

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

**Total
Injury and Violence**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight	69.8	63.7	67.5	65.1	60.5	62.5	Decreased, 2012-2023	No quadratic change	No change
QN13: Percentage of students who were ever bullied on school property	29.9	30.8	32.5	32.0	28.5	31.0	No linear change	No quadratic change	Increased
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	11.6	12.6	13.5	13.7	18.8	19.4	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Total
Injury and Violence**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN15: Percentage of students who ever seriously thought about killing themselves									
	21.7	20.2	24.6	29.2	28.0	26.9	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN16: Percentage of students who ever made a plan about how they would kill themselves									
	12.8	12.3	15.8	18.6	19.3	17.7	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	Decreased
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)									
	22.8	23.1	26.7	26.7	20.9	17.9	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Decreased

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	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
	13.3	12.9	16.1	15.0	16.7	22.7	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Increased
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)									
	14.7	14.4	14.8	16.0	18.3	23.9	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)									
			46.4	37.2	43.0		Decreased, 2019-2023	Not available [§]	Increased

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[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Injury and Violence**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)									
				4.3	4.2	3.7	No linear change	Not available [§]	No change
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)									
	10.2	9.7	10.0	10.1	9.7	14.6	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

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Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †						
2012	2015	2017	2019	2021	2023									
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)						16.5	14.2	16.3	No linear change	Not available [§]	No change			
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)						17.0	13.9	14.5	12.1	7.9	12.5	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex						5.7	4.5	3.0	3.3	Decreased, 2017-2023	Not available	No change		

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§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Total
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
5.0	3.8	4.0	2.5	1.3	1.7	Decreased, 2012-2023	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
0.7	0.5	0.6	0.2	0.2	0.3	Decreased, 2012-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
0.6	0.4	0.5	0.2	0.2	0.2	Decreased, 2012-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
	0.6	0.9	0.6	0.4	0.8	No linear change	Not available [§]	Not available

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Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	0.5	0.7	0.4	0.3	0.6	No linear change	Not available [§]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	5.8	5.8	5.3	4.5	6.2	No linear change	Not available	Increased
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)								
6.4	5.1	4.5	2.3	1.2	2.6	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

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Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
1.0	0.5	0.7	0.3	0.1	0.4	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
0.7	0.4	0.5	0.2	0.1	0.3	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
8.4	6.6	5.7	3.2	1.8	3.3	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
	7.6	7.7	6.1	5.1	6.7	Decreased, 2015-2023	Not available [§]	Not available

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**Total
Alcohol and Other Drug Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)								
14.2	10.9	14.4	13.1	11.7	13.0	No linear change	No quadratic change	Increased
QN29: Percentage of students who tried marijuana for the first time before age 11 years								
4.7	3.7	4.1	4.1	2.4	2.9	Decreased, 2012-2023	No quadratic change	No change
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)								
		8.1	13.4	12.1	11.6	Increased, 2017-2023	Not available [§]	No change

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Total
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	4.8	5.2	5.9	3.7	1.8	1.6	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	10.5	8.7	8.3	8.2	5.3	6.1	Decreased, 2012-2023	No quadratic change	Increased
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	12.6	8.7	9.0	7.5	5.2	6.6	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	9.3	7.6	9.8	9.0	4.9	7.0	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	Increased

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**Total
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN33: Percentage of students who ever had sexual intercourse	18.5	11.6	13.7	12.2	7.0	6.9	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	9.1	5.0	5.1	4.5	3.1	2.6	Decreased, 2012-2023	No quadratic change	No change
QN35: Percentage of students who ever had sexual intercourse with three or more persons	8.1	4.7	4.9	4.0	1.9	1.8	Decreased, 2012-2023	No quadratic change	No change
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	73.0	68.8	67.8	63.0	52.6	47.4	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change

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**Total
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual								
				14.4	13.3	No linear change	Not available [§]	No change

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Total
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN37: Percentage of students who described themselves as slightly or very overweight								
20.8	20.2	20.4	21.5	25.4	21.6	Increased, 2012-2023	No quadratic change	Decreased
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
			10.6	14.4	12.8	Increased, 2019-2023	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
			43.4	39.4	42.0	No linear change	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)								
21.3	20.9	22.1	23.0	31.2	32.1	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change

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**Total
Dietary Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight									
	7.1	7.4	7.9	7.3	8.6	9.1	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)									
	2.4	2.5	1.9	2.2	2.1	5.0	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

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**Total
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
38.7	38.6	36.6	42.9	41.0	41.4	Increased, 2012-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
24.2	24.4	25.1	18.7	23.4	24.1	No linear change	Decreased, 2012-2019 Increased, 2019-2023	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
24.6	23.9	23.1	24.9	24.4	26.1	No linear change	Decreased, 2012-2017 Increased, 2017-2023	Not available

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Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			52.2	50.3	47.8	51.2	Decreased, 2017-2023	Not available [§]	Increased
	QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)								
			4.8	3.8	2.5	3.0	Decreased, 2017-2023	Not available	No change
	QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	69.9		66.3	65.8	75.6	77.7	Increased, 2015-2023	Not available	No change
	QN49: Percentage of students who live in District of Columbia wards 1 through 4								
				18.0	17.4	18.2	No linear change	Not available	No change

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Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine						No linear change	Not available [§]	No change
	QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)						Decreased, 2019-2023	Not available	No change
	QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)						Decreased, 2017-2023	Not available	No change

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Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)									
			1.2	1.3	1.9	Increased, 2019-2023	Not available [§]	Not available	

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Total Demographic	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN64: Percentage of students who described themselves as transgender									
					1.8	1.3	Decreased, 2021-2023	Not available [§]	Decreased

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**Total
Mental Health**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who ever tried to kill themselves								
10.2	12.4	12.5	14.4	12.9	12.1	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				19.3	16.1	Decreased, 2021-2023	Not available [§]	Decreased

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Total Protective Factors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
65.2	68.5	67.8	68.1	62.4	67.1	No linear change	Increased, 2012-2017 Decreased, 2017-2023	Increased

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**Total
HIV/STD/Pregnancy Prevention**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school								
56.5	43.4	51.2	45.8	23.7	28.4	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Increased

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight	77.7	72.8	75.4	73.9	70.8	70.8	Decreased, 2012-2023	No quadratic change	Not available
QN13: Percentage of students who were ever bullied on school property	26.0	26.8	27.2	27.7	23.7	26.1	No linear change	No quadratic change	Not available
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	8.0	8.6	9.1	10.0	13.0	15.0	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Not available
QN15: Percentage of students who ever seriously thought about killing themselves	15.8	15.2	17.2	20.9	18.2	18.8	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Not available

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves									
	10.0	9.3	11.1	12.2	11.9	12.2	Increased, 2012-2023	No quadratic change	Not available
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)									
	31.1	29.5	33.4	34.5	24.1	22.0	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Not available
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
	13.4	12.7	15.4	14.9	16.7	22.8	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)									
	14.7	14.4	14.5	16.1	17.0	22.7	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	Not available
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)									
			45.0	36.6	39.8		Decreased, 2019-2023	Not available [§]	Not available
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)									
			3.0	2.6	2.2		Decreased, 2019-2023	Not available	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
<p>QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>									
	10.4	10.0	10.6	10.9	10.9	15.5	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Not available
<p>QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)</p>									
				16.2	13.3	13.4	Decreased, 2019-2023	Not available [§]	Not available
<p>QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)</p>									
	14.7	13.6	13.2	11.7	7.6	12.1	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		7.0	5.8	3.6	4.1	Decreased, 2017-2023	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Male
Tobacco Use**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	5.5	4.0	4.2	3.0	1.6	1.7	Decreased, 2012-2023	No quadratic change	Not available
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.9	0.7	0.8	0.3	0.3	0.3	Decreased, 2012-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.8	0.5	0.6	0.2	0.2	0.2	Decreased, 2012-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)		0.8	1.2	0.8	0.5	0.8	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Male
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	0.7	1.0	0.6	0.4	0.7	No linear change	Not available [§]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	6.4	5.9	5.7	3.8	5.0	Decreased, 2015-2023	Not available	Not available
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)								
7.2	5.5	4.7	2.6	1.3	2.9	Decreased, 2012-2023	No quadratic change	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Male
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
1.2	0.6	1.0	0.4	0.2	0.6	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
0.9	0.5	0.7	0.2	0.1	0.4	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
9.3	7.0	5.7	3.7	1.9	3.4	Decreased, 2012-2023	No quadratic change	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
	8.1	7.7	6.7	4.4	5.5	Decreased, 2015-2023	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)								
15.1	11.6	15.2	14.5	11.4	12.3	Decreased, 2012-2023	No quadratic change	Not available
QN29: Percentage of students who tried marijuana for the first time before age 11 years								
6.4	4.4	5.1	5.1	2.8	3.4	Decreased, 2012-2023	No quadratic change	Not available
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)								
		8.4	13.1	10.0	9.8	No linear change	Not available§	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	5.5	6.0	6.1	3.7	1.7	1.6	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	Not available
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	8.8	8.2	7.1	7.3	4.4	5.2	Decreased, 2012-2023	No quadratic change	Not available
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	11.9	7.9	8.6	7.0	4.4	5.3	Decreased, 2012-2023	No quadratic change	Not available
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	10.0	8.2	10.6	9.7	4.7	6.4	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Male
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN33: Percentage of students who ever had sexual intercourse	28.5	19.5	22.9	19.6	10.8	9.9	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Not available
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	15.5	9.0	8.8	7.6	4.2	3.9	Decreased, 2012-2023	No quadratic change	Not available
QN35: Percentage of students who ever had sexual intercourse with three or more persons	13.8	8.5	8.7	7.0	3.1	2.9	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Not available
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	75.5	70.8	71.2	65.1	58.4	53.2	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Male
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual								
				4.0	3.5	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Dietary Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN37: Percentage of students who described themselves as slightly or very overweight									
	17.2	17.1	18.4	20.0	23.5	21.2	Increased, 2012-2023	No quadratic change	Not available
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)									
				10.2	11.2	11.0	No linear change	Not available [§]	Not available
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)									
				49.0	48.3	49.8	No linear change	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)									
	19.6	19.5	19.8	20.0	23.8	28.1	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Dietary Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight									
	7.3	7.9	8.2	7.5	6.7	8.1	No linear change	No quadratic change	Not available
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)									
	2.4	2.6	2.2	2.6	2.1	5.3	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Physical Activity

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	46.8	46.0	42.5	49.5	47.9	48.3	No linear change	No quadratic change	Not available
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	21.9	22.1	23.4	17.1	21.3	21.7	No linear change	No quadratic change	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	31.7	30.3	28.9	30.7	30.9	32.6	No linear change	Decreased, 2012-2017 Increased, 2017-2023	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			52.6	51.1	51.5	53.7	No linear change	Not available [§]	Not available
	QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)								
			5.5	4.7	3.2	3.8	Decreased, 2017-2023	Not available	Not available
	QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
		67.3	63.0	62.7	74.8	76.8	Increased, 2015-2023	Not available	Not available
	QN49: Percentage of students who live in District of Columbia wards 1 through 4								
				17.6	18.4	19.1	No linear change	Not available	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine						No linear change	Not available [§]	Not available
	QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)						Decreased, 2019-2023	Not available	Not available
	QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)						Decreased, 2017-2023	Not available	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)									
			1.5	1.8	2.3	Increased, 2019-2023	Not available [§]	Not available	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Male
Demographic**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN64: Percentage of students who described themselves as transgender					1.2	1.1	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Mental Health

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who ever tried to kill themselves									
	7.6	9.3	9.3	10.3	8.3	7.9	No linear change	Increased, 2012-2019 Decreased, 2019-2023	Not available
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)									
					11.9	11.1	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Male
Protective Factors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
62.8	67.0	65.8	66.2	63.2	67.5	Increased, 2012-2023	No quadratic change	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
HIV/STD/Pregnancy Prevention

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school								
56.9	44.1	52.5	47.7	24.7	28.6	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Female
Injury and Violence**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight	61.9	54.6	59.6	56.5	50.9	54.1	Decreased, 2012-2023	No quadratic change	No change
QN13: Percentage of students who were ever bullied on school property	33.9	35.0	37.6	36.1	32.6	35.9	No linear change	No quadratic change	Increased
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	15.2	16.5	17.8	17.4	23.8	23.8	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	No change
QN15: Percentage of students who ever seriously thought about killing themselves	27.7	25.3	31.6	37.3	36.9	35.0	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves									
	15.6	15.3	20.4	24.9	26.0	23.1	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Decreased
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)									
	14.7	16.6	19.9	19.1	17.9	13.7	No linear change	Increased, 2012-2019 Decreased, 2019-2023	Decreased
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
	13.2	12.8	16.6	14.7	16.5	22.5	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)									
	14.7	14.3	15.0	15.6	19.3	25.0	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)									
			47.7	37.6	46.1		No linear change	Not available§	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)									
			5.2	5.8	5.0		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
9.8	9.1	9.0	8.5	8.3	13.4	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)								
			16.6	15.1	19.1	Increased, 2019-2023	Not available [§]	Increased
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)								
19.2	14.2	15.7	12.4	8.1	12.9	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		4.1	3.1	2.4	2.4	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

**Female
Tobacco Use**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	4.3	3.4	3.6	1.8	1.1	1.6	Decreased, 2012-2023	No quadratic change	Increased
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.5	0.3	0.4	0.2	0.1	0.2	Decreased, 2012-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.4	0.3	0.4	0.1	0.1	0.2	Decreased, 2012-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)		0.3	0.6	0.3	0.3	0.7	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

**Female
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	0.3	0.4	0.2	0.2	0.5	No linear change	Not available [§]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	5.1	5.5	4.5	5.1	7.4	Increased, 2015-2023	Not available	Increased
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)								
5.4	4.5	4.1	1.6	1.1	2.4	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

**Female
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
0.7	0.4	0.4	0.1	0.1	0.3	Decreased, 2012-2023	No quadratic change	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
0.4	0.3	0.3	0.1	0.0	0.2	Decreased, 2012-2023	No quadratic change	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
7.3	6.0	5.4	2.5	1.6	3.2	Decreased, 2012-2023	No quadratic change	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
	6.9	7.5	5.4	5.7	7.8	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)								
13.2	10.2	13.4	11.7	11.8	13.6	No linear change	No change, 2012-2019 Increased, 2019-2023	Increased
QN29: Percentage of students who tried marijuana for the first time before age 11 years								
2.8	2.8	2.9	2.8	2.0	2.4	Decreased, 2012-2023	No quadratic change	No change
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)								
		7.5	13.7	14.0	13.5	Increased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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10-year Trend Analysis Report

Female
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	4.1	4.2	5.6	3.5	1.9	1.6	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	12.1	9.2	9.3	8.9	6.0	7.0	Decreased, 2012-2023	No quadratic change	Increased
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	13.2	9.3	9.2	7.9	5.9	7.9	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	8.4	6.8	8.9	8.2	5.2	7.5	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Female
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN33: Percentage of students who ever had sexual intercourse	9.3	4.1	5.2	5.4	3.6	4.0	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	3.1	1.3	1.7	1.4	2.1	1.3	Decreased, 2012-2023	Decreased, 2012-2017 No change, 2017-2023	Decreased
QN35: Percentage of students who ever had sexual intercourse with three or more persons	2.8	1.0	1.3	1.0	0.8	0.8	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	66.0	59.5	53.7	56.2	38.3	34.3	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

**Female
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual								
				24.0	22.8	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Female
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN37: Percentage of students who described themselves as slightly or very overweight								
24.2	23.1	22.2	22.8	26.9	21.9	No linear change	No quadratic change	Decreased
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
			10.9	17.3	14.6	Increased, 2019-2023	Not available [§]	Decreased
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
			38.1	31.3	34.2	Decreased, 2019-2023	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)								
23.0	22.2	24.1	25.8	37.9	36.1	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Female
Dietary Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight									
	7.0	6.8	7.5	7.0	10.3	10.1	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)									
	2.3	2.3	1.6	1.8	2.1	4.7	Increased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Female
Physical Activity

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	31.2	31.3	31.0	36.6	34.6	34.5	Increased, 2012-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	26.2	26.5	26.8	20.0	25.5	26.5	No linear change	Decreased, 2012-2019 Increased, 2019-2023	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	17.9	17.5	17.7	19.3	18.4	19.7	Increased, 2012-2023	No quadratic change	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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10-year Trend Analysis Report

Female Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			51.9	49.5	44.7	48.8	Decreased, 2017-2023	Not available [§]	Increased
	QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)								
			3.9	2.7	1.8	2.1	Decreased, 2017-2023	Not available	No change
	QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	72.6		69.4	68.8	76.5	78.6	Increased, 2015-2023	Not available	No change
	QN49: Percentage of students who live in District of Columbia wards 1 through 4								
				18.0	16.4	17.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Female Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine						No linear change	Not available [§]	No change
	QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)						Decreased, 2019-2023	Not available	No change
	QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)						Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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Female Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)									
			0.7	0.9	1.4	Increased, 2019-2023	Not available [§]	Not available	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

**Female
Demographic**

Health Risk Behavior and Percentages

Linear Change*

Quadratic Change*

**Change from
2021-2023 †**

2012

2015

2017

2019

2021

2023

QN64: Percentage of students who described themselves as transgender

1.9

1.3

Decreased, 2021-2023

Not available[§]

Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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10-year Trend Analysis Report

**Female
Mental Health**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who ever tried to kill themselves								
12.7	15.5	15.6	18.4	17.0	16.3	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				25.6	20.9	Decreased, 2021-2023	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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10-year Trend Analysis Report

Female
Protective Factors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
67.6	70.1	69.9	70.0	61.9	66.8	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Female
HIV/STD/Pregnancy Prevention

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school								
56.2	42.9	50.0	44.1	23.0	28.3	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight	37.8	32.8	35.3	35.1	30.5	31.9	Decreased, 2012-2023	No quadratic change	No change
QN13: Percentage of students who were ever bullied on school property	42.2	34.2	40.6	37.4	28.3	33.7	Decreased, 2012-2023	No quadratic change	Increased
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	15.9	12.0	15.9	13.8	18.1	18.3	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
QN15: Percentage of students who ever seriously thought about killing themselves	10.9	11.0	15.7	18.6	20.0	14.9	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves									
	8.3	11.0	12.4	11.7	13.2	10.7	No linear change	Increased, 2012-2017 No change, 2017-2023	No change
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)									
	19.8	22.0	22.5	24.9	16.3	14.2	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
	2.7	3.3	6.1	6.2	6.2	4.9	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)								
12.0	15.1	19.9	23.3	24.1	30.2	Increased, 2012-2023	No quadratic change	No change
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)								
			32.8	28.3	39.1	Increased, 2019-2023	Not available [¶]	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
			1.6	2.3	0.8	No linear change	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
<p>QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
4.7	5.3	7.9	4.2	7.2	7.4	No linear change	No quadratic change	No change
<p>QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)</p>								
			14.2	19.8	16.9	No linear change	Not available [¶]	No change
<p>QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)</p>								
10.5	6.7	8.8	7.6	4.4	7.4	Decreased, 2012-2023	No quadratic change	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages

Linear Change[†]

Quadratic Change[†]

**Change from
2021-2023[§]**

	2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex									
			2.1	1.8	1.4	1.0	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Tobacco Use

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	2.0	1.9	2.0	0.7	0.5	0.5	Decreased, 2012-2023	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	1.0	1.0	1.0	0.1	0.1	0.1	Decreased, 2012-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	1.0	0.9	0.9	0.1	0.1	0.1	Decreased, 2012-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)		1.1	1.1	0.4	0.4	0.1	Decreased, 2015-2023	Not available [¶]	Not available

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	1.0	0.9	0.4	0.4	0.1	Decreased, 2015-2023	Not available [¶]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	2.7	2.6	3.9	1.8	1.4	Decreased, 2015-2023	Not available	No change
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)								
1.2	2.0	2.0	0.7	0.4	0.8	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
0.7	0.9	0.9	0.0	0.2	0.2	Not available	Not available [¶]	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
0.7	0.9	0.9	0.0	0.1	0.2	Not available	Not available	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
2.0	2.7	2.6	1.0	0.7	1.0	Decreased, 2012-2023	No quadratic change	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
	3.3	3.6	4.1	1.9	1.5	Decreased, 2015-2023	Not available	Not available

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)								
7.1	4.2	6.6	6.4	6.6	7.3	No linear change	No change, 2012-2017 No change, 2017-2023	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years								
1.1	1.5	1.7	1.0	0.7	0.2	Decreased, 2012-2023	No quadratic change	Decreased
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)								
		5.2	6.2	6.1	5.1	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)								
3.2	3.2	4.3	1.9	1.6	0.8	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)								
4.8	3.9	5.9	5.0	3.1	4.1	No linear change	No quadratic change	No change
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
7.1	5.6	6.0	7.5	4.4	5.4	No linear change	No quadratic change	No change
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
2.6	2.6	4.7	4.3	1.3	1.1	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN33: Percentage of students who ever had sexual intercourse									
	2.3	1.9	5.0	3.2	1.8	1.5	No linear change	Increased, 2012-2017 Decreased, 2017-2023	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years									
	1.3	1.2	2.0	1.1	0.9	0.6	Decreased, 2012-2023	No quadratic change	No change
QN35: Percentage of students who ever had sexual intercourse with three or more persons									
	1.4	1.3	2.3	0.8	0.8	0.4	Decreased, 2012-2023	No quadratic change	Decreased
QN63: Percentage of students who described themselves as gay or lesbian or bisexual									
					17.4	13.6	No linear change	Not available [¶]	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN37: Percentage of students who described themselves as slightly or very overweight								
14.2	14.9	15.9	16.3	14.3	13.1	No linear change	No change, 2012-2019 Decreased, 2019-2023	No change
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
			4.2	5.5	4.8	No linear change	Not available [¶]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
			58.8	53.4	55.9	No linear change	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)								
7.6	6.6	9.4	10.8	13.4	12.2	Increased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight								
4.0	3.1	2.4	2.7	3.6	4.9	No linear change	Decreased, 2012-2017 Increased, 2017-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)								
0.7	0.9	0.8	0.7	0.4	1.6	No linear change	No change, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Physical Activity

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
58.3	62.1	59.8	64.4	66.8	67.7	Increased, 2012-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
7.8	6.3	6.4	5.3	4.6	3.9	Decreased, 2012-2023	No quadratic change	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
28.2	31.4	30.5	32.7	32.9	39.1	Increased, 2012-2023	No quadratic change	Not available

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			69.7	68.0	65.3	69.0	No linear change	Not available [¶]	No change
	QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)								
			2.0	1.4	1.0	0.6	Decreased, 2017-2023	Not available	No change
	QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	90.4	90.0	88.5	90.9	93.1	No linear change	Not available	No change	
	QN49: Percentage of students who live in District of Columbia wards 1 through 4								
			39.9	38.2	40.3	No linear change	Not available	No change	

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine								
				10.5	12.1	10.5	No linear change	Not available [¶]	No change
	QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)								
				89.7	86.8	88.9	No linear change	Not available	No change
	QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)								
			3.7	1.4	1.4	1.2	Decreased, 2017-2023	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)								
				0.5	0.8	0.4	No linear change	Not available [¶]	Not available

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Demographic

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]		
2012	2015	2017	2019	2021	2023					
QN64: Percentage of students who described themselves as transgender						4.1	2.8	No linear change	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Mental Health

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who ever tried to kill themselves								
3.3	4.0	4.6	5.3	5.7	4.1	No linear change	No quadratic change	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				20.3	17.0	No linear change	Not available [¶]	Decreased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
Protective Factors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
71.0	70.1	63.5	63.0	62.7	65.7	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

White*
HIV/STD/Pregnancy Prevention

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school								
57.1	25.5	40.2	43.7	20.4	28.7	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight	77.3	72.2	75.0	74.1	70.2	71.5	Decreased, 2012-2023	No quadratic change	No change
QN13: Percentage of students who were ever bullied on school property	27.3	29.0	30.4	29.9	27.4	29.9	No linear change	No quadratic change	Increased
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	10.1	12.2	12.4	13.0	18.4	19.2	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	No change
QN15: Percentage of students who ever seriously thought about killing themselves	22.0	20.9	24.4	29.9	28.7	28.3	Increased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves									
	12.5	11.8	15.1	18.7	19.9	18.3	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	No change
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)									
	23.7	24.7	27.3	27.8	22.1	18.5	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Decreased
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
	13.4	13.4	16.2	15.6	17.7	24.9	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)								
13.6	12.7	12.0	13.1	14.9	19.9	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)								
			50.1	40.0	44.2	Decreased, 2019-2023	Not available [¶]	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
			4.1	3.7	3.4	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
9.9	9.8	9.6	9.6	9.8	14.6	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)								
			15.5	12.7	14.9	No linear change	Not available [¶]	No change
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)								
17.0	14.8	14.9	12.2	8.1	13.2	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages

Linear Change[†]

Quadratic Change[†]

**Change from
2021-2023[§]**

2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		5.4	4.5	3.2	3.4	Decreased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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10-year Trend Analysis Report

**Black*
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
4.6	3.4	3.3	2.0	1.2	1.4	Decreased, 2012-2023	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
0.6	0.4	0.3	0.1	0.2	0.1	Decreased, 2012-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
0.5	0.2	0.3	0.1	0.1	0.1	Decreased, 2012-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
	0.5	0.7	0.4	0.3	0.7	No linear change	Not available [¶]	Not available

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Tobacco Use	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)									
	0.5	0.5	0.2	0.2	0.6	No linear change	Not available [¶]	Not available	
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)									
	5.8	5.1	4.1	4.5	6.2	No linear change	Not available	Increased	
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)									
	6.5	5.2	3.8	1.7	1.1	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased	

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
1.0	0.4	0.5	0.2	0.1	0.4	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
0.7	0.2	0.3	0.1	0.0	0.3	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
8.6	6.6	4.9	2.7	1.7	3.3	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
	7.5	7.0	5.1	5.1	6.8	Decreased, 2015-2023	Not available [¶]	Not available

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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Black* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)								
14.1	11.7	14.6	13.7	12.6	13.4	No linear change	No quadratic change	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years								
4.8	3.9	4.0	4.3	2.9	3.2	Decreased, 2012-2023	No quadratic change	No change
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)								
		7.6	14.8	13.1	12.4	Increased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

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[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Alcohol and Other Drug Use						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
Health Risk Behavior and Percentages								
2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)								
4.1	4.9	5.3	3.6	1.6	1.3	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)								
9.9	8.7	7.8	7.9	5.4	5.9	Decreased, 2012-2023	No quadratic change	No change
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
12.3	8.5	8.4	6.6	5.1	6.2	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
9.8	8.5	10.1	9.6	5.9	7.9	Decreased, 2012-2023	No quadratic change	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
Q33: Percentage of students who ever had sexual intercourse									
	21.5	13.7	15.6	14.3	8.2	7.9	Decreased, 2012-2023	No quadratic change	No change
Q34: Percentage of students who had sexual intercourse for the first time before age 11 years									
	10.4	6.0	5.6	5.3	3.4	2.8	Decreased, 2012-2023	No quadratic change	No change
Q35: Percentage of students who ever had sexual intercourse with three or more persons									
	9.3	5.7	5.5	4.7	2.2	2.1	Decreased, 2012-2023	No quadratic change	No change
Q36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)									
	74.0	71.0	70.2	65.4	53.1	47.7	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual								
				14.0	13.6	No linear change	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Dietary Behaviors	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN37: Percentage of students who described themselves as slightly or very overweight									
	20.2	20.0	19.2	20.2	25.8	21.4	Increased, 2012-2023	No quadratic change	Decreased
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)									
				10.1	15.2	13.0	Increased, 2019-2023	Not available [¶]	Decreased
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)									
				42.7	36.8	40.0	Decreased, 2019-2023	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)									
	22.2	23.1	23.1	24.7	33.5	34.6	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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Black* Dietary Behaviors	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight									
	7.5	7.9	8.1	7.8	8.7	8.7	Increased, 2012-2023	No quadratic change	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)									
	2.2	2.1	1.9	2.3	2.2	5.1	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Physical Activity

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
37.7	36.4	35.4	41.6	37.9	37.5	No linear change	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
25.3	26.4	26.7	20.2	25.9	27.9	No linear change	Decreased, 2012-2019 Increased, 2019-2023	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
25.6	23.6	23.4	25.3	23.9	24.7	No linear change	No quadratic change	Not available

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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Black* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			49.7	47.2	44.2	48.2	No linear change	Not available [¶]	Increased
	QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)								
			4.5	4.0	2.6	2.9	Decreased, 2017-2023	Not available	No change
	QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	68.3	63.3	62.5	74.7	76.2	Increased, 2015-2023	Not available	No change	
	QN49: Percentage of students who live in District of Columbia wards 1 through 4								
			12.5	12.0	12.7	No linear change	Not available	No change	

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine								
			16.2	17.6	18.1	Increased, 2019-2023	Not available [¶]	No change	
	QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)								
			69.2	61.8	63.8	Decreased, 2019-2023	Not available	No change	
	QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)								
		6.6	5.0	3.4	3.1	Decreased, 2017-2023	Not available	No change	

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)								
				1.2	1.3	1.9	Increased, 2019-2023	Not available [¶]	Not available

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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10-year Trend Analysis Report

Black*
Demographic

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]		
2012	2015	2017	2019	2021	2023					
QN64: Percentage of students who described themselves as transgender						1.2	0.8	No linear change	Not available [¶]	Decreased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Black*
Mental Health**

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who ever tried to kill themselves									
	10.4	12.9	12.4	15.1	13.6	12.6	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)									
					18.4	15.1	Decreased, 2021-2023	Not available [¶]	Decreased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Protective Factors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
66.3	69.3	70.3	71.1	64.2	70.8	No linear change	Increased, 2012-2017 No change, 2017-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

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Black* HIV/STD/Pregnancy Prevention								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school								
59.3	48.5	53.8	47.5	25.1	29.2	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Hispanic
Injury and Violence**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight	53.9	45.6	49.8	49.3	42.8	48.0	Decreased, 2012-2023	No quadratic change	No change
QN13: Percentage of students who were ever bullied on school property	34.2	33.7	33.9	34.7	30.6	31.7	Decreased, 2012-2023	No quadratic change	No change
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	13.6	12.4	15.6	15.3	19.6	19.2	Increased, 2012-2023	No quadratic change	No change
QN15: Percentage of students who ever seriously thought about killing themselves	22.9	20.2	25.8	30.2	29.6	27.4	Increased, 2012-2023	No quadratic change	No change

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[†]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves								
14.6	12.7	18.8	19.6	20.4	18.0	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	No change
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)								
19.1	16.5	24.1	22.6	17.5	16.1	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
15.5	13.9	18.5	15.6	17.5	23.6	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)								
18.2	19.3	20.6	21.0	25.7	32.7	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)								
			39.2	30.3	38.6	No linear change	Not available [§]	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
			5.5	7.1	5.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
10-year Trend Analysis Report

**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
9.8	9.8	11.9	10.4	8.7	14.7	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)								
			20.6	17.3	20.8	No linear change	Not available [§]	No change
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)								
18.9	14.0	16.0	13.4	8.0	12.2	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		7.5	5.2	3.2	3.8	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	5.7	6.4	7.2	4.7	2.2	3.0	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	Increased
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	1.0	0.9	1.5	0.5	0.3	0.7	Decreased, 2012-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.9	0.8	1.2	0.5	0.2	0.5	Decreased, 2012-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)		0.7	1.4	1.0	0.6	1.1	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	0.6	1.1	0.8	0.4	0.7	No linear change	Not available [§]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	7.6	8.5	8.8	5.6	8.6	No linear change	Not available	Increased
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)								
6.1	6.0	7.1	4.0	1.9	3.4	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
0.9	0.8	1.1	0.7	0.2	0.7	Decreased, 2012-2023	No quadratic change	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
0.7	0.7	1.0	0.5	0.2	0.5	Decreased, 2012-2023	No quadratic change	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
7.9	8.1	8.6	5.6	2.7	4.2	Decreased, 2012-2023	No quadratic change	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
	10.8	11.0	10.1	6.4	9.0	Decreased, 2015-2023	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)								
16.1	11.6	15.6	15.0	11.2	13.9	No linear change	No quadratic change	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years								
4.1	3.3	4.9	4.0	1.3	2.9	Decreased, 2012-2023	No quadratic change	Increased
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)								
		9.8	12.4	12.0	11.5	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Hispanic
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	6.5	7.0	8.0	4.8	2.4	3.0	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	14.6	11.0	10.3	9.6	5.6	7.1	Decreased, 2012-2023	No quadratic change	No change
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	13.7	10.3	11.9	9.8	5.5	7.7	Decreased, 2012-2023	No quadratic change	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	8.4	6.8	10.0	9.2	3.7	6.3	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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**Hispanic
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN33: Percentage of students who ever had sexual intercourse	13.5	9.0	10.8	10.4	5.9	6.5	Decreased, 2012-2023	No quadratic change	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	6.3	3.0	4.4	3.8	3.2	2.7	Decreased, 2012-2023	No quadratic change	No change
QN35: Percentage of students who ever had sexual intercourse with three or more persons	4.6	3.1	3.7	3.3	1.5	1.6	Decreased, 2012-2023	No quadratic change	No change
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	74.3	66.5	56.4	58.8	55.1	50.6	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual								
				13.9	11.6	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Hispanic
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN37: Percentage of students who described themselves as slightly or very overweight								
26.7	25.5	27.8	28.3	32.0	28.3	Increased, 2012-2023	No quadratic change	No change
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
			15.7	16.7	17.5	No linear change	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
			38.4	40.1	40.6	No linear change	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)								
22.4	20.8	23.1	23.5	33.6	33.9	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Hispanic
Dietary Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	7.2	6.9	8.6	7.2	11.3	12.4	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	3.6	3.7	2.7	2.7	2.5	5.8	Increased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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**Hispanic
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
33.9	30.7	29.5	36.5	36.4	38.8	Increased, 2012-2023	Decreased, 2012-2017 Increased, 2017-2023	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
25.3	29.1	28.2	20.0	25.9	24.2	No linear change	No quadratic change	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
18.0	18.5	17.7	20.6	20.9	23.1	Increased, 2012-2023	No quadratic change	Not available

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Hispanic
Other

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)								
		55.4	53.8	49.2	51.5	Decreased, 2017-2023	Not available [§]	No change
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)								
		6.2	3.2	2.6	3.9	Decreased, 2017-2023	Not available	Increased
QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	62.6	65.0	64.6	69.4	73.0	Increased, 2015-2023	Not available	No change
QN49: Percentage of students who live in District of Columbia wards 1 through 4								
			24.5	25.3	23.7	No linear change	Not available	No change

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[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Hispanic
Other

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine						No linear change	Not available [§]	No change
			17.6	18.4	16.4			
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)						Decreased, 2019-2023	Not available	No change
			66.4	59.7	61.8			
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)						Decreased, 2017-2023	Not available	No change
		8.1	5.4	3.9	5.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Hispanic
Other

Health Risk Behavior and Percentages

Linear Change*

Quadratic Change*

**Change from
2021-2023 †**

2012	2015	2017	2019	2021	2023
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QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)

			1.2	1.6	2.4	Increased, 2019-2023	Not available [§]	Not available
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*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Demographic**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]		
2012	2015	2017	2019	2021	2023					
QN64: Percentage of students who described themselves as transgender						2.6	2.0	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Hispanic
Mental Health**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who ever tried to kill themselves	11.0	13.4	15.5	15.6	13.9	13.4	No linear change	Increased, 2012-2017 No change, 2017-2023	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)					21.8	18.6	No linear change	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Protective Factors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
60.7	63.8	61.6	62.0	57.1	56.8	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
HIV/STD/Pregnancy Prevention**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school								
48.2	35.5	46.6	41.1	21.3	26.0	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.