

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	13.6 (12.8-14.4)	7,751	18.8 (17.0-20.7)	1,850	16.4 (14.1-19.0)	945	Yes	Yes	No
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	6.6 (5.4-8.0)	1,429	10.9 (7.9-14.9)	324	22.0 (15.5-30.3)	132	Yes	Yes	Yes
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	2.9 (2.5-3.3)	7,715	5.4 (4.4-6.6)	1,845	4.9 (3.7-6.5)	944	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	12.6 (11.8-13.3)	7,737	19.4 (17.6-21.4)	1,838	17.3 (14.9-20.0)	946	Yes	Yes	No
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	7.6 (7.0-8.2)	7,767	10.5 (9.2-12.1)	1,851	9.3 (7.6-11.4)	949	Yes	No	No
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	24.4 (23.5-25.5)	7,564	31.7 (29.5-34.1)	1,784	19.5 (16.9-22.3)	926	Yes	Yes	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	13.8 (13.0-14.6)	7,548	19.0 (17.1-21.0)	1,781	11.4 (9.5-13.8)	927	Yes	Yes	Yes
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	31.8 (30.8-32.9)	7,706	38.2 (35.9-40.5)	1,832	30.9 (28.0-34.1)	939	Yes	No	Yes
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	5.0 (4.5-5.5)	7,712	14.5 (12.9-16.2)	1,820	13.3 (11.2-15.7)	934	Yes	Yes	No
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	6.4 (5.9-7.0)	7,585	15.6 (13.9-17.4)	1,759	17.4 (15.0-20.1)	908	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	3.8 (3.3-4.4)	4,136	8.8 (7.2-10.7)	1,024	16.7 (13.2-20.9)	365	Yes	Yes	Yes
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	8.7 (7.9-9.6)	4,277	14.2 (12.2-16.4)	1,101	20.5 (16.7-24.9)	398	Yes	Yes	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	8.4 (7.8-9.1)	7,730	15.7 (14.1-17.5)	1,843	16.6 (14.3-19.2)	941	Yes	Yes	No
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	6.6 (6.1-7.2)	7,712	16.1 (14.5-17.9)	1,821	15.2 (12.9-17.7)	935	Yes	Yes	No
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	27.0 (26.0-28.0)	7,713	55.0 (52.7-57.3)	1,816	53.8 (50.5-57.1)	935	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	11.1 (10.4-11.9)	7,677	34.7 (32.5-37.0)	1,814	34.7 (31.6-37.9)	932	Yes	Yes	No
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	10.1 (9.5-10.8)	7,671	30.1 (28.0-32.3)	1,819	30.2 (27.2-33.3)	930	Yes	Yes	No
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	7.2 (6.6-7.9)	6,334	21.7 (19.6-23.9)	1,575	20.3 (17.7-23.3)	844	Yes	Yes	No
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	2.0 (1.7-2.4)	6,343	7.2 (5.9-8.6)	1,582	5.7 (4.3-7.6)	842	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)	3.7 (3.3-4.2)	7,706	6.8 (5.7-8.1)	1,817	7.1 (5.6-9.1)	931	Yes	Yes	No
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.4 (0.3-0.6)	7,692	0.4 (0.2-0.8)	1,813	1.2 (0.7-2.2)	931	No	Yes	Yes
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.3 (0.2-0.5)	7,692	0.3 (0.1-0.6)	1,813	0.8 (0.4-1.7)	931	No	No	No
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	2.1 (1.8-2.5)	7,692	4.2 (3.4-5.2)	1,813	6.8 (5.4-8.6)	931	Yes	Yes	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	7.6 (7.0-8.2)	7,733	15.5 (13.9-17.3)	1,840	13.0 (11.0-15.3)	945	Yes	Yes	No
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	1.0 (0.8-1.2)	7,733	1.8 (1.2-2.5)	1,840	2.0 (1.3-3.1)	945	Yes	Yes	No
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.7 (0.6-0.9)	7,733	1.2 (0.8-1.9)	1,840	1.3 (0.7-2.2)	945	No	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.6 (0.4-0.7)	7,725	1.0 (0.7-1.6)	1,834	1.2 (0.7-2.2)	944	No	No	No
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.4 (0.3-0.6)	7,725	0.9 (0.5-1.4)	1,834	0.8 (0.4-1.6)	944	No	No	No
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	2.4 (2.1-2.8)	7,725	4.8 (3.9-5.9)	1,834	5.5 (4.2-7.2)	944	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.6 (0.4-0.7)	7,708	0.8 (0.5-1.3)	1,837	1.3 (0.7-2.3)	943	No	No	No
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.5 (0.3-0.6)	7,708	0.6 (0.3-1.1)	1,837	0.9 (0.5-1.8)	943	No	No	No
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	3.8 (3.4-4.3)	7,647	7.8 (6.7-9.1)	1,804	9.4 (7.6-11.4)	927	Yes	Yes	No
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	4.8 (4.3-5.3)	7,627	9.4 (8.2-10.9)	1,796	9.8 (8.0-11.9)	925	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	9.5 (8.9-10.2)	7,609	19.1 (17.3-21.0)	1,793	15.9 (13.7-18.5)	924	Yes	Yes	Yes
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	8.2 (7.6-8.8)	7,668	16.3 (14.6-18.1)	1,806	14.3 (12.2-16.7)	930	Yes	Yes	No
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)	2.7 (2.4-3.1)	7,708	5.8 (4.8-7.0)	1,837	6.9 (5.4-8.8)	943	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	10.6 (10.0-11.4)	7,501	17.3 (15.6-19.2)	1,800	16.6 (14.3-19.3)	916	Yes	Yes	No
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	12.8 (12.1-13.6)	7,485	24.1 (22.2-26.2)	1,774	18.6 (16.2-21.2)	909	Yes	Yes	Yes
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	5.2 (4.7-5.7)	7,635	12.2 (10.8-13.8)	1,798	10.8 (9.0-13.0)	929	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN47: Percentage of students who tried marijuana for the first time before age 13 years	6.4 (5.8-7.0)	7,690	10.5 (9.1-12.0)	1,839	7.2 (5.7-9.2)	937	Yes	No	Yes
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	18.1 (17.2-19.0)	7,668	31.1 (29.0-33.4)	1,833	20.5 (18.0-23.3)	938	Yes	No	Yes
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	10.7 (10.1-11.5)	7,703	19.1 (17.3-21.0)	1,841	21.9 (19.2-24.7)	943	Yes	Yes	No
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	1.4 (1.1-1.7)	7,715	3.5 (2.7-4.4)	1,844	5.8 (4.4-7.5)	945	Yes	Yes	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	4.1 (3.7-4.6)	7,682	7.9 (6.7-9.2)	1,840	10.9 (9.0-13.1)	940	Yes	Yes	Yes
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	1.2 (1.0-1.5)	7,688	2.8 (2.1-3.7)	1,837	4.9 (3.7-6.5)	944	Yes	Yes	Yes
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	1.2 (1.0-1.5)	7,675	3.4 (2.6-4.3)	1,840	4.2 (3.1-5.7)	940	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	1.6 (1.4-1.9)	7,674	3.6 (2.9-4.6)	1,837	5.4 (4.1-7.1)	941	Yes	Yes	Yes

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	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN56: Percentage of students who ever had sexual intercourse	30.1 (29.0-31.2)	6,812	33.7 (31.4-36.2)	1,601	21.3 (18.6-24.3)	856	Yes	Yes	Yes
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years	4.1 (3.7-4.7)	6,819	5.0 (3.9-6.3)	1,602	3.2 (2.2-4.6)	856	No	No	Yes
QN58: Percentage of students who had sexual intercourse with four or more persons during their life	6.7 (6.1-7.3)	6,783	5.8 (4.7-7.1)	1,591	3.9 (2.7-5.5)	849	No	Yes	Yes
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	20.6 (19.7-21.6)	6,792	22.5 (20.5-24.7)	1,591	14.0 (11.7-16.5)	850	No	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	17.1 (15.2-19.2)	1,359	24.6 (20.2-29.5)	345	17.8 (11.9-25.8)	117	Yes	No	No
QN61: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	45.6 (42.9-48.3)	1,347	59.4 (54.0-64.5)	343	65.4 (56.2-73.5)	116	Yes	Yes	No
QN62: Did not use birth control pills before last sexual intercourse with opposite-sex partner	90.3 (88.5-91.7)	1,269	79.6 (73.8-84.4)	238	86.1 (78.5-91.4)	101	Yes	No	No
QN82: Were not tested or were not sure whether they had been tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea	91.2 (90.5-91.9)	7,265	87.4 (85.7-88.9)	1,738	93.5 (91.6-95.0)	907	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) High School Survey Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNIUDIMP: Percentage of students who did not use an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner	96.7 (95.6-97.6)	1,269	95.4 (92.3-97.3)	238	92.4 (84.8-96.4)	101	No	No	No
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner	83.6 (81.5-85.5)	1,269	69.4 (63.1-75.0)	238	78.6 (69.6-85.4)	101	Yes	No	No
QNDUALBC: Percentage of students who did not use both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner	93.8 (92.3-95.0)	1,263	91.1 (86.8-94.1)	236	96.6 (92.1-98.5)	99	No	No	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	21.2 (19.0-23.5)	1,269	16.5 (12.2-22.0)	238	18.2 (11.7-27.1)	101	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [†]	17.9 (17.0-18.9)	6,713	22.1 (20.1-24.3)	1,564	21.5 (18.6-24.7)	770	Yes	Yes	No
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [†]	16.3 (15.4-17.2)	6,713	18.8 (16.9-20.9)	1,564	14.6 (12.2-17.4)	770	Yes	No	Yes
QN66: Percentage of students who described themselves as slightly or very overweight	23.4 (22.5-24.4)	7,646	29.1 (27.0-31.3)	1,816	33.6 (30.5-36.8)	926	Yes	Yes	Yes
QN67: Percentage of students who were not trying to lose weight	61.3 (60.2-62.4)	7,637	52.2 (49.9-54.6)	1,813	54.3 (51.0-57.5)	931	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

[†]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	11.0 (10.3-11.7)	7,556	11.7 (10.2-13.4)	1,797	11.4 (9.5-13.8)	919	No	No	No
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	43.1 (42.0-44.3)	7,483	41.1 (38.8-43.5)	1,793	47.2 (43.9-50.5)	916	No	Yes	Yes
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	16.5 (15.7-17.4)	7,486	16.3 (14.6-18.2)	1,807	13.4 (11.2-15.9)	919	No	Yes	Yes
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	10.0 (9.3-10.7)	7,486	9.5 (8.1-11.0)	1,807	8.0 (6.3-10.1)	919	No	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)	17.6 (16.7-18.5)	7,487	21.2 (19.3-23.2)	1,805	18.4 (16.0-21.2)	921	Yes	No	No
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	73.4 (72.4-74.4)	7,487	83.3 (81.6-85.0)	1,805	79.7 (76.9-82.1)	921	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.
[†]Confidence interval.
[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN76: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	62.9 (61.8-64.0)	7,361	69.6 (67.4-71.8)	1,773	69.7 (66.6-72.7)	908	Yes	Yes	No
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	24.3 (23.3-25.3)	7,361	25.6 (23.6-27.8)	1,773	27.9 (24.9-31.0)	908	No	Yes	No
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	78.5 (77.6-79.5)	7,361	85.5 (83.7-87.1)	1,773	85.8 (83.3-88.0)	908	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Other	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN80: Percentage of students who use social media several times a day	75.5 (74.5-76.5)	7,382	80.8 (78.9-82.6)	1,782	74.3 (71.3-77.0)	921	Yes	No	Yes
QN81: Were not tested or were not sure whether they had been tested for human immunodeficiency virus (HIV)	88.9 (88.2-89.6)	7,283	83.6 (81.8-85.3)	1,757	90.3 (88.0-92.1)	904	Yes	No	Yes
QN83: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	27.7 (26.6-28.7)	7,284	29.9 (27.7-32.1)	1,754	32.9 (29.8-36.2)	905	No	Yes	No
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	3.6 (3.2-4.1)	7,284	2.6 (1.9-3.5)	1,754	2.0 (1.3-3.2)	905	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Other	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN85: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	70.2 (69.1-71.2)	7,192	79.2 (77.1-81.1)	1,730	80.5 (77.8-82.9)	899	Yes	Yes	No
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)	3.3 (2.9-3.8)	7,178	4.8 (3.8-6.0)	1,732	5.8 (4.4-7.6)	893	Yes	Yes	No
QN87: Did not describe their grades in school as mostly A's or B's	23.2 (22.2-24.2)	7,134	25.3 (23.2-27.5)	1,716	23.9 (21.1-26.9)	896	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.
[†]Confidence interval.
[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN88: Percentage of students who live in District of Columbia wards 1 through 4	25.9 (25.0-26.8)	7,676	27.7 (25.7-29.7)	1,832	26.3 (23.6-29.1)	939	No	No	No
QN89: Percentage of students who live in District of Columbia wards 5 through 8	42.7 (41.6-43.8)	7,397	46.3 (43.9-48.7)	1,792	41.4 (38.2-44.7)	918	Yes	No	Yes
QN91: Percentage of students who rarely or never wore a helmet when they rode a bicycle or used rollerblades or a skateboard (among students who rode a bicycle or used rollerblades or a skateboard during the 12 months before the survey)	72.0 (70.7-73.3)	4,287	69.0 (65.9-71.9)	901	61.1 (56.6-65.3)	473	No	Yes	Yes
QN92: Percentage of students who currently carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	10.1 (9.4-10.8)	7,756	13.1 (11.6-14.8)	1,849	12.0 (10.1-14.3)	946	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN93: Percentage of students who have been afraid of being beaten up at school one or more times (during the 12 months before the survey)	9.8 (9.1-10.5)	7,751	17.0 (15.3-18.8)	1,850	18.9 (16.4-21.6)	948	Yes	Yes	No
QN94: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)	12.7 (11.9-13.5)	7,744	18.2 (16.5-20.0)	1,848	21.4 (18.8-24.2)	945	Yes	Yes	No
QN95: Percentage of students who have been harassed on school property one or more times because someone thought they were gay, lesbian, bisexual, or transgender (during the 12 months before the survey)	6.1 (5.6-6.7)	7,733	21.2 (19.3-23.1)	1,852	20.7 (18.2-23.5)	945	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN96: Percentage of students who have been a member of a gang or crew (during the 12 months before the survey)	6.0 (5.5-6.6)	7,747	6.8 (5.7-8.1)	1,848	5.3 (4.0-6.9)	945	No	No	No
QN97: Percentage of students who have seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	28.7 (27.7-29.7)	7,712	40.7 (38.4-43.0)	1,837	39.3 (36.2-42.5)	941	Yes	Yes	No
QN98: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	19.7 (18.5-20.9)	4,541	33.2 (30.4-36.0)	1,133	37.3 (32.7-42.1)	423	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN99: Percentage of students who reported someone did sexual things to them that they did not want to do one or more times (by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them, during the 12 months before the survey)	6.7 (6.1-7.3)	7,708	12.8 (11.3-14.5)	1,833	13.7 (11.6-16.1)	939	Yes	Yes	No
QN100: Percentage of students who felt that they were ever treated badly or unfairly because of their race or ethnicity (during their life)	44.6 (43.5-45.7)	7,756	52.0 (49.6-54.3)	1,849	58.4 (55.2-61.6)	947	Yes	Yes	Yes
QN101: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	3.9 (3.5-4.4)	7,735	10.4 (9.1-11.9)	1,846	6.2 (4.8-8.0)	943	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN102: Percentage of students who bullied someone on school property (during the 12 months before the survey)	5.8 (5.3-6.4)	7,718	10.2 (8.9-11.7)	1,834	9.8 (8.0-12.0)	940	Yes	Yes	No
QN103: Percentage of students who reported their partners were three or more years older than themselves the last time they had sexual intercourse (among students who have had sexual intercourse)	6.5 (5.5-7.6)	2,171	9.4 (7.3-12.0)	624	15.5 (11.3-21.0)	222	Yes	Yes	Yes
QN104: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)	2.8 (2.5-3.2)	7,616	4.4 (3.6-5.5)	1,793	4.4 (3.2-5.9)	929	Yes	Yes	No
QN106: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)	19.5 (18.6-20.4)	7,560	33.6 (31.4-35.9)	1,783	28.4 (25.5-31.5)	921	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN107: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)	4.0 (3.6-4.5)	7,539	8.6 (7.4-10.0)	1,781	9.3 (7.5-11.4)	917	Yes	Yes	No
QN108: Percentage of students who ate at a fast food chain or carry out restaurant (at least one day during the 7 days before the survey)	81.2 (80.3-82.1)	7,442	79.9 (77.9-81.7)	1,792	80.1 (77.4-82.6)	920	No	No	No
QN109: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	4.4 (3.9-4.9)	7,417	6.4 (5.3-7.7)	1,785	7.2 (5.7-9.2)	916	Yes	Yes	No
QN110: Percentage of students who have not been taught or are not sure if they have been taught about AIDS or HIV infection in school	42.2 (41.0-43.3)	7,307	40.5 (38.2-42.9)	1,739	41.4 (38.2-44.7)	910	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN111: Percentage of students who strongly disagree, disagree, or are not sure that they feel close to people at their school	41.7 (40.6-42.9)	7,209	44.6 (42.3-47.0)	1,742	52.0 (48.6-55.3)	896	Yes	Yes	Yes
QN112: Percentage of students who reported there is not at least one teacher or other adult in their school that they can talk to if they have a problem or were not sure if there is at least one teacher or other adult in their school that they can talk to if they have a problem	33.7 (32.6-34.8)	7,216	32.1 (29.9-34.4)	1,742	40.2 (37.0-43.6)	895	No	Yes	Yes
QN114: Percentage of students who have been removed from class for at least one day for disciplinary reasons (counting time spent in in-school suspension, out-of-school suspension, and expulsion, one or more times during the 12 months before the survey)	19.3 (18.4-20.3)	7,171	24.1 (22.1-26.3)	1,734	17.1 (14.7-19.9)	896	Yes	No	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN115: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	4.2 (3.7-4.7)	7,123	7.4 (6.2-8.8)	1,714	5.2 (3.9-6.9)	884	Yes	No	Yes
QN116: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	2.5 (2.2-2.9)	7,087	3.7 (2.9-4.8)	1,685	4.7 (3.4-6.4)	879	Yes	Yes	No
QN117: Percentage of students who sometimes, rarely, or never get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	75.2 (73.9-76.4)	4,730	80.9 (78.8-82.8)	1,512	78.7 (75.8-81.4)	800	Yes	Yes	No
QN118: Percentage of students who do not participate in school activities (such as sports, band, drama, or clubs, during an average week when they are in school)	37.9 (36.8-39.1)	7,092	36.7 (34.4-39.0)	1,722	30.7 (27.6-33.9)	892	No	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual?[§]	Difference Between Heterosexual and Other/Questioning?[§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning?[§]
	% 95% CI[†]	N	% 95% CI	N	% 95% CI	N			
QN119: Percentage of students who reported they will most likely do something other than attending a 4-year college	34.8 (33.7-35.9)	7,121	33.0 (30.8-35.4)	1,723	33.5 (30.4-36.8)	892	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.
[†]Confidence interval.
[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sexual Identity Report

Mental Health

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	16.4 (15.6-17.3)	7,214	35.8 (33.5-38.1)	1,739	38.4 (35.2-41.7)	903	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.