

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	18.0 (16.8-19.3)	3,509	26.8 (24.1-29.7)	1,005		●	
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	8.7 (7.0-10.7)	947	25.6 (20.1-32.0)	213		●	
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	4.9 (4.3-5.7)	3,494	9.8 (8.1-11.8)	1,004		●	
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	16.2 (15.0-17.5)	3,502	26.8 (24.1-29.7)	1,006		●	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	10.7 (9.6-11.8)	3,515	16.3 (14.1-18.8)	1,009		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	34.6 (33.0-36.2)	3,385	40.3 (37.1-43.6)	939		●	
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	19.9 (18.6-21.4)	3,378	24.3 (21.6-27.3)	940		●	
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	42.0 (40.4-43.7)	3,489	48.6 (45.5-51.8)	993		●	
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	10.0 (9.1-11.1)	3,478	24.5 (21.9-27.3)	989		●	
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	12.0 (10.9-13.1)	3,385	26.6 (23.8-29.6)	933		●	

*Confidence interval.

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	% 95% CI*	N	% 95% CI	N			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	6.5 (5.6-7.6)	2,620	14.2 (11.7-17.1)	635		●	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	12.3 (11.0-13.6)	2,732	21.3 (18.4-24.6)	701		●	
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	9.7 (8.7-10.7)	3,500	20.7 (18.3-23.4)	996		●	
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	9.2 (8.3-10.2)	3,469	22.9 (20.3-25.6)	981		●	

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Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	37.3 (35.7-39.0)	3,483	61.4 (58.3-64.5)	982		●	
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	19.3 (18.0-20.6)	3,467	42.5 (39.4-45.7)	978		●	
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	16.1 (14.9-17.4)	3,467	38.7 (35.7-41.9)	990		●	
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	13.6 (12.4-15.0)	2,771	29.7 (26.6-33.0)	832		●	
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	4.5 (3.8-5.4)	2,784	11.3 (9.3-13.7)	836		●	

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)	6.2 (5.4-7.1)	3,468	13.1 (11.1-15.4)	979		●	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.8 (0.6-1.2)	3,461	1.7 (1.1-2.7)	981		●	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.6 (0.4-1.0)	3,461	1.3 (0.8-2.1)	981			●
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	4.1 (3.6-4.8)	3,461	9.9 (8.2-11.9)	981		●	
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	14.0 (12.9-15.2)	3,502	25.3 (22.7-28.2)	1,001		●	

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[†]Based on t-test analyses, p<0.05.

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	2.1 (1.6-2.6)	3,502	4.4 (3.3-5.8)	1,001		●	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	1.5 (1.2-2.0)	3,502	3.3 (2.4-4.6)	1,001		●	
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	1.1 (0.8-1.5)	3,500	2.8 (2.0-4.0)	996		●	
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.9 (0.6-1.3)	3,500	2.3 (1.6-3.4)	996		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	4.8 (4.1-5.6)	3,500	11.0 (9.1-13.1)	996		●	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	1.1 (0.8-1.5)	3,497	3.1 (2.2-4.4)	998		●	
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	1.0 (0.7-1.4)	3,497	2.3 (1.6-3.4)	998		●	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	7.4 (6.6-8.3)	3,446	16.5 (14.3-19.0)	972		●	
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	9.4 (8.5-10.4)	3,437	18.8 (16.4-21.4)	967		●	

*Confidence interval.

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	17.8 (16.5-19.1)	3,430	31.6 (28.7-34.6)	964		●	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	15.0 (13.9-16.2)	3,453	26.9 (24.2-29.8)	975		●	
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)	5.4 (4.7-6.2)	3,497	12.6 (10.6-14.9)	998		●	

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Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	15.7 (14.5-17.0)	3,407	24.8 (22.2-27.7)	976		●	
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	23.0 (21.6-24.4)	3,356	36.6 (33.6-39.7)	953		●	
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	10.6 (9.7-11.7)	3,437	19.6 (17.2-22.2)	972		●	
QN47: Percentage of students who tried marijuana for the first time before age 13 years	11.9 (10.8-13.0)	3,480	16.1 (13.9-18.6)	992		●	
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	34.5 (32.9-36.1)	3,469	45.7 (42.5-48.8)	997		●	

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Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	15.3 (14.1-16.6)	3,500	29.9 (27.0-32.8)	999		●	
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	3.2 (2.7-3.8)	3,491	8.7 (7.2-10.7)	1,003		●	
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	6.2 (5.4-7.0)	3,480	14.9 (12.8-17.2)	1,001		●	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	2.3 (1.8-2.9)	3,477	6.9 (5.5-8.7)	993		●	
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	2.6 (2.1-3.2)	3,476	7.4 (5.9-9.2)	998		●	

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Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	3.2 (2.6-3.8)	3,476	9.2 (7.6-11.2)	997		●	

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Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN56: Percentage of students who ever had sexual intercourse	75.1 (73.6-76.6)	3,079	62.2 (58.7-65.5)	798	●		
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years	10.0 (8.9-11.2)	3,071	11.6 (9.4-14.1)	800			●
QN58: Percentage of students who had sexual intercourse with four or more persons during their life	15.7 (14.4-17.1)	3,048	14.0 (11.7-16.6)	786			●
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	51.1 (49.3-52.9)	3,055	41.7 (38.3-45.3)	790	●		
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	17.3 (15.5-19.3)	1,534	25.6 (21.0-30.7)	322		●	

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Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN61: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	46.3 (43.8-48.9)	1,524	58.6 (52.2-64.7)	244		●	
QN62: Did not use birth control pills before last sexual intercourse with opposite-sex partner	89.3 (87.6-90.8)	1,445	83.0 (77.0-87.7)	196	●		
QN82: Were not tested or were not sure whether they had been tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea	83.5 (82.1-84.7)	3,269	81.8 (79.1-84.2)	928			●

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Birth Control

Health Risk Behavior	Opposite Sex Only		Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNIUDIMP: Percentage of students who did not use an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner	96.6 (95.5-97.4)	1,445	94.1 (90.1-96.6)	196			●
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner	82.3 (80.3-84.2)	1,445	73.8 (67.1-79.6)	196	●		
QNDUALBC: Percentage of students who did not use both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner	93.7 (92.4-94.9)	1,436	92.1 (87.5-95.1)	194			●
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	20.6 (18.6-22.8)	1,445	19.0 (13.9-25.4)	196			●

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Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [‡]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [‡]	No Difference [‡]
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	17.8 (16.5-19.3)	3,110	22.6 (19.9-25.6)	871		●	
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	16.5 (15.2-17.9)	3,110	20.9 (18.3-23.9)	871		●	
QN66: Percentage of students who described themselves as slightly or very overweight	23.0 (21.6-24.4)	3,438	30.8 (28.0-33.9)	982		●	
QN67: Percentage of students who were not trying to lose weight	63.8 (62.1-65.4)	3,426	51.9 (48.7-55.1)	975	●		
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	11.1 (10.0-12.2)	3,375	11.9 (9.9-14.1)	964			●

*Confidence interval.

[‡]Based on t-test analyses, $p < 0.05$.

[¶]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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	% 95% CI*	N	% 95% CI	N			
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	42.7 (41.0-44.4)	3,347	39.8 (36.7-43.0)	961			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	20.4 (19.0-21.8)	3,361	20.3 (17.8-23.0)	971			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	12.8 (11.7-14.1)	3,361	12.2 (10.2-14.5)	971			●
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)	18.0 (16.7-19.4)	3,369	20.0 (17.6-22.7)	969			●
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	78.0 (76.5-79.3)	3,369	88.0 (85.8-89.9)	969		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN76: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	60.4 (58.7-62.1)	3,319	69.0 (66.0-71.9)	954		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	22.3 (20.8-23.7)	3,319	25.5 (22.8-28.4)	954		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	76.5 (75.0-77.9)	3,319	83.5 (80.9-85.8)	954		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Other	Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
		% 95% CI*	N	% 95% CI	N			
	QN80: Percentage of students who use social media several times a day	82.2 (80.8-83.4)	3,327	81.0 (78.3-83.4)	958			●
	QN81: Were not tested or were not sure whether they had been tested for human immunodeficiency virus (HIV)	80.4 (79.0-81.8)	3,270	75.9 (73.0-78.6)	941	●		
	QN83: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	29.6 (28.1-31.3)	3,268	33.8 (30.8-36.9)	942		●	
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	3.3 (2.8-4.1)	3,268	3.1 (2.2-4.4)	942			●
	QN85: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	75.7 (74.2-77.2)	3,233	79.9 (77.1-82.4)	935		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Other

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)	4.7 (4.0-5.5)	3,220	9.8 (8.0-12.0)	927		●	
QN87: Did not describe their grades in school as mostly A's or B's	27.9 (26.3-29.5)	3,205	28.4 (25.5-31.5)	927			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Mental Health

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	21.9 (20.5-23.4)	3,246	38.1 (35.0-41.3)	938		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN88: Percentage of students who live in District of Columbia wards 1 through 4	24.9 (23.5-26.3)	3,483	29.7 (27.0-32.5)	997		●	
QN89: Percentage of students who live in District of Columbia wards 5 through 8	48.2 (46.5-49.9)	3,377	52.1 (48.9-55.2)	987		●	
QN91: Percentage of students who rarely or never wore a helmet when they rode a bicycle or used rollerblades or a skateboard (among students who rode a bicycle or used rollerblades or a skateboard during the 12 months before the survey)	79.6 (77.8-81.2)	2,057	75.3 (71.4-78.8)	518	●		
QN92: Percentage of students who currently carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	16.5 (15.3-17.8)	3,510	20.9 (18.4-23.6)	1,007		●	
QN93: Percentage of students who have been afraid of being beaten up at school one or more times (during the 12 months before the survey)	12.2 (11.2-13.3)	3,513	21.6 (19.2-24.3)	1,008		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN94: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)	15.1 (14.0-16.4)	3,503	25.8 (23.2-28.7)	1,005		●	
QN95: Percentage of students who have been harassed on school property one or more times because someone thought they were gay, lesbian, bisexual, or transgender (during the 12 months before the survey)	9.1 (8.2-10.1)	3,505	29.0 (26.2-31.9)	1,009		●	
QN96: Percentage of students who have been a member of a gang or crew (during the 12 months before the survey)	8.5 (7.6-9.5)	3,506	11.5 (9.7-13.7)	1,009		●	
QN97: Percentage of students who have seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	34.7 (33.1-36.3)	3,494	49.0 (45.9-52.2)	998		●	
QN98: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	25.5 (23.9-27.2)	2,857	43.0 (39.4-46.7)	733		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN99: Percentage of students who reported someone did sexual things to them that they did not want to do one or more times (by pressuring them, lying to them, making promises about the future, threatening to end their relationship, or threatening to spread rumors about them, during the 12 months before the survey)	12.5 (11.4-13.7)	3,494	21.1 (18.7-23.9)	998		●	
QN100: Percentage of students who felt that they were ever treated badly or unfairly because of their race or ethnicity (during their life)	49.9 (48.3-51.6)	3,508	58.4 (55.2-61.4)	1,006		●	
QN101: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	6.6 (5.8-7.5)	3,505	16.7 (14.5-19.1)	997		●	
QN102: Percentage of students who bullied someone on school property (during the 12 months before the survey)	9.2 (8.3-10.2)	3,486	17.9 (15.6-20.5)	993		●	
QN103: Percentage of students who reported their partners were three or more years older than themselves the last time they had sexual intercourse (among students who have had sexual intercourse)	7.1 (6.1-8.2)	2,417	10.8 (8.5-13.5)	592		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN104: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)	7.3 (6.5-8.3)	3,439	8.1 (6.5-10.1)	961			●
QN106: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)	25.5 (24.0-27.0)	3,387	36.9 (33.9-40.1)	954		●	
QN107: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)	4.8 (4.2-5.6)	3,375	14.1 (12.0-16.5)	951		●	
QN108: Percentage of students who ate at a fast food chain or carry out restaurant (at least one day during the 7 days before the survey)	86.3 (85.0-87.4)	3,354	82.7 (80.1-85.1)	965	●		
QN109: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	6.7 (5.8-7.6)	3,340	10.6 (8.8-12.8)	959		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN110: Percentage of students who have not been taught or are not sure if they have been taught about AIDS or HIV infection in school	38.6 (36.9-40.3)	3,281	40.9 (37.7-44.1)	921			●
QN111: Percentage of students who strongly disagree, disagree, or are not sure that they feel close to people at their school	41.5 (39.8-43.3)	3,244	47.1 (43.9-50.4)	934		●	
QN112: Percentage of students who reported there is not at least one teacher or other adult in their school that they can talk to if they have a problem or were not sure if there is at least one teacher or other adult in their school that they can talk to if they have a problem	32.0 (30.4-33.6)	3,247	34.4 (31.4-37.6)	932			●
QN114: Percentage of students who have been removed from class for at least one day for disciplinary reasons (counting time spent in in-school suspension, out-of-school suspension, and expulsion, one or more times during the 12 months before the survey)	28.4 (26.8-30.0)	3,224	32.7 (29.7-35.9)	933		●	
QN115: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	7.2 (6.3-8.2)	3,190	11.1 (9.1-13.4)	904		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN116: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	3.8 (3.2-4.6)	3,161	7.7 (6.1-9.7)	879		●	
QN117: Percentage of students who sometimes, rarely, or never get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	78.4 (76.7-80.0)	2,366	82.7 (80.0-85.1)	838		●	
QN118: Percentage of students who do not participate in school activities (such as sports, band, drama, or clubs, during an average week when they are in school)	35.5 (33.8-37.2)	3,182	32.4 (29.4-35.5)	926			●
QN119: Percentage of students who reported they will most likely do something other than attending a 4-year college	38.5 (36.9-40.3)	3,198	37.6 (34.4-40.8)	930			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.