

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

**Total
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
25.5	20.4	22.1	20.1	14.0	15.4	Decreased, 2012-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
11.2	7.8	7.0	6.6	4.7	10.5	Decreased, 2012-2023	Decreased, 2012-2017 Increased, 2017-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)									
				4.9	3.5	3.8	Decreased, 2019-2023	Not available [§]	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
	9.0	7.3	10.0	9.4	8.4	14.6	Increased, 2012-2023	Increased, 2012-2019 Increased, 2019-2023	Increased
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)									
	8.5	7.6	9.8	9.4	5.7	8.9	No linear change	No quadratic change	Increased

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	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	37.6	32.4	31.0	28.7	18.7	26.1	Decreased, 2012-2023	No quadratic change	Increased
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	15.3	13.8	15.5	14.1	7.4	15.3	Decreased, 2012-2023	No change, 2012-2017 No change, 2017-2023	Increased
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood					28.0	32.7	Increased, 2021-2023	Not available [§]	Increased
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	9.2	8.2	8.5	10.5	6.2	7.5	Decreased, 2012-2023	No change, 2012-2015 Decreased, 2015-2023	No change

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
<p>QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)</p>								
			13.7	8.1	9.3	Decreased, 2019-2023	Not available [§]	No change
<p>QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
			5.7	4.7	5.6	No linear change	Not available	No change

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2012	2015	2017	2019	2021	2023			
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
12.0	10.3	14.1	10.0	6.5	10.6	Decreased, 2012-2023	No quadratic change	Increased
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)								
10.9	12.1	11.5	12.7	7.3	10.5	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Increased
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
7.9	7.9	8.9	10.6	7.2	9.3	No linear change	Increased, 2012-2017 Decreased, 2017-2023	Increased

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2012	2015	2017	2019	2021	2023			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
25.5	27.0	27.2	33.1	36.3	33.8	Increased, 2012-2023	No quadratic change	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
14.8	13.9	15.7	19.2	18.3	17.2	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
14.7	14.8	15.8	17.9	15.5	15.2	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
13.4	12.7	16.0	14.9	11.9	11.4	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change

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2012	2015	2017	2019	2021	2023			
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
5.3	5.0	6.6	5.6	3.3	3.5	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN91: Percentage of students who rarely or never wore a helmet when they rode a bicycle or used rollerblades or a skateboard (among students who rode a bicycle or used rollerblades or a skateboard during the 12 months before the survey)								
84.0	83.6	82.7	80.8	72.8	71.1	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN92: Percentage of students who currently carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
20.0	18.1	18.8	15.6	11.3	11.2	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN93: Percentage of students who have been afraid of being beaten up at school one or more times (during the 12 months before the survey)								
8.7	8.4	9.2	9.1	8.0	12.1	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN94: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)								
21.3	17.5	18.9	17.1	9.9	14.9	Decreased, 2012-2023	No quadratic change	Increased
QN95: Percentage of students who have been harassed on school property one or more times because someone thought they were gay, lesbian, bisexual, or transgender (during the 12 months before the survey)								
		10.3	9.8	6.5	10.4	No linear change	Not available [§]	Increased

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	2012	2015	2017	2019	2021	2023			
QN96: Percentage of students who have been a member of a gang or crew (during the 12 months before the survey)									
	16.5	17.3	14.7	13.4	6.2	6.6	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN97: Percentage of students who have seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)									
	40.4	34.6	32.4	36.1	27.3	31.1	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	Increased

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN98: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)						Increased, 2019-2023	Not available [§]	Increased
			19.6	18.2	23.3			
QN99: Percentage of students who reported someone did sexual things to them that they did not want to do one or more times (by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them, during the 12 months before the survey)						Decreased, 2019-2023	Not available	No change
			14.1	7.5	8.8			
QN102: Percentage of students who bullied someone on school property (during the 12 months before the survey)						Decreased, 2019-2023	Not available	Increased
			9.7	4.3	7.2			

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN116: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		7.4	6.7	3.2	3.1	Decreased, 2017-2023	Not available [§]	No change

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Total
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)								
		12.1	9.5	5.4	4.8	Decreased, 2017-2023	Not available [§]	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
			0.7	0.4	0.6	No linear change	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
			0.5	0.3	0.5	No linear change	Not available	No change
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
			5.3	3.2	3.1	Decreased, 2019-2023	Not available	No change

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	13.4	10.9	13.0	10.1	9.6	Decreased, 2015-2023	Not available [§]	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
	1.0	0.7	1.7	1.2	1.3	Increased, 2015-2023	Not available	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	0.7	0.5	1.0	0.7	0.9	No linear change	Not available	No change

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Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			5.5	2.8	3.5	Decreased, 2019-2023	Not available [§]	No change
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
3.1	1.8	1.1	0.7	0.5	0.7	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
2.2	1.4	0.7	0.4	0.3	0.6	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

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2012	2015	2017	2019	2021	2023			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
			7.2	4.0	5.2	Decreased, 2019-2023	Not available [§]	No change
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)								
			8.2	5.0	6.3	Decreased, 2019-2023	Not available	No change
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			14.7	11.6	12.0	Decreased, 2019-2023	Not available	No change

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2012	2015	2017	2019	2021	2023			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
			13.6	10.8	10.3	Decreased, 2019-2023	Not available [§]	No change
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)								
16.5	11.5	10.5	6.6	2.6	3.7	Decreased, 2012-2023	No quadratic change	Increased

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**Total
Alcohol and Other Drug Use**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)									
	22.0	18.8	16.1	17.8	12.6	12.5	Decreased, 2012-2023	No quadratic change	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)									
	31.4	20.1	20.5	20.2	15.2	15.0	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)									
			8.2	8.5	6.1	6.8	Decreased, 2017-2023	Not available [§]	No change

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Alcohol and Other Drug Use**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN47: Percentage of students who tried marijuana for the first time before age 13 years									
	17.5	15.6	15.9	11.6	6.8	7.2	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)									
	32.2	28.7	33.0	29.2	20.2	20.5	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)									
			15.4	20.0	12.0	13.2	Decreased, 2017-2023	Not available [§]	No change

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Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	6.4	6.3	7.4	5.8	2.1	2.4	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	13.4	11.5	12.4	10.7	7.1	5.4	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Decreased
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	4.3	4.6	5.3	5.1	1.8	2.0	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
4.6	4.5	6.3	5.0	1.8	2.1	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
7.5	5.5	7.3	5.3	2.5	2.4	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change

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**Total
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN56: Percentage of students who ever had sexual intercourse	53.5	40.9	45.6	44.0	28.5	30.1	Decreased, 2012-2023	No quadratic change	No change
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years	14.9	11.0	8.9	7.9	5.3	4.5	Decreased, 2012-2023	No quadratic change	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life	21.7	13.8	14.0	12.2	6.2	6.3	Decreased, 2012-2023	No quadratic change	No change
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	36.6	28.2	31.1	30.9	18.0	20.2	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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**Total
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	20.5	18.1	19.2	16.5	20.7	18.9	No linear change	No quadratic change	No change
QN61: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	70.1	66.6	61.2	57.1	52.0	50.4	Decreased, 2012-2023	No quadratic change	No change
QN62: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)					9.8	11.6	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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**Total
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
			27.6	9.8	9.1	Decreased, 2019-2023	Not available [§]	No change
QN103: Percentage of students who reported their partners were three or more years older than themselves the last time they had sexual intercourse (among students who have had sexual intercourse)								
14.5	12.2	9.4	10.0	9.6	8.0	Decreased, 2012-2023	No quadratic change	Decreased
QN104: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
9.1	5.5	5.8	5.4	2.8	3.3	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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**Total
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]								
14.8	15.1	16.8	17.1	20.4	18.8	Increased, 2012-2023	No quadratic change	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]								
17.5	17.9	18.0	17.6	16.9	16.6	No linear change	No quadratic change	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
24.6	25.0	26.8	26.9	27.1	25.1	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN67: Percentage of students who were trying to lose weight								
42.5	44.7	44.5	43.5	42.7	40.9	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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**Total
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
17.1	17.0	17.1	15.8	15.1	11.4	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	Decreased
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)								
43.1	46.1	44.7	46.1	46.9	43.0	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
21.1	25.5	29.1	30.4	33.5	29.7	Increased, 2012-2023	Increased, 2012-2017 No change, 2017-2023	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Total
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
23.4	19.1	16.6	15.1	14.1	16.4	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
17.1	13.0	11.5	10.3	8.6	9.7	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
18.0	17.2	18.6	18.8	20.2	18.5	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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**Total
Dietary Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)									
	24.5	24.6	23.9	25.1	24.1	24.5	No linear change	No quadratic change	No change
QN105: Percentage of students who exercised to lose weight or to keep from gaining weight (during the 30 days before the survey)									
	54.9	57.4	52.2	51.3	50.1	52.8	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased
QN106: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)									
	15.3	14.3	14.6	15.2	20.0	22.8	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Total
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN107: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)								
6.3	7.3	9.1	7.4	5.4	5.4	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN108: Percentage of students who ate at a fast food chain or carry out restaurant (at least one day during the 7 days before the survey)								
77.1	77.3	77.3	78.1	79.3	80.5	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change
QN109: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)								
4.8	5.1	5.1	4.6	3.3	5.1	No linear change	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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**Total
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN76: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
28.1	30.5	25.5	27.9	32.2	34.6	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
27.7	25.7	28.4	28.4	28.0	25.7	No linear change	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
16.4	16.0	13.4	14.7	16.9	19.2	Increased, 2012-2023	Decreased, 2012-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN81: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
	42.4	37.4	29.9	31.2	12.5	11.9	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
	QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)								
				74.5	71.5	70.6	Decreased, 2019-2023	Not available [§]	No change
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)								
				2.1	2.5	3.7	Increased, 2019-2023	Not available	Increased
	QN85: Percentage of students who got 8 or more hours of sleep (on an average school night)								
		28.4	24.6	21.0	26.4	27.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)								
			10.2	8.5	3.6	4.2	Decreased, 2017-2023	Not available [§]	No change
	QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	56.5	60.9	58.8	65.9	74.6	75.9	Increased, 2012-2023	Increased, 2012-2017 Increased, 2017-2023	No change
	QN88: Percentage of students who live in District of Columbia wards 1 through 4								
				25.3	24.5	25.9	No linear change	Not available	No change
	QN89: Percentage of students who live in District of Columbia wards 5 through 8								
				49.0	43.3	42.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN90: Percentage of students who think other people at school would describe them as equally feminine and masculine								
				13.6	15.0	14.5	No linear change	Not available [§]	No change
	QN114: Percentage of students who have been removed from class for at least one day for disciplinary reasons (counting time spent in in-school suspension, out-of-school suspension, and expulsion, one or more times during the 12 months before the survey)								
				29.2	14.8	20.0	Decreased, 2019-2023	Not available	No change
	QN115: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)								
			11.3	10.5	4.8	5.0	Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Total Demographic	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN65: Percentage of students who described themselves as transgender.									
			1.7	1.9	2.1	2.4	Increased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Total
Mental Health**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				25.4	21.4	Decreased, 2021-2023	Not available [§]	Decreased
QN117: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)								
		27.5	25.2	22.9	23.0	Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Total Protective Factors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN111: Percentage of students who strongly agree or agree that they feel close to people at their school								
			65.3	55.2	56.5	Decreased, 2019-2023	Not available [§]	No change
QN112: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				63.3	65.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Total
Birth Control**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]		
2012	2015	2017	2019	2021	2023					
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						4.9	3.7	No linear change	Not available [§]	No change
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						19.5	18.9	No linear change	Not available	No change
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						6.2	6.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Total
Birth Control**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †		
2012	2015	2017	2019	2021	2023					
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)						18.3	20.3	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Total
HIV/STD/Pregnancy Prevention**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN110: Percentage of students who have been taught about AIDS or HIV infection in school								
			70.9	59.7	57.3	Decreased, 2019-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)									
	25.1	19.5	21.5	19.4	12.8	14.4	Decreased, 2012-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)									
	12.6	8.6	7.0	7.2	4.3	11.7	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)									
			6.1	3.6	4.5		Decreased, 2019-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
	9.0	7.8	9.3	9.5	7.4	12.8	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)									
	9.7	8.7	11.0	11.1	6.7	9.6	No linear change	No quadratic change	Increased
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)									
	39.8	34.0	31.9	29.7	19.3	25.4	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)									
	16.7	14.6	15.2	14.2	7.6	14.5	Decreased, 2012-2023	No quadratic change	Increased
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood									
					28.4	33.1	Increased, 2021-2023	Not available [§]	Increased
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)									
	6.8	6.3	7.0	9.1	3.0	5.1	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			12.3	5.1	6.4	Decreased, 2019-2023	Not available [§]	No change
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
			5.2	2.4	4.2	No linear change	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
8.0	8.4	12.8	9.3	5.5	9.9	No linear change	Increased, 2012-2017 Decreased, 2017-2023	Increased
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)								
9.7	10.8	10.9	11.7	5.7	8.2	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	Increased
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
6.3	6.2	7.4	9.7	5.5	7.3	No linear change	Increased, 2012-2019 Decreased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)									
	19.0	19.7	20.8	25.1	23.2	22.6	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)									
	9.9	8.9	11.8	14.3	10.1	11.3	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)									
	10.6	10.2	12.6	14.4	9.2	10.1	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)									
	10.8	11.1	15.2	13.5	7.8	8.1	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)									
	5.0	4.9	7.0	5.5	2.4	3.2	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN91: Percentage of students who rarely or never wore a helmet when they rode a bicycle or used rollerblades or a skateboard (among students who rode a bicycle or used rollerblades or a skateboard during the 12 months before the survey)									
	86.7	85.0	85.3	82.4	74.9	72.8	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN92: Percentage of students who currently carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)									
	26.9	23.6	23.5	20.4	11.9	12.8	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN93: Percentage of students who have been afraid of being beaten up at school one or more times (during the 12 months before the survey)								
9.3	9.0	9.9	9.7	8.0	11.9	No linear change	No quadratic change	Increased
QN94: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)								
20.7	17.5	18.8	17.1	9.8	14.9	Decreased, 2012-2023	No quadratic change	Increased
QN95: Percentage of students who have been harassed on school property one or more times because someone thought they were gay, lesbian, bisexual, or transgender (during the 12 months before the survey)								
		11.3	11.1	6.3	10.1	Decreased, 2017-2023	Not available [§]	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN96: Percentage of students who have been a member of a gang or crew (during the 12 months before the survey)									
	21.6	21.3	18.6	16.2	7.3	7.4	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN97: Percentage of students who have seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)									
	37.0	30.8	31.1	34.0	23.0	26.6	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]			
2012	2015	2017	2019	2021	2023						
QN98: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)						15.8	12.2	17.5	No linear change	Not available [§]	Increased
QN99: Percentage of students who reported someone did sexual things to them that they did not want to do one or more times (by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them, during the 12 months before the survey)						13.5	5.2	6.6	Decreased, 2019-2023	Not available	No change
QN102: Percentage of students who bullied someone on school property (during the 12 months before the survey)						10.0	4.6	7.7	Decreased, 2019-2023	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN116: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		10.0	9.4	4.0	3.8	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Male
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)								
		13.9	10.8	5.5	5.3	Decreased, 2017-2023	Not available [§]	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
			1.0	0.6	0.9	No linear change	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
			0.7	0.5	0.7	No linear change	Not available	No change
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
			6.2	3.0	3.7	Decreased, 2019-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Male
Tobacco Use**

Health Risk Behavior and Percentages	Linear Change*	Quadratic Change*	Change from 2021-2023†										
2012	2015	2017	2019	2021	2023								
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)						13.1	11.8	14.3	7.5	8.0	Decreased, 2015-2023	Not available§	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)						1.2	1.0	1.9	1.1	1.4	No linear change	Not available	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)						0.9	0.8	1.2	0.7	1.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Male
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			6.8	3.1	3.9	Decreased, 2019-2023	Not available [§]	No change
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
3.9	2.2	1.5	0.9	0.6	1.1	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
3.0	1.7	0.9	0.5	0.5	0.9	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Male
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
			8.8	4.1	5.7	Decreased, 2019-2023	Not available [§]	Increased
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)								
			9.8	4.8	6.6	Decreased, 2019-2023	Not available	Increased
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			16.0	9.0	10.6	Decreased, 2019-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Male
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
			14.7	8.2	8.8	Decreased, 2019-2023	Not available [§]	No change
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)								
18.0	12.9	11.9	8.6	3.2	4.4	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)									
	23.4	19.4	17.4	18.6	11.5	11.4	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)									
	28.7	17.4	17.8	16.7	11.0	11.5	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)									
			7.4	7.7	4.2	5.4	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Male
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN47: Percentage of students who tried marijuana for the first time before age 13 years									
	22.6	20.0	18.9	13.8	7.8	7.6	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)									
	33.9	28.2	32.0	27.3	17.1	17.7	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)									
			16.7	19.0	9.2	10.4	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
2012	2015	2017	2019	2021	2023			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
7.8	8.0	8.5	7.3	2.8	3.1	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
12.1	11.2	11.5	10.7	6.3	5.0	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
5.2	6.0	6.4	6.5	2.6	2.8	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
5.5	6.2	7.9	6.5	2.3	2.8	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
9.1	7.6	9.1	7.0	3.3	3.3	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Male
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN56: Percentage of students who ever had sexual intercourse	61.5	50.9	54.6	51.6	34.1	35.6	Decreased, 2012-2023	No quadratic change	No change
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years	25.2	20.1	15.5	14.4	8.3	7.3	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life	33.0	23.4	23.0	19.6	10.1	10.2	Decreased, 2012-2023	No quadratic change	No change
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	42.2	33.1	35.9	34.4	20.2	22.7	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Male
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	24.9	20.3	20.7	16.4	19.1	17.8	Decreased, 2012-2023	No quadratic change	No change
QN61: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	78.2	75.2	72.2	66.8	58.6	58.2	Decreased, 2012-2023	No quadratic change	No change
QN62: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)					8.9	9.3	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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**Male
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
			27.3	9.7	9.1	Decreased, 2019-2023	Not available [§]	No change
QN103: Percentage of students who reported their partners were three or more years older than themselves the last time they had sexual intercourse (among students who have had sexual intercourse)								
10.2	9.3	6.9	7.9	6.9	7.3	Decreased, 2012-2023	No quadratic change	No change
QN104: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
8.6	6.1	6.1	5.8	3.5	3.8	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]								
15.4	15.9	16.5	17.0	21.3	19.3	Increased, 2012-2023	No quadratic change	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]								
15.5	15.0	15.5	16.2	14.3	14.1	No linear change	No quadratic change	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
19.0	18.4	20.6	22.0	24.4	22.2	Increased, 2012-2023	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight								
31.5	33.4	34.9	34.6	36.0	34.0	Increased, 2012-2023	Increased, 2012-2017 No change, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Male
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
17.9	17.7	18.6	16.4	15.0	11.5	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	Decreased
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)								
44.9	46.9	47.1	45.7	48.3	44.7	No linear change	Increased, 2012-2017 No change, 2017-2023	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
20.9	25.9	28.0	28.4	33.0	29.7	Increased, 2012-2023	Increased, 2012-2017 Increased, 2017-2023	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Male
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
24.1	19.8	17.9	17.0	16.0	18.5	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
17.0	13.3	12.1	11.1	10.0	11.6	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
16.9	16.9	18.1	18.8	18.2	16.7	No linear change	Increased, 2012-2019 No change, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Dietary Behaviors

Health Risk Behavior and Percentages	Linear Change*	Quadratic Change*	Change from 2021-2023 [†]					
2012	2015	2017	2019	2021	2023			
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)						No linear change	No quadratic change	No change
28.0	28.4	28.3	28.4	30.2	30.8			
QN105: Percentage of students who exercised to lose weight or to keep from gaining weight (during the 30 days before the survey)						No linear change	Decreased, 2012-2019 Increased, 2019-2023	No change
56.6	59.3	53.9	54.8	57.3	60.1			
QN106: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)						Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
12.8	12.5	13.1	13.9	14.4	18.4			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN107: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)								
6.7	8.2	9.9	7.9	4.2	4.1	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN108: Percentage of students who ate at a fast food chain or carry out restaurant (at least one day during the 7 days before the survey)								
74.9	74.9	75.5	75.2	76.8	79.1	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
QN109: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)								
4.5	5.7	5.3	5.1	3.6	5.0	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Physical Activity

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN76: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	36.1	37.0	31.9	34.0	38.2	41.6	Increased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	21.9	21.5	22.7	24.0	24.3	21.3	No linear change	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	22.8	20.9	18.1	18.7	21.7	24.6	Increased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	No change

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Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN81: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)						Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
	42.0	37.7	29.7	32.1	13.3	12.4			
	QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)						Decreased, 2019-2023	Not available [§]	No change
				72.2	71.1	68.5			
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)						Increased, 2019-2023	Not available	Increased
				2.6	3.3	5.0			
	QN85: Percentage of students who got 8 or more hours of sleep (on an average school night)						No linear change	Not available	No change
		29.0	24.6	21.3	27.8	29.7			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
	QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)								
			12.1	10.8	4.2	5.3	Decreased, 2017-2023	Not available [§]	No change
	QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	51.6	56.7	53.5	62.3	73.5	73.8	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change
	QN88: Percentage of students who live in District of Columbia wards 1 through 4								
			26.0	24.1	25.6		No linear change	Not available	No change
	QN89: Percentage of students who live in District of Columbia wards 5 through 8								
			47.3	42.2	42.0		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN90: Percentage of students who think other people at school would describe them as equally feminine and masculine								
				10.4	9.1	8.8	Decreased, 2019-2023	Not available [§]	No change
	QN114: Percentage of students who have been removed from class for at least one day for disciplinary reasons (counting time spent in in-school suspension, out-of-school suspension, and expulsion, one or more times during the 12 months before the survey)								
				31.9	15.9	21.2	Decreased, 2019-2023	Not available	Increased
	QN115: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)								
			13.7	12.5	5.3	5.2	Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
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Male
Demographic

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN65: Percentage of students who described themselves as transgender.								
		1.8	2.2	1.7	1.9	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Male
Mental Health

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
2012	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				15.3	14.6	No linear change	Not available§	No change
QN117: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)								
		27.3	24.2	25.4	24.9	No linear change	Not available	No change

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†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Protective Factors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN111: Percentage of students who strongly agree or agree that they feel close to people at their school								
			69.0	59.7	60.0	Decreased, 2019-2023	Not available [§]	No change
QN112: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				63.8	64.3	No linear change	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Birth Control

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]		
2012	2015	2017	2019	2021	2023					
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						1.4	2.1	No linear change	Not available [§]	No change
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						13.5	12.4	No linear change	Not available	No change
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						4.3	4.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Male
Birth Control

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †		
2012	2015	2017	2019	2021	2023					
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)						16.0	18.3	No linear change	Not available [§]	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Male
HIV/STD/Pregnancy Prevention

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN110: Percentage of students who have been taught about AIDS or HIV infection in school								
			70.8	61.4	56.2	Decreased, 2019-2023	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)									
	25.2	20.7	21.4	20.3	14.9	16.2	Decreased, 2012-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)									
	8.9	6.1	5.5	5.1	4.8	8.8	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)									
			3.5	3.2	3.1		No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages	Linear Change*	Quadratic Change*	Change from 2021-2023 †											
2012	2015	2017	2019	2021	2023									
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)						8.2	6.3	9.2	8.7	9.1	16.2	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	Increased
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)						6.7	6.0	7.1	7.0	4.4	8.1	No linear change	No quadratic change	Increased
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)						35.4	30.6	29.2	27.3	18.0	26.7	Decreased, 2012-2023	No quadratic change	Increased

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†Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

**Female
Injury and Violence**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	13.8	12.8	15.0	13.7	7.1	16.0	No linear change	No quadratic change	Increased
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood					27.7	32.4	No linear change	Not available [§]	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	11.1	9.7	9.6	11.6	8.9	9.6	No linear change	No quadratic change	No change

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§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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10-year Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
<p>QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)</p>								
			14.7	10.6	12.0	Decreased, 2019-2023	Not available [§]	No change
<p>QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
			6.0	6.5	6.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

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§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
<p>QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
15.0	11.8	14.4	10.0	7.1	11.1	Decreased, 2012-2023	No quadratic change	Increased
<p>QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)</p>								
11.9	13.1	11.8	13.3	8.4	12.5	Decreased, 2012-2023	No quadratic change	Increased
<p>QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)</p>								
9.3	9.2	9.8	11.1	8.5	10.9	No linear change	No quadratic change	Increased

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Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
31.3	33.5	33.1	40.4	47.7	43.9	Increased, 2012-2023	No quadratic change	Decreased
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
18.9	18.5	19.1	23.5	25.2	22.4	Increased, 2012-2023	No quadratic change	No change
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
18.1	18.9	18.3	20.8	20.8	19.8	Increased, 2012-2023	No quadratic change	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
15.1	13.7	15.7	15.5	15.0	14.1	No linear change	No quadratic change	No change

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
	2012	2015	2017	2019	2021	2023			
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)									
	5.4	4.8	5.9	5.5	3.8	3.7	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN91: Percentage of students who rarely or never wore a helmet when they rode a bicycle or used rollerblades or a skateboard (among students who rode a bicycle or used rollerblades or a skateboard during the 12 months before the survey)									
	80.6	81.7	79.3	78.9	70.3	69.0	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN92: Percentage of students who currently carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)									
	13.1	12.5	13.2	10.5	10.7	9.6	Decreased, 2012-2023	No quadratic change	No change

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
2012	2015	2017	2019	2021	2023			
QN93: Percentage of students who have been afraid of being beaten up at school one or more times (during the 12 months before the survey)								
7.4	7.2	7.2	7.7	7.7	12.2	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN94: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)								
21.1	17.0	17.6	16.4	9.6	14.7	Decreased, 2012-2023	No quadratic change	Increased
QN95: Percentage of students who have been harassed on school property one or more times because someone thought they were gay, lesbian, bisexual, or transgender (during the 12 months before the survey)								
		8.0	7.7	6.2	10.4	No linear change	Not available§	Increased

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§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN96: Percentage of students who have been a member of a gang or crew (during the 12 months before the survey)									
	11.5	13.3	10.7	10.4	5.1	5.7	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN97: Percentage of students who have seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)									
	43.5	38.0	33.2	37.9	31.0	35.2	Decreased, 2012-2023	Decreased, 2012-2017 No change, 2017-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
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Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †			
2012	2015	2017	2019	2021	2023						
QN98: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)						22.5	23.3	28.4	Increased, 2019-2023	Not available [§]	Increased
QN99: Percentage of students who reported someone did sexual things to them that they did not want to do one or more times (by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them, during the 12 months before the survey)						14.2	9.4	10.5	Decreased, 2019-2023	Not available	No change
QN102: Percentage of students who bullied someone on school property (during the 12 months before the survey)						9.2	4.1	6.7	Decreased, 2019-2023	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN116: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		4.6	4.0	2.3	2.4	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Female
Tobacco Use**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)									
			9.6	7.9	5.2	4.4	Decreased, 2017-2023	Not available [§]	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)									
				0.4	0.2	0.3	No linear change	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)									
				0.3	0.2	0.2	No linear change	Not available	No change
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)									
				3.9	3.0	2.5	Decreased, 2019-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Female
Tobacco Use**

Health Risk Behavior and Percentages	Linear Change*	Quadratic Change*	Change from 2021-2023†					
2012	2015	2017	2019	2021	2023			
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	13.4	9.2	11.2	12.2	11.2	No linear change	Not available§	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
	0.6	0.4	1.3	1.3	1.1	Increased, 2015-2023	Not available	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	0.5	0.3	0.7	0.7	0.8	Increased, 2015-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Female
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			3.6	2.3	3.0	No linear change	Not available [§]	No change
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
2.1	1.3	0.6	0.4	0.4	0.4	Decreased, 2012-2023	No quadratic change	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
1.5	1.0	0.4	0.2	0.2	0.3	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Female
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
			5.3	3.7	4.6	No linear change	Not available [§]	No change
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)								
			6.2	4.9	6.0	No linear change	Not available	No change
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			13.1	13.6	13.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Female
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
			12.0	12.9	11.7	No linear change	Not available [§]	No change
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)								
14.3	9.6	7.5	4.2	1.8	3.1	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages							Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	20.4	18.0	14.2	16.6	13.5	13.4	Decreased, 2012-2023	No quadratic change	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	33.5	22.5	22.6	23.1	18.9	18.3	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)			8.4	8.9	7.8	8.2	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN47: Percentage of students who tried marijuana for the first time before age 13 years								
12.6	11.0	11.8	9.2	5.8	6.9	Decreased, 2012-2023	No quadratic change	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
30.4	29.1	33.1	30.8	22.7	23.0	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
		12.9	20.3	14.3	15.7	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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Female

Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	4.4	4.2	4.9	3.7	1.2	1.6	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	13.9	11.5	12.0	10.1	7.5	5.5	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Decreased
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	2.8	2.9	3.2	3.1	0.9	1.1	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
3.0	2.5	3.5	3.1	1.1	1.3	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
5.6	3.0	4.1	3.2	1.7	1.5	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Female
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN56: Percentage of students who ever had sexual intercourse	46.7	32.7	37.5	37.6	23.9	25.5	Decreased, 2012-2023	No quadratic change	No change
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years	6.1	3.5	3.2	2.1	2.7	2.0	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life	12.2	5.9	6.3	5.8	2.9	3.0	Decreased, 2012-2023	No quadratic change	No change
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	31.9	24.2	26.8	27.8	16.4	18.1	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Female
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)									
	16.0	15.6	17.4	16.5	22.5	20.0	Increased, 2012-2023	No quadratic change	No change
QN61: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)									
	62.0	57.5	48.7	47.2	45.6	42.3	Decreased, 2012-2023	No quadratic change	No change
QN62: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)									
					10.7	14.0	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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**Female
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
			27.9	9.8	9.1	Decreased, 2019-2023	Not available [§]	No change
QN103: Percentage of students who reported their partners were three or more years older than themselves the last time they had sexual intercourse (among students who have had sexual intercourse)								
19.2	15.6	12.7	12.4	12.6	8.9	Decreased, 2012-2023	No quadratic change	Decreased
QN104: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
9.3	4.9	5.0	4.8	2.2	2.8	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Female
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]								
14.2	14.4	17.0	17.1	19.6	18.4	Increased, 2012-2023	No quadratic change	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]								
19.4	20.8	20.5	19.1	19.4	19.0	No linear change	No quadratic change	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
29.5	31.0	32.2	31.5	29.4	27.8	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN67: Percentage of students who were trying to lose weight								
52.3	54.8	53.3	51.8	48.5	47.2	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Female
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
16.3	16.3	15.6	14.9	15.0	11.4	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	Decreased
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)								
41.7	45.5	42.9	46.7	45.6	41.5	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
21.1	24.9	29.9	32.1	34.1	29.7	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
22.8	18.4	15.4	13.2	12.4	14.5	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
17.1	12.8	11.1	9.6	7.3	8.1	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
18.9	17.4	18.8	18.7	21.8	20.1	Increased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Female
Dietary Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)									
	21.7	21.2	20.4	22.3	19.0	18.9	Decreased, 2012-2023	No quadratic change	No change
QN105: Percentage of students who exercised to lose weight or to keep from gaining weight (during the 30 days before the survey)									
	53.6	55.6	50.5	47.9	43.7	46.2	Decreased, 2012-2023	No quadratic change	No change
QN106: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)									
	17.3	15.7	15.8	16.2	24.6	26.7	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

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Female
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN107: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)								
5.7	6.1	8.0	6.7	6.3	6.5	No linear change	Increased, 2012-2017 Decreased, 2017-2023	No change
QN108: Percentage of students who ate at a fast food chain or carry out restaurant (at least one day during the 7 days before the survey)								
79.0	79.8	78.9	81.0	81.5	81.8	Increased, 2012-2023	No quadratic change	No change
QN109: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)								
4.7	4.4	4.4	3.9	3.0	5.2	No linear change	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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Female
Physical Activity

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN76: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	21.2	24.8	20.2	22.4	27.1	28.4	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	32.9	29.5	33.8	32.4	31.1	29.6	No linear change	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
	11.0	11.7	9.4	11.1	12.8	14.4	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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Female Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
	QN81: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)						Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
	42.6	37.0	30.0	30.4	11.8	11.4			
	QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)						Decreased, 2019-2023	Not available [§]	No change
				76.8	72.2	72.6			
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)						Increased, 2019-2023	Not available	No change
				1.5	1.8	2.7			
	QN85: Percentage of students who got 8 or more hours of sleep (on an average school night)						No linear change	Not available	No change
		28.0	25.0	20.8	25.3	26.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Female Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)									
			7.5	5.9	2.8	3.0	Decreased, 2017-2023	Not available [§]	No change
QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)									
	61.3	65.1	64.5	69.5	75.8	77.9	Increased, 2012-2023	Increased, 2012-2017 Increased, 2017-2023	No change
QN88: Percentage of students who live in District of Columbia wards 1 through 4									
			24.2	24.8	26.2		No linear change	Not available	No change
QN89: Percentage of students who live in District of Columbia wards 5 through 8									
			50.5	44.4	43.6		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Female Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN90: Percentage of students who think other people at school would describe them as equally feminine and masculine									
			16.5	19.9	19.6	Increased, 2019-2023	Not available [§]	No change	
QN114: Percentage of students who have been removed from class for at least one day for disciplinary reasons (counting time spent in in-school suspension, out-of-school suspension, and expulsion, one or more times during the 12 months before the survey)									
			26.6	13.5	18.9	Decreased, 2019-2023	Not available	No change	
QN115: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)									
		8.8	8.3	4.4	4.7	Decreased, 2017-2023	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Female
Demographic

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN65: Percentage of students who described themselves as transgender.								
		1.1	1.2	2.1	2.7	Increased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Female
Mental Health**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				33.8	27.3	Decreased, 2021-2023	Not available [§]	Decreased
QN117: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)								
		27.9	26.0	21.6	21.6	Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Female
Protective Factors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN111: Percentage of students who strongly agree or agree that they feel close to people at their school								
			62.2	51.6	53.4	Decreased, 2019-2023	Not available [§]	No change
QN112: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				63.2	66.4	Increased, 2021-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Female
Birth Control**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]		
2012	2015	2017	2019	2021	2023					
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						8.8	5.4	No linear change	Not available [§]	Decreased
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						26.1	25.7	No linear change	Not available	No change
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						8.3	8.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Female
Birth Control**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †		
2012	2015	2017	2019	2021	2023					
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)						20.5	22.6	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Female
HIV/STD/Pregnancy Prevention

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN110: Percentage of students who have been taught about AIDS or HIV infection in school								
			71.3	58.4	58.3	Decreased, 2019-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
23.5	15.1	18.0	18.8	12.3	14.5	Decreased, 2012-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
15.6	8.3	8.2	8.3	5.0	6.5	Decreased, 2012-2023	No quadratic change	No change
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
			3.1	1.1	2.1	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
2.4	2.1	4.5	4.2	3.3	3.6	No linear change	No quadratic change	No change
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)								
4.7	4.9	5.3	5.3	3.8	5.2	No linear change	No quadratic change	No change
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
17.6	15.1	13.3	14.9	9.2	13.4	Decreased, 2012-2023	No quadratic change	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)								
5.7	5.4	4.7	4.7	2.1	5.1	No linear change	No quadratic change	Increased
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood								
				16.6	21.7	No linear change	Not available [¶]	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
3.6	3.8	5.1	6.0	3.8	3.6	No linear change	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			13.6	8.9	7.1	Decreased, 2019-2023	Not available [¶]	No change
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
			7.5	8.2	7.8	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
<p>QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
5.2	5.7	4.7	4.7	4.1	3.5	No linear change	No quadratic change	No change
<p>QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)</p>								
16.6	11.8	14.1	16.0	7.6	11.7	Decreased, 2012-2023	No quadratic change	Increased
<p>QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)</p>								
9.6	11.6	10.9	11.0	10.4	10.2	No linear change	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
18.7	23.9	24.4	28.7	33.5	25.6	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	Decreased
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
11.8	12.2	11.7	17.7	15.4	12.0	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
10.7	11.9	11.6	16.0	11.8	10.1	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
4.6	5.5	5.0	5.9	4.0	3.4	No linear change	No quadratic change	No change

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
1.5	2.1	1.5	2.3	1.4	1.2	No linear change	No quadratic change	No change
QN91: Percentage of students who rarely or never wore a helmet when they rode a bicycle or used rollerblades or a skateboard (among students who rode a bicycle or used rollerblades or a skateboard during the 12 months before the survey)								
29.5	35.5	33.3	39.4	34.0	27.6	No linear change	Increased, 2012-2019 Decreased, 2019-2023	No change
QN92: Percentage of students who currently carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
11.0	9.3	9.0	10.8	6.6	6.0	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN93: Percentage of students who have been afraid of being beaten up at school one or more times (during the 12 months before the survey)								
7.2	7.6	8.1	9.5	8.9	13.2	Increased, 2012-2023	No quadratic change	No change
QN94: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)								
24.5	21.8	19.3	19.0	11.3	16.5	Decreased, 2012-2023	No quadratic change	No change
QN95: Percentage of students who have been harassed on school property one or more times because someone thought they were gay, lesbian, bisexual, or transgender (during the 12 months before the survey)								
		9.3	10.5	8.0	11.2	No linear change	Not available [¶]	No change

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN96: Percentage of students who have been a member of a gang or crew (during the 12 months before the survey)								
8.7	9.3	7.9	7.7	3.1	2.6	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN97: Percentage of students who have seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)								
21.8	23.2	20.2	24.7	21.3	24.6	No linear change	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
<p>QN98: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
			17.6	19.9	17.9	No linear change	Not available [¶]	No change
<p>QN99: Percentage of students who reported someone did sexual things to them that they did not want to do one or more times (by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them, during the 12 months before the survey)</p>								
			10.7	6.5	5.3	Decreased, 2019-2023	Not available	No change
<p>QN102: Percentage of students who bullied someone on school property (during the 12 months before the survey)</p>								
			8.6	4.2	6.2	No linear change	Not available	No change

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN116: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		3.1	2.4	0.9	1.7	Decreased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
Tobacco Use

	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]	
	2012	2015	2017	2019	2021				2023
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)									
			4.1	4.2	2.9	3.9	No linear change	Not available [¶]	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)									
				0.9	1.0	1.6	No linear change	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)									
				0.8	0.7	1.0	No linear change	Not available	No change
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)									
			9.4	8.8	8.0	8.0	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	12.6	10.7	26.3	13.5	11.5	No linear change	Not available [¶]	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
	0.9	0.6	5.3	2.8	2.0	Increased, 2015-2023	Not available	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	0.7	0.4	2.2	1.3	1.2	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [‡]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			2.6	1.7	4.1	Increased, 2019-2023	Not available [¶]	Increased
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
1.7	1.1	0.7	0.7	0.6	0.7	Decreased, 2012-2023	No quadratic change	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
1.4	1.1	0.3	0.6	0.5	0.5	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
			11.1	9.2	8.9	No linear change	Not available [¶]	No change
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)								
			11.7	9.6	9.5	No linear change	Not available	No change
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			28.9	15.9	14.3	Decreased, 2019-2023	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

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White*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
			28.2	15.8	13.5	Decreased, 2019-2023	Not available [¶]	No change
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)								
10.8	6.6	8.6	5.0	2.5	3.2	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

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White* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)								
14.1	14.1	11.3	12.1	11.1	11.2	No linear change	No quadratic change	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
45.3	31.7	37.3	41.7	30.6	30.1	Decreased, 2012-2023	No quadratic change	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
		18.0	25.1	14.5	16.5	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

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White* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN47: Percentage of students who tried marijuana for the first time before age 13 years								
5.4	5.2	4.0	4.1	3.0	3.3	No linear change	No quadratic change	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
26.2	23.3	31.2	32.6	18.7	17.3	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
		13.4	11.4	8.6	7.8	Decreased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

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White* Alcohol and Other Drug Use						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
Health Risk Behavior and Percentages								
2012	2015	2017	2019	2021	2023			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
6.2	4.7	5.0	4.3	1.5	2.1	Decreased, 2012-2023	No quadratic change	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
8.1	6.7	6.8	10.0	7.9	4.8	No linear change	No change, 2012-2019 Decreased, 2019-2023	Decreased
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
3.5	2.1	2.5	2.3	0.9	0.9	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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White* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
4.6	2.1	3.4	2.5	1.3	1.5	Decreased, 2012-2023	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
7.3	4.2	4.7	4.0	2.3	2.2	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
Q56: Percentage of students who ever had sexual intercourse									
	21.5	15.5	20.4	27.6	14.5	16.0	Decreased, 2012-2023	No quadratic change	No change
Q57: Percentage of students who had sexual intercourse for the first time before age 13 years									
	1.2	2.0	0.8	1.2	1.4	1.2	No linear change	No quadratic change	No change
Q58: Percentage of students who had sexual intercourse with four or more persons during their life									
	4.5	4.2	2.4	5.1	2.5	2.4	Decreased, 2012-2023	No quadratic change	No change
Q59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)									
	16.1	12.4	14.3	21.1	9.5	11.4	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
31.4	35.9	12.9	28.3	33.3	24.6	No linear change	No quadratic change	No change
QN61: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)								
72.3	61.4	66.8	59.2	63.1	61.2	No linear change	Decreased, 2012-2019 No change, 2019-2023	No change
QN62: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)								
				13.8	24.6	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
			18.6	3.6	3.5	Decreased, 2019-2023	Not available [¶]	No change
QN103: Percentage of students who reported their partners were three or more years older than themselves the last time they had sexual intercourse (among students who have had sexual intercourse)								
12.0	8.7	8.0	6.9	8.8	8.2	No linear change	No quadratic change	No change
QN104: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
1.0	1.3	1.6	1.7	0.8	1.4	No linear change	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]								
2.3	2.6	3.6	4.4	3.1	4.1	No linear change	No quadratic change	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]								
9.0	8.4	9.1	8.3	7.4	8.3	No linear change	No quadratic change	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
18.1	19.5	17.2	21.0	14.7	15.2	Decreased, 2012-2023	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight								
34.4	35.1	32.0	36.7	28.7	27.2	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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White*
Dietary Behaviors

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)									
	5.8	7.9	4.8	5.7	3.1	2.9	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)									
	20.2	26.9	22.2	22.9	20.5	21.8	No linear change	No quadratic change	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)									
	38.9	35.2	41.7	44.1	47.7	43.7	Increased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

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White*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
8.0	9.4	7.6	5.3	4.7	6.1	Decreased, 2012-2023	No quadratic change	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
4.4	3.9	3.8	2.2	1.7	2.8	Decreased, 2012-2023	No quadratic change	Increased
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
5.6	7.7	7.6	6.9	8.2	6.0	No linear change	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

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White*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
52.7	53.7	51.8	48.7	43.0	44.6	Decreased, 2012-2023	No quadratic change	No change
QN105: Percentage of students who exercised to lose weight or to keep from gaining weight (during the 30 days before the survey)								
61.1	52.5	51.0	50.9	49.0	46.6	Decreased, 2012-2023	No quadratic change	No change
QN106: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)								
7.0	8.5	6.8	7.6	9.6	7.7	No linear change	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN107: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)								
5.1	5.0	4.3	4.1	5.1	3.7	No linear change	No quadratic change	Decreased
QN108: Percentage of students who ate at a fast food chain or carry out restaurant (at least one day during the 7 days before the survey)								
62.0	67.3	62.2	67.9	74.1	75.2	Increased, 2012-2023	No quadratic change	No change
QN109: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)								
1.6	2.3	1.5	1.0	1.6	1.4	No linear change	No quadratic change	No change

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Physical Activity

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN76: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
44.1	52.5	48.6	46.5	50.4	53.4	Increased, 2012-2023	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
14.6	10.7	12.3	12.4	7.8	8.0	Decreased, 2012-2023	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
20.7	24.1	24.5	17.7	22.9	26.1	No linear change	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN81: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)						Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
	13.5	14.5	11.2	13.5	4.6	5.6			
	QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)						No linear change	Not available [¶]	No change
			90.6	88.6	90.2				
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)						No linear change	Not available	No change
			0.4	0.9	0.7				
	QN85: Percentage of students who got 8 or more hours of sleep (on an average school night)						No linear change	Not available	No change
		33.2	34.8	29.9	30.8	40.0			

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)								
			4.2	1.9	0.7	2.0	No linear change	Not available [¶]	No change
	QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	90.7	90.3	90.9	91.0	92.6	93.7	No linear change	No quadratic change	No change
	QN88: Percentage of students who live in District of Columbia wards 1 through 4								
				56.2	55.4	55.2	No linear change	Not available	No change
	QN89: Percentage of students who live in District of Columbia wards 5 through 8								
				21.4	21.5	25.0	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN90: Percentage of students who think other people at school would describe them as equally feminine and masculine								
			6.5	8.5	6.9	No linear change	Not available [¶]	No change	
	QN114: Percentage of students who have been removed from class for at least one day for disciplinary reasons (counting time spent in in-school suspension, out-of-school suspension, and expulsion, one or more times during the 12 months before the survey)								
			11.5	4.2	7.2	Decreased, 2019-2023	Not available	No change	
	QN115: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)								
		5.1	4.9	1.3	1.1	Decreased, 2017-2023	Not available	No change	

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Demographic

Health Risk Behavior and Percentages

Linear Change[†]

Quadratic Change[†]

**Change from
2021-2023[§]**

2012	2015	2017	2019	2021	2023			
QN65: Percentage of students who described themselves as transgender.								
		2.1	2.1	3.8	4.9	Increased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Mental Health

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				30.0	21.9	Decreased, 2021-2023	Not available [¶]	Decreased
QN117: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)								
		42.5	38.0	34.5	43.5	No linear change	Not available	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Protective Factors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN111: Percentage of students who strongly agree or agree that they feel close to people at their school								
			77.9	70.0	72.8	No linear change	Not available [¶]	No change
QN112: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				62.2	70.8	Increased, 2021-2023	Not available	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Birth Control

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]		
2012	2015	2017	2019	2021	2023					
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						10.7	9.1	No linear change	Not available [¶]	No change
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						27.1	33.7	No linear change	Not available	No change
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						12.8	15.4	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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White*
Birth Control

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)								
				12.2	6.1	Decreased, 2021-2023	Not available [¶]	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

White*
HIV/STD/Pregnancy Prevention

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN110: Percentage of students who have been taught about AIDS or HIV infection in school								
			72.5	61.2	66.9	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
24.3	20.2	21.3	19.9	14.1	15.2	Decreased, 2012-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
8.7	5.4	5.0	5.1	4.4	10.3	No linear change	Decreased, 2012-2019 Increased, 2019-2023	Increased
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
			5.0	3.7	3.9	Decreased, 2019-2023	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
7.7	6.4	8.7	8.4	8.8	14.3	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	Increased
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)								
7.8	6.8	8.2	9.2	5.5	9.1	No linear change	No quadratic change	Increased
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
40.0	35.5	33.8	32.0	21.6	30.1	Decreased, 2012-2023	No quadratic change	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)								
16.2	15.1	17.1	16.0	8.8	18.0	No linear change	No quadratic change	Increased
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood								
				30.1	34.0	Increased, 2021-2023	Not available [¶]	Increased
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
8.7	8.0	7.8	10.2	6.3	6.6	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			12.9	7.7	8.4	Decreased, 2019-2023	Not available [¶]	No change
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
			4.8	3.7	4.7	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
<p>QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
11.5	9.9	13.4	10.1	6.6	10.9	Decreased, 2012-2023	No quadratic change	Increased
<p>QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)</p>								
9.3	11.0	10.3	11.7	6.8	9.7	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	Increased
<p>QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)</p>								
6.7	6.5	7.8	9.9	6.4	8.2	Increased, 2012-2023		Increased

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
23.4	25.0	25.3	32.2	35.7	32.5	Increased, 2012-2023	No quadratic change	Decreased
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
13.5	13.0	14.6	18.9	18.5	17.1	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	No change
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
13.7	13.8	15.0	17.6	15.5	14.5	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
12.3	11.9	15.7	14.6	12.9	11.8	No linear change	Increased, 2012-2017 Decreased, 2017-2023	No change

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
4.7	4.6	6.9	5.3	3.6	3.4	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN91: Percentage of students who rarely or never wore a helmet when they rode a bicycle or used rollerblades or a skateboard (among students who rode a bicycle or used rollerblades or a skateboard during the 12 months before the survey)								
89.9	90.7	89.4	87.5	81.7	79.3	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN92: Percentage of students who currently carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
20.0	19.1	18.8	16.4	12.5	11.9	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN93: Percentage of students who have been afraid of being beaten up at school one or more times (during the 12 months before the survey)								
7.0	6.8	7.2	7.7	6.4	9.4	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN94: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)								
19.6	16.1	17.0	16.4	9.1	13.7	Decreased, 2012-2023	No quadratic change	Increased
QN95: Percentage of students who have been harassed on school property one or more times because someone thought they were gay, lesbian, bisexual, or transgender (during the 12 months before the survey)								
		8.8	9.1	5.7	9.1	No linear change	Not available [¶]	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN96: Percentage of students who have been a member of a gang or crew (during the 12 months before the survey)									
	16.5	18.1	15.1	13.6	6.7	6.2	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN97: Percentage of students who have seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)									
	41.6	36.0	33.0	38.0	28.6	32.5	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN98: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)						Increased, 2019-2023	Not available [¶]	Increased
			19.2	17.3	23.0			
QN99: Percentage of students who reported someone did sexual things to them that they did not want to do one or more times (by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them, during the 12 months before the survey)						Decreased, 2019-2023	Not available	No change
			13.4	7.4	8.5			
QN102: Percentage of students who bullied someone on school property (during the 12 months before the survey)						Decreased, 2019-2023	Not available	Increased
			9.1	4.1	6.2			

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN116: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		7.0	6.6	3.2	2.9	Decreased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)								
		10.9	9.2	5.4	4.5	Decreased, 2017-2023	Not available [¶]	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
			0.6	0.3	0.3	No linear change	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
			0.4	0.2	0.2	No linear change	Not available	No change
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
			4.0	1.7	1.9	Decreased, 2019-2023	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	12.3	9.3	10.1	8.7	8.5	Decreased, 2015-2023	Not available [¶]	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
	0.7	0.4	0.9	0.7	0.8	No linear change	Not available	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	0.5	0.3	0.6	0.5	0.7	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			4.9	2.6	2.9	Decreased, 2019-2023	Not available [¶]	No change
QNFRFCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
2.8	1.6	1.1	0.5	0.4	0.6	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
2.1	1.2	0.7	0.2	0.2	0.5	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
			5.9	2.8	4.0	Decreased, 2019-2023	Not available [¶]	Increased
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)								
			6.7	3.8	5.3	Decreased, 2019-2023	Not available	Increased
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			11.4	10.1	10.9	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black* Tobacco Use	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)									
			10.3	9.2	8.9		No linear change	Not available [¶]	No change
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)									
	15.9	10.7	8.8	5.8	2.1	3.3	Decreased, 2012-2023	No quadratic change	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)								
21.2	18.1	14.6	17.6	12.1	12.0	Decreased, 2012-2023	No quadratic change	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
29.6	18.4	18.3	17.7	13.1	13.4	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
		6.3	6.1	4.8	5.5	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

Black* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
2012	2015	2017	2019	2021	2023			
QN47: Percentage of students who tried marijuana for the first time before age 13 years								
18.0	16.4	15.9	12.4	7.5	8.1	Decreased, 2012-2023	Decreased, 2012-2017 Decreased, 2017-2023	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
32.7	29.9	34.3	30.4	22.3	23.4	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
		14.0	20.3	12.2	13.0	Decreased, 2017-2023	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
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Black* Alcohol and Other Drug Use						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
Health Risk Behavior and Percentages								
2012	2015	2017	2019	2021	2023			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
4.9	5.0	5.8	4.9	1.7	1.7	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
12.5	11.2	11.1	10.3	6.5	4.5	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Decreased
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
3.5	3.9	4.1	4.5	1.6	1.5	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

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Black* Alcohol and Other Drug Use						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
Health Risk Behavior and Percentages								
2012	2015	2017	2019	2021	2023			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
3.5	3.9	5.3	4.6	1.5	1.6	Decreased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
6.4	4.7	6.0	4.7	2.1	1.8	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN56: Percentage of students who ever had sexual intercourse									
	57.2	44.9	49.9	46.7	31.4	32.9	Decreased, 2012-2023	No quadratic change	No change
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years									
	16.1	12.3	9.8	8.6	6.2	4.8	Decreased, 2012-2023	No quadratic change	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life									
	24.3	15.3	16.1	13.7	7.2	7.0	Decreased, 2012-2023	No quadratic change	No change
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)									
	39.5	30.9	34.7	32.8	20.2	21.9	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
20.3	16.4	19.6	15.6	19.6	18.9	No linear change	No quadratic change	No change
QN61: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)								
72.0	68.9	60.6	57.1	50.3	47.7	Decreased, 2012-2023	No quadratic change	No change
QN62: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)								
				9.9	9.8	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
			29.8	11.5	10.2	Decreased, 2019-2023	Not available [¶]	No change
QN103: Percentage of students who reported their partners were three or more years older than themselves the last time they had sexual intercourse (among students who have had sexual intercourse)								
13.7	11.8	9.5	9.0	8.4	7.0	Decreased, 2012-2023	No quadratic change	No change
QN104: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
10.0	5.9	6.0	5.6	3.2	3.5	Decreased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]								
15.4	15.7	18.3	18.4	22.9	20.8	Increased, 2012-2023	No quadratic change	No change
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]								
17.7	18.4	17.8	17.6	17.3	16.7	Decreased, 2012-2023	No quadratic change	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
23.6	23.8	25.5	26.5	26.4	24.6	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	No change
QN67: Percentage of students who were trying to lose weight								
41.2	44.3	43.6	42.4	42.3	40.2	No linear change	Increased, 2012-2017 Decreased, 2017-2023	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Black*
Dietary Behaviors

	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)									
	18.6	18.5	19.4	17.7	17.9	13.2	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	Decreased
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)									
	45.2	49.1	47.5	50.7	51.7	46.9	Increased, 2012-2023	Increased, 2012-2019 Decreased, 2019-2023	Decreased
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)									
	19.3	23.9	27.9	29.2	31.9	28.8	Increased, 2012-2023	Increased, 2012-2019 No change, 2019-2023	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Dietary Behaviors	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)									
	25.6	20.6	18.4	16.7	15.8	17.6	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)									
	19.0	14.7	13.4	11.7	10.2	11.0	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)									
	18.1	17.7	19.3	19.7	21.9	19.1	Increased, 2012-2023	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

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Black*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
22.7	21.5	20.7	22.3	19.8	20.4	Decreased, 2012-2023	No quadratic change	No change
QN105: Percentage of students who exercised to lose weight or to keep from gaining weight (during the 30 days before the survey)								
53.5	56.9	50.7	49.7	48.5	51.9	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN106: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)								
15.2	14.1	15.1	15.3	20.9	23.6	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

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Black*
Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN107: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)								
5.7	6.9	8.8	7.3	5.2	4.8	Decreased, 2012-2023	Increased, 2012-2017 Decreased, 2017-2023	No change
QN108: Percentage of students who ate at a fast food chain or carry out restaurant (at least one day during the 7 days before the survey)								
78.1	78.6	78.5	79.8	80.2	81.6	Increased, 2012-2023	No quadratic change	No change
QN109: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)								
4.3	4.8	4.9	4.6	3.6	4.9	No linear change	No quadratic change	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Physical Activity

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN76: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
27.9	29.4	24.1	28.0	30.8	33.8	Increased, 2012-2023	Decreased, 2012-2017 Increased, 2017-2023	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
28.6	27.1	30.1	28.9	30.4	27.3	No linear change	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
16.9	15.8	12.7	15.6	16.8	19.4	Increased, 2012-2023	Decreased, 2012-2017 Increased, 2017-2023	Increased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN81: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)						Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	Decreased
	46.3	40.3	31.7	34.1	14.6	12.0			
	QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)						Decreased, 2019-2023	Not available [¶]	No change
				73.1	69.5	69.1			
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)						Increased, 2019-2023	Not available	Increased
				1.9	2.6	4.0			
	QN85: Percentage of students who got 8 or more hours of sleep (on an average school night)						No linear change	Not available	No change
		28.0	23.2	19.7	25.0	25.3			

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)								
			9.8	8.8	3.9	4.4	Decreased, 2017-2023	Not available [¶]	No change
	QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
	54.7	58.4	57.2	64.0	72.5	74.7	Increased, 2012-2023	Increased, 2012-2017 Increased, 2017-2023	No change
	QN88: Percentage of students who live in District of Columbia wards 1 through 4								
				17.5	16.0	17.8	No linear change	Not available	No change
	QN89: Percentage of students who live in District of Columbia wards 5 through 8								
				57.1	53.0	51.6	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
	2012	2015	2017	2019	2021	2023			
	QN90: Percentage of students who think other people at school would describe them as equally feminine and masculine								
				13.6	15.7	15.3	Increased, 2019-2023	Not available [¶]	No change
	QN114: Percentage of students who have been removed from class for at least one day for disciplinary reasons (counting time spent in in-school suspension, out-of-school suspension, and expulsion, one or more times during the 12 months before the survey)								
				32.6	17.9	22.4	Decreased, 2019-2023	Not available	No change
	QN115: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)								
			11.7	10.6	5.5	4.9	Decreased, 2017-2023	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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10-year Trend Analysis Report

Black*
Demographic

Health Risk Behavior and Percentages

Linear Change[†]

Quadratic Change[†]

**Change from
2021-2023[§]**

	2012	2015	2017	2019	2021	2023			
QN65: Percentage of students who described themselves as transgender.			1.0	1.4	1.5	1.5	No linear change	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black*
Mental Health

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				24.3	21.1	Decreased, 2021-2023	Not available [¶]	Decreased
QN117: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)								
		26.6	23.9	22.0	21.3	Decreased, 2017-2023	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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**Black*
Protective Factors**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QN111: Percentage of students who strongly agree or agree that they feel close to people at their school								
			64.1	53.2	54.9	Decreased, 2019-2023	Not available [¶]	No change
QN112: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				64.8	66.8	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* Birth Control										
Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]		
2012	2015	2017	2019	2021	2023					
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						4.0	3.2	No linear change	Not available [¶]	No change
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						19.5	16.6	No linear change	Not available	No change
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						5.9	5.5	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

**Black*
 Birth Control**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2012	2015	2017	2019	2021	2023			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)								
				19.3	22.1	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
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Black* HIV/STD/Pregnancy Prevention						Linear Change[†]	Quadratic Change[†]	Change from 2021-2023[§]
Health Risk Behavior and Percentages								
2012	2015	2017	2019	2021	2023			
QN110: Percentage of students who have been taught about AIDS or HIV infection in school								
			72.3	60.1	57.3	Decreased, 2019-2023	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
26.6	21.1	21.6	20.3	13.2	15.9	Decreased, 2012-2023	No quadratic change	Increased
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
13.7	12.8	10.7	8.5	3.7	11.3	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	Increased
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
			4.5	2.7	3.6	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
10-year Trend Analysis Report

**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
12.7	9.9	11.0	13.3	8.5	15.6	No linear change	No change, 2012-2017 Increased, 2017-2023	Increased
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)								
8.0	9.2	10.4	9.3	5.6	8.7	No linear change	No quadratic change	Increased
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
30.9	26.8	23.3	20.0	11.4	16.4	Decreased, 2012-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)								
13.2	11.2	10.6	9.8	4.0	8.9	Decreased, 2012-2023	No quadratic change	Increased
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood								
				26.0	30.1	No linear change	Not available [§]	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
10.9	9.7	9.9	11.8	6.5	7.3	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
<p>QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)</p>								
			14.9	8.2	9.9	Decreased, 2019-2023	Not available [§]	No change
<p>QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
			7.0	5.7	6.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

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§Not enough years of data to calculate.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
10.5	10.5	14.6	8.0	5.4	9.7	Decreased, 2012-2023	No quadratic change	Increased
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)								
14.4	15.5	13.7	13.5	8.2	10.3	Decreased, 2012-2023	No quadratic change	Increased
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
10.7	11.2	11.1	11.4	7.9	9.0	Decreased, 2012-2023	No quadratic change	No change

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
32.7	35.2	33.0	36.6	38.5	36.1	Increased, 2012-2023	No quadratic change	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
17.0	16.6	18.6	17.7	17.0	14.9	No linear change	No change, 2012-2019 Decreased, 2019-2023	No change
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
16.2	16.7	17.7	16.6	15.2	14.1	No linear change	No quadratic change	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
16.6	16.6	15.3	16.4	12.1	11.4	Decreased, 2012-2023	No quadratic change	No change

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
7.4	7.4	5.8	6.6	3.0	3.5	Decreased, 2012-2023	No quadratic change	No change
QN91: Percentage of students who rarely or never wore a helmet when they rode a bicycle or used rollerblades or a skateboard (among students who rode a bicycle or used rollerblades or a skateboard during the 12 months before the survey)								
82.5	84.5	80.6	82.0	75.5	71.4	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN92: Percentage of students who currently carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
18.1	15.8	17.3	12.1	8.1	9.6	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN93: Percentage of students who have been afraid of being beaten up at school one or more times (during the 12 months before the survey)								
13.2	12.7	12.1	12.0	12.4	17.7	Increased, 2012-2023	No change, 2012-2019 Increased, 2019-2023	Increased
QN94: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)								
21.9	18.4	20.3	16.1	10.8	14.8	Decreased, 2012-2023	No quadratic change	Increased
QN95: Percentage of students who have been harassed on school property one or more times because someone thought they were gay, lesbian, bisexual, or transgender (during the 12 months before the survey)								
		11.2	9.5	7.1	9.7	No linear change	Not available [§]	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN96: Percentage of students who have been a member of a gang or crew (during the 12 months before the survey)								
14.6	15.3	13.5	12.2	5.2	6.9	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	No change
QN97: Percentage of students who have seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)								
38.2	32.6	32.0	31.3	23.9	28.3	Decreased, 2012-2023	No quadratic change	No change

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †			
2012	2015	2017	2019	2021	2023						
QN98: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)						18.4	18.6	22.8	Increased, 2019-2023	Not available [§]	No change
QN99: Percentage of students who reported someone did sexual things to them that they did not want to do one or more times (by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them, during the 12 months before the survey)						15.3	7.1	9.5	Decreased, 2019-2023	Not available	Increased
QN102: Percentage of students who bullied someone on school property (during the 12 months before the survey)						10.4	4.7	6.6	Decreased, 2019-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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**Hispanic
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN116: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		8.9	7.4	3.1	3.2	Decreased, 2017-2023	Not available [§]	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)								
		16.3	10.6	6.0	6.1	Decreased, 2017-2023	Not available [§]	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
			1.1	0.5	1.0	No linear change	Not available	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
			0.8	0.4	0.9	No linear change	Not available	No change
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
			7.2	5.0	5.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
	16.7	13.8	16.7	13.0	12.1	Decreased, 2015-2023	Not available [§]	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
	1.8	1.6	2.4	2.0	2.1	No linear change	Not available	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
	1.4	1.2	1.7	1.1	1.5	No linear change	Not available	No change

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[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			6.3	2.7	4.1	Decreased, 2019-2023	Not available [§]	Increased
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
3.3	2.4	1.2	1.2	0.9	1.0	Decreased, 2012-2023	No quadratic change	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
2.3	1.9	0.7	0.7	0.6	0.8	Decreased, 2012-2023	No quadratic change	No change

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[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
			9.2	5.4	6.9	No linear change	Not available [§]	No change
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)								
			10.5	6.2	7.9	No linear change	Not available	No change
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			19.4	14.7	14.1	Decreased, 2019-2023	Not available	No change

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[§]Not enough years of data to calculate.

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**Hispanic
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
			18.2	14.1	13.0	Decreased, 2019-2023	Not available [§]	No change
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)								
16.8	14.0	11.9	8.2	3.2	4.8	Decreased, 2012-2023	No quadratic change	Increased

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§Not enough years of data to calculate.

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Hispanic
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
	2012	2015	2017	2019	2021	2023			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)									
	24.2	21.3	20.2	17.8	14.2	13.6	Decreased, 2012-2023	No quadratic change	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)									
	32.4	22.6	22.4	20.1	14.0	14.3	Decreased, 2012-2023	No quadratic change	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)									
			11.5	10.3	6.3	7.2	Decreased, 2017-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN47: Percentage of students who tried marijuana for the first time before age 13 years								
15.9	14.2	15.1	10.3	5.1	5.8	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
28.3	25.1	26.8	22.7	12.4	13.1	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
		16.5	20.0	11.2	12.0	Decreased, 2017-2023	Not available [§]	No change

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[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
9.1	8.8	9.2	6.8	2.8	3.4	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
14.9	11.8	13.7	9.7	7.0	6.8	Decreased, 2012-2023	No quadratic change	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
4.8	6.1	6.4	5.6	1.7	2.5	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change

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Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
5.6	5.4	6.5	5.4	1.7	2.6	Decreased, 2012-2023	No change, 2012-2017 Decreased, 2017-2023	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
8.8	6.6	7.8	5.5	2.6	3.4	Decreased, 2012-2023	No quadratic change	No change

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**Hispanic
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN56: Percentage of students who ever had sexual intercourse	47.1	36.5	39.3	42.1	26.2	27.8	Decreased, 2012-2023	No quadratic change	No change
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years	12.5	9.6	7.4	6.8	4.2	4.3	Decreased, 2012-2023	No quadratic change	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life	15.0	11.3	9.9	10.3	4.5	5.6	Decreased, 2012-2023	No quadratic change	No change
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	30.3	24.9	24.7	29.1	15.3	18.5	Decreased, 2012-2023	No quadratic change	No change

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**Hispanic
Sexual Behaviors**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	20.6	22.4	17.8	14.4	18.1	15.5	Decreased, 2012-2023	No quadratic change	No change
QN61: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	63.0	57.3	60.1	58.3	58.6	59.1	No linear change	No quadratic change	No change
QN62: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)					7.2	14.1	No linear change	Not available§	Increased

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
			23.6	6.5	8.0	Decreased, 2019-2023	Not available [§]	No change
QN103: Percentage of students who reported their partners were three or more years older than themselves the last time they had sexual intercourse (among students who have had sexual intercourse)								
17.1	15.3	10.5	13.9	14.9	12.2	No linear change	No quadratic change	No change
QN104: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
6.7	4.7	4.5	5.0	1.8	2.4	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]								
18.2	17.0	15.5	18.2	21.7	18.9	No linear change	No quadratic change	No change
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]								
19.9	20.3	21.8	21.8	21.3	19.8	No linear change	No quadratic change	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
31.6	32.3	34.8	31.8	36.2	32.3	No linear change	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight								
51.3	49.8	52.3	51.1	51.8	49.8	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
13.8	14.7	12.6	12.6	10.9	8.3	Decreased, 2012-2023	No change, 2012-2019 Decreased, 2019-2023	Decreased
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)								
42.9	44.3	44.0	40.6	45.3	40.3	No linear change	No quadratic change	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
20.0	23.8	27.9	28.6	30.5	27.0	Increased, 2012-2023	Increased, 2012-2017 No change, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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**Hispanic
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
20.8	19.0	13.7	12.5	13.4	16.2	Decreased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
14.4	11.8	8.3	8.0	6.2	8.4	Decreased, 2012-2023	Decreased, 2012-2019 No change, 2019-2023	No change
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
22.1	20.0	18.6	20.6	20.2	19.0	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
23.3	24.0	28.0	27.4	29.8	30.1	Increased, 2012-2023	No quadratic change	No change
QN105: Percentage of students who exercised to lose weight or to keep from gaining weight (during the 30 days before the survey)								
57.8	60.2	57.3	56.2	56.5	58.2	No linear change	No quadratic change	No change
QN106: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)								
16.3	15.6	14.2	17.4	21.8	24.0	Increased, 2012-2023	No change, 2012-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

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**Hispanic
Dietary Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN107: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)								
7.0	7.9	9.3	7.8	5.5	6.5	No linear change	Increased, 2012-2017 Decreased, 2017-2023	No change
QN108: Percentage of students who ate at a fast food chain or carry out restaurant (at least one day during the 7 days before the survey)								
77.4	79.3	78.2	76.7	79.6	80.7	No linear change	No quadratic change	No change
QN109: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)								
5.7	6.5	5.6	5.3	3.1	4.3	Decreased, 2012-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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**Hispanic
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN76: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
23.1	26.8	23.2	19.9	26.5	29.5	Increased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
30.8	26.7	28.1	32.9	30.9	26.7	No linear change	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
12.3	13.4	11.6	9.7	14.0	16.0	Increased, 2012-2023	Decreased, 2012-2019 Increased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

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Other

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN81: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
36.1	34.8	29.4	29.5	9.2	11.2	Decreased, 2012-2023	Decreased, 2012-2019 Decreased, 2019-2023	No change
QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)								
			74.2	70.3	70.3	Decreased, 2019-2023	Not available [§]	No change
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)								
			3.2	3.2	4.3	No linear change	Not available	No change
QN85: Percentage of students who got 8 or more hours of sleep (on an average school night)								
	29.7	28.5	23.4	30.2	31.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Other

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)								
		9.6	8.4	2.6	4.1	Decreased, 2017-2023	Not available [§]	No change
QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
52.4	60.2	56.3	62.4	72.6	71.9	Increased, 2012-2023	No quadratic change	No change
QN88: Percentage of students who live in District of Columbia wards 1 through 4								
			42.9	37.5	37.3	Decreased, 2019-2023	Not available	No change
QN89: Percentage of students who live in District of Columbia wards 5 through 8								
			25.0	17.7	19.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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Hispanic Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023†
	2012	2015	2017	2019	2021	2023			
	QN90: Percentage of students who think other people at school would describe them as equally feminine and masculine								
				15.0	14.5	13.8	No linear change	Not available [§]	No change
	QN114: Percentage of students who have been removed from class for at least one day for disciplinary reasons (counting time spent in in-school suspension, out-of-school suspension, and expulsion, one or more times during the 12 months before the survey)								
				23.8	8.8	14.3	Decreased, 2019-2023	Not available	Increased
	QN115: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)								
			10.9	11.6	3.5	5.6	Decreased, 2017-2023	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Demographic**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN65: Percentage of students who described themselves as transgender.								
		2.6	2.2	2.6	2.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Hispanic
Mental Health**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)								
				25.8	21.2	Decreased, 2021-2023	Not available [§]	Decreased
QN117: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)								
		25.3	24.4	19.8	21.0	Decreased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Hispanic
Protective Factors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 †
2012	2015	2017	2019	2021	2023			
QN111: Percentage of students who strongly agree or agree that they feel close to people at their school								
			66.6	53.4	53.7	Decreased, 2019-2023	Not available [§]	No change
QN112: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				59.0	61.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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**Hispanic
Birth Control**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]		
2012	2015	2017	2019	2021	2023					
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						7.1	5.4	No linear change	Not available [§]	No change
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						18.3	24.1	Increased, 2021-2023	Not available	Increased
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)						4.5	8.0	Increased, 2021-2023	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[†]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

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**Hispanic
 Birth Control**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]		
2012	2015	2017	2019	2021	2023					
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)						14.9	15.1	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

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Hispanic
HIV/STD/Pregnancy Prevention

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2012	2015	2017	2019	2021	2023			
QN110: Percentage of students who have been taught about AIDS or HIV infection in school								
			66.7	58.2	55.8	Decreased, 2019-2023	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.