

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

Total Injury and Violence		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023[†]	
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QN10: Percentage of students who were ever in a physical fight													Decreased, 2007-2023	No quadratic change	No change
		76.3			69.8	63.7	67.5	65.1	60.5	62.5					
QN13: Percentage of students who were ever bullied on school property													No linear change	No quadratic change	Increased
					29.9	30.8	32.5	32.0	28.5	31.0					
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)													Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	No change
					11.6	12.6	13.5	13.7	18.8	19.4					

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Total Injury and Violence		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN15: Percentage of students who ever seriously thought about killing themselves													
		24.7			21.7	20.2	24.6	29.2	28.0	26.9	Increased, 2007-2023	Decreased, 2007-2015 Increased, 2015-2023	No change
QN16: Percentage of students who ever made a plan about how they would kill themselves													
		13.5			12.8	12.3	15.8	18.6	19.3	17.7	Increased, 2007-2023	No quadratic change	Decreased
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)													
		33.8			22.8	23.1	26.7	26.7	20.9	17.9	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	Decreased

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Total Injury and Violence		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
<p>QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)</p>													
					13.3	12.9	16.1	15.0	16.7	22.7	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Increased
<p>QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)</p>													
					14.7	14.4	14.8	16.0	18.3	23.9	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
<p>QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)</p>													
								46.4	37.2	43.0	Decreased, 2019-2023	Not available [§]	Increased

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§Not enough years of data to calculate.

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Total Injury and Violence		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †	
		2003	2005	2007	2009	2011	2012	2015	2017	2019				2021
<p>QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)</p>														
									4.3	4.2	3.7	No linear change	Not available [§]	No change
<p>QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>														
					10.2	9.7	10.0	10.1	9.7	14.6	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased	

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**Total
Injury and Violence**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)													
								16.5	14.2	16.3	No linear change	Not available [§]	No change
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)													
			17.0	13.9	14.5	12.1	7.9	12.5	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased		
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex													
					5.7	4.5	3.0	3.3	Decreased, 2017-2023	Not available	No change		

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Total Tobacco Use		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													
		7.6			5.0	3.8	4.0	2.5	1.3	1.7	Decreased, 2007-2023	Decreased, 2007-2017 Decreased, 2017-2023	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)													
		0.9			0.7	0.5	0.6	0.2	0.2	0.3	Decreased, 2007-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													
		0.6			0.6	0.4	0.5	0.2	0.2	0.2	Decreased, 2007-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)													
						0.6	0.9	0.6	0.4	0.8	No linear change	Not available [§]	Not available

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Total Tobacco Use		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
						0.5	0.7	0.4	0.3	0.6	No linear change	Not available [§]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)													
						5.8	5.8	5.3	4.5	6.2	No linear change	Not available	Increased
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)													
		7.5			6.4	5.1	4.5	2.3	1.2	2.6	Decreased, 2007-2023	Decreased, 2007-2015 Decreased, 2015-2023	Increased

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Total Tobacco Use		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)													
		0.7			1.0	0.5	0.7	0.3	0.1	0.4	Decreased, 2007-2023	No quadratic change	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)													
		0.5			0.7	0.4	0.5	0.2	0.1	0.3	Decreased, 2007-2023	No quadratic change	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													
		10.1			8.4	6.6	5.7	3.2	1.8	3.3	Decreased, 2007-2023	Decreased, 2007-2015 Decreased, 2015-2023	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)													
					7.6	7.7	6.1	5.1	6.7	Decreased, 2015-2023	Not available [§]	Not available	

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Total Alcohol and Other Drug Use											Linear Change*	Quadratic Change*	Change from 2021-2023 †
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													
		17.6			14.2	10.9	14.4	13.1	11.7	13.0	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	Increased
QN29: Percentage of students who tried marijuana for the first time before age 11 years													
		5.6			4.7	3.7	4.1	4.1	2.4	2.9	Decreased, 2007-2023	No quadratic change	No change
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)													
							8.1	13.4	12.1	11.6	Increased, 2017-2023	Not available [§]	No change

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Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)													
	5.2				4.8	5.2	5.9	3.7	1.8	1.6	Decreased, 2007-2023	No change, 2007-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)													
					10.5	8.7	8.3	8.2	5.3	6.1	Decreased, 2012-2023	No quadratic change	Increased
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
					12.6	8.7	9.0	7.5	5.2	6.6	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
					9.3	7.6	9.8	9.0	4.9	7.0	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	Increased

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Total Sexual Behaviors		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN33: Percentage of students who ever had sexual intercourse													
		29.2			18.5	11.6	13.7	12.2	7.0	6.9	Decreased, 2007-2023	No quadratic change	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years													
		10.3			9.1	5.0	5.1	4.5	3.1	2.6	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN35: Percentage of students who ever had sexual intercourse with three or more persons													
		12.0			8.1	4.7	4.9	4.0	1.9	1.8	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)													
		78.1			73.0	68.8	67.8	63.0	52.6	47.4	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change

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Total Sexual Behaviors		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual														
										14.4	13.3	No linear change	Not available [§]	No change

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Total Dietary Behaviors		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN37: Percentage of students who described themselves as slightly or very overweight													
		19.9			20.8	20.2	20.4	21.5	25.4	21.6	Increased, 2007-2023	No quadratic change	Decreased
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)													
								10.6	14.4	12.8	Increased, 2019-2023	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													
								43.4	39.4	42.0	No linear change*	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)													
		20.7			21.3	20.9	22.1	23.0	31.2	32.1	Increased, 2007-2023	No change, 2007-2017 Increased, 2017-2023	No change

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Total Dietary Behaviors		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight														
		9.4			7.1	7.4	7.9	7.3	8.6	9.1		No linear change	Decreased, 2007-2015 Increased, 2015-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)														
					2.4	2.5	1.9	2.2	2.1	5.0		Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

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Total Physical Activity		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)														
		32.7				38.7	38.6	36.6	42.9	41.0	41.4	Increased, 2007-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)														
		27.8				24.2	24.4	25.1	18.7	23.4	24.1	Decreased, 2007-2023	Decreased, 2007-2019 Increased, 2019-2023	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)														
		21.2				24.6	23.9	23.1	24.9	24.4	26.1	Increased, 2007-2023	No quadratic change	Not available

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Total Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)													
							52.2	50.3	47.8	51.2	Decreased, 2017-2023	Not available [§]	Increased
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)													
							4.8	3.8	2.5	3.0	Decreased, 2017-2023	Not available	No change
QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
						69.9	66.3	65.8	75.6	77.7	Increased, 2015-2023	Not available	No change
QN49: Percentage of students who live in District of Columbia wards 1 through 4													
							18.0	17.4	18.2		No linear change	Not available	No change

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Total Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine													
								16.2	17.2	17.0	No linear change	Not available [§]	No change
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
								70.5	64.4	66.0	Decreased, 2019-2023	Not available	No change
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							6.7	5.0	3.3	3.4	Decreased, 2017-2023	Not available	No change

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Total Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †	
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)														
									1.2	1.3	1.9	Increased, 2019-2023	Not available [§]	Not available

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Total Demographic	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †	
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QN64: Percentage of students who described themselves as transgender														
										1.8	1.3	Decreased, 2021-2023	Not available [§]	Decreased

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Total Mental Health		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN17: Percentage of students who ever tried to kill themselves													
		13.3			10.2	12.4	12.5	14.4	12.9	12.1	Increased, 2007-2023	No quadratic change	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									19.3	16.1	Decreased, 2021-2023	Not available [§]	Decreased

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Total Protective Factors		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem														
						65.2	68.5	67.8	68.1	62.4	67.1	No linear change	Increased, 2012-2017 Decreased, 2017-2023	Increased

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Total HIV/STD/Pregnancy Prevention											Linear Change*	Quadratic Change*	Change from 2021-2023 †
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school													
		72.2			56.5	43.4	51.2	45.8	23.7	28.4	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	Increased

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Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight													
	82.2				77.7	72.8	75.4	73.9	70.8	70.8	Decreased, 2007-2023	No quadratic change	No change
QN13: Percentage of students who were ever bullied on school property													
					26.0	26.8	27.2	27.7	23.7	26.1	No linear change	No quadratic change	Increased
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)													
					8.0	8.6	9.1	10.0	13.0	15.0	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	No change
QN15: Percentage of students who ever seriously thought about killing themselves													
	19.8				15.8	15.2	17.2	20.9	18.2	18.8	Increased, 2007-2023	Decreased, 2007-2015 Increased, 2015-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves													
	11.5				10.0	9.3	11.1	12.2	11.9	12.2	Increased, 2007-2023	No change, 2007-2015 Increased, 2015-2023	No change
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)													
	42.3				31.1	29.5	33.4	34.5	24.1	22.0	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
					13.4	12.7	15.4	14.9	16.7	22.8	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)													
					14.7	14.4	14.5	16.1	17.0	22.7	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	Increased
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)													
								45.0	36.6	39.8	Decreased, 2019-2023	Not available [§]	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
								3.0	2.6	2.2	Decreased, 2019-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †	
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023				
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)														
			10.4	10.0	10.6	10.9	10.9	15.5			Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased	
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)														
							16.2	13.3	13.4			Decreased, 2019-2023	Not available [§]	No change
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)														
			14.7	13.6	13.2	11.7	7.6	12.1			Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex													
							7.0	5.8	3.6	4.1	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Male
Tobacco Use**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													
	9.4				5.5	4.0	4.2	3.0	1.6	1.7	Decreased, 2007-2023	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)													
	1.0				0.9	0.7	0.8	0.3	0.3	0.3	Decreased, 2007-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													
	0.8				0.8	0.5	0.6	0.2	0.2	0.2	Decreased, 2007-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)													
						0.8	1.2	0.8	0.5	0.8	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male Tobacco Use													
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)											No linear change	Not available [§]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)											Decreased, 2015-2023	Not available	Increased
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)											Decreased, 2007-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male Tobacco Use													
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)													
	1.0				1.2	0.6	1.0	0.4	0.2	0.6	Decreased, 2007-2023	No quadratic change	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)													
	0.8				0.9	0.5	0.7	0.2	0.1	0.4	Decreased, 2007-2023	No quadratic change	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													
	12.8				9.3	7.0	5.7	3.7	1.9	3.4	Decreased, 2007-2023	No quadratic change	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)													
						8.1	7.7	6.7	4.4	5.5	Decreased, 2015-2023	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													
		18.7			15.1	11.6	15.2	14.5	11.4	12.3	Decreased, 2007-2023	No quadratic change	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years													
		7.3			6.4	4.4	5.1	5.1	2.8	3.4	Decreased, 2007-2023	No quadratic change	No change
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)													
							8.4	13.1	10.0	9.8	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)													
	6.3				5.5	6.0	6.1	3.7	1.7	1.6	Decreased, 2007-2023	No change, 2007-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)													
					8.8	8.2	7.1	7.3	4.4	5.2	Decreased, 2012-2023	No quadratic change	No change
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
					11.9	7.9	8.6	7.0	4.4	5.3	Decreased, 2012-2023	No quadratic change	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
					10.0	8.2	10.6	9.7	4.7	6.4	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male Sexual Behaviors											Linear Change*	Quadratic Change*	Change from 2021-2023 †
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN33: Percentage of students who ever had sexual intercourse													
	43.1				28.5	19.5	22.9	19.6	10.8	9.9	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years													
	17.7				15.5	9.0	8.8	7.6	4.2	3.9	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN35: Percentage of students who ever had sexual intercourse with three or more persons													
	21.2				13.8	8.5	8.7	7.0	3.1	2.9	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)													
	80.0				75.5	70.8	71.2	65.1	58.4	53.2	Decreased, 2007-2023	Decreased, 2007-2017 Decreased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual													
									4.0	3.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Male Dietary Behaviors		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN37: Percentage of students who described themselves as slightly or very overweight														
		17.6			17.2	17.1	18.4	20.0	23.5	21.2		Increased, 2007-2023	No change, 2007-2015 Increased, 2015-2023	Decreased
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)														
								10.2	11.2	11.0		No linear change	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)														
								49.0	48.3	49.8		No linear change	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)														
		19.5			19.6	19.5	19.8	20.0	23.8	28.1		Increased, 2007-2023	No change, 2007-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Male
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight													
	11.1				7.3	7.9	8.2	7.5	6.7	8.1	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)													
					2.4	2.6	2.2	2.6	2.1	5.3	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Male
Physical Activity**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		37.0			46.8	46.0	42.5	49.5	47.9	48.3	Increased, 2007-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		24.8			21.9	22.1	23.4	17.1	21.3	21.7	No linear change	No quadratic change	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		24.8			31.7	30.3	28.9	30.7	30.9	32.6	Increased, 2007-2023	No quadratic change	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)													
						52.6	51.1	51.5	53.7		No linear change	Not available [§]	No change
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)													
						5.5	4.7	3.2	3.8		Decreased, 2017-2023	Not available	No change
QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
						67.3	63.0	62.7	74.8	76.8	Increased, 2015-2023	Not available	No change
QN49: Percentage of students who live in District of Columbia wards 1 through 4													
							17.6	18.4	19.1		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †	
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine														
								12.7	11.4	13.5	No linear change	Not available [§]	Increased	
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)														
								69.2	63.3	65.7	Decreased, 2019-2023	Not available	No change	
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)														
								7.2	5.2	3.3	3.5	Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †	
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)														
									1.5	1.8	2.3	Increased, 2019-2023	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Male
Demographic**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN64: Percentage of students who described themselves as transgender													
									1.2	1.1	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Male
Mental Health

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who ever tried to kill themselves													
	10.8				7.6	9.3	9.3	10.3	8.3	7.9	No linear change	No quadratic change	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									11.9	11.1	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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**Male
Protective Factors**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem													
					62.8	67.0	65.8	66.2	63.2	67.5	Increased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male											Linear Change*	Quadratic Change*	Change from 2021-2023 †
HIV/STD/Pregnancy Prevention													
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school													
	70.2				56.9	44.1	52.5	47.7	24.7	28.6	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female Injury and Violence													
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023[†]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight													
	70.5				61.9	54.6	59.6	56.5	50.9	54.1	Decreased, 2007-2023	Decreased, 2007-2015 Decreased, 2015-2023	No change
QN13: Percentage of students who were ever bullied on school property													
					33.9	35.0	37.6	36.1	32.6	35.9	No linear change	No quadratic change	Increased
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)													
					15.2	16.5	17.8	17.4	23.8	23.8	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	No change
QN15: Percentage of students who ever seriously thought about killing themselves													
	29.6				27.7	25.3	31.6	37.3	36.9	35.0	Increased, 2007-2023	Increased, 2007-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female Injury and Violence		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023[†]
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN16: Percentage of students who ever made a plan about how they would kill themselves														
		15.4			15.6	15.3	20.4	24.9	26.0	23.1		Increased, 2007-2023	No quadratic change	Decreased
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)														
		25.2			14.7	16.6	19.9	19.1	17.9	13.7		Decreased, 2007-2023	No quadratic change	Decreased
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)														
					13.2	12.8	16.6	14.7	16.5	22.5		Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female Injury and Violence		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)													
					14.7	14.3	15.0	15.6	19.3	25.0	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)													
								47.7	37.6	46.1	No linear change	Not available [§]	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
								5.2	5.8	5.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Female
Injury and Violence**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					9.8	9.1	9.0	8.5	8.3	13.4	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)													
								16.6	15.1	19.1	Increased, 2019-2023	Not available [§]	Increased
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)													
			19.2	14.2	15.7	12.4	8.1	12.9			Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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**Female
Injury and Violence**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex													
							4.1	3.1	2.4	2.4	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Female Tobacco Use											Linear Change*	Quadratic Change*	Change from 2021-2023 †
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													
		5.8			4.3	3.4	3.6	1.8	1.1	1.6	Decreased, 2007-2023	Decreased, 2007-2017 Decreased, 2017-2023	Increased
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)													
		0.8			0.5	0.3	0.4	0.2	0.1	0.2	Decreased, 2007-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													
		0.5			0.4	0.3	0.4	0.1	0.1	0.2	Decreased, 2007-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)													
						0.3	0.6	0.3	0.3	0.7	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Female Tobacco Use		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)														
						0.3	0.4	0.2	0.2	0.5	No linear change	Not available [§]	Not available	
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)														
						5.1	5.5	4.5	5.1	7.4	Increased, 2015-2023	Not available	Increased	
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)														
		5.6			5.4	4.5	4.1	1.6	1.1	2.4	Decreased, 2007-2023	No change, 2007-2015 Decreased, 2015-2023	Increased	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Female
Tobacco Use**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)													
	0.4				0.7	0.4	0.4	0.1	0.1	0.3	Decreased, 2007-2023	No quadratic change	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)													
	0.2				0.4	0.3	0.3	0.1	0.0	0.2	Decreased, 2007-2023	No quadratic change	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													
	7.4				7.3	6.0	5.4	2.5	1.6	3.2	Decreased, 2007-2023	No change, 2007-2015 Decreased, 2015-2023	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)													
						6.9	7.5	5.4	5.7	7.8	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													
	16.4				13.2	10.2	13.4	11.7	11.8	13.6	Decreased, 2007-2023	Decreased, 2007-2015 Increased, 2015-2023	Increased
QN29: Percentage of students who tried marijuana for the first time before age 11 years													
	3.8				2.8	2.8	2.9	2.8	2.0	2.4	Decreased, 2007-2023	No quadratic change	No change
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)													
							7.5	13.7	14.0	13.5	Increased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)													
	4.1				4.1	4.2	5.6	3.5	1.9	1.6	Decreased, 2007-2023	Increased, 2007-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)													
					12.1	9.2	9.3	8.9	6.0	7.0	Decreased, 2012-2023	No quadratic change	Increased
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
					13.2	9.3	9.2	7.9	5.9	7.9	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
					8.4	6.8	8.9	8.2	5.2	7.5	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female Sexual Behaviors		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN33: Percentage of students who ever had sexual intercourse													
		16.5			9.3	4.1	5.2	5.4	3.6	4.0	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years													
		3.4			3.1	1.3	1.7	1.4	2.1	1.3	Decreased, 2007-2023	No quadratic change	Decreased
QN35: Percentage of students who ever had sexual intercourse with three or more persons													
		3.4			2.8	1.0	1.3	1.0	0.8	0.8	Decreased, 2007-2023	No quadratic change	No change
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)													
		74.5			66.0	59.5	53.7	56.2	38.3	34.3	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Female
Sexual Behaviors**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual													
									24.0	22.8	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Female Dietary Behaviors		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN37: Percentage of students who described themselves as slightly or very overweight														
		22.1			24.2	23.1	22.2	22.8	26.9	21.9		No linear change	No quadratic change	Decreased
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)														
								10.9	17.3	14.6		Increased, 2019-2023	Not available [§]	Decreased
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)														
								38.1	31.3	34.2		Decreased, 2019-2023	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)														
		21.7			23.0	22.2	24.1	25.8	37.9	36.1		Increased, 2007-2023	Increased, 2007-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Female Dietary Behaviors		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight														
		7.7				7.0	6.8	7.5	7.0	10.3	10.1	Increased, 2007-2023	No change, 2007-2015 Increased, 2015-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)														
					2.3	2.3	1.6	1.8	2.1	4.7		Increased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female Physical Activity											Linear Change*	Quadratic Change*	Change from 2021-2023 †
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		28.7			31.2	31.3	31.0	36.6	34.6	34.5	Increased, 2007-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		30.6			26.2	26.5	26.8	20.0	25.5	26.5	Decreased, 2007-2023	Decreased, 2007-2019 Increased, 2019-2023	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		17.8			17.9	17.5	17.7	19.3	18.4	19.7	No linear change	No quadratic change	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)													
						51.9	49.5	44.7	48.8		Decreased, 2017-2023	Not available [§]	Increased
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)													
						3.9	2.7	1.8	2.1		Decreased, 2017-2023	Not available	No change
QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
						72.6	69.4	68.8	76.5	78.6	Increased, 2015-2023	Not available	No change
QN49: Percentage of students who live in District of Columbia wards 1 through 4													
							18.0	16.4	17.2		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Female Other		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine													
								19.2	21.8	20.2	No linear change	Not available [§]	No change
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
								72.2	65.3	66.5	Decreased, 2019-2023	Not available	No change
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							6.2	4.7	3.3	3.2	Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Female Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †	
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)														
									0.7	0.9	1.4	Increased, 2019-2023	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Female Demographic		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †	
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QN64: Percentage of students who described themselves as transgender															
										1.9	1.3	Decreased, 2021-2023	Not available [§]	Decreased	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

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Female Mental Health		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN17: Percentage of students who ever tried to kill themselves														
		15.7			12.7	15.5	15.6	18.4	17.0	16.3		Increased, 2007-2023	No quadratic change	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)														
									25.6	20.9		Decreased, 2021-2023	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Female
Protective Factors**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem													
					67.6	70.1	69.9	70.0	61.9	66.8	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female
HIV/STD/Pregnancy Prevention

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school													
	74.4				56.2	42.9	50.0	44.1	23.0	28.3	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight													
	51.6				37.8	32.8	35.3	35.1	30.5	31.9	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN13: Percentage of students who were ever bullied on school property													
					42.2	34.2	40.6	37.4	28.3	33.7	Decreased, 2012-2023	No quadratic change	Increased
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)													
					15.9	12.0	15.9	13.8	18.1	18.3	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
QN15: Percentage of students who ever seriously thought about killing themselves													
	14.0				10.9	11.0	15.7	18.6	20.0	14.9	Increased, 2007-2023	No quadratic change	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves													
	8.7				8.3	11.0	12.4	11.7	13.2	10.7	Increased, 2007-2023	No quadratic change	No change
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)													
	13.9				19.8	22.0	22.5	24.9	16.3	14.2	Decreased, 2007-2023	Increased, 2007-2019 Decreased, 2019-2023	No change
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
					2.7	3.3	6.1	6.2	6.2	4.9	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)													
					12.0	15.1	19.9	23.3	24.1	30.2	Increased, 2012-2023	No quadratic change	No change
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)													
								32.8	28.3	39.1	Increased, 2019-2023	Not available [¶]	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
								1.6	2.3	0.8	No linear change	Not available	Decreased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
			4.7	5.3	7.9	4.2	7.2	7.4			No linear change	No quadratic change	No change
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)													
								14.2	19.8	16.9	No linear change	Not available [¶]	No change
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)													
			10.5	6.7	8.8	7.6	4.4	7.4			Decreased, 2012-2023	No quadratic change	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Trend Analysis Report

White*

Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex													
							2.1	1.8	1.4	1.0	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*											Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
Tobacco Use													
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													
		1.5			2.0	1.9	2.0	0.7	0.5	0.5	Decreased, 2007-2023	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)													
		0.0			1.0	1.0	1.0	0.1	0.1	0.1	Not available	Not available [¶]	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													
		0.0			1.0	0.9	0.9	0.1	0.1	0.1	Not available	Not available	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)													
						1.1	1.1	0.4	0.4	0.1	Decreased, 2015-2023	Not available	Not available

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*											Linear Change[†]	Quadratic Change[‡]	Change from 2021-2023[§]
Tobacco Use													
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
						1.0	0.9	0.4	0.4	0.1	Decreased, 2015-2023	Not available [¶]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)													
						2.7	2.6	3.9	1.8	1.4	Decreased, 2015-2023	Not available	No change
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)													
	4.6				1.2	2.0	2.0	0.7	0.4	0.8	Decreased, 2007-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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White*													
Tobacco Use													
Health Risk Behavior and Percentages											Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)													
	0.0				0.7	0.9	0.9	0.0	0.2	0.2	Not available	Not available [¶]	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)													
	0.0				0.7	0.9	0.9	0.0	0.1	0.2	Not available	Not available	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													
	3.2				2.0	2.7	2.6	1.0	0.7	1.0	Decreased, 2007-2023	No quadratic change	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)													
						3.3	3.6	4.1	1.9	1.5	Decreased, 2015-2023	Not available	Not available

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													
	3.4				7.1	4.2	6.6	6.4	6.6	7.3	Increased, 2007-2023	No quadratic change	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years													
	3.1				1.1	1.5	1.7	1.0	0.7	0.2	Decreased, 2007-2023	No quadratic change	Decreased
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)													
							5.2	6.2	6.1	5.1	No linear change	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)													
	5.4				3.2	3.2	4.3	1.9	1.6	0.8	Decreased, 2007-2023	No quadratic change	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)													
					4.8	3.9	5.9	5.0	3.1	4.1	No linear change	No quadratic change	No change
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
					7.1	5.6	6.0	7.5	4.4	5.4	No linear change	No quadratic change	No change
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
					2.6	2.6	4.7	4.3	1.3	1.1	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White* Sexual Behaviors		Health Risk Behavior and Percentages									Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN33: Percentage of students who ever had sexual intercourse													
		6.5			2.3	1.9	5.0	3.2	1.8	1.5	Decreased, 2007-2023	No quadratic change	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years													
		1.7			1.3	1.2	2.0	1.1	0.9	0.6	No linear change	No quadratic change	No change
QN35: Percentage of students who ever had sexual intercourse with three or more persons													
		1.5			1.4	1.3	2.3	0.8	0.8	0.4	Decreased, 2007-2023	No quadratic change	Decreased
QN63: Percentage of students who described themselves as gay or lesbian or bisexual													
									17.4	13.6	No linear change	Not available [¶]	Decreased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Trend Analysis Report

White*
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN37: Percentage of students who described themselves as slightly or very overweight													
	10.6				14.2	14.9	15.9	16.3	14.3	13.1	No linear change	No quadratic change	No change
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)													
								4.2	5.5	4.8	No linear change	Not available [¶]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													
								58.8	53.4	55.9	No linear change	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)													
	8.3				7.6	6.6	9.4	10.8	13.4	12.2	Increased, 2007-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White* Dietary Behaviors		Health Risk Behavior and Percentages										Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight														
		2.3			4.0	3.1	2.4	2.7	3.6	4.9		No linear change	No quadratic change	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)														
					0.7	0.9	0.8	0.7	0.4	1.6		No linear change	No change, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Physical Activity

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNPA40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		53.7			58.3	62.1	59.8	64.4	66.8	67.7	Increased, 2007-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		3.6			7.8	6.3	6.4	5.3	4.6	3.9	Decreased, 2007-2023	No change, 2007-2015 Decreased, 2015-2023	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		28.9			28.2	31.4	30.5	32.7	32.9	39.1	Increased, 2007-2023	No quadratic change	Not available

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White* Other	Health Risk Behavior and Percentages										Linear Change [†]	Quadratic Change [‡]	Change from 2021-2023 [§]	
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)														
							69.7	68.0	65.3	69.0	No linear change	Not available [¶]	No change	
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)														
							2.0	1.4	1.0	0.6	Decreased, 2017-2023	Not available	No change	
QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)														
							90.4	90.0	88.5	90.9	93.1	No linear change	Not available	No change
QN49: Percentage of students who live in District of Columbia wards 1 through 4														
								39.9	38.2	40.3	No linear change	Not available	No change	

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*	Other	Health Risk Behavior and Percentages									Linear Change [†]	Quadratic Change [‡]	Change from 2021-2023 [§]	
		2003	2005	2007	2009	2011	2012	2015	2017	2019				2021
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine														
								10.5	12.1	10.5	No linear change	Not available [¶]	No change	
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)														
								89.7	86.8	88.9	No linear change	Not available	No change	
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)														
								3.7	1.4	1.4	1.2	Decreased, 2017-2023	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)													
								0.5	0.8	0.4	No linear change	Not available [¶]	Not available

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

White*
Demographic

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN64: Percentage of students who described themselves as transgender											No linear change	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Trend Analysis Report

White* Mental Health		Health Risk Behavior and Percentages										Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]	
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QN17: Percentage of students who ever tried to kill themselves													No linear change	No quadratic change	No change
		4.3			3.3	4.0	4.6	5.3	5.7	4.1					
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													No linear change	Not available [¶]	Decreased
									20.3	17.0					

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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White*
Protective Factors

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem													
					71.0	70.1	63.5	63.0	62.7	65.7	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

White*											Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
HIV/STD/Pregnancy Prevention													
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school													
	52.7				57.1	25.5	40.2	43.7	20.4	28.7	Decreased, 2007-2023	No quadratic change	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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Black*											Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
Injury and Violence													
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight													
	78.9				77.3	72.2	75.0	74.1	70.2	71.5	Decreased, 2007-2023	No quadratic change	No change
QN13: Percentage of students who were ever bullied on school property													
					27.3	29.0	30.4	29.9	27.4	29.9	No linear change	No quadratic change	Increased
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)													
					10.1	12.2	12.4	13.0	18.4	19.2	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	No change
QN15: Percentage of students who ever seriously thought about killing themselves													
	24.8				22.0	20.9	24.4	29.9	28.7	28.3	Increased, 2007-2023	Decreased, 2007-2015 Increased, 2015-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves													
	12.9				12.5	11.8	15.1	18.7	19.9	18.3	Increased, 2007-2023	No quadratic change	No change
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)													
	34.4				23.7	24.7	27.3	27.8	22.1	18.5	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	Decreased
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
					13.4	13.4	16.2	15.6	17.7	24.9	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)													
					13.6	12.7	12.0	13.1	14.9	19.9	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)													
								50.1	40.0	44.2	Decreased, 2019-2023	Not available [¶]	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
								4.1	3.7	3.4	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
<p>QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>													
					9.9	9.8	9.6	9.6	9.8	14.6	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
<p>QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)</p>													
								15.5	12.7	14.9	No linear change	Not available [¶]	No change
<p>QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)</p>													
					17.0	14.8	14.9	12.2	8.1	13.2	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex													
							5.4	4.5	3.2	3.4	Decreased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													
	7.2				4.6	3.4	3.3	2.0	1.2	1.4	Decreased, 2007-2023	Decreased, 2007-2017 Decreased, 2017-2023	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)													
	0.6				0.6	0.4	0.3	0.1	0.2	0.1	Decreased, 2007-2023	No change, 2007-2015 Decreased, 2015-2023	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													
	0.5				0.5	0.2	0.3	0.1	0.1	0.1	Decreased, 2007-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)													
						0.5	0.7	0.4	0.3	0.7	No linear change	Not available [¶]	Not available

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

**Black*
Tobacco Use**

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
					0.5	0.5	0.2	0.2	0.6		No linear change	Not available [¶]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)													
					5.8	5.1	4.1	4.5	6.2		No linear change	Not available	Increased
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)													
	6.3				6.5	5.2	3.8	1.7	1.1	2.6	Decreased, 2007-2023	No change, 2007-2015 Decreased, 2015-2023	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
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Black* Tobacco Use													
Health Risk Behavior and Percentages											Linear Change[†]	Quadratic Change[‡]	Change from 2021-2023[§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)													
	0.3				1.0	0.4	0.5	0.2	0.1	0.4	Decreased, 2007-2023	No change, 2007-2019 Increased, 2019-2023	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)													
	0.2				0.7	0.2	0.3	0.1	0.0	0.3	Decreased, 2007-2023	Decreased, 2007-2019 Increased, 2019-2023	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													
	9.9				8.6	6.6	4.9	2.7	1.7	3.3	Decreased, 2007-2023	Decreased, 2007-2015 Decreased, 2015-2023	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)													
						7.5	7.0	5.1	5.1	6.8	Decreased, 2015-2023	Not available [¶]	Not available

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Trend Analysis Report

Black*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													
	16.8				14.1	11.7	14.6	13.7	12.6	13.4	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years													
	5.3				4.8	3.9	4.0	4.3	2.9	3.2	Decreased, 2007-2023	No quadratic change	No change
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)													
							7.6	14.8	13.1	12.4	Increased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

Black*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)													
	4.7				4.1	4.9	5.3	3.6	1.6	1.3	Decreased, 2007-2023	No change, 2007-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)													
					9.9	8.7	7.8	7.9	5.4	5.9	Decreased, 2012-2023	No quadratic change	No change
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
					12.3	8.5	8.4	6.6	5.1	6.2	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
					9.8	8.5	10.1	9.6	5.9	7.9	Decreased, 2012-2023	No quadratic change	Increased

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Sexual Behaviors		Health Risk Behavior and Percentages									Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN33: Percentage of students who ever had sexual intercourse													
		30.1			21.5	13.7	15.6	14.3	8.2	7.9	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years													
		10.4			10.4	6.0	5.6	5.3	3.4	2.8	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN35: Percentage of students who ever had sexual intercourse with three or more persons													
		12.0			9.3	5.7	5.5	4.7	2.2	2.1	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)													
		79.1			74.0	71.0	70.2	65.4	53.1	47.7	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Trend Analysis Report

**Black*
Sexual Behaviors**

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual													
									14.0	13.6	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

Black*
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN37: Percentage of students who described themselves as slightly or very overweight													
	20.1				20.2	20.0	19.2	20.2	25.8	21.4	Increased, 2007-2023	No quadratic change	Decreased
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)													
								10.1	15.2	13.0	Increased, 2019-2023	Not available [¶]	Decreased
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)													
								42.7	36.8	40.0	Decreased, 2019-2023	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)													
	21.2				22.2	23.1	23.1	24.7	33.5	34.6	Increased, 2007-2023	Increased, 2007-2019 Increased, 2019-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Trend Analysis Report

Black* Dietary Behaviors		Health Risk Behavior and Percentages									Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight													
		9.6			7.5	7.9	8.1	7.8	8.7	8.7	No linear change	Decreased, 2007-2015 No change, 2015-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)													
					2.2	2.1	1.9	2.3	2.2	5.1	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Physical Activity		Health Risk Behavior and Percentages										Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]	
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													Increased, 2007-2023	Increased, 2007-2019 Decreased, 2019-2023	No change
		32.7			37.7	36.4	35.4	41.6	37.9	37.5					
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Decreased, 2007-2019 Increased, 2019-2023	Not available
		28.4			25.3	26.4	26.7	20.2	25.9	27.9					
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	No quadratic change	Not available
		21.5			25.6	23.6	23.4	25.3	23.9	24.7					

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Other	Health Risk Behavior and Percentages										Linear Change [†]	Quadratic Change [‡]	Change from 2021-2023 [§]
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)													
							49.7	47.2	44.2	48.2	No linear change	Not available [¶]	Increased
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)													
							4.5	4.0	2.6	2.9	Decreased, 2017-2023	Not available	No change
QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
						68.3	63.3	62.5	74.7	76.2	Increased, 2015-2023	Not available	No change
QN49: Percentage of students who live in District of Columbia wards 1 through 4													
							12.5	12.0	12.7		No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Other	Health Risk Behavior and Percentages										Linear Change [†]	Quadratic Change [‡]	Change from 2021-2023 [§]
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
	QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine												
								16.2	17.6	18.1	Increased, 2019-2023	Not available [¶]	No change
	QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)												
								69.2	61.8	63.8	Decreased, 2019-2023	Not available	No change
	QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)												
							6.6	5.0	3.4	3.1	Decreased, 2017-2023	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

Black* Other	Health Risk Behavior and Percentages										Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]	
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)														
									1.2	1.3	1.9	Increased, 2019-2023	Not available [¶]	Not available

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

Black*
Demographic

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN64: Percentage of students who described themselves as transgender											No linear change	Not available [¶]	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

Black* Mental Health		Health Risk Behavior and Percentages									Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN17: Percentage of students who ever tried to kill themselves													
		12.9			10.4	12.9	12.4	15.1	13.6	12.6	Increased, 2007-2023	No quadratic change	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									18.4	15.1	Decreased, 2021-2023	Not available [¶]	Decreased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Trend Analysis Report

Black*
Protective Factors

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem											No linear change	Increased, 2012-2017 No change, 2017-2023	Increased
					66.3	69.3	70.3	71.1	64.2	70.8			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

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Black*													
HIV/STD/Pregnancy Prevention													
Health Risk Behavior and Percentages											Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school													
	75.2				59.3	48.5	53.8	47.5	25.1	29.2	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

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Hispanic Injury and Violence													
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN10: Percentage of students who were ever in a physical fight													
	63.4				53.9	45.6	49.8	49.3	42.8	48.0	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN13: Percentage of students who were ever bullied on school property													
					34.2	33.7	33.9	34.7	30.6	31.7	Decreased, 2012-2023	No quadratic change	No change
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)													
					13.6	12.4	15.6	15.3	19.6	19.2	Increased, 2012-2023	No quadratic change	No change
QN15: Percentage of students who ever seriously thought about killing themselves													
	22.9				22.9	20.2	25.8	30.2	29.6	27.4	Increased, 2007-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who ever made a plan about how they would kill themselves													
	16.4				14.6	12.7	18.8	19.6	20.4	18.0	Increased, 2007-2023	No quadratic change	No change
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)													
	31.2				19.1	16.5	24.1	22.6	17.5	16.1	Decreased, 2007-2023	No quadratic change	No change
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
					15.5	13.9	18.5	15.6	17.5	23.6	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Hispanic Injury and Violence		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)													
					18.2	19.3	20.6	21.0	25.7	32.7	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)													
								39.2	30.3	38.6	No linear change	Not available [§]	Increased
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
								5.5	7.1	5.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					9.8	9.8	11.9	10.4	8.7	14.7	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)													
								20.6	17.3	20.8	No linear change	Not available [§]	No change
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)													
					18.9	14.0	16.0	13.4	8.0	12.2	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex													
							7.5	5.2	3.2	3.8	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													
		12.1			5.7	6.4	7.2	4.7	2.2	3.0	Decreased, 2007-2023	No quadratic change	Increased
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)													
		1.6			1.0	0.9	1.5	0.5	0.3	0.7	Decreased, 2007-2023	No quadratic change	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													
		1.1			0.9	0.8	1.2	0.5	0.2	0.5	Decreased, 2007-2023	No quadratic change	Not available
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)													
						0.7	1.4	1.0	0.6	1.1	No linear change	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Hispanic Tobacco Use											Linear Change*	Quadratic Change*	Change from 2021-2023 †
Health Risk Behavior and Percentages													
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)											No linear change	Not available [§]	Not available
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)											No linear change	Not available	Increased
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)											Decreased, 2007-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Hispanic Tobacco Use													
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)													
	2.3				0.9	0.8	1.1	0.7	0.2	0.7	Decreased, 2007-2023	No quadratic change	Not available
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)													
	2.0				0.7	0.7	1.0	0.5	0.2	0.5	Decreased, 2007-2023	No quadratic change	Not available
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													
	12.9				7.9	8.1	8.6	5.6	2.7	4.2	Decreased, 2007-2023	No quadratic change	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)													
						10.8	11.0	10.1	6.4	9.0	Decreased, 2015-2023	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Alcohol and Other Drug Use**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)													
	24.4				16.1	11.6	15.6	15.0	11.2	13.9	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN29: Percentage of students who tried marijuana for the first time before age 11 years													
	7.4				4.1	3.3	4.9	4.0	1.3	2.9	Decreased, 2007-2023	No quadratic change	Increased
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)													
							9.8	12.4	12.0	11.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Alcohol and Other Drug Use**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)													
	7.5				6.5	7.0	8.0	4.8	2.4	3.0	Decreased, 2007-2023	No change, 2007-2017 Decreased, 2017-2023	No change
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)													
					14.6	11.0	10.3	9.6	5.6	7.1	Decreased, 2012-2023	No quadratic change	No change
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
					13.7	10.3	11.9	9.8	5.5	7.7	Decreased, 2012-2023	No quadratic change	Increased
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
					8.4	6.8	10.0	9.2	3.7	6.3	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Hispanic Sexual Behaviors		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019			
QN33: Percentage of students who ever had sexual intercourse													
		28.0			13.5	9.0	10.8	10.4	5.9	6.5	Decreased, 2007-2023	No quadratic change	No change
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years													
		9.8			6.3	3.0	4.4	3.8	3.2	2.7	Decreased, 2007-2023	No quadratic change	No change
QN35: Percentage of students who ever had sexual intercourse with three or more persons													
		12.2			4.6	3.1	3.7	3.3	1.5	1.6	Decreased, 2007-2023	No quadratic change	No change
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)													
		77.4			74.3	66.5	56.4	58.8	55.1	50.6	Decreased, 2007-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
Sexual Behaviors**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN63: Percentage of students who described themselves as gay or lesbian or bisexual													
									13.9	11.6	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Hispanic Dietary Behaviors		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN37: Percentage of students who described themselves as slightly or very overweight														
		25.7			26.7	25.5	27.8	28.3	32.0	28.3		Increased, 2007-2023	No quadratic change	No change
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)														
								15.7	16.7	17.5		No linear change	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)														
								38.4	40.1	40.6		No linear change	Not available	Not available
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)														
		18.1			22.4	20.8	23.1	23.5	33.6	33.9		Increased, 2007-2023	No change, 2007-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Hispanic Dietary Behaviors		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight														
		9.8			7.2	6.9	8.6	7.2	11.3	12.4		Increased, 2007-2023	No change, 2007-2019 Increased, 2019-2023	No change
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)														
					3.6	3.7	2.7	2.7	2.5	5.8		Increased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
Physical Activity**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		28.1			33.9	30.7	29.5	36.5	36.4	38.8	Increased, 2007-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		30.1			25.3	29.1	28.2	20.0	25.9	24.2	Decreased, 2007-2023	No quadratic change	Not available
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													
		14.8			18.0	18.5	17.7	20.6	20.9	23.1	Increased, 2007-2023	No quadratic change	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Hispanic Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)													
							55.4	53.8	49.2	51.5	Decreased, 2017-2023	Not available [§]	No change
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)													
							6.2	3.2	2.6	3.9	Decreased, 2017-2023	Not available	Increased
QN48: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
						62.6	65.0	64.6	69.4	73.0	Increased, 2015-2023	Not available	No change
QN49: Percentage of students who live in District of Columbia wards 1 through 4													
							24.5	25.3	23.7		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Hispanic Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021			
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine													
								17.6	18.4	16.4	No linear change	Not available [§]	No change
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
								66.4	59.7	61.8	Decreased, 2019-2023	Not available	No change
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							8.1	5.4	3.9	5.0	Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Hispanic Other	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †	
	2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)														
									1.2	1.6	2.4	Increased, 2019-2023	Not available [§]	Not available

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Hispanic Demographic		Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2021-2023 †	
		2003	2005	2007	2009	2011	2012	2015	2017	2019	2021				2023
QN64: Percentage of students who described themselves as transgender													No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Mental Health**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who ever tried to kill themselves													
	14.9				11.0	13.4	15.5	15.6	13.9	13.4	No linear change	No quadratic change	No change
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									21.8	18.6	No linear change	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Protective Factors**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem													
					60.7	63.8	61.6	62.0	57.1	56.8	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
HIV/STD/Pregnancy Prevention**

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2012	2015	2017	2019	2021	2023			
QN68: Percentage of students who have been taught about AIDS or HIV infection in school													
	61.5				48.2	35.5	46.6	41.1	21.3	26.0	Decreased, 2007-2023	Decreased, 2007-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.