

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Unintentional Injuries/Violence	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN10: Percentage of students who were ever in a physical fight	53.4 (52.0-54.8)	67.3 (65.9-68.8)	72.9 (70.4-75.3)	76.3 (70.4-81.3)	
QN13: Percentage of students who were ever bullied on school property	32.7 (31.4-34.0)	29.4 (28.0-30.8)	31.2 (28.7-33.8)	44.6 (38.3-51.1)	
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	18.6 (17.6-19.8)	20.6 (19.4-21.9)	21.2 (19.0-23.5)	28.4 (22.9-34.6)	
QN15: Percentage of students who ever seriously thought about killing themselves	24.2 (23.0-25.5)	27.1 (25.8-28.5)	32.7 (30.1-35.3)	46.2 (39.7-52.7)	
QN16: Percentage of students who ever made a plan about how they would kill themselves	16.2 (15.2-17.3)	17.6 (16.5-18.8)	20.6 (18.4-22.9)	35.5 (29.6-41.9)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN19: Percentage of students who smoked a cigarette before age 11 years (even one or two puffs)	2.3 (1.9-2.8)	3.8 (3.2-4.4)	3.8 (2.9-5.0)	5.8 (3.5-9.5)	
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	1.1 (0.9-1.5)	1.3 (1.0-1.7)	2.2 (1.5-3.1)	5.8 (3.4-9.5)	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.3 (0.2-0.5)	0.1 (0.1-0.3)	0.2 (0.1-0.6)	1.4 (0.5-3.6)	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.2 (0.1-0.4)	0.1 (0.0-0.2)	0.1 (0.0-0.5)	1.4 (0.5-3.6)	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	0.6 (0.4-0.8)	0.6 (0.4-0.9)	0.7 (0.4-1.4)	2.8 (1.3-5.7)	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.4 (0.3-0.7)	0.4 (0.3-0.7)	0.5 (0.2-1.1)	2.8 (1.3-5.7)	

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Total Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	4.1 (3.6-4.7)	6.6 (5.9-7.5)	9.2 (7.7-10.9)	15.8 (11.7-21.0)	
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)	1.9 (1.5-2.3)	2.0 (1.6-2.5)	4.6 (3.5-5.9)	8.5 (5.5-12.8)	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.3 (0.2-0.5)	0.2 (0.1-0.4)	1.0 (0.5-1.7)	3.3 (1.6-6.4)	
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.2 (0.1-0.4)	0.2 (0.1-0.3)	0.7 (0.3-1.3)	1.9 (0.8-4.5)	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	2.3 (1.9-2.7)	2.7 (2.3-3.3)	5.5 (4.4-6.9)	10.1 (6.8-14.8)	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	4.6 (4.0-5.2)	7.0 (6.2-7.8)	10.3 (8.7-12.1)	15.3 (11.2-20.5)	

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† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)	11.1 (10.2-12.0)	14.1 (13.1-15.2)	15.9 (13.9-18.0)	17.9 (13.4-23.5)	
QN29: Percentage of students who tried marijuana for the first time before age 11 years	2.3 (1.9-2.8)	2.7 (2.2-3.3)	4.7 (3.6-6.0)	6.7 (4.1-10.6)	
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)	9.6 (8.8-10.4)	12.1 (11.1-13.1)	14.4 (12.5-16.5)	17.1 (12.8-22.4)	
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	1.2 (0.9-1.5)	1.4 (1.1-1.8)	1.5 (1.0-2.3)	5.3 (3.2-8.7)	
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	5.1 (4.5-5.7)	6.5 (5.8-7.3)	5.7 (4.5-7.1)	9.9 (6.7-14.5)	

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[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN33: Percentage of students who ever had sexual intercourse	4.7 (4.1-5.3)	7.5 (6.7-8.4)	10.2 (8.6-12.1)	19.6 (14.7-25.6)	
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	2.0 (1.6-2.5)	2.5 (2.0-3.0)	4.3 (3.2-5.6)	7.1 (4.3-11.5)	
QN35: Percentage of students who ever had sexual intercourse with three or more persons	1.4 (1.1-1.7)	1.8 (1.4-2.3)	2.6 (1.8-3.7)	6.6 (4.0-10.7)	
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	47.1 (40.2-54.0)	50.2 (44.3-56.2)	47.0 (38.1-56.2)	31.9 (19.5-47.6)	

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[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN37: Percentage of students who described themselves as slightly or very overweight	19.0 (17.9-20.2)	22.0 (20.8-23.4)	26.3 (23.9-28.8)	35.6 (29.6-42.0)	
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)	9.6 (8.8-10.5)	13.1 (12.1-14.2)	15.7 (13.9-17.8)	22.7 (17.8-28.6)	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	46.0 (44.6-47.4)	41.0 (39.5-42.6)	37.4 (34.8-40.2)	27.5 (22.1-33.6)	

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	48.1 (46.7-49.5)	40.4 (38.9-41.9)	33.1 (30.6-35.8)	31.9 (26.1-38.2)	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	17.9 (16.8-19.0)	23.5 (22.2-24.9)	33.1 (30.5-35.9)	35.5 (29.4-42.0)	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	30.6 (29.3-31.9)	25.4 (24.0-26.7)	20.5 (18.3-22.8)	19.8 (15.2-25.5)	

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Total Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
Health Risk Behavior	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN44: Percentage of students who use social media several times a day	60.5 (59.2-61.8)	72.3 (70.9-73.6)	75.9 (73.4-78.1)	72.6 (66.5-78.0)	
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)	57.0 (55.6-58.4)	49.1 (47.6-50.7)	43.0 (40.3-45.8)	39.0 (32.8-45.6)	
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	2.1 (1.7-2.5)	2.4 (1.9-2.9)	4.4 (3.4-5.7)	11.9 (8.4-16.7)	

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Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN49: Percentage of students who live in District of Columbia wards 1 through 4	21.2 (20.2-22.3)	16.2 (15.1-17.3)	15.5 (13.6-17.6)	19.6 (14.9-25.2)	
QN50: Percentage of students who live in District of Columbia wards 5 through 8	30.2 (29.0-31.5)	30.5 (29.1-32.0)	32.2 (29.6-34.9)	29.2 (23.5-35.6)	
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine	14.8 (13.8-15.9)	17.2 (16.1-18.5)	20.2 (18.0-22.6)	17.9 (13.3-23.7)	
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)	14.4 (13.5-15.4)	18.9 (17.7-20.1)	22.8 (20.5-25.2)	26.4 (21.1-32.5)	
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	15.1 (14.1-16.2)	23.9 (22.6-25.2)	32.4 (29.8-35.0)	41.8 (35.6-48.4)	
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)	23.6 (22.4-24.7)	22.7 (21.4-24.0)	25.3 (23.0-27.8)	35.4 (29.5-41.8)	

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District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	43.6 (42.2-45.0)	43.5 (42.0-45.1)	45.6 (42.8-48.4)	50.7 (44.2-57.2)	
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	2.4 (2.0-2.9)	3.7 (3.1-4.3)	5.0 (4.0-6.4)	11.7 (8.3-16.4)	
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	12.1 (10.7-13.7)	14.2 (12.7-15.7)	17.3 (14.7-20.2)	20.0 (14.3-27.3)	
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)	15.8 (14.3-17.5)	15.5 (14.0-17.1)	17.5 (14.9-20.4)	22.5 (16.5-29.9)	
QN59: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	2.9 (2.4-3.4)	3.0 (2.5-3.6)	4.5 (3.5-5.8)	8.2 (5.3-12.4)	

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District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)	9.8 (9.0-10.7)	13.0 (12.0-14.1)	15.8 (13.8-17.9)	28.9 (23.4-35.1)	
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	5.4 (4.8-6.1)	6.8 (6.1-7.6)	9.0 (7.5-10.7)	14.4 (10.4-19.6)	
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	4.9 (4.3-5.5)	7.6 (6.9-8.5)	9.8 (8.3-11.6)	14.5 (10.5-19.6)	
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)	27.2 (26.0-28.5)	33.6 (32.1-35.1)	40.6 (37.9-43.4)	42.9 (36.5-49.4)	
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	7.4 (6.7-8.2)	9.0 (8.2-9.9)	12.3 (10.6-14.3)	14.4 (10.5-19.6)	
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	4.0 (3.4-4.6)	5.1 (4.4-5.8)	7.2 (5.9-8.8)	10.4 (7.1-14.9)	

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Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN68: Percentage of students who have been taught about AIDS or HIV infection in school	28.5 (27.2-29.7)	29.6 (28.2-31.0)	29.5 (27.1-32.1)	28.1 (22.7-34.3)	
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	73.8 (72.5-75.0)	65.9 (64.4-67.3)	59.5 (56.7-62.2)	49.8 (43.3-56.3)	
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	68.9 (67.6-70.1)	68.3 (66.9-69.7)	66.8 (64.2-69.4)	64.7 (58.4-70.6)	
QN71: Percentage of students who talked to a teacher or other adult in their school about a personal problem they had (during the 12 months before the survey)	35.0 (33.7-36.3)	37.4 (35.9-38.9)	40.5 (37.8-43.3)	50.0 (43.5-56.6)	
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	2.4 (2.0-2.9)	3.1 (2.6-3.7)	5.0 (3.9-6.3)	13.6 (9.7-18.7)	
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	2.8 (2.3-3.3)	2.9 (2.4-3.5)	5.5 (4.3-6.9)	9.5 (6.4-14.0)	

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	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN74: Percentage of students who participate in school activities one or more hours (such as sports, band, drama, or clubs, during an average week when they are in school)	73.2 (71.9-74.4)	69.8 (68.4-71.2)	61.8 (59.0-64.5)	63.1 (56.7-69.1)	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.2 (1.0-1.6)	1.3 (1.0-1.7)	2.1 (1.5-3.1)	7.4 (4.6-11.8)	

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Total Mental Health	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN17: Percentage of students who ever tried to kill themselves	10.2 (9.3-11.1)	11.7 (10.7-12.8)	16.5 (14.6-18.7)	24.5 (19.4-30.4)	
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	15.7 (14.7-16.7)	15.3 (14.2-16.4)	17.4 (15.4-19.5)	25.9 (20.7-31.8)	

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District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN10: Percentage of students who were ever in a physical fight	63.5 (61.5-65.4)	74.3 (72.4-76.0)	78.5 (75.3-81.3)	83.1 (74.7-89.1)	
QN13: Percentage of students who were ever bullied on school property	27.4 (25.6-29.3)	24.6 (22.8-26.4)	26.5 (23.3-29.9)	41.9 (32.7-51.6)	
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	15.3 (13.8-16.8)	16.2 (14.7-17.8)	14.7 (12.3-17.5)	20.6 (13.8-29.6)	
QN15: Percentage of students who ever seriously thought about killing themselves	16.3 (14.8-17.9)	18.8 (17.2-20.5)	23.3 (20.3-26.6)	39.2 (30.2-49.0)	
QN16: Percentage of students who ever made a plan about how they would kill themselves	11.2 (10.0-12.6)	11.9 (10.6-13.3)	14.3 (11.9-17.1)	27.3 (19.6-36.6)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN19: Percentage of students who smoked a cigarette before age 11 years (even one or two puffs)	2.2 (1.7-2.9)	4.3 (3.5-5.3)	3.7 (2.5-5.4)	6.6 (3.2-13.2)	
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	1.4 (0.9-2.0)	1.3 (0.9-1.9)	2.2 (1.3-3.5)	8.3 (4.4-15.2)	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.4 (0.2-0.8)	0.1 (0.0-0.4)	0.2 (0.1-0.9)	1.4 (0.4-5.2)	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.3 (0.2-0.7)	0.1 (0.0-0.4)	0.1 (0.0-0.9)	1.4 (0.4-5.2)	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	0.6 (0.3-1.0)	0.6 (0.4-1.1)	0.6 (0.2-1.5)	3.1 (1.2-8.0)	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.6 (0.3-1.0)	0.5 (0.3-0.9)	0.5 (0.2-1.4)	3.1 (1.2-8.0)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male

Tobacco Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	3.1 (2.5-4.0)	5.0 (4.2-6.0)	7.5 (5.8-9.8)	14.1 (8.6-22.1)	
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)	2.1 (1.6-2.8)	2.1 (1.6-2.8)	5.3 (3.8-7.2)	10.1 (5.7-17.3)	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.5 (0.2-0.8)	0.2 (0.1-0.5)	1.5 (0.8-2.7)	3.3 (1.3-8.4)	
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.4 (0.2-0.7)	0.1 (0.0-0.5)	0.9 (0.4-2.0)	2.3 (0.8-6.7)	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	2.4 (1.9-3.2)	2.6 (2.0-3.4)	5.9 (4.4-7.9)	12.5 (7.4-20.3)	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	3.7 (3.0-4.6)	5.3 (4.5-6.4)	8.6 (6.7-11.0)	15.2 (9.5-23.4)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male

Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)	10.4 (9.2-11.7)	12.9 (11.5-14.4)	15.6 (13.1-18.6)	18.5 (11.9-27.5)	
QN29: Percentage of students who tried marijuana for the first time before age 11 years	2.7 (2.1-3.5)	3.3 (2.6-4.2)	5.1 (3.7-7.1)	11.3 (6.6-18.9)	
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)	7.3 (6.3-8.5)	9.9 (8.7-11.2)	12.5 (10.2-15.3)	19.7 (13.2-28.4)	
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	1.3 (0.9-1.8)	1.2 (0.9-1.8)	1.5 (0.9-2.7)	5.7 (2.8-11.4)	
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	4.4 (3.7-5.4)	5.5 (4.6-6.5)	4.4 (3.0-6.3)	10.5 (5.9-18.0)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Male
Sexual Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN33: Percentage of students who ever had sexual intercourse	7.3 (6.2-8.5)	11.1 (9.7-12.6)	13.3 (10.8-16.2)	22.3 (14.8-32.0)	
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	3.3 (2.6-4.2)	3.9 (3.1-4.8)	5.8 (4.2-8.0)	6.7 (3.0-14.2)	
QN35: Percentage of students who ever had sexual intercourse with three or more persons	2.3 (1.8-3.1)	2.9 (2.3-3.8)	3.3 (2.1-5.2)	8.9 (4.7-16.2)	
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	54.2 (46.0-62.2)	54.5 (47.6-61.3)	46.7 (36.0-57.8)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male
Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN37: Percentage of students who described themselves as slightly or very overweight	18.7 (17.1-20.4)	21.1 (19.4-22.9)	26.7 (23.5-30.2)	42.0 (32.8-51.8)	
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)	7.6 (6.5-8.8)	10.9 (9.6-12.3)	14.8 (12.4-17.7)	22.8 (15.6-31.9)	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	56.4 (54.3-58.4)	49.0 (46.9-51.2)	41.1 (37.4-44.8)	30.4 (22.3-39.9)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male Physical Activity		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	57.4 (55.3-59.4)	47.9 (45.8-50.1)	38.3 (34.7-42.0)	38.0 (29.1-47.8)		
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	15.0 (13.5-16.6)	21.1 (19.4-23.0)	29.4 (26.0-33.0)	27.3 (19.5-36.7)		
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	40.4 (38.4-42.4)	31.6 (29.6-33.6)	24.5 (21.4-27.9)	25.2 (17.8-34.5)		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male Other	Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
		A's	B's	C's	D's/F's	
		% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
	QN44: Percentage of students who use social media several times a day	55.4 (53.4-57.4)	68.2 (66.2-70.2)	71.5 (68.0-74.8)	63.7 (54.0-72.4)	
	QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)	61.4 (59.4-63.4)	51.9 (49.7-54.0)	44.3 (40.6-48.0)	39.8 (30.7-49.6)	
	QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	3.1 (2.4-4.0)	3.0 (2.3-3.8)	5.0 (3.6-6.9)	17.1 (11.1-25.3)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male
Site-Added

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN49: Percentage of students who live in District of Columbia wards 1 through 4	21.9 (20.3-23.5)	17.7 (16.2-19.4)	16.8 (14.2-19.8)	27.0 (19.3-36.3)	
QN50: Percentage of students who live in District of Columbia wards 5 through 8	29.8 (28.0-31.8)	30.6 (28.6-32.7)	34.3 (30.7-38.0)	29.9 (21.8-39.6)	
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine	11.1 (9.8-12.5)	13.8 (12.3-15.4)	16.0 (13.3-19.1)	10.8 (5.9-18.9)	
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)	18.1 (16.6-19.8)	22.0 (20.3-23.9)	27.2 (24.0-30.7)	38.4 (29.5-48.2)	
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	14.4 (12.9-15.9)	23.3 (21.5-25.2)	33.0 (29.5-36.6)	42.2 (33.1-52.0)	
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)	22.3 (20.7-24.1)	21.2 (19.5-22.9)	23.9 (20.8-27.2)	35.7 (27.1-45.3)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	40.2 (38.2-42.2)	39.8 (37.8-42.0)	41.7 (38.1-45.5)	55.4 (45.6-64.8)	
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	1.6 (1.1-2.2)	1.7 (1.3-2.4)	3.3 (2.2-5.0)	11.5 (6.6-19.1)	
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	13.8 (11.6-16.4)	14.2 (12.3-16.4)	18.0 (14.5-22.1)	23.1 (14.4-34.8)	
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)	11.9 (9.9-14.3)	12.6 (10.8-14.7)	16.6 (13.3-20.5)	20.8 (12.7-32.2)	
QN59: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	3.2 (2.5-4.0)	2.7 (2.1-3.5)	4.5 (3.1-6.4)	8.2 (4.3-15.1)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)	10.3 (9.1-11.6)	11.6 (10.3-13.1)	14.5 (12.0-17.4)	28.2 (20.5-37.5)	
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	4.8 (4.0-5.7)	5.2 (4.3-6.3)	6.2 (4.6-8.3)	15.5 (9.7-23.9)	
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	4.6 (3.8-5.6)	6.5 (5.5-7.6)	9.9 (7.8-12.3)	19.1 (12.6-27.7)	
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)	22.8 (21.1-24.6)	28.9 (27.0-30.9)	37.7 (34.1-41.4)	42.5 (33.2-52.3)	
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	6.4 (5.4-7.5)	8.2 (7.1-9.4)	11.0 (8.9-13.6)	12.2 (7.2-19.9)	
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	4.0 (3.2-4.9)	5.2 (4.3-6.3)	8.4 (6.6-10.8)	10.8 (6.2-18.1)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male
Site-Added

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN68: Percentage of students who have been taught about AIDS or HIV infection in school	29.0 (27.1-30.9)	29.5 (27.6-31.4)	31.0 (27.7-34.6)	30.2 (22.1-39.8)	
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	73.9 (72.0-75.7)	66.0 (63.9-68.0)	61.5 (57.8-65.1)	39.9 (30.9-49.6)	
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	69.4 (67.4-71.2)	70.0 (68.0-71.9)	67.3 (63.7-70.7)	55.9 (46.2-65.2)	
QN71: Percentage of students who talked to a teacher or other adult in their school about a personal problem they had (during the 12 months before the survey)	29.8 (27.9-31.8)	34.6 (32.6-36.7)	36.4 (32.8-40.1)	42.1 (32.8-52.1)	
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	2.7 (2.1-3.5)	2.9 (2.3-3.7)	5.3 (3.8-7.3)	15.4 (9.7-23.8)	
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	3.5 (2.8-4.4)	4.0 (3.3-5.0)	6.0 (4.4-8.1)	13.7 (8.4-21.5)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN74: Percentage of students who participate in school activities one or more hours (such as sports, band, drama, or clubs, during an average week when they are in school)	74.2 (72.3-76.0)	71.7 (69.7-73.6)	66.5 (62.9-70.0)	66.8 (57.3-75.1)	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.7 (1.3-2.4)	1.7 (1.2-2.3)	2.7 (1.7-4.3)	9.8 (5.3-17.3)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Male
Mental Health

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN17: Percentage of students who ever tried to kill themselves	6.9 (5.9-8.0)	7.5 (6.5-8.7)	10.6 (8.5-13.2)	16.5 (10.5-24.9)	
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	10.1 (8.9-11.4)	10.8 (9.6-12.2)	12.8 (10.5-15.5)	19.3 (12.9-27.8)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN10: Percentage of students who were ever in a physical fight	44.8 (42.9-46.7)	59.5 (57.3-61.7)	66.1 (62.1-69.9)	70.9 (62.5-78.1)	
QN13: Percentage of students who were ever bullied on school property	37.2 (35.4-39.1)	34.6 (32.5-36.7)	36.6 (32.7-40.6)	46.8 (38.3-55.5)	
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	21.5 (20.0-23.1)	25.4 (23.5-27.4)	28.7 (25.1-32.6)	34.4 (26.6-43.1)	
QN15: Percentage of students who ever seriously thought about killing themselves	31.0 (29.2-32.8)	36.3 (34.1-38.5)	43.7 (39.7-47.9)	51.5 (42.8-60.2)	
QN16: Percentage of students who ever made a plan about how they would kill themselves	20.4 (18.9-22.0)	23.8 (21.9-25.8)	28.1 (24.5-31.9)	41.8 (33.6-50.6)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Tobacco Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN19: Percentage of students who smoked a cigarette before age 11 years (even one or two puffs)	2.4 (1.9-3.1)	3.1 (2.4-4.0)	4.0 (2.7-5.8)	5.1 (2.5-10.3)		
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	0.9 (0.6-1.4)	1.3 (0.9-1.9)	2.1 (1.2-3.6)	3.8 (1.6-8.8)		
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.2 (0.1-0.4)	0.1 (0.0-0.4)	0.1 (0.0-1.0)	1.4 (0.3-5.3)		
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.1 (0.1-0.4)	0.1 (0.0-0.3)	0.1 (0.0-1.0)	1.4 (0.3-5.3)		
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	0.6 (0.3-0.9)	0.6 (0.3-1.1)	0.9 (0.4-2.1)	1.6 (0.4-6.2)		
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.3 (0.2-0.6)	0.4 (0.2-0.8)	0.6 (0.2-1.8)	1.6 (0.4-6.2)		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Tobacco Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	5.0 (4.2-5.9)	8.4 (7.2-9.8)	10.9 (8.6-13.7)	16.3 (10.9-23.6)		
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)	1.7 (1.3-2.3)	1.9 (1.4-2.6)	3.6 (2.3-5.5)	6.4 (3.2-12.3)		
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.2 (0.1-0.5)	0.2 (0.1-0.5)	0.4 (0.1-1.5)	2.3 (0.7-6.9)		
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.1 (0.1-0.4)	0.2 (0.1-0.5)	0.4 (0.1-1.5)	0.7 (0.1-4.6)		
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	2.1 (1.6-2.8)	2.8 (2.1-3.7)	5.0 (3.4-7.1)	8.3 (4.5-14.8)		
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	5.3 (4.5-6.3)	8.8 (7.6-10.2)	11.9 (9.4-14.8)	15.4 (10.1-22.7)		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Alcohol/Other Drug Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)	11.8 (10.6-13.1)	15.5 (13.9-17.2)	16.0 (13.2-19.3)	16.7 (11.1-24.3)		
QN29: Percentage of students who tried marijuana for the first time before age 11 years	2.0 (1.5-2.6)	2.0 (1.5-2.8)	4.0 (2.7-5.9)	2.1 (0.7-6.1)		
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)	11.5 (10.3-12.8)	14.5 (13.0-16.2)	16.9 (14.0-20.2)	15.2 (10.0-22.4)		
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	1.1 (0.8-1.6)	1.6 (1.1-2.2)	1.5 (0.8-2.9)	4.0 (1.8-8.6)		
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	5.6 (4.8-6.5)	7.6 (6.5-8.9)	7.3 (5.5-9.7)	8.6 (4.8-14.9)		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female

Sexual Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN33: Percentage of students who ever had sexual intercourse	2.5 (1.9-3.2)	3.8 (3.0-4.7)	6.8 (4.9-9.2)	16.8 (11.1-24.7)	
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	1.0 (0.7-1.5)	0.9 (0.6-1.5)	2.4 (1.4-4.0)	6.5 (3.2-12.5)	
QN35: Percentage of students who ever had sexual intercourse with three or more persons	0.5 (0.3-0.9)	0.5 (0.2-1.0)	1.8 (0.9-3.4)	4.0 (1.7-9.3)	
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	29.3 (19.2-42.0)	37.5 (26.6-49.7)	47.7 (32.2-63.6)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female

Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN37: Percentage of students who described themselves as slightly or very overweight	19.3 (17.8-20.9)	23.1 (21.3-25.1)	25.4 (21.9-29.2)	29.9 (22.5-38.5)	
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)	11.3 (10.2-12.6)	15.5 (14.0-17.2)	16.7 (13.9-20.0)	22.9 (16.4-31.0)	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	37.1 (35.2-38.9)	32.3 (30.2-34.4)	33.4 (29.6-37.5)	25.4 (18.5-33.7)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Physical Activity		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI		
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	40.1 (38.2-42.0)	31.9 (29.9-34.1)	27.4 (23.8-31.3)	26.3 (19.3-34.6)		
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	20.4 (18.8-22.0)	26.2 (24.2-28.2)	37.5 (33.6-41.7)	42.5 (33.9-51.5)		
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	22.1 (20.5-23.7)	18.5 (16.8-20.3)	15.9 (13.1-19.3)	14.7 (9.6-21.8)		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN49: Percentage of students who live in District of Columbia wards 1 through 4	20.7 (19.3-22.2)	14.6 (13.1-16.2)	13.6 (11.0-16.6)	13.5 (8.5-20.6)	
QN50: Percentage of students who live in District of Columbia wards 5 through 8	30.5 (28.7-32.3)	30.5 (28.4-32.7)	29.7 (26.0-33.8)	28.6 (21.1-37.4)	
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine	17.8 (16.3-19.3)	20.7 (18.9-22.6)	24.9 (21.5-28.8)	23.3 (16.5-31.7)	
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)	11.2 (10.1-12.5)	15.2 (13.7-16.9)	17.5 (14.5-20.8)	16.9 (11.4-24.5)	
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	15.7 (14.3-17.2)	24.4 (22.5-26.4)	31.4 (27.6-35.4)	41.5 (33.2-50.4)	
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)	24.6 (23.0-26.2)	24.2 (22.3-26.1)	27.0 (23.5-30.8)	35.2 (27.4-43.9)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	46.3 (44.4-48.2)	47.5 (45.2-49.7)	50.2 (46.1-54.4)	46.9 (38.3-55.7)	
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	3.2 (2.6-4.0)	5.7 (4.7-6.8)	6.8 (5.0-9.2)	11.9 (7.5-18.4)	
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	10.6 (8.8-12.6)	13.7 (11.7-16.0)	16.1 (12.5-20.6)	17.6 (10.7-27.5)	
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)	19.1 (16.8-21.5)	18.5 (16.2-21.0)	18.2 (14.4-22.8)	23.8 (15.9-34.1)	
QN59: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	2.6 (2.0-3.2)	3.4 (2.6-4.3)	4.5 (3.1-6.6)	8.2 (4.6-14.2)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)	9.4 (8.4-10.6)	14.5 (13.0-16.2)	17.0 (14.1-20.3)	29.4 (22.0-38.1)	
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	6.0 (5.1-7.0)	8.5 (7.4-9.9)	12.4 (9.9-15.4)	12.7 (7.9-19.8)	
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	5.2 (4.4-6.1)	9.0 (7.7-10.3)	9.8 (7.6-12.5)	10.0 (5.9-16.4)	
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)	31.1 (29.3-32.9)	38.7 (36.5-40.9)	44.1 (40.0-48.3)	42.6 (34.2-51.5)	
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	8.3 (7.3-9.4)	9.8 (8.5-11.2)	13.7 (11.1-16.8)	15.4 (10.1-22.8)	
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	3.9 (3.2-4.7)	4.9 (4.0-6.0)	5.4 (3.9-7.6)	9.2 (5.3-15.5)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN68: Percentage of students who have been taught about AIDS or HIV infection in school	28.2 (26.5-29.9)	29.7 (27.7-31.8)	27.3 (23.8-31.2)	25.8 (18.9-34.1)	
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	73.7 (71.9-75.4)	65.9 (63.7-68.0)	57.3 (53.1-61.3)	58.5 (49.6-66.8)	
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	68.4 (66.6-70.2)	66.6 (64.4-68.7)	66.7 (62.7-70.5)	72.4 (64.2-79.4)	
QN71: Percentage of students who talked to a teacher or other adult in their school about a personal problem they had (during the 12 months before the survey)	39.4 (37.5-41.3)	40.4 (38.2-42.7)	45.6 (41.5-49.7)	56.1 (47.3-64.6)	
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	2.2 (1.7-2.8)	3.2 (2.5-4.2)	4.5 (3.0-6.5)	11.3 (6.8-18.2)	
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	2.1 (1.6-2.8)	1.6 (1.1-2.3)	4.9 (3.3-7.1)	5.3 (2.5-10.8)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN74: Percentage of students who participate in school activities one or more hours (such as sports, band, drama, or clubs, during an average week when they are in school)	72.2 (70.5-73.9)	67.6 (65.5-69.7)	56.0 (51.8-60.1)	59.8 (50.9-68.1)	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	0.8 (0.5-1.3)	1.0 (0.6-1.5)	1.5 (0.7-2.9)	4.6 (1.9-10.6)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Female Mental Health	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN17: Percentage of students who ever tried to kill themselves	13.0 (11.8-14.4)	16.2 (14.6-18.0)	23.9 (20.6-27.6)	30.8 (23.4-39.2)	
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	20.3 (18.8-21.9)	20.0 (18.3-21.9)	22.9 (19.6-26.6)	31.4 (24.0-40.0)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black*		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
Unintentional Injuries/Violence		A's	B's	C's	D's/F's	
Health Risk Behavior		% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN10: Percentage of students who were ever in a physical fight		65.6 (63.7-67.4)	73.8 (72.0-75.5)	77.1 (74.0-79.8)	81.1 (73.3-86.9)	
QN13: Percentage of students who were ever bullied on school property		32.5 (30.6-34.4)	28.0 (26.3-29.8)	29.0 (26.0-32.2)	42.7 (34.5-51.3)	
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)		19.6 (18.1-21.2)	19.9 (18.3-21.5)	19.8 (17.2-22.7)	27.5 (20.4-35.9)	
QN15: Percentage of students who ever seriously thought about killing themselves		27.6 (25.9-29.4)	28.5 (26.7-30.3)	31.0 (27.9-34.3)	42.4 (34.1-51.1)	
QN16: Percentage of students who ever made a plan about how they would kill themselves		17.7 (16.2-19.3)	18.4 (16.9-20.0)	19.0 (16.5-21.9)	33.1 (25.6-41.6)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN19: Percentage of students who smoked a cigarette before age 11 years (even one or two puffs)	2.6 (2.0-3.3)	3.8 (3.1-4.6)	2.4 (1.6-3.7)	3.7 (1.6-8.5)	
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	1.1 (0.7-1.6)	1.2 (0.9-1.7)	1.4 (0.8-2.5)	3.9 (1.7-9.0)	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.2 (0.1-0.5)	0.0	0.0	0.0	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.2 (0.1-0.4)	0.0	0.0	0.0	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	0.6 (0.4-1.0)	0.6 (0.4-1.0)	0.6 (0.3-1.5)	0.8 (0.1-5.4)	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.5 (0.3-0.9)	0.5 (0.3-0.8)	0.6 (0.3-1.5)	0.8 (0.1-5.4)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	4.7 (3.9-5.6)	6.6 (5.7-7.7)	7.8 (6.1-9.9)	11.6 (7.1-18.2)	
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)	2.1 (1.6-2.7)	2.1 (1.6-2.7)	4.2 (3.0-5.9)	6.9 (3.7-12.7)	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.3 (0.2-0.6)	0.2 (0.1-0.4)	1.0 (0.5-1.9)	1.5 (0.4-5.7)	
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.2 (0.1-0.5)	0.2 (0.1-0.4)	0.7 (0.3-1.6)	0.0	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	2.5 (2.0-3.2)	2.9 (2.3-3.7)	5.0 (3.6-6.7)	9.4 (5.5-15.8)	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	5.2 (4.4-6.2)	7.1 (6.2-8.2)	8.9 (7.1-11.1)	11.7 (7.2-18.4)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Alcohol/Other Drug Use Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)	12.9 (11.6-14.3)	14.0 (12.6-15.4)	14.9 (12.6-17.5)	16.5 (10.9-24.1)	
QN29: Percentage of students who tried marijuana for the first time before age 11 years	3.0 (2.4-3.8)	3.1 (2.5-3.8)	4.5 (3.3-6.1)	5.2 (2.5-10.4)	
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)	10.7 (9.5-12.0)	12.7 (11.4-14.1)	14.7 (12.4-17.4)	15.1 (10.0-22.2)	
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	1.1 (0.7-1.6)	1.0 (0.7-1.5)	1.1 (0.6-2.0)	0.8 (0.1-4.7)	
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	5.1 (4.3-6.0)	6.5 (5.6-7.5)	5.1 (3.7-6.8)	6.7 (3.4-12.7)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN33: Percentage of students who ever had sexual intercourse	5.9 (5.0-7.0)	8.5 (7.4-9.7)	10.2 (8.2-12.6)	18.0 (12.0-25.9)	
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	2.4 (1.9-3.1)	2.8 (2.2-3.5)	4.3 (3.0-6.0)	5.2 (2.3-11.0)	
QN35: Percentage of students who ever had sexual intercourse with three or more persons	1.7 (1.3-2.3)	2.2 (1.7-2.9)	2.9 (1.9-4.4)	4.8 (2.2-10.2)	
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	49.2 (40.9-57.6)	50.2 (43.2-57.3)	45.8 (34.8-57.2)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Dietary Behaviors Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN37: Percentage of students who described themselves as slightly or very overweight	20.8 (19.2-22.4)	21.4 (19.8-23.0)	23.0 (20.2-26.1)	30.9 (23.5-39.4)	
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)	10.8 (9.6-12.1)	13.1 (11.8-14.5)	12.8 (10.6-15.2)	21.1 (14.9-29.0)	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	41.9 (40.0-43.9)	39.7 (37.8-41.7)	41.3 (37.9-44.7)	26.3 (19.4-34.5)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Physical Activity Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	41.5 (39.5-43.4)	39.1 (37.2-41.1)	31.3 (28.2-34.6)	24.2 (17.5-32.5)	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	22.7 (21.1-24.4)	25.3 (23.6-27.1)	36.9 (33.6-40.4)	38.6 (30.6-47.4)	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	28.7 (26.9-30.5)	25.0 (23.3-26.8)	20.2 (17.5-23.1)	13.9 (8.9-21.2)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
Health Risk Behavior	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN44: Percentage of students who use social media several times a day	72.0 (70.2-73.8)	76.0 (74.2-77.6)	76.9 (73.8-79.6)	74.0 (65.7-80.8)	
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)	51.8 (49.8-53.8)	47.0 (45.0-49.0)	45.0 (41.6-48.5)	43.0 (34.7-51.7)	
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	2.5 (1.9-3.2)	2.2 (1.7-2.9)	4.0 (2.8-5.6)	8.2 (4.6-14.2)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN49: Percentage of students who live in District of Columbia wards 1 through 4	11.6 (10.4-12.9)	13.0 (11.7-14.3)	13.2 (11.1-15.8)	17.4 (11.7-24.9)	
QN50: Percentage of students who live in District of Columbia wards 5 through 8	36.2 (34.3-38.1)	36.1 (34.2-38.0)	36.8 (33.5-40.2)	33.9 (26.1-42.6)	
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine	16.3 (14.8-17.8)	18.0 (16.5-19.6)	20.3 (17.6-23.3)	19.2 (13.2-27.2)	
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)	15.3 (14.0-16.8)	18.8 (17.3-20.4)	23.2 (20.4-26.2)	23.6 (17.1-31.5)	
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	18.4 (16.9-20.0)	25.4 (23.7-27.1)	33.0 (29.8-36.4)	40.2 (32.1-48.8)	
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)	19.5 (17.9-21.1)	19.0 (17.5-20.6)	22.3 (19.5-25.3)	29.1 (21.9-37.4)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	46.6 (44.6-48.6)	43.9 (42.0-45.9)	45.5 (42.1-49.0)	48.8 (40.3-57.3)	
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	2.6 (2.1-3.4)	3.3 (2.7-4.1)	4.4 (3.2-6.1)	7.7 (4.2-13.5)	
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	12.1 (10.4-14.1)	14.4 (12.7-16.3)	17.8 (14.7-21.4)	20.3 (13.3-29.9)	
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)	14.9 (13.0-17.0)	14.1 (12.4-15.9)	15.6 (12.6-19.0)	19.1 (12.3-28.5)	
QN59: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	3.2 (2.5-3.9)	3.1 (2.5-3.9)	4.4 (3.2-6.1)	6.1 (3.1-11.7)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)	11.4 (10.2-12.7)	13.4 (12.1-14.8)	15.3 (13.0-18.0)	26.2 (19.3-34.5)	
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	5.1 (4.3-6.0)	6.6 (5.7-7.7)	8.3 (6.6-10.4)	12.2 (7.5-19.1)	
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	6.1 (5.2-7.1)	8.5 (7.5-9.7)	9.7 (7.8-11.9)	11.6 (7.1-18.2)	
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)	32.4 (30.6-34.3)	34.9 (33.1-36.8)	39.1 (35.8-42.6)	43.9 (35.6-52.5)	
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	7.6 (6.6-8.8)	8.2 (7.1-9.3)	11.4 (9.4-13.8)	12.6 (7.9-19.5)	
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	4.5 (3.8-5.4)	5.3 (4.5-6.2)	6.2 (4.8-8.1)	6.9 (3.7-12.7)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI[§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN68: Percentage of students who have been taught about AIDS or HIV infection in school	29.0 (27.2-30.8)	30.6 (28.8-32.4)	30.3 (27.3-33.6)	25.6 (18.8-33.8)	
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	68.9 (67.0-70.7)	65.2 (63.3-67.1)	60.4 (57.0-63.8)	51.3 (42.6-59.8)	
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	72.1 (70.3-73.9)	72.1 (70.3-73.9)	71.0 (67.7-74.0)	74.2 (65.9-81.0)	
QN71: Percentage of students who talked to a teacher or other adult in their school about a personal problem they had (during the 12 months before the survey)	40.6 (38.7-42.6)	40.0 (38.1-42.0)	42.3 (38.9-45.8)	54.7 (45.9-63.1)	
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	2.4 (1.9-3.1)	3.0 (2.3-3.7)	4.5 (3.3-6.2)	11.2 (6.8-17.9)	
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	3.1 (2.5-3.9)	2.9 (2.3-3.7)	5.4 (4.0-7.2)	6.8 (3.6-12.5)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN74: Percentage of students who participate in school activities one or more hours (such as sports, band, drama, or clubs, during an average week when they are in school)	71.5 (69.7-73.3)	71.4 (69.5-73.1)	62.5 (59.1-65.8)	66.1 (57.5-73.8)	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.4 (1.0-2.0)	1.2 (0.9-1.8)	2.1 (1.3-3.3)	6.9 (3.5-13.1)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Black* Mental Health Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN17: Percentage of students who ever tried to kill themselves	11.6 (10.3-12.9)	12.3 (11.0-13.6)	15.5 (13.1-18.1)	22.2 (15.9-30.0)	
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	15.2 (13.9-16.7)	14.9 (13.6-16.4)	14.1 (11.9-16.7)	18.4 (12.7-26.0)	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN10: Percentage of students who were ever in a physical fight	39.8 (36.6-43.1)	50.8 (47.6-54.0)	55.8 (50.3-61.3)	66.7 (55.5-76.3)	
QN13: Percentage of students who were ever bullied on school property	33.6 (30.6-36.8)	29.0 (26.2-32.0)	35.2 (30.1-40.6)	46.7 (36.0-57.8)	
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	18.4 (16.0-21.0)	18.5 (16.1-21.1)	24.1 (19.6-29.1)	27.6 (18.8-38.7)	
QN15: Percentage of students who ever seriously thought about killing themselves	25.3 (22.6-28.3)	22.5 (19.9-25.3)	36.8 (31.6-42.3)	51.7 (40.6-62.7)	
QN16: Percentage of students who ever made a plan about how they would kill themselves	17.0 (14.6-19.6)	14.0 (11.9-16.4)	25.7 (21.1-30.8)	41.8 (31.3-53.1)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Tobacco Use**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN19: Percentage of students who smoked a cigarette before age 11 years (even one or two puffs)	3.5 (2.5-5.0)	4.2 (3.1-5.7)	8.5 (5.8-12.1)	10.2 (5.0-19.6)	
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	2.1 (1.3-3.3)	1.3 (0.8-2.3)	4.0 (2.3-6.9)	8.5 (3.9-17.6)	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.7 (0.3-1.6)	0.3 (0.1-1.0)	0.7 (0.2-2.7)	2.9 (0.7-10.7)	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.6 (0.3-1.4)	0.1 (0.0-0.8)	0.7 (0.2-2.7)	2.9 (0.7-10.7)	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	1.1 (0.6-2.0)	0.7 (0.3-1.5)	1.1 (0.4-3.2)	4.1 (1.3-11.8)	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.6 (0.3-1.4)	0.3 (0.1-1.0)	0.3 (0.1-2.2)	4.1 (1.3-11.8)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Tobacco Use**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	6.4 (5.0-8.2)	7.4 (5.8-9.3)	12.0 (8.8-16.2)	21.3 (13.6-31.8)	
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)	2.7 (1.8-4.1)	1.9 (1.2-3.1)	3.2 (1.7-5.9)	9.4 (4.6-18.4)	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.6 (0.3-1.4)	0.2 (0.1-0.8)	0.8 (0.2-3.0)	4.3 (1.4-12.3)	
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.5 (0.2-1.3)	0.1 (0.0-0.8)	0.8 (0.2-3.0)	2.8 (0.7-10.5)	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	3.1 (2.1-4.5)	2.2 (1.4-3.4)	5.1 (3.1-8.2)	11.2 (5.8-20.8)	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	6.8 (5.4-8.7)	7.2 (5.7-9.1)	13.4 (10.0-17.7)	20.8 (13.1-31.5)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Alcohol/Other Drug Use**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)	11.5 (9.5-13.8)	13.6 (11.5-15.9)	18.2 (14.3-23.0)	15.4 (8.9-25.4)	
QN29: Percentage of students who tried marijuana for the first time before age 11 years	2.4 (1.6-3.7)	1.8 (1.1-2.9)	5.1 (3.1-8.2)	8.2 (3.8-16.7)	
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)	10.8 (8.9-13.0)	10.8 (8.9-13.0)	11.3 (8.2-15.4)	17.6 (10.7-27.7)	
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	2.2 (1.4-3.4)	2.6 (1.7-3.8)	2.5 (1.2-5.0)	11.0 (5.7-20.3)	
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	6.0 (4.6-7.8)	6.4 (5.0-8.2)	5.8 (3.6-9.0)	13.5 (7.5-23.1)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Sexual Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN33: Percentage of students who ever had sexual intercourse	5.6 (4.2-7.5)	4.3 (3.1-5.9)	10.2 (7.2-14.4)	20.1 (12.2-31.5)	
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	2.6 (1.7-3.9)	1.9 (1.2-3.1)	4.4 (2.5-7.6)	7.9 (3.3-17.5)	
QN35: Percentage of students who ever had sexual intercourse with three or more persons	1.6 (0.9-2.7)	0.6 (0.2-1.4)	2.3 (1.0-4.9)	7.4 (3.1-16.5)	
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	51.9 (37.5-65.9)	49.9 (34.0-65.9)	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Dietary Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN37: Percentage of students who described themselves as slightly or very overweight	22.3 (19.6-25.1)	27.8 (25.0-30.8)	39.3 (34.0-44.9)	47.2 (36.2-58.4)	
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)	12.7 (10.6-15.0)	16.1 (13.9-18.7)	28.8 (24.0-34.1)	29.5 (20.5-40.5)	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	45.8 (42.6-49.1)	42.3 (39.2-45.5)	24.6 (20.1-29.7)	32.0 (22.6-43.1)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Physical Activity**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	44.9 (41.7-48.2)	36.9 (33.8-40.1)	35.7 (30.5-41.2)	36.2 (26.2-47.5)	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	20.2 (17.7-23.0)	23.5 (20.9-26.4)	22.3 (17.9-27.4)	37.1 (27.0-48.5)	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	26.6 (23.7-29.6)	21.7 (19.2-24.5)	19.7 (15.6-24.6)	24.7 (16.3-35.5)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Other

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN44: Percentage of students who use social media several times a day	58.9 (55.6-62.1)	68.7 (65.7-71.6)	76.4 (71.3-80.8)	69.6 (58.6-78.8)	
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)	55.6 (52.3-58.8)	53.4 (50.2-56.6)	38.3 (33.0-43.8)	33.4 (23.8-44.6)	
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	2.8 (1.9-4.2)	2.9 (2.0-4.2)	4.8 (2.9-8.0)	17.4 (10.4-27.4)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN49: Percentage of students who live in District of Columbia wards 1 through 4	28.7 (25.9-31.8)	20.8 (18.3-23.5)	20.9 (16.7-25.9)	26.0 (17.4-37.0)	
QN50: Percentage of students who live in District of Columbia wards 5 through 8	17.9 (15.4-20.7)	14.3 (12.1-16.8)	14.1 (10.5-18.7)	17.9 (10.8-28.2)	
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine	15.6 (13.3-18.2)	15.3 (13.1-17.9)	22.4 (17.9-27.7)	13.1 (7.0-23.1)	
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)	12.6 (10.5-14.9)	16.1 (13.9-18.6)	19.2 (15.2-24.0)	26.5 (17.7-37.6)	
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	16.8 (14.5-19.4)	21.7 (19.1-24.4)	30.8 (25.9-36.1)	43.2 (32.6-54.4)	
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)	31.5 (28.5-34.7)	30.9 (28.0-33.9)	33.2 (28.2-38.6)	50.2 (39.2-61.2)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	38.8 (35.6-42.0)	39.6 (36.5-42.8)	43.6 (38.1-49.2)	50.3 (39.2-61.3)	
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	4.1 (3.0-5.7)	5.4 (4.1-7.0)	7.8 (5.3-11.4)	20.6 (13.0-31.2)	
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	14.8 (11.4-19.1)	12.4 (9.5-16.1)	14.7 (10.1-21.1)	17.0 (8.5-31.3)	
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)	19.0 (15.2-23.5)	20.2 (16.5-24.5)	25.1 (19.0-32.3)	34.7 (22.4-49.6)	
QN59: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	3.2 (2.2-4.6)	2.7 (1.8-4.0)	5.5 (3.4-8.8)	10.9 (5.7-20.1)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)	9.2 (7.4-11.3)	11.5 (9.6-13.7)	16.4 (12.7-21.0)	33.5 (23.9-44.6)	
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	7.2 (5.6-9.0)	6.0 (4.6-7.7)	10.6 (7.6-14.6)	16.5 (9.7-26.7)	
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	4.7 (3.5-6.3)	5.2 (3.9-6.8)	8.6 (5.9-12.4)	17.5 (10.6-27.6)	
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)	28.5 (25.6-31.6)	32.2 (29.3-35.3)	48.1 (42.5-53.7)	42.9 (32.4-54.1)	
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	10.3 (8.4-12.4)	12.1 (10.2-14.4)	16.7 (12.9-21.3)	14.5 (8.3-24.1)	
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	5.3 (4.0-7.0)	4.5 (3.3-6.1)	9.8 (6.9-13.7)	16.4 (9.7-26.5)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Site-Added

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN68: Percentage of students who have been taught about AIDS or HIV infection in school	28.5 (25.6-31.5)	25.8 (23.1-28.7)	22.5 (18.2-27.5)	29.5 (20.4-40.5)	
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	71.6 (68.5-74.5)	63.7 (60.6-66.8)	54.3 (48.7-59.7)	46.5 (35.8-57.5)	
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	61.4 (58.2-64.6)	57.5 (54.3-60.7)	55.3 (49.8-60.8)	41.0 (30.6-52.3)	
QN71: Percentage of students who talked to a teacher or other adult in their school about a personal problem they had (during the 12 months before the survey)	27.8 (24.9-30.9)	29.4 (26.5-32.4)	33.3 (28.2-38.7)	37.6 (27.5-48.8)	
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	3.7 (2.6-5.2)	3.8 (2.7-5.2)	6.7 (4.3-10.2)	15.5 (8.8-25.6)	
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	3.6 (2.6-5.1)	3.1 (2.1-4.4)	5.5 (3.4-8.7)	10.8 (5.5-20.0)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Site-Added

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN74: Percentage of students who participate in school activities one or more hours (such as sports, band, drama, or clubs, during an average week when they are in school)	63.8 (60.6-66.9)	63.2 (60.0-66.2)	56.5 (50.9-62.0)	54.1 (42.9-64.8)	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.7 (1.0-2.8)	1.7 (1.0-2.7)	2.5 (1.2-5.1)	6.9 (3.0-15.1)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Mental Health**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN17: Percentage of students who ever tried to kill themselves	13.3 (11.3-15.8)	9.8 (8.0-11.9)	19.0 (15.0-23.8)	28.1 (19.3-39.1)	
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	18.6 (16.2-21.3)	13.7 (11.6-16.1)	24.7 (20.2-29.9)	43.4 (32.8-54.7)	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White*		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
Unintentional Injuries/Violence		A's	B's	C's	D's/F's	
Health Risk Behavior		% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN10: Percentage of students who were ever in a physical fight		28.0 (25.5-30.7)	40.8 (35.2-46.6)	58.2 (44.0-71.2)	-	
QN13: Percentage of students who were ever bullied on school property		31.6 (29.0-34.4)	38.0 (32.5-43.8)	45.3 (31.8-59.6)	-	
QN14: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)		15.1 (13.1-17.3)	26.4 (21.6-31.8)	30.8 (19.5-45.1)	-	
QN15: Percentage of students who ever seriously thought about killing themselves		12.9 (11.1-15.0)	16.2 (12.4-21.0)	29.1 (18.0-43.5)	-	
QN16: Percentage of students who ever made a plan about how they would kill themselves		9.4 (7.8-11.2)	14.4 (10.8-19.1)	13.2 (6.2-26.0)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN19: Percentage of students who smoked a cigarette before age 11 years (even one or two puffs)	0.4 (0.1-1.0)	1.5 (0.6-3.8)	0.0	-	
QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	0.5 (0.2-1.1)	0.4 (0.1-2.3)	0.0	-	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.1 (0.0-0.6)	0.0	0.0	-	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.1 (0.0-0.6)	0.0	0.0	-	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	0.1 (0.0-0.7)	0.0	0.0	-	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.1 (0.0-0.7)	0.0	0.0	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	0.7 (0.3-1.3)	3.0 (1.5-5.8)	6.8 (2.3-18.7)	-	
QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)	0.6 (0.3-1.2)	0.7 (0.2-2.9)	4.6 (1.2-16.1)	-	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.2 (0.0-0.7)	0.0	0.0	-	
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.2 (0.0-0.7)	0.0	0.0	-	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	0.7 (0.4-1.5)	1.1 (0.4-3.3)	4.6 (1.2-16.1)	-	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	0.9 (0.5-1.7)	2.6 (1.3-5.2)	6.8 (2.3-18.7)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)	5.3 (4.2-6.8)	13.8 (10.3-18.3)	13.4 (6.3-26.2)	-	
QN29: Percentage of students who tried marijuana for the first time before age 11 years	0.1 (0.0-0.7)	0.4 (0.1-2.5)	0.0	-	
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)	4.5 (3.4-5.9)	6.1 (3.8-9.6)	7.2 (2.4-19.9)	-	
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	0.6 (0.3-1.2)	1.5 (0.6-3.9)	2.5 (0.4-15.4)	-	
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	3.7 (2.8-5.0)	5.6 (3.5-9.0)	2.2 (0.3-14.1)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN33: Percentage of students who ever had sexual intercourse	0.8 (0.4-1.5)	4.1 (2.4-7.2)	2.4 (0.3-15.1)	-	
QN34: Percentage of students who had sexual intercourse for the first time before age 11 years	0.6 (0.3-1.2)	0.8 (0.2-2.8)	0.0	-	
QN35: Percentage of students who ever had sexual intercourse with three or more persons	0.3 (0.1-0.9)	0.4 (0.1-2.4)	0.0	-	
QN36: Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse)	-	-	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN37: Percentage of students who described themselves as slightly or very overweight	11.7 (10.0-13.7)	16.6 (12.7-21.4)	13.2 (6.2-26.1)	-	
QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)	3.8 (2.9-5.1)	5.9 (3.7-9.3)	17.7 (9.3-31.0)	-	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	59.3 (56.4-62.1)	49.0 (43.2-54.7)	24.6 (14.4-38.8)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Physical Activity Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	70.1 (67.3-72.7)	63.8 (58.1-69.1)	56.5 (42.1-69.9)	-	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	3.0 (2.2-4.2)	4.1 (2.3-7.1)	13.8 (6.5-27.1)	-	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	39.8 (36.9-42.6)	39.6 (34.1-45.4)	29.2 (18.1-43.6)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN44: Percentage of students who use social media several times a day	27.2 (24.7-29.9)	42.8 (37.2-48.6)	66.5 (52.1-78.3)	-	
QN46: Percentage of students who got 8 or more hours of sleep (on an average school night)	73.7 (71.0-76.1)	58.2 (52.4-63.8)	39.7 (27.0-54.0)	-	
QN47: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	0.4 (0.1-1.0)	1.5 (0.6-3.8)	0.0	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN49: Percentage of students who live in District of Columbia wards 1 through 4	42.5 (39.8-45.4)	37.8 (32.4-43.6)	31.0 (19.6-45.3)	-	
QN50: Percentage of students who live in District of Columbia wards 5 through 8	22.1 (19.7-24.6)	17.2 (13.1-22.1)	16.0 (8.0-29.5)	-	
QN51: Percentage of students who think other people at school would describe them as equally feminine and masculine	9.4 (7.8-11.3)	11.5 (8.2-15.8)	11.5 (4.9-24.6)	-	
QN52: Percentage of students who ever carried a weapon (such as a gun, knife, or club)	12.5 (10.7-14.6)	19.8 (15.6-24.8)	20.0 (11.0-33.6)	-	
QN53: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	4.1 (3.1-5.4)	6.0 (3.8-9.5)	9.0 (3.5-21.3)	-	
QN54: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)	28.8 (26.2-31.5)	34.4 (29.2-40.1)	35.5 (23.3-49.9)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN55: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	36.6 (33.8-39.4)	46.4 (40.7-52.2)	42.3 (29.2-56.6)	-	
QN56: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	0.6 (0.3-1.2)	1.9 (0.8-4.3)	0.0	-	
QN57: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	5.7 (3.1-10.0)	7.5 (3.2-16.4)	-	-	
QN58: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)	14.0 (9.8-19.8)	16.7 (9.6-27.2)	-	-	
QN59: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	1.1 (0.6-1.9)	0.7 (0.2-2.8)	0.0	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN60: Percentage of students who bullied someone on school property (during the 12 months before the survey)	5.8 (4.6-7.3)	10.9 (7.8-15.1)	13.2 (6.2-26.0)	-	
QN61: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	4.6 (3.5-5.9)	7.5 (5.0-11.2)	6.6 (2.2-18.0)	-	
QN62: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	0.7 (0.4-1.5)	1.9 (0.8-4.3)	4.7 (1.2-16.5)	-	
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)	10.3 (8.6-12.2)	15.4 (11.6-20.0)	24.5 (14.3-38.7)	-	
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	4.4 (3.3-5.7)	5.7 (3.5-9.0)	7.3 (2.5-19.9)	-	
QN67: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	0.9 (0.5-1.6)	4.1 (2.3-7.2)	2.5 (0.4-15.4)	-	

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN68: Percentage of students who have been taught about AIDS or HIV infection in school	27.8 (25.3-30.5)	32.0 (26.9-37.6)	35.4 (23.3-49.8)	-	
QN69: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	91.8 (90.1-93.3)	82.5 (77.6-86.5)	79.9 (66.0-89.0)	-	
QN70: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	67.9 (65.2-70.6)	60.1 (54.3-65.6)	60.0 (45.7-72.8)	-	
QN71: Percentage of students who talked to a teacher or other adult in their school about a personal problem they had (during the 12 months before the survey)	24.6 (22.2-27.2)	28.0 (23.1-33.5)	42.2 (29.1-56.5)	-	
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	1.1 (0.6-1.9)	1.9 (0.8-4.3)	0.0	-	
QN73: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	0.7 (0.4-1.5)	1.5 (0.6-3.9)	2.5 (0.4-15.3)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Academic Achievement Report

White* Mental Health Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN17: Percentage of students who ever tried to kill themselves	3.1 (2.2-4.3)	5.6 (3.5-9.0)	11.2 (4.9-23.9)	-	
QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	15.0 (13.0-17.1)	22.0 (17.6-27.2)	31.3 (19.8-45.7)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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