-way valves for infants (if served), young children and adults.

# Emergency Foods

According to Chapter 3 of Title 29 of the District of Columbia Municipal Regulations (DCMR):

## **372 Food & Nutrition Requirements**

- 29 DCMR §372.1 - Each Child Development Facility shall ensure that its planned menus, and the foods that are actually served by the Facility, are: varied, suitable to the ages and developmental levels of the children, and consistent with the meal pattern requirements specified by the United States Department of Agriculture's Child and Adult Care Food Program.
- 29 DCMR §372.8 Each Facility shall maintain a (1) day supply of perishables and a (3) day supply of staples at all times.

## **373 Menus, Meals & Service**

- 29 DCMR §373.1 - Each Child Development Facility shall ensure that its daily menus conform to the current United States Department of Agriculture dietary recommendations for sugar, salt and fat intake.

## **374 Requirements for Infant Formula & Feeding**

- 29 DCMR §374.1 (k) The facility shall provide, or require the parent(s) or guardian(s) of each infant to provide, a sufficient supply of commercially prepared formula so that the child will be adequately fed in case of emergency;

Please make sure food is developmentally appropriate.

# Food Preparation

**Which certificate is necessary for the type of foods being prepared and served?**

**According to Chapter 3 of Title 29 of the District of Columbia Municipal Regulations (DCMR):**

## **372 Food & Nutrition Requirements**

**29 DCMR §372.2** Each Child Development Center shall have at least one staff member present at all times when meals are being prepared or served who is certified as a Food Protection Manager in with the District of Columbia Food Code, Title 25 of the District of Columbia Municipal Regulations. In order to qualify under this section, the staff member must have a valid and current certification, including photographic identification.