

# 2025 Health Care Premiums

## MEDICAL COVERAGE

For employees hired on or after October 1, 1987. The cost is shared by the employee and the District, employees pay employee contribution premiums.

	Aetna HMO			Aetna PPO			Aetna CDHP		
	2025 Biweekly	2024 Biweekly	Change in Premium	2025 Biweekly	2024 Biweekly	Change in Premium	2025 Biweekly	2024 Biweekly	Change in Premium
Self Only	\$135.67	\$123.12	+\$12.55	\$130.28	\$118.65	+\$11.63	\$52.33	\$48.79	+\$3.54
Self +1	\$268.44	\$242.02	+\$26.42	\$256.08	\$233.23	+\$22.85	\$102.86	\$95.90	+\$6.96
Family	\$389.44	\$355.79	+\$33.65	\$376.47	\$342.87	+\$33.60	\$151.21	\$140.99	+\$10.22

	CareFirst HMO			CareFirst PPO			CareFirst CDHP	
	2025 Biweekly	2024 Biweekly	Change in Premium	2025 Biweekly	2024 Biweekly	Change in Premium	2025 Biweekly	
Self Only	\$100.28	\$94.16	+\$6.12	\$110.72	\$102.04	+\$8.68	\$50.56	<b>NEW!</b>
Self +1	\$197.56	\$185.49	+\$12.07	\$211.47	\$194.90	+\$16.57	\$96.57	<b>NEW!</b>
Family	\$289.82	\$272.11	+\$17.71	\$324.40	\$298.98	+\$25.42	\$148.15	<b>NEW!</b>

	Kaiser Permanente HMO		
	2025 Biweekly	2024 Biweekly	Change in Premium
Self Only	\$93.83	\$89.36	+\$4.47
Self +1	\$179.22	\$170.68	+\$8.54
Family	\$274.91	\$261.82	+\$13.09

	UHC HMO Choice			UHC PPO Choice		
	2025 Biweekly	2024 Biweekly	Change in Premium	2025 Biweekly	2024 Biweekly	Change in Premium
Self Only	\$118.36	\$106.73	+\$11.63	\$116.68	\$105.21	+\$11.47
Self +1	\$226.07	\$203.85	+\$22.22	\$222.86	\$200.95	+\$21.91
Family	\$346.79	\$312.70	+\$34.09	\$341.87	\$308.27	+\$33.60

## DENTAL & VISION COVERAGE

- **Dental HMO:** Available at **no cost** to eligible employees; District pays 100% of premium costs.
- **Dental PPO:** District pays a portion of premium costs for eligible Compensation Units 1 and 2 Collective Bargaining Agreement employees.
- **Vision:** Available at **no cost** to eligible employees; District pays 100% of premium costs.

	Cigna Dental PPO		
	2025 Biweekly	2024 Biweekly	Change in Premium
Self Only	\$26.71	\$26.71	\$0
Self +1	\$37.91	\$37.91	\$0
Family	\$49.16	\$49.16	\$0