



CONSIDERING A TRIP?

To help limit the spread of coronavirus (COVID-19) and to protect the health and safety of all children and staff of schools and child development facilities, **travel outside of the District, Maryland or Virginia remains discouraged at this time.** As travel increases, so does your chances of becoming infected and spreading COVID-19. Staying home is the best way to protect yourself and others from getting sick.

Please remember children, teachers and staff returning from travel outside the District, Maryland or Virginia, or any place other than a low-risk state, territory or country, must complete the following before returning to school or child care:

SELF-MONITOR AND LIMIT DAILY ACTIVITIES, INCLUDING STAYING HOME FROM SCHOOL OR CHILD CARE, FOR 14 DAYS UPON RETURN TO THE DISTRICT

OR

LIMIT ACTIVITIES AND SELF-MONITOR UNTIL THEY ARE TESTED FOR CORONAVIRUS (COVID-19) (AT LEAST THREE TO FIVE DAYS AFTER THEIR RETURN) AND RECEIVE A NEGATIVE RESULT.

REMEMBER

Individuals must quarantine while awaiting COVID-19 test results.

Individuals who have traveled must closely monitor for symptoms of COVID-19 after their return. If symptoms develop, or if an individual is in close contact with someone with confirmed COVID-19, they must isolate and seek further guidance from a health care provider.

Institutions and employers may enforce additional restrictions, as deemed necessary.

The District updates the list of impacted states every two weeks at:

coronavirus.dc.gov/phasetwo.

As of Nov. 23, 2020, all states are considered high-risk except for Hawaii. For more information on travel, please refer to Mayor's Order 2020-110 and DC Health COVID-19 Guidance for Travel.



DC | **HEALTH**

WE ARE GOVERNMENT OF THE
DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR